

Impact of Cancer Version 2 (IOCV2)

Instructions: Given your life as it is now, how do you feel about having had cancer?
Please circle the number that best describes how much you agree or disagree with each statement.

		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1.	I do not take my body for granted since the cancer	1	2	3	4	5
2.	Having had cancer has made me more concerned about my health	1	2	3	4	5
3.	I am more aware of physical problems or changes in my body since having had cancer	1	2	3	4	5
4.	Having had cancer has made me take better care of myself (my health)	1	2	3	4	5
5.	I consider myself to be a cancer survivor	1	2	3	4	5
6.	I feel a sense of pride or accomplishment from having survived cancer	1	2	3	4	5
7.	I learned something about myself because of having had cancer	1	2	3	4	5
8.	I feel that I am a role model to other people with cancer	1	2	3	4	5

		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
9.	Having had cancer makes me feel unsure about my future	1	2	3	4	5
10.	I feel like time in my life is running out	1	2	3	4	5
11.	I worry about the cancer coming back or about getting another cancer	1	2	3	4	5
12.	Having had cancer makes me feel uncertain about my health	1	2	3	4	5
13.	I worry about my future	1	2	3	4	5
14.	New symptoms (aches, pains, getting sick or the flu) make me worry about the cancer coming back	1	2	3	4	5
15.	I worry about my health	1	2	3	4	5
16.	I am concerned that my energy has not returned to what it was before I had cancer	1	2	3	4	5
17.	I am bothered that my body cannot do what it could before having had cancer	1	2	3	4	5

		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
18.	Having had cancer has made me feel old	1	2	3	4	5
19.	I worry about how my body looks	1	2	3	4	5
20.	I feel disfigured	1	2	3	4	5
21.	I sometimes wear clothing to cover up parts of my body I don't want others to see	1	2	3	4	5
22.	I feel a special bond with people with cancer	1	2	3	4	5
23.	Because I had cancer I am more understanding of what other people may feel when they are seriously ill	1	2	3	4	5
24.	Having had cancer has made me more willing to help others	1	2	3	4	5
25.	I feel that I should give something back to others because I survived cancer	1	2	3	4	5
26.	I feel guilty today for not having been available to my family when I had cancer	1	2	3	4	5
27.	I feel like cancer runs my life	1	2	3	4	5

		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
28.	Having had cancer has made me feel alone	1	2	3	4	5
29.	Having had cancer has made me feel like some people (friends, family, co-workers) do not understand me	1	2	3	4	5
30.	Uncertainty about my future affects my decisions to make plans (examples: work, recreation/travel, get married, get involved in relationships, have a family, go to school)	1	2	3	4	5
31.	Having had cancer keeps me from doing activities I enjoy (examples: travel, socializing, recreation, time with family)	1	2	3	4	5
32.	On-going cancer-related or treatment-related symptoms (for example, bladder or bowel control, lymphedema, hair loss, scars, infertility, premature menopause, lack of energy, impotence/sexual problems, aches, pain or physical discomfort) interfere with my life	1	2	3	4	5
33.	Having had cancer turned into a reason to make changes in my life	1	2	3	4	5

		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
34.	Because of cancer I have become better about expressing what I want	1	2	3	4	5
35.	Because of cancer I have more confidence in myself	1	2	3	4	5
36.	Having had cancer has given me direction in life	1	2	3	4	5
37.	Because of having had cancer I feel that I have more control of my life	1	2	3	4	5

38. Are you currently married, living together as married, or in a significant relationship?

1 Yes → Please skip to question 42 on the next page

2 No



Please answer questions 39-41 only if you are *not* currently married, living together as married, or in a significant relationship.

		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
39.	Uncertainties about my health or my future have made me delay getting married or getting involved in a serious relationship	1	2	3	4	5
40.	I wonder how to tell a potential spouse, partner, boyfriend, or girlfriend that I have had cancer	1	2	3	4	5

		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
41.	I worry about not having a spouse, partner, boyfriend or girlfriend	1	2	3	4	5

Please skip to question 46 on the next page.

Answer questions 42-45 only if you are *currently married, living together as married, or in a significant relationship*. Otherwise, please skip to question 46 on the next page

		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
42.	I am open and willing to discuss my cancer with my spouse/partner	1	2	3	4	5
43.	My spouse/partner is open and willing to discuss my cancer with me	1	2	3	4	5
44.	Uncertainty about my health has created problems in my relationship with my spouse/partner	1	2	3	4	5
45.	I worry about my spouse/partner leaving me if I were to become ill again	1	2	3	4	5

46. Are you fully retired from paid employment?

1 Yes → Thank you, you have now completed the IOCV2 questionnaire.

2 No



47. Were you employed and earning income at some time during the last 12 months?

0 No → Thank you, you have now completed the IOCV2 questionnaire.

1 Yes



Please answer questions 48-50 only if you were employed and earning income at some time during the last 12 months.

		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
48.	I am concerned about not being able to work if I were to become ill again	1	2	3	4	5
49.	Concerns about losing health insurance keep me in the job I have now	1	2	3	4	5
50.	I worry about being forced to retire or quit work before I am ready	1	2	3	4	5

Thank you, you have now completed the IOCV2 questionnaire.