

**Table S1. Data for Fig. 1E**

Stages		E0	E90	E180	Einf	Esp	Viscosity
11.5	Mean	39.4	15.4	12.9	14.1	19.2	4.5E+002
	<i>n</i>	8	8	8	8	8	8
	s.d.	20.3	4.4	4.4	4.7	17.2	5.7E+002
13.0	Mean	56.4	18.1	14.1	15.1	30.0	9.9E+002
	<i>n</i>	14	14	14	14	14	14
	s.d.	23.7	5.1	5.0	4.9	20.6	7.0E+002
15.0	Mean	63.7	32.5	28.4	29.3	22.2	8.2E+002
	<i>n</i>	20	20	20	20	20	20
	s.d.	14.1	5.6	5.2	6.1	7.0	6.7E+002
19.0	Mean	132.4	60.6	51.2	53.2	50.1	2.0E+003
	<i>n</i>	10	10	10	10	10	10
	s.d.	35.0	11.1	7.1	8.8	18.7	1.7E+003
21.0	Mean	223.3	95.3	81.1	86.7	82.9	2.4E+003
	<i>n</i>	12	12	12	12	12	12
	s.d.	120.9	13.9	11.7	15.2	71.7	1.1E+003