

Online Supporting Material

Supplemental Table 1. Food Groupings Used in the Dietary Pattern Analysis^{1,2}

Foods or Food groups	Food Items
Store-bought meats and chicken, store-bought fatty meats	Beef, pork or ham, chicken, bacon, sausage, Spam, hot dogs (wieners), luncheon meats
Native sea and land mammals	Walrus, seal, whale, oogrük (bearded seal), muktuk (whale skin with fat), reindeer, caribou, moose (All fresh or frozen)
Native birds	Wild birds (fresh or frozen)
Fish	Salmon, white fish, other fish (All fresh or frozen.), smoked king salmon, other dried fish
Stew, mostly meat; stew, mostly rice/noodles	Stew, mostly meat; stew, mostly rice or noodles
Milk, cheese, ice cream, non-dairy creamer	Whole milk, cheese (American), ice cream, non-dairy creamer
Evaporated milk	Evaporated milk (undiluted)
Eggs	Wild bird eggs, chicken eggs
Store-bought animal fats	Butter, lard (fat from pork), bacon grease
Native sea and land animal fats	Seal oil, rendered seal blubber, whale oil, seal blubber, walrus oil, reindeer fat, moose fat
Store-bought hydrogenated vegetable fats	Stick margarine, Crisco (solid)
Store-bought non-hydrogenated vegetable fats, peanut butter	Tub margarine, canola oil, other vegetable oil (corn, soy, etc.), mayonnaise, peanut butter
Flavored drinks	HI-C, Tang, Hawaiian Punch, Kool-Aid
Wild berries, native berry <i>agutuk</i>	Blackberries or crowberries (<i>Empetrum nigrum L.</i>), blueberries, salmonberries or cloudberry (<i>Rubus chamaemorus L.</i>), berry <i>agutuk</i> (also known as Eskimo ice cream typically made with berries, a fat, and sugar or fish or meat)
Store-bought fruits, vegetables, and lettuce salad	Oranges, apples, peaches or apricots, carrots, tomatoes (canned), green beans, corn, peas, tossed salad or lettuce
Wild greens	Wild greens
Beans dry	Beans, dry (cooked or canned)
French fries or fried potatoes	French fried potatoes, fried potatoes
White bread, pasta, rice, cold cereal, pilot bread	White bread or rolls, pasta, noodles, macaroni, rice, cold cereal, Sailor Boy Pilot Bread
Sweet grains; doughnuts, cookies, pies, cakes; fry bread	Doughnuts, cookies, pies, cakes, fry bread
Pancakes	Pancakes
Hot cereal	Hot cereal (oatmeal, etc.)
Snack chips, pizza	Chips, pizza
Candy bars, sugar, syrup	Candy bars, sugar, syrup
Coffee, tea,	Coffee, tea

Soda pop	Soda pop
Lower fat milks	2% low fat milk, 1% low fat milk, Skim/nonfat milk
Bread dark	Dark bread or rolls

¹ Food items consumed by $\leq 5\%$ of the study population were excluded. Oopah, a marine chordate of the subphylum, Tunicata, was consumed by only 2% of the participants.

² Other foods excluded, because only participants from St. Lawrence Island were asked about them, were kemagluk, mamaghwaaq, riighnak, and tukughnak (ascidians or marine chordates).