Metabolite	Cell leakage	Signal intensity	Metabolite	Cell leakage	Signal intensity
1,2,4-benzenetriol	6.2%	14997	inositol-4-monophosphate	<5%	139384
1-hexadecanol	<5%	7509	isoleucine	16.9%	47759
1-monostearin	<5%	8510	lauric acid	5.1%	153882
2-isopropylmalic acid	<5%	11177	leucrose	<5%	15011
2-monopalmitin	<5%	4535	linoleic acid	<5%	35074
3-phosphoglycerate	<5%	164233	linolenic acid	<5%	296829
5'-deoxy-5'-methylthioadenosine	<5%	11898	lysine	<5%	220806
adenine	<5%	25719	malate	7.1%	76200
adenosine	<5%	15094	maltotriose	<5%	47154
adenosine-5-monophosphate	<5%	31175	methionine	<5%	10102
alanine	<5%	20549	methionine sulfoxide	5.1%	6541
α-ketoglutaric acid	<5%	18884	1-monopalmitin	<5%	10606
arabinose	<5%	8765	myristic acid	5.8%	28001
arginine + ornithine	14.5%	24534	octadecanol	<5%	6740
asparagine	<5%	6960	oleic acid	<5%	26038
aspartic acid	6.9%	22632	palmitic acid	<5%	395453
beta alanine	<5%	37329	palmitoleic acid	8.3%	39788
capric acid	<5%	88763	pantothenic acid	<5%	5168
cellobiose	<5%	1944	pelargonic acid	<5%	194072
cholesterol	5.4%	10804	pentadecanoic acid	8.5%	15358
citric acid	<5%	29347	phenylalanine	11.5%	34765
cytidine-5'-diphosphate deriv.	<5%	60109	phytol	<5%	754448
dehydroascorbate	7.5%	3368	previtamin D3	<5%	46128
elaidic acid	<5%	31011	proline	24.1%	35284
fructose	6.4%	2152	pseudo uridine	6.8%	8629
fructose-6-phosphate	8.8%	3628	putrescine	18.6%	1227790
fumaric acid	<5%	74735	ribose-5-phosphate	<5%	1029
galactose	15.9%	12410	serine	11.7%	165431
galactose-6-phosphate	9.8%	1289	stearic acid	<5%	871127
glucose-6-phosphate	7.1%	6817	sucrose	21.6%	4002
glutamic acid	9.7%	47472	threitol	<5%	5316
glyceric acid	<5%	14250	threonine	9.7%	67334
glycerol	9.9%	148326	tocopherol	<5%	42873
glycerol-α-phosphate	<5%	1150504	trehalose	14.2%	2204
glycerol-β-phosphate	<5%	32132	tyrosine	7.1%	38841
glycine	8.8%	222323	urea	<5%	59696
guanine	<5%	16517	xylitol	5.7%	3871
guanosine	<5%	786850			
heptadecanoic acid	5.3%	25013			
icosenoic acid	<5%	18040			
inositol myo-	13.7%	14571			

Metabolite specific cellular leakage rates. These rates were determined when using quenching solvents containing 35% methanol (v/v) in comparison to media blanks and media after quenching. Signal intensities in counts-per-second of the time-of-flight mass spectrometer are given using the quantification ions as in the annotation result downloads at [32].