

Online Supporting Material

Supplemental Table 2. Total serum bilirubin concentrations among study participants grouped by daily servings of F&V¹

| Food group ² servings, n/d | Total bilirubin μmol/L | P-value ⁴ | Botanical family ³ servings, n/d | Total bilirubin μmol/L | P-value ⁴ |
|---------------------------------------|------------------------|----------------------|---|------------------------|----------------------|
| Total fruits & vegetables | | | Total Botanicals | | |
| <4 | 13.8 (13.0 , 14.7) | 0.17 | <4 | 13.5 (12.5 , 14.7) | 0.79 |
| 4-5 | 13.3 (12.7 , 13.9) | | 4-5 | 13.4 (12.8 , 14.1) | |
| >5 | 12.8 (11.7 , 13.8) | | >5 | 13.3 (12.6 , 14.1) | |
| Soy products | | | <i>Cruciferae</i> | | |
| <0.5 | 13.5 (12.8 , 14.1) | 0.80 | <0.5 | 13.2 (12.5 , 13.9) | 0.18 |
| 0.5+ | 13.3 (12.1 , 14.5) | | 0.5+ | 14.3 (12.9 , 15.8) | |
| Citrus fruit | | | <i>Rosaceae</i> | | |
| <0.5 | 13.5 (12.6 , 14.4) | 0.84 | <0.5 | 13.7 (12.8 , 14.6) | 0.46 |
| 0.5+ | 13.3 (12.5 , 14.2) | | 0.5+ | 13.2 (12.4 , 14.1) | |
| Cruciferous vegetables | | | <i>Leguminosae</i> | | |
| <0.5 | 13.8 (13.1 , 14.5) | 0.30 | <0.5 | 13.4 (12.4 , 14.5) | 0.99 |
| 0.5+ | 12.5 (11.4 , 13.6) | | 0.5+ | 13.4 (12.7 , 14.2) | |
| | | | <i>Solanaceae</i> | | |
| | | | <0.5 | 13.5 (12.5 , 14.5) | 0.87 |
| | | | 0.5+ | 13.4 (12.6 , 14.2) | |
| | | | <i>Rutaceae</i> | | |
| | | | <0.5 | 13.2 (12.5 , 14.0) | 0.39 |
| | | | 0.5+ | 13.8 (12.8 , 14.9) | |
| | | | <i>Umbelliferae</i> | | |
| | | | <0.5 | 13.5 (12.8 , 14.2) | 0.58 |
| | | | 0.5+ | 13.0 (11.7 , 14.5) | |

¹ Bilirubin data were transformed $\ln(x+1)$. Back-transformed means and 95% CI (in parentheses) are presented.

² Dietary variables obtained from FFQ

³ Dietary variables obtained from 3DFR

⁴ Adjusted for race, sex, *UGT1A1* genotype, and total energy (total fruits & vegetables and total botanicals) or total fruits & vegetables (soy products, citrus fruit, cruciferous vegetables, and all individual botanical families) using multiple linear regression

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