- 9 Ben-Shlomo Y, Davey-Smith G. Deprivation in infancy or in adult life: which is more important for mortality risk? *Lancet* 1991;337:530-4.
- 10 Barker DJP. The fetal origins of adult disease. Fetal and Maternal Medicine Review 1994;6:71-80.
 11 Whincup PH, Cook DG, Papacosta O. Do maternal and intrauterine factors
- influence blood pressure in childhood. *Arch Dis Child* 1992;67:1423-9. 12 Margetts BM, Rowland MGM, Foord FA, Cruddas AM, Cole TJ, Barker
- 12 Margetts BM, Rowland MGM, Foord FA, Cruddas AM, Cole TJ, Barker DJP. The relation of maternal weight to the blood pressures of Gambian children. Int 9 Epidemiol 1991;20:938-43.
- Law CM, Barker DJP, Bull AR, Osmond C. Maternal and fetal influences on blood pressure. Arch Dis Child 1991;66:1291-5.
 Law CM, Gordon GS, Shiell AW, Barker DJP, Hales CN. Thinness at birth
- and glucose tolerance in seven year old children. *Diabet Med* (in press). 15 Whincup PH, Bruce NG, Cook DG, Shaper AG. The Dinamap 1846SX
- automated blood pressure recorder: comparison with the Hawksley random zero sphygmomanometer under field conditions. J Epidemiol Community Health 1992;46:1640-9.
- Lohman T, Roche A, Mortorell R. Anthropometric standardization reference manual. Champaign, IL: Human Kinetics Books, 1989.
 Allain CA, Poon LS, Chan CSG, Richmond W, Fu PC. Enzymatic determi
 - nation of total serum cholesterol. Clin Chem 1974;20:470.
- 18 Hall PM, Cook JGH, Gould BJ. An inexpensive rapid and precise affinity chromatography method for the measurement of glycosylated haemoglobins. Ann Clin Biochem 1983;20:129-35.
- 19 Seidman DS, Laor A, Gale R, Stevenson DK, Masiah S, Danon UL. Birth weight, current body weight, and blood pressure in late adolescence. BM3 1991;302:1235-7.
- Macintyre S, Watt G, West P, Ecob R. Correlates of blood pressure in 15 year olds in the West of Scotland. *J Epidemiol Community Health* 1991;45:143-7.
 Williams S, St George IM, Silva P. Intrauterine growth retardation and blood
- pressure at age seven and eighteen. J Clin Epidemiol 1991;45:1257-63.
- 22 Lauer RM, Burns TL, Clarke WR. Assessing children's blood pressureconsiderations of age and body size: the Muscatine Study. *Pediatrics* 1988;75:1081-90.
- 23 Liu K, Ballew C, Jacobs DR, Sidney S, Savage PJ, Dyer A, et al. Ethnic differences in blood pressure, pulse rate and related characteristics in young adults. The CARDIA study. Hypertension 1989;14:218-26.
- 24 Antia AU, Maxwell R, Gough A, Ayeni O. Arterial blood pressures in Jamaican children of negro descent. West Indian Med 3 1990;24:110-6.
- 25 Ward R. Familial aggregation and genetic epidemiology of blood pressure. In: Laragh JH, Brenner BM, eds. Hypertension: pathophysiology, diagnosis and management. New York: Raven Press, 1990: 81-100.
- Changing patterns of invasive Haemophilus influenzae disease in England and Wales after introduction of the Hib vaccination programme

Ruth M Hargreaves, Mary P E Slack, Anthony J Howard, Eileen Anderson, Mary E Ramsay

Since 1990 we have been monitoring strains of *Haemophilus influenzae* referred to the Public Health Laboratory Service Haemophilus Reference Laboratories from all cases of invasive *H influenzae* disease from five English regions and Wales. Methods of reporting and participating laboratories have remained constant over this period, which allowed us to compare the incidence of infection before and after the introduction of vaccination against *H influenzae* type b in October 1992.

Patients, methods, and results

The case definition was a systemic infection in which culture of normally sterile body fluid revealed *H influenzae*, or the organism was detected by antigen to *H influenzae* type b. Organisms were identified and typed at the reference laboratories using both type specific antisera and a polymerase chain reaction method.¹ Brief clinical details were also collected. The results for the first two years of the survey showed that most *H influenzae* infections were due to type b, presented as meningitis, and occurred in children under 5,² suggesting that mass vaccination of infants should achieve a rapid change in the pattern of invasive *H influenzae* infections.

Since October 1992 there has been a rapid reduction in the number of reported cases of *H influenzae* type b 26 Reaven CM. Role of insulin resistance in human disease. Diabetes 1988;37: 1595-607.

- 27 Mueller WH, Joos SK, Hannis CL, Zavalita AN, Eichner J, Schull WJ. The diabetes alert study. Growth, fatness and fat patterning, adolescence through adulthood in Mexican Americans. *American Journal of Anthro*pometry 1984;64:389-99.
- 28 Stern MP, Haffner SM. Body fat distribution and hyperinsulinaemia as risk factors of diabetes and cardiovascular disease. *Arteriosclerosis* 1986;16: 123-30.
- 29 Law CM, Barker DJP, Osmond C, Fall CHD, Simmonds SJ. Early growth and abdominal fatness in adult life. J Epidemiol Community Health 1992;46:184-6.
- 30 Burns T, Mall PP, Lauer RM. The relation between pondorosity and coronary risk factors in children and their relatives. The Muscatine ponderosity family study. Am *J Epidemiol* 1989;129:973-87.
- 31 Anderson AJ, Sobocinski KA, Freedman DS, Barboriak JJ, Rimm AA, Gruchow HW. Body fat distribution, plasma lipids and lipoproteins. *Arteriosclerosis* 1988;8:88-94.
- 32 Campos H, Bailey SM, Gussak LS, Siles X, Ordoras JM, Schaefer EJ. Relations of body habitus, fitness level and cardiovascular risk factors including lipoproteins and apolipoproteins in a rural and urban Costa Rican population. Arterioscler Thromb 1991;11:1077-88.
- 33 Beaglehole R, Salmond CE, Eyles EF. A longitudinal study of blood pressure in Polynesians. Am J Epidemiol 1977;105:87-9.
- 34 Rosner B, Hennekens CH, Kass EH, Miall WE. Age-specific correlation analysis of longitudinal blood pressure data. Am J Epidemiol 1977;106:306-13.
- 35 Lauer RM, Burns TL, Clarke WR, Mahoney LT. Childhood predictors of future blood pressure. *Hypertension* 1991;18(suppl 1):174-81.
 36 Lauer RM, Clarke WR, Beaglehole R. Level, trend, and variability of blood
- Lauer RVI, Clarke WK, Beagiehole K. Level, trend, and variability of blood pressure during childhood: the Muscatine study. *Circulation* 1984;69:242-9.
 Webber LS, Sirinivasan SR. Wattigney WA, Berenson GS. Tracking of serum lipids and lipoproteins from childhood to adulthood. The Bogalusa heart study. *Am J Epidemiol* 1991;133:884-99.
- study. Am J Epidemiol 1991;133:884-99.
 38 Clarke WR, Schrott HG, Leaverston, Conner WE, Lauer RM. Tracking of blood lipids and blood pressures in school age children. The Muscatine study. Circulation 1978;88:626-34.
- 39 Freedman DS, Srinivasan SR, Cresanta JA, Webber LS, Berenson GS. Cardiovascular disease risk factors from birth to seven years of age. Bogalusa heart study IV. Serum lipids and lipoproteins. *Pediatrics* 1987;80(suppl, part 2):789-96.

(Accepted 2 November 1995)

disease, particularly in children aged under 5 (see figure). Annual attack rates for *H influenzae* type b disease in children under 5 (calculated using denominator populations) have fallen from 30.9 cases per 100 000 population in 1991-2 (369 cases recorded) to 2.0 per 100 000 in 1993-4 (24 cases), a reduction in risk of invasive disease from 1 case in 3200 to 1 per 50 000 children. Comparison of the rates of invasive *H influenzae* type b disease in children under 5 using log-linear regression showed a highly significant reduction (P<0.001 in 1993-4 compared with previous years).

Non-capsulate *H* influenzae isolates have shown an increase in annual attack rate (for all ages) from 0.25 cases per 100000 population in 1990-1 (45 cases recorded) to 0.37 in 1993-4 (67 cases). The total number of recorded cases of non-type b infections (non-capsulate and other serotypes: 75 cases) exceeded the number of cases of *H* influenzae type b (50 cases) in 1993-4. These increases demonstrate a sustained trend, approaching significance for non-capsulate infections during 1993-4 (P=0.066), which has been most noticeable in people aged over 65 years.



Invasive H influenzae type b and non-capsulate infections by quarter

Unit, Oxford Public Health Laboratory, John Radcliffe Hospital, Headington, Oxford OX3 9DU Ruth M Hargreaves, senior registrar in microbiology Mary P E Slack, senior lecturer in microbiology Eileen Anderson, medical laboratory scientific officer

Haemophilus Reference

Gwynedd Public Health Laboratory, Bangor, North Wales Anthony J Howard, *director*

Public Health Laboratory Service, Communicable Disease Surveillance Centre, London NW9 5EQ Mary E Ramsay, consultant epidemiologist

Correspondence to: Dr Hargreaves.

BMJ 1996;312:160-1

Comment

These findings show the expected rapid reduction in the numbers of invasive H influenzae type b infections after the introduction of vaccination. The rate of decline has closely followed the increase in vaccine coverage and has been greatest in children aged under 5. This survey suggests that the United Kingdom vaccination schedule has been as effective at reducing numbers of cases as those schedules adopted in the USA³⁴ and northern European countries.⁵ The increase in non-type b strains may reflect improved case ascertainment, perhaps because of increased awareness of haemophilus disease after the vaccination campaign. Nevertheless, there is a need to continue to monitor all invasive infections to determine whether these trends will be maintained in both the vaccinated and unvaccinated populations.

This survey was coordinated by the haemophilus working group of the Public Health Laboratory Service. We acknowledge the help of all contributing microbiologists, the regional coordinating microbiologists, and the staff at the haemophilus reference units in Oxford and Bangor. Dr Paddy Farrington gave statistical advice and Dr Mayon-White read the manuscript.

Funding: Haemophilus working group. Conflict of interest: None.

- Slack MPE, Crook DWM, Jordens JZ, Anderson EC, Falla T, Leaves NI, et al. Molecular and epidemiological aspects of Haemophilus influenzae infection. PHLS Microbiology Direst 1993;10:122-8.
- PHLS Microbiology Digest 1993;10:122-8.
 2 Anderson EC, Begg NT, Crawshaw SC, Hargreaves RM, Howard AJ, Slack MPE. Epidemiology of invasive Haemophilus influenzae in the pre-vaccination era. Epidemiol Infect 1995;115:89-100.
- American Academy of Pediatrics. Haemophilus influenzae type b conjugate vaccines: Recommendations for immunization of infants and children 2 months of age and beyond. *Paediatrics* 1991;88:169-72.
 Adams WG, Deaver KA, Cochi SL, Plikaytis BD, Zell ER, Broome CV, et al.
- 4 Adams WG, Deaver KA, Cochi SL, Plikaytis BD, Zell ER, Broome CV, et al. Decline of childhood. Haemophilus influenzae type b (Hib) disease in the Hib vaccine era. JAMA 1993;269:221-6.
- 5 Peltola H, Kilpi T, Anttila M. Rapid disappearance of Haemophilus influenzae type b meningitis after routine childhood immunisation with conjugate vaccines. Lancet 1992;340:592-4.

(Accepted 1 November 1995)

Congenital rubella in south India: diagnosis using saliva from infants with cataract

M B Eckstein, D W G Brown, A Foster, A F Richards, C E Gilbert, P Vijayalakshmi

Congenital rubella is a preventable disease which has been largely controlled by immunisation in the developed world.¹ Serological surveys in India indicate that up to 45% of women of childbearing age are susceptible to rubella and potentially at risk of infection during pregnancy.² We tested affected infants to see whether detection of rubella specific IgM from saliva is as reliable as from serum for diagnosing rubella infection and whether rubella is an important cause of congenital cataract in south India.

Patients, methods, and results

We studied 95 consecutive infants with congenital cataract presenting to the paediatric department of the Aravind Eye Hospital in 1993-4. Thirty six age matched children attending the same clinic over the same period with a diagnosis of watering eyes acted as controls. Serum samples were taken from 61 children with cataract and saliva samples from all 131 children. Saliva samples rich in crevicular fluid were collected using the Orasure device (Epitope Inc, Beaverton) according to the manufacturer's instructions. Serum and saliva samples were tested for rubella specific IgM by antibody capture.³⁴ Specimens were considered positive if the test to negative control ratio exceeded 3:1.

The mean (range) age of the 95 cases was $6\cdot 2$ months (1-11) and of the 36 controls $7\cdot 3$ months (1-11). Rubella specific IgM was detected in saliva and serum in 17 paired samples and was absent in 44 paired samples (sensitivity 100%, 95% confidence interval $80\cdot 5\%$ to 100%; specificity 100%, 95% confidence interval 92% to 100%). Saliva testing gave no false positive and no false negative results compared with serum.

Twenty five of the 95 infants with cataract (26.3%) had congenital rubella infection confirmed by detection of rubella specific IgM in saliva. None of the controls had raised rubella specific IgM ($\chi^2=11.71$, P<0.005). Congenital rubella was suspected clinically in 19 of the 25 cases of congenital cataract in which

rubella specific IgM was detected (sensitivity 76%, specificity 100%). The other six children had clinical features compatible with congenital rubella syndrome but rubella had not been diagnosed before laboratory confirmation. The general and ocular chracteristics of the 25 children with rubella cataract are shown in table 1.

Sequential saliva samples taken from seven infants with congenital rubella showed that in all cases raised concentrations of rubella specific IgM persisted up to 6 months of age and in five they persisted up to 14 months.

Comment

This study showed excellent agreement between test results in saliva and serum in the 61 paired samples, suggesting that saliva is as reliable as serum in allowing the detection of rubella specific IgM in infants. Although the infants tested had few teeth and therefore produced little crevicular fluid, adequate saliva samples were collected from all cases. The storage and transport of samples was not ideal, but this study indicates the potential of the Orasure device for undertaking studies remote from testing centres.

The study also suggests that congenital rubella is a significant cause of congenital cataract in south India. Nevertheless, this group of children admitted to hospital may not be representative of all children with congenital cataract in the community and therefore more extensive studies will be needed to establish the true scale of the problem.

Improved surveillance is required for congenital rubella in developing countries. The identification of rubella specific IgM in saliva offers a simple, noninvasive test that can be used in infants to enhance surveillance based on clinical case finding.

We thank Epitope Inc for supplying the Orasure devices. Funding: This study was supported by a grant from Sight Savers International and the British Council for Prevention of Blindness.

Conflict of interest: None.

- 1 Banatvala JE, Best JM. Rubella. In: Parker MT, Collier LH, eds. Topley and Wilson's principles of bacteriology, virology and immunity. 8th ed. London: Edward Arnold, 1990:502-31.
- 2 Seth P, Manjunath N, Balaya S. Rubella infection: the Indian scene. Rev Infect Dis 1985;7:64-7.
- 3 Faraclegan H, Quinn T, Polk BF. Detection of antibodies to human immunodeficiency virus in dried blood on filter papers. *J Infect Dis* 1987;155:1073-4.
- 4 Perry KR, Brown DWG, Parry JV, Panday S, Pipkin C, Richards A. Detection of measles, mumps, and rubella antibodies in saliva using antibody capture radioimmunoassay. *J Med Virol* 1993;40:235-40.

(Accepted 1 November 1995)

Department of Preventive Ophthalmology, Institute of Ophthalmology, London EC1V 9EL M B Eckstein, research fellow A Foster, senior lecturer C E Gilbert, lecturer

PHLS Virus Reference Division, Colindale, London NW9 5HT D W G Brown, director enteric and respiratory virus laboratory A F Richards, medical laboratory scientific officer

Aravind Eye Hospital and Postgraduate Institute of Ophthalmology, Madurai, south India P Vijayalakshmi, consultant

Correspondence to:

Dr Eckstein.

BMJ 1996;312:161

Table 1—Characteristics of25 cases of serologicallyproved cataract due tocongenitally acquiredrubella. Values arenumbers (percentages)

Characteristic

Maternal history of fev	/er
and rash	12 (48)
Cardiac disease	13 (52)
Deafness	7 (28)
Severe developmenta	
delay	7 (28)
Ocular features in 50 e	yes
(25 patients):	
Microphthalmos	38 (76)
Corneal clouding	10 (20)
Glaucoma	2 (4)