

Supplementary Online TABLE 1: Modulators that affect the permeability of the blood-brain barrier

Pathogenic Event	Mediator	Mechanism	Examples	Effect on BBB	Diseases Implicated
Bacterial or viral infection	LPS	EC activation P-glycoprotein regulation Systemic cytokine secretion		↓	Bacterial meningitis ⁷³
	Viral proteins	Tight junction dysfunction by HIV-infected monocytes; activations of perivascular macrophages and sentinel microglia	HIV	↓	HIV encephalitis ⁷⁴
Systemic inflammation	Cytokines	EC activation Tight junction dysfunction	TNF α	↓ ↑	Parkinson's disease ^{27, 75, 76}
			IL1 β	↓	Multiple sclerosis ²⁸ Meningitis ²⁸
			IL6	↓	Bacterial meningitis ²⁹ Meningococcal septic shock
			IFN α/β ³⁵	↑	
	Circulating antibodies ^{77, 78}	EC activation? Receptor mediated endocytosis?	Anti-FHA antibodies	↓	<i>Bordetella Pertussis</i> infections ?
		Anti-AQ4 antibodies	↓	Devic's disease (neuromyelitis optica) ⁷⁸	
Stress, trauma, ischemia	Epinephrine ^{30, 33}	Increased blood flow due to transient hypertension?	Epinephrine	↓	Hypertension
	Glutamate ^{79, 80}	Vasodilatation? EC activation?	Glutamate MSG in food	↓	Ischemic stroke Neurodegenerative diseases
	Vasoactive substances ^{81, 82}	Activation of arachidonic acid cascade ⁸¹ H2R-dependent activation of adenylate cyclase ⁸²	Bradykinin	↓	Ischemic stroke
			Histamine	↓	Ischemic stroke
Hormonal alterations	Estrogen ^{37, 38}	Inhibition of MMP2 and MMP9	17 β estradiol	↑	Alzheimer's disease Ischemia
	Glucocorticoids ³⁶	Regulation of angiopoietin and VEGF	Dexamethasone	↑	Rheumatoid Arthritis SLE
Addictive substances	Ethanol ^{83, 84}	Choroid plexus dysfunction	Ethanol	↓	Wernicke's encephalopathy
	Narcotics ³¹	Tight junction dysfunction. Increased leukocyte migration Vasculitis	Cocaine	↓	HIV encephalitis
	Nicotine ³²	Tight junction modulation over nicotinic acetylcholine receptors	Nicotine	↓	
	Caffeine ^{85, 86}	Blockade of alterations on junctional proteins (induced by neurotoxins and other agents)	Caffeine	↑	Alzheimer's disease Parkinson's disease

Abbreviations: AQ4, aquaporin 4; EC, endothelial cell; Anti-FHA; Anti-filamentous hemagglutinin; H2R, histamine 2 receptor; HIV, human immuno-deficiency virus; LPS, lipopolysaccharide; MMP2, matrix metallo-protein 2; MMP9, matrix metallo-protein 9; SLE, systemic lupus erythematosus; VEGF, vascular endothelial growth factor.