

**Table S1. Relevant information of the excavation sites on the Tibetan Plateau.**

Label on Figure 1	Excavation Site	Estimated Date (kya)	Method for Date Estimation	Location	References
a	Pulan	10-50	Comparison of stoneware	Ali, Tibet (3700 m. a. s. l.)	(1)
b	Quesang	18-24	Optically stimulated luminescence	Lhasa, Tibet (4200 m. a. s. l.)	(2)
c	Selincuo	30-40	Radiocarbon dating	Bange, Nakchu, Tibet (4600 m. a. s. l.)	(3)
d	Duogeze	10-50	Comparison of stoneware	Shenza, Nakchu, Tibet (4830 m. a. s. l.)	(4)
e	Zhuluole	10-50	Comparison of stoneware	Shenza, Nakchu, Tibet (4800 m. a. s. l.)	(4)
f	Sure	10-50	Comparison of stoneware	Dingri, Shigatse, Tibet (4500 m. a. s. l.)	(4)
g	Luling	10-50	Comparison of stoneware	Shenza, Nakchu, Tibet (4700 m. a. s. l.)	(4)
h	Hadongtang & Quedetang	10-50	Comparison of stoneware	Jilong, Shigatse, Tibet (4100 m. a. s. l.)	(4)
i	Zhabu	10-50	Comparison of stoneware	Ritu, Ali, Tibet (4500 m. a. s. l.)	(4)
j	Xiadacuo	10-50	Comparison of stoneware	Ritu, Ali, Tibet (4500 m. a. s. l.)	(5)
k	Heimahe & Jiangxigou	11-15	Radiocarbon dating	Gonghe, Hainan Tibetan Autonomous Prefecture, Qinghai (3210 m. a. s. l.; 3330 m. a. s. l.)	(6)
l	XiaoQaidam	30-36	Radiocarbon dating of ostracods	Haixi Mongolian and Tibetan Autonomous Prefecture, Qinghai (3100 m. a. s. l.)	(4)

Notes: m. a. s. l. = meters above sea level.

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