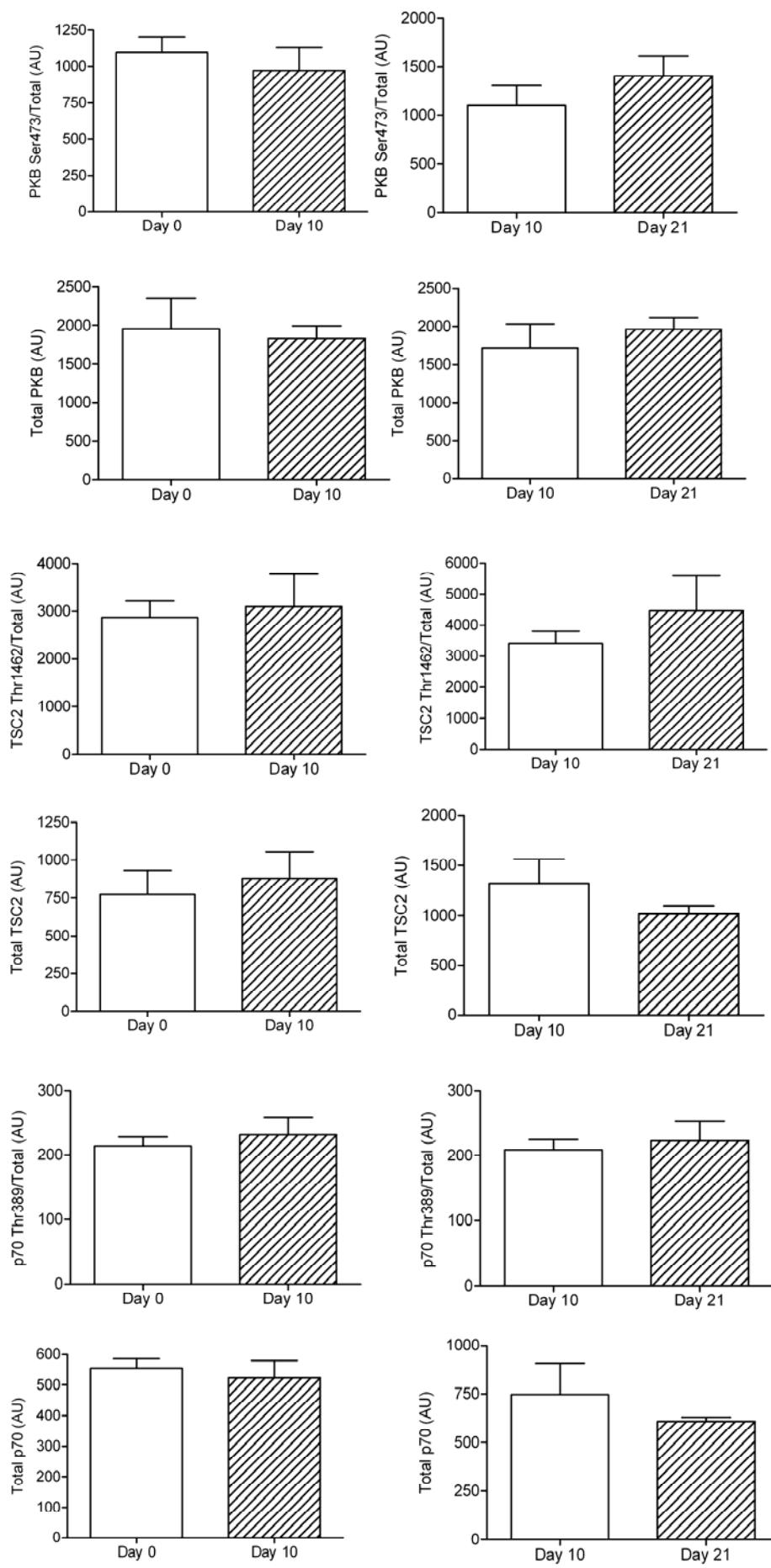


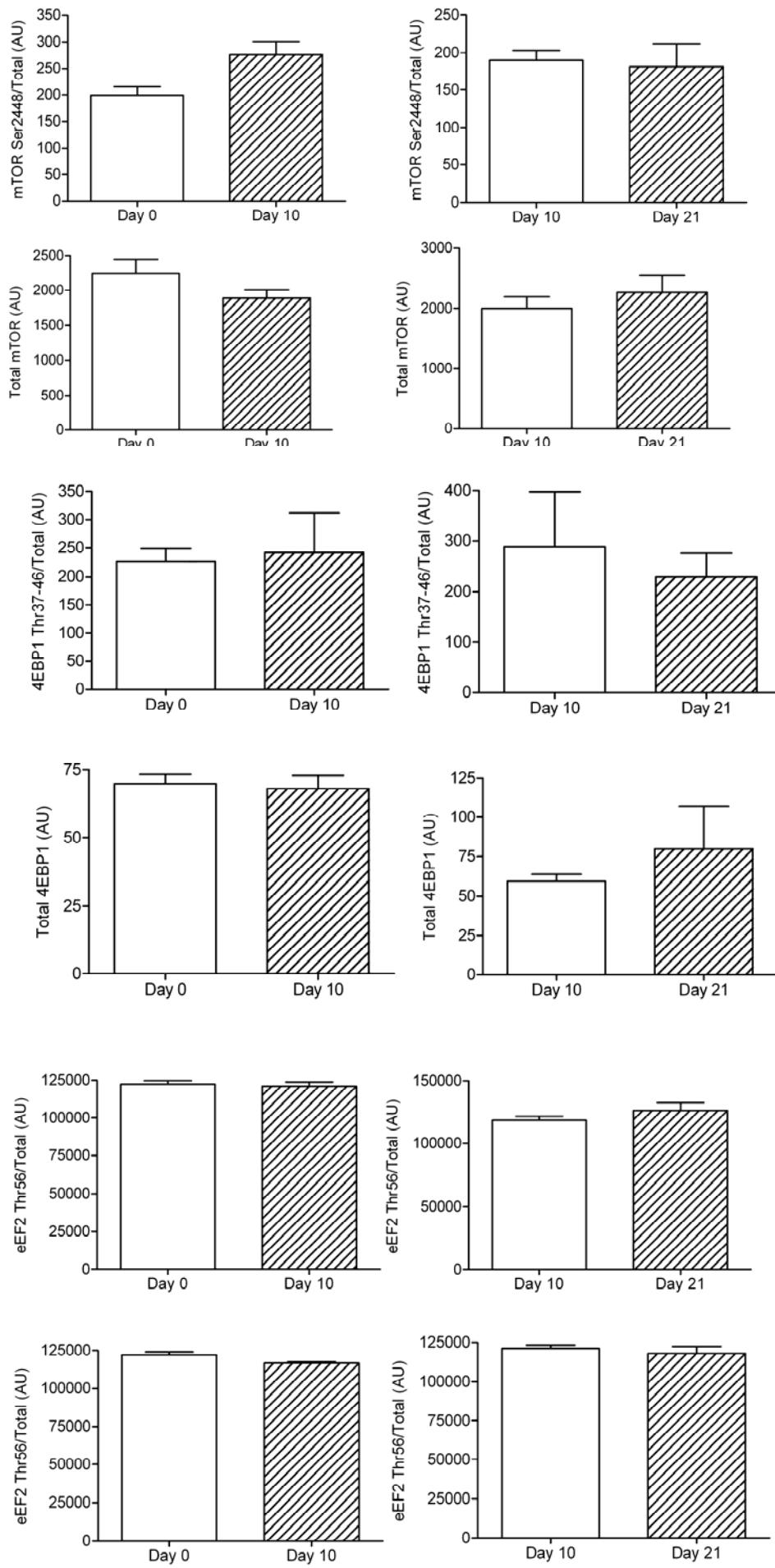
## Supplementary for Data De Boer et al The temporal responses of protein synthesis etc

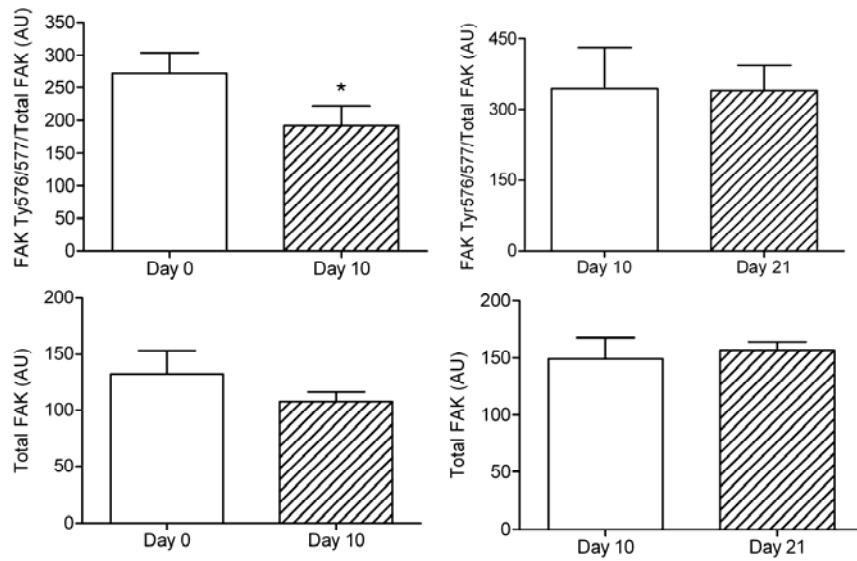
<i>Primer</i>	<i>Sense (5'-3')</i>	<i>Anti-sense(5'-3')</i>
MAFBx	TCCTGGAAGGGCACTGAC	CCATATTCCCAGCTCTCCAG
MuRF-1	CAAGGAGCACGAAGATGAG	CCACCAGCATGGAGATACAG
TPP-II	ATGCTAAAAGGAACGAATGAA	GGGCACAACCTTCCTACAA
Myostatin	CTACAACGGAAACAATCATTACCA	GTTCAGAGATCGGATTCCAGTAT
MHC1 $\beta$	ACAAGCTGCAGCTAAAGGTC	TCAAGATGTGGCAAAGCTAC
MHCIIA	AGGCTTCAAGATTGGTAGA	TTCCTTGCAACAGGGTAGA
MHCIIIX	AAGAGCAGGGAGGTTCACAC	TTATCTCCAAAAGTCATAAGTACA
Col1( $\alpha$ )1	GTGCTAAAGGTGCCAATGGT	CTCCTCGCTTCCTCCTCT

Table 1. RT-PCR primer sequences.

## Supplementary Data Figure S1 (Western analysis of phosphoproteins)



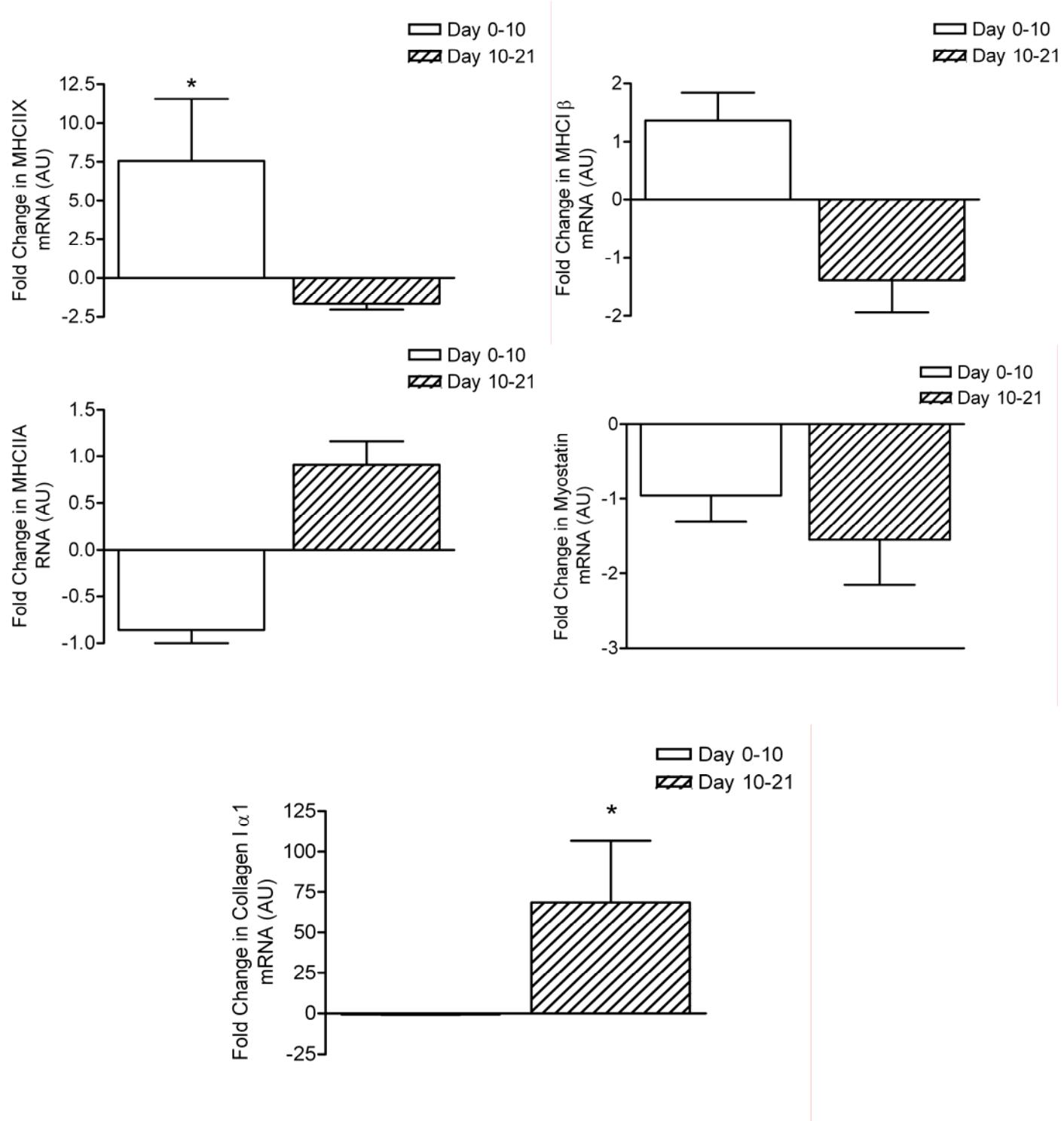




Supplementary Data Figure 1. Immunoblots for protein targets quantified to show both total and phosphorylated relative to total. Values are means and standard errors.

\* = P<0.05.

Supplementary Data Figure S2 (mRNA expression)



Supplementary Data Figure S 2. mRNA expression for gene targets. Values are means and standard errors. \* = P<0.05.