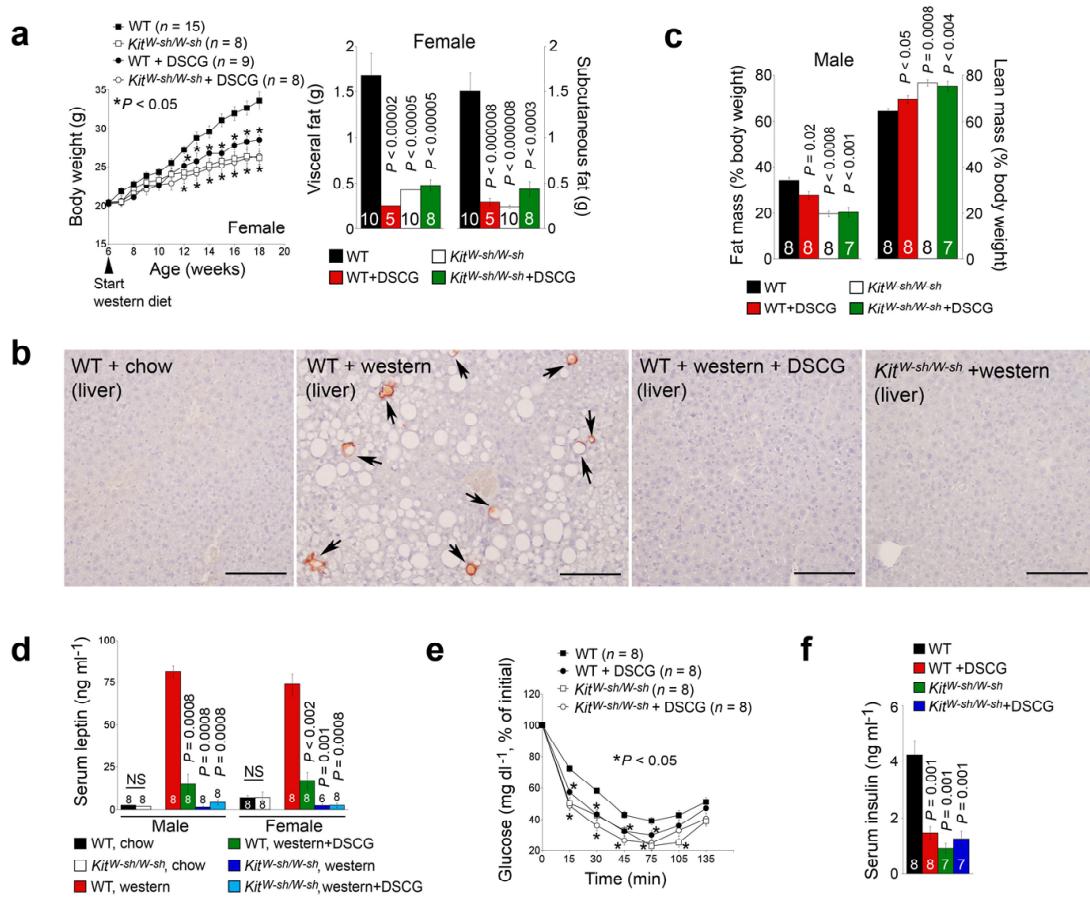


Deficiency and pharmacological stabilization of mast cells reduce diet-induced obesity and diabetes in mice

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Supplementary Figure 1. Mast cell deficiency and stabilization reduced diet-induced obesity and diabetes in mice. **a.** Body weight gain (left) and visceral and subcutaneous fat weight (right) of female WT and *Kit W-sh/W-sh* mice and those receiving DSCG (all in C57BL/6 background). **b.** CD117 immunostaining for mast cells in liver paraffin sections from different mice as indicated. Arrows indicate CD117⁺ mast cells. Scale bar: 100 μ m. Only Western diet-fed WT mice developed steatotic livers with abundant mast cell accumulation. Western diet-fed *Kit W-sh/W-sh* mice or WT mice receiving DSCG had normal liver histology similar to that in chow diet-fed WT mice. **c.** Fat and lean mass (% of body weight) in male WT and *Kit W-sh/W-sh* mice treated with or without DSCG. **d.** Serum leptin levels in male and female mice with indicated treatments. Insulin tolerance test (**e**) and serum insulin levels (**f**) in male WT and *Kit W-sh/W-sh* mice that consumed a Western diet for 12 weeks with and without DSCG treatments. $P < 0.05$ was considered statistically significant; non-parametric Mann-Whitney test. NS: no significant difference.

Supplementary Table 1: Energy expenditure analysis in *Kit^{W-sh/W-sh}* and DSCG-treated mice.

Parameters	WT (n = 6) (mean ± SEM)	<i>Kit^{W-sh/W-sh}</i> (n = 8) (mean ± SEM)	P Value*	WT + DGSC (n = 8) (mean ± SEM)	P Value*
Food consumption (gram per 24 hours)	3.17 ± 0.08	3.83 ± 0.26	0.03	3.25 ± 0.28	0.87
Water consumption (ml per 24 hours)	7.03 ± 0.28	6.38 ± 0.57	0.30	10.75 ± 0.62	0.02
Fecal output (gram per 24 hours)	1.53 ± 0.16	1.45 ± 0.14	0.77	1.56 ± 0.23	0.89
Urine volume (ml per 24 hours)	1.40 ± 0.10	1.65 ± 0.16	0.75	1.40 ± 0.17	0.52
O ₂ consumption (ml per kg per h)	2620.31 ± 27.65	2994.16 ± 67.79	0.002	2867.29 ± 57.65	0.005
CO ₂ production (ml per kg per h)	2129.04 ± 54.48	2619.41 ± 100.18	0.01	2534.96 ± 94.70	0.01

*Compared with WT mice, non-parametric Mann Whitney test. P < 0.05 was considered significant.

Supplementary Table 2. Serum and adipose tissue cytokine, chemokine, adipokine, and protease levels (mean \pm SEM).

Serum	IL-6 (pg mL $^{-1}$)	TNF- α (pg mL $^{-1}$)	IFN- γ (pg mL $^{-1}$)	MCP-1 (pg mL $^{-1}$)	Eotaxin (pg mL $^{-1}$)	RANTES (pg mL $^{-1}$)	Adiponectin (ng mL $^{-1}$)	MMP-9 (pg mL $^{-1}$)	Cathepsin L (ng mL $^{-1}$)
Males									
Wt +Chow	32.5 \pm 7.5	54.1 \pm 5.8	1328.4 \pm 205.2	164.5 \pm 18.4	419.0 \pm 30.9	7.2 \pm 2.6	6.7 \pm 0.7	70.5 \pm 0.3	4.6 \pm 0.6
<i>Kit</i> ^{W-sh/W-sh} +Chow	30.9 \pm 3.8	51.9 \pm 6.9	1572.1 \pm 87.2	161.6 \pm 19.8	680.7 \pm 63.4***	25.1 \pm 6.1**	6.3 \pm 0.5	62.6 \pm 1.1***	5.7 \pm 0.7
Wt +Western	74.4 \pm 9.4	146.3 \pm 15.7	1714.5 \pm 123.7	459.2 \pm 24.3	477.6 \pm 26.0	8.9 \pm 1.9	8.2 \pm 0.9	71.4 \pm 0.2	5.4 \pm 0.7
<i>Kit</i> ^{W-sh/W-sh} +Western	41.6 \pm 8.6	43.4 \pm 24.9**	1467.2 \pm 33.4*	115.2 \pm 14.8***	630.5 \pm 61.0	6.1 \pm 1.3	6.3 \pm 0.5	64.5 \pm 1.4***	5.6 \pm 0.9
Wt +DSCG+Western	26.7 \pm 7.7**	129.4 \pm 20.9	1403.9 \pm 180.9**	285.5 \pm 39.6**	571.7 \pm 38.2	6.1 \pm 1.6	9.0 \pm 0.6	70.8 \pm 0.2*	4.4 \pm 0.7
Females									
Wt +Chow	18.9 \pm 4.0	44.0 \pm 8.0	900.2 \pm 68.0	170.4 \pm 11.9	560.3 \pm 47.0	21.9 \pm 9.3	9.1 \pm 0.7	69.1 \pm 3.9	8.0 \pm 0.4
<i>Kit</i> ^{W-sh/W-sh} +Chow	30.4 \pm 9.1	41.5 \pm 9.3	950.1 \pm 73.9	184.2 \pm 16.8	531.2 \pm 36.0	23.4 \pm 6.3	7.4 \pm 0.8	70.0 \pm 4.5	8.3 \pm 0.5
Wt +Western	28.6 \pm 8.3	91.9 \pm 16.8	1502.9 \pm 213...	648.6 \pm 73.9	549.1 \pm 33.0	16.7 \pm 6.5	9.0 \pm 0.6	71.5 \pm 0.2	9.1 \pm 0.5
<i>Kit</i> ^{W-sh/W-sh} +Western	27.9 \pm 7.3	30.6 \pm 7.1***	994.3 \pm 120.7	343.7 \pm 44.4***	491.3 \pm 27.0	17.1 \pm 4.6	6.3 \pm 0.5***	65.8 \pm 4.9	8.2 \pm 0.5
Wt +DSCG+Western	31.7 \pm 4.9	91.5 \pm 16.0	1408.9 \pm 131.5	299.6 \pm 38.7***	564.5 \pm 47.0	33.3 \pm 3.4	8.5 \pm 0.7	71.0 \pm 0.2	9.5 \pm 0.6
WAT									
WAT	IL-6 (pg mg $^{-1}$)	TNF- α (pg mg $^{-1}$)	IFN- γ (pg mg $^{-1}$)	MCP-1 (pg mg $^{-1}$)	Eotaxin (pg mg $^{-1}$)	RANTES (pg mg $^{-1}$)	Adiponectin (ng mg $^{-1}$)	MMP-9 (pg mg $^{-1}$)	Cathepsin L (ng mg $^{-1}$)
Males									
Wt +Chow	21.0 \pm 2.7	198.6 \pm 12.1	196.0 \pm 32.7	22.0 \pm 6.8	9.0 \pm 4.0	22.1 \pm 2.7	379.2 \pm 37.0	42.4 \pm 4.1	9.0 \pm 0.5
<i>Kit</i> ^{W-sh/W-sh} +Chow	22.5 \pm 1.5	225.1 \pm 18.8	204.5 \pm 25.3	32.4 \pm 6.1	10.4 \pm 3.5	8.6 \pm 3.1**	357.7 \pm 31.0	40.1 \pm 2.9	9.7 \pm 0.7
Wt +Western	28.7 \pm 2.8	187.6 \pm 12.5	212.5 \pm 29.7	115.4 \pm 18.2	5.8 \pm 2.2	15.7 \pm 4.9	373.1 \pm 23.0	35.4 \pm 2.2	8.8 \pm 0.4
<i>Kit</i> ^{W-sh/W-sh} +Western	20.9 \pm 1.8*	124.5 \pm 14.4**	192.5 \pm 18.2	41.7 \pm 12.2**	6.0 \pm 3.4	20.2 \pm 3.7	426.5 \pm 46.0	41.4 \pm 5.1	9.1 \pm 0.5
Wt +DSCG+Western	30.8 \pm 5.2	231.2 \pm 13.3	245.0 \pm 9.5	57.4 \pm 7.7**	16.4 \pm 3.2**	26.4 \pm 3.2	266.1 \pm 27.0*	41.4 \pm 3.4	8.8 \pm 0.5

*P < 0.04; **P < 0.02; ***P < 0.005. Non-parametric Mann-Whitney test to compare the corresponding WT groups. P < 0.05 was considered significant.

Supplementary Table 3. Clinical and biological parameters of patients used for serum tryptase ELISA.

Parameter	Obese subject (average [range])	Lean subject (average [range])	P value [†]
Patient number	80	32	N/A
Age (year)	37.3 [20.0~66.0]	41.4 [20.0~62.0]	0.11
Body mass index (BMI, kg per mm ²)	48.5 [32.0~85.3]	22.9 [19.9~25.6]	<0.01
Sex (female to male)	69/11	22/10	0.45
Fasting glucose (mM)	5.1 [3.7~7.4]	4.5 [3.4~5.3]	<0.01
Fasting insulin ($\mu\text{U mL}^{-1}$)	15.4 [3.9~68.3]	3.6 [0.4~7.9]	<0.01
Homeostasis Model Assessment (HOMA)	3.5 [0.8~15.3]	0.7 [0.1~0.8]	<0.01
Quantitative insulin-sensitivity check index (QUICKI)	0.3 [0.3~0.4]	0.4 [0.4~0.7]	<0.01
Total cholesterol (mmol)	4.8 [2.8~7.1]	4.9 [3.1~7.8]	0.67
High density lipoprotein (mmol)	1.4 [0.6~2.2]	1.6 [0.8~2.6]	0.03
Triglyceride (mmol)	1.2 [0.4~3.7]	1.0 [0.5~2.2]	0.06
Tryptase (ng mL ⁻¹)	13.1 [1.0~73.0]	7.7 [0.0~23.3]	0.01

[†]Comparison between obese and lean subjects. Chi square test was used for qualitative traits and unpaired t-test for quantitative traits. P < 0.05 was considered statistically significant.

Supplementary Table 4. Clinical and biological parameters for patients used for immunohistology analysis.

Parameter	Obese subject (average [range])	Lean subject (average [range])	P value [†]
General measurement			
Patient number	12	10	N/A
Sex (female to male)	6/6	10/0	0.002
Age (year)	47.8 [20~63]	35.2 [30~42]	0.004
Body mass index (BMI, kg per mm ²)	49.9 [36.0~62.1]	23.7 [21.9~26.2]	<0.0001
Glucose homeostasis			
Glucose (mmol L ⁻¹)	6.4 [4.2~10.3]	4.8 [3.7~6.3]	0.11
Insulin (μU mL ⁻¹)	22.0 [4.7~84.2]	7.2 [4.0~13.0]	<0.03
Homeostasis Model Assessment (HOMA)	7.3 [1.3~29.3]	1.7 [0.7~3.6]	0.38
Quantitative insulin-sensitivity check index (QUICKI)	0.3 [0.2~0.4]	0.4 [0.3~0.4]	<0.03
Type 2 diabetes			
Glycemia (>7 mmol L ⁻¹ or treatment)	n = 5	n = 0	0.007

[†]Comparison between obese and lean subjects. Chi square test was used for qualitative traits and Mann-Whitney U test for quantitative traits. P < 0.05 was considered statistically significant.