STEP 1: RECODING ITEMS

ITEM NUMBERS	CHANGE ORIGINAL RESPONSE CATEGORY *	TO RECODED VALUE OF:
1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18	1 →	0
	2 →	50
	3 →	100
28, 35, 36, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 57, 58, 59, 60, 61, 63, 79, 80	1 →	100
	2 →	75
	3 →	50
	4 →	25
	5 →	0
19, 20, 21, 22, 23, 24, 25, 26, 27, 29, 30, 31, 32, 33, 34, 37, 38, 39, 40, 41, 42, 43, 44, 56, 62, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78	1 →	0
	2 →	25
	3 →	50
	4 →	75
	5 →	100

* Precoded response choices as printed in the questionnaire.

STEP 2: AVERAGING ITEMS TO FORM SCALES

SCALE	NUMBER OF ITEMS	AFTER RECODING PER STEP 1, AVERAGE THE FOLLOWING ITEMS
Assistance with instrumental activities of daily living	13	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13
Assistance with activities of daily living	5	14, 15, 16, 17, 18
Role limitations due to caregiving	5	19, 20, 21, 22, 23
Personal time	4	24, 28, 35, 56
Family Interaction	6	25, 26, 27, 36, 37, 80
Demands of caregiving	7	29, 30, 38, 39, 40, 41, 57
Worry	9	31, 32, 33, 34, 42, 43, 44, 58, 59
Spirituality and faith	3	45, 46, 47
Benefits of caregiving	8	48, 49, 50, 51, 52, 53, 54, 55
Caregiver feelings	20	60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79