

Subdomains	Rigor-like	NMSM	Post-rigor	$\Delta_{\mathbf{M}/\mathbf{R}}$	$\Delta_{\mathbf{P}/\mathbf{R}}$
<b>N/U50</b>	36.0	36.2	36.0	0.2	0.0
<b>N/L50</b>	27.5	27.7	27.5	0.2	0.0
<b>U50/L50</b>	29.5	31.4	31.4	1.9	1.9
<b>N/C</b>	30.9	34.6	34.9	3.7	4.0
<b>U50/C</b>	64.1	67.7	67.9	3.6	3.8
<b>L50/C</b>	42.6	44.5	44.4	1.9	1.8

TABLE S6: Inter-subdomain center of mass distances;  $\Delta_{\mathbf{M}}$  shows the distance obtained from the NMSM path, while  $\Delta_{\mathbf{P}}$  the one from the post-rigor X-ray structure.