## **Iron-binding properties of plant phenolics and cranberry's bio-effects**

Maolin Guo\*, Carlos Perez, Yibin Wei, Elise Rapoza, Gregory Su

Department of Chemistry and Biochemistry, University of Massachusetts, Dartmouth,

### MA 02747

Fadi Bou-Abdallah and N. D. Chasteen

Department of Chemistry, University of New Hampshire Durham, NH 03824-3598, USA

# **Supporting information**

S1. Apparent binding constant equations

Figs. S1-S8

### S1. Apparent binding constants:

Estimation of the apparent binding constants for the formation of the flavonoid-Fe<sup>2+</sup> complexes can be made as follows. <sup>1</sup>

### a) For the ligand-substrate reaction with formation of 1:1 complex LS:

$$L + S \rightleftharpoons LS,$$
 (4)

where L = flavonoid,  $S = Fe^{2+}$ , and LS = flavonoid-Fe<sup>2+</sup> complex, the equilibrium constant (apparent binding constant) is given by:

$$K = \frac{[LS]_e}{[L]_e[S]_e} \tag{5}$$

The subscript *e* designates equilibrium concentrations. The ratios of the equilibrium *LS* complex concentration,  $[LS]_e$ , and the initial *L* concentration,  $[L]_o$ , can be derived from the absorbance of the solutions at a chosen wavelength both at equilibrium and far from equilibrium. The result of the derivation is as follows:

$$F_{c} = \frac{A_{u} - A_{m}}{A_{u} - A_{c}} = \frac{[LS]_{e}}{[L]_{o}}$$
(6)

where  $F_c$  is the fraction of L which formed a complex, the subscripts e and o stand for equilibrium and initial concentrations, respectively.  $A_u$ ;  $A_m$ ; and  $A_c$  are the absorbance (at a chosen wavelength) of solutions of L only (before Fe<sup>2+</sup> was added); L and LS mixture (somewhere in the middle of titration); and LS only (at the end of titration) respectively. The concentration of free Fe<sup>2+</sup> at equilibrium  $[S]_e$  is derived from:

$$[S]_{e} = [S]_{o} - [LS]_{e} = [S]_{o} - F_{c}[L]_{o}$$
<sup>(7)</sup>

The apparent binding constant K can then be calculated from Eqs. (6), (7), and (8):

<sup>&</sup>lt;sup>1</sup> E. Ojadi, Ph.D. Thesis, 1986, Brandeis University, Boston, MA, USA

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$$K = \frac{F_c}{1 - F_c} \times \frac{1}{[S]_e} \tag{8}$$

b) For the ligand-substrate reaction with formation of 2:1 complex SL<sub>2</sub>, the following equations apply:

$$S + 2L \rightleftharpoons SL_2$$
 (9)

$$K = \frac{[SL_2]_e}{[S]_e[L]_e^2}$$
(10)

$$t = 0, A_u = \varepsilon_L \ell [L]_o, [S]_o = 0, [SL_2]_o = 0$$
(11)

$$t = \infty$$
,  $A_c = \varepsilon_c \ell [SL_2]_{\infty} = \frac{\varepsilon_c \ell [L]_o}{2}$  (12)

$$\mathbf{t} = \mathbf{t}, \mathbf{A}_{\mathrm{m}} = \varepsilon_{\mathrm{L}} \ell \ [\mathrm{L}]_{\mathrm{e}} + \varepsilon_{\mathrm{c}} \ell \ [\mathrm{SL}_{2}]_{\mathrm{e}}$$
(13)

$$[L]_{o} = [L]_{e} + 2[SL_{2}]_{e}$$
(14)

$$[L]_{e} = [L]_{o} - 2[SL_{2}]_{e}$$
(15)

$$F_{c} = \frac{A_{u} - A_{m}}{A_{u} - A_{c}}$$
(16)

$$Fc = \frac{\varepsilon_L \ell[L]_o - \varepsilon_L \ell[L]_e - \varepsilon_c \ell[SL_2]_e}{\varepsilon_L \ell[L]_o - \frac{\varepsilon_c \ell[L]_o}{2}}$$
(17)

$$F_{c} = \frac{2[SL_{2}]_{e}}{[L]_{o}}$$
(18)

$$K = \frac{\frac{Fc}{[L]_o}}{2[S]_e \left(\frac{[L]_o - 2[SL_2]_e}{[L]_o}\right)^2}$$
(19)

$$[S]_{e} = [S]_{o} - [SL_{2}]_{e}$$
(20)

$$[S]_{e} = [S]_{o} - F_{c}[L]_{o}$$
(21)

$$K = \frac{F_C}{2[L]_o[S]_e (1 - F_c)^2}$$
(22)



**Fig. S1** The chemical structures of the "Fe-binding motif" in (A) enterobactin (a bacterial siderophore), and (B) Fe-binding site in transferrin.



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**Fig. S2** UV/Vis spectra of quercetin and the kinetics after the addition of 1.0 mol eq.  $Fe^{2+}$  in 20 mM KPB buffer, pH 7.2. (a), quercetin (10  $\mu$ M), (b) 30 s after the addition of 1 mol eq.  $Fe^{2+}$ , (c) – (k), 1 – 10 min after the addition of  $Fe^{2+}$ .



**Fig. S3** UV/Vis spectra of quercetin and the kinetics after the addition of 0.5 mol eq.  $Fe^{2+}$  in 20 mM KPB buffer, pH 7.2. (a), quercetin (12  $\mu$ M), (b) 30 s after the addition of  $Fe^{2+}$ , (c) – (1), 1 – 10 min after the addition of  $Fe^{2+}$ .



**Fig. S4** Titration of quercetin by  $Ga^{3+}$  in 20 mM KPB buffer, pH 7.2. From top to bottom: 8  $\mu$ M quercetin in the presence of 0, 0.25, 0.5, 0.75, 1.0, 1.5, 2.0, and 3.0 mol eq. Ga<sup>3+</sup>.



**Fig. S5** Recovery of  $Fe^{2+}$  from ATP, citrate or EDTA by quercetin in 20 mM KPB, pH 7.2. (a) 10  $\mu$ M quercetin-Fe<sup>2+</sup>; (b) recovery from 10  $\mu$ M citrate, (c) recovery from 10  $\mu$ M ATP (d) recovery from 10  $\mu$ M EDTA and (e) free 10  $\mu$ M quercetin.



**Fig. S6** UV/Vis spectroscopy of the recovery of Fe<sup>2+</sup> from quercetin by ATP, citrate, and EDTA in KPB at pH 7.2. All the chelators were 10  $\mu$ M. From top to bottom: quercetin-Fe<sup>2+</sup>, with citrate, with ATP, with EDTA and quercetin alone, respectively.



**Fig. S7** UV/Vis spectra of quercetin and  $Fe^{2+}$  in the presence of  $H_2O_2$  and ascorbate in 20 mM KPB, pH 7.2. (a) 10  $\mu$ M quercetin only; (b) with the addition of 10  $\mu$ M Fe<sup>2+</sup>; and (c)-(p) 100  $\mu$ M ascorbic acid and 200  $\mu$ M  $H_2O_2$  were added and the kinetics was monitored for 10 min (from top to bottom).



**Fig. S8** Electrospray mass spectrum after addition of 20  $\mu$ M of H<sub>2</sub>O<sub>2</sub> to a solution of quercetin and Fe<sup>2+</sup> (10  $\mu$ M each, 1:1) in methanol/water (1/1, v/v). The inset is the isotopic pattern of the peak at m/z = 658.0.

After the addition of H<sub>2</sub>O<sub>2</sub>, the peaks for quercetin-Fe<sup>2+</sup> complexes (m/z 375.1, 659.0, 712.9 and 1014.8) diminished, but peaks for quercetin-Fe<sup>3+</sup> complexes (m/z 658.0 and 392.0) appeared. The overall ESI-Mass spectrum after the addition of H<sub>2</sub>O<sub>2</sub> is almost identical to that of the mixture of quercetin (10  $\mu$ M) and Fe<sup>3+</sup> (10  $\mu$ M) under similar conditions. This result suggests the conversion of Fe<sup>2+</sup>-quercetin complexes to Fe<sup>3+</sup>- quercetin complexes by H<sub>2</sub>O<sub>2</sub> without Fenton chemistry.