

TABLE E-1 The Informed-Decision-Making Model<sup>3</sup>

Dimension of Informed Decision-Making	Element
Providing relevant information	Discuss nature of decision <i>What are the essential clinical issues that we are addressing?</i>
	Describe alternatives <i>What are the clinically reasonable choices?</i>
	Discuss pros and cons <i>What are the pros and cons of relevance to this patient?</i>
	Discuss uncertainty <i>How can I convey the likelihood of success?</i>
Fostering patient involvement	Assess understanding <i>Is the patient now an “informed participant,” with a working understanding of the decision?</i>
	Discuss patient’s role <i>What role should the patient play in making the decision? Patients should be offered a role in decision-making, even if some will decline, preferring to defer to the physician.</i>
	Explore “context” <i>How will the decision impact the patient’s daily life?</i>
	Assess patient’s desire for others’ input <i>Who else would the patient like to consult?</i>
	Explore patient’s preference <i>On the basis of the information given, which way is the patient leaning?</i>