

Descriptive statistics for twin study participants

	Twins		Heritability of Traits	
Demographic				
<i>n</i>	476		476	
Twinship, MZ/DZ	157/81		157/81	
Sex, M/F	120/356		120/356	
	Mean	SE	H2+/-SE	P-Value
Age, yr	39.7	0.7		
BMI, kg/m ²	25.3	0.3	0.82 ± 0.02	<0.0001
Hemodynamic				
SBP, mmHg	130.8	0.8	0.50 ± 0.06	<0.0001
DBP, mmHg	71.1	0.5	0.58 ± 0.05	<0.0001
Heart rate, bpm	69.4	0.6	0.49 ± 0.06	<0.0001
Metabolic				
Total cholesterol, mg/dl	178.4	1.6	0.47 ± 0.08	<0.0001
HDL, mg/dl	51.6	0.7	0.68 ± 0.04	<0.0001
LDL, mg/dl	104.8	1.4	0.52 ± 0.07	<0.0001
ApoA, mg/dl	137.0	1.2	0.62 ± 0.06	<0.0001
ApoB, mg/dl	76.5	1.0	0.47 ± 0.08	<0.0001
CRP, ng/ml	2488.2	174.8	0.57 ± 0.05	<0.0001
PYY, pg/mL	116.3	4.6	0.51 ± 0.06	<0.0001
Leptin, ng/ml	12.1	0.4	0.71 ± 0.04	<0.0001
Insulin, uUnit/ml	13.6	0.6	0.35 ± 0.07	<0.0001

Online Supplemental Table 1. Descriptive statistics of clinical characteristics and heritability (h²) estimates for twin study participants.