

Insulin significantly reduces FFA release from adipocytes isolated from HFD-fed Fas-def mice

Effect of insulin on FFA release from isolated perigonadal adipocytes of HFD-fed WT and Fas-def mice was determined. Results represent the mean \pm SEM of 4-5 experiments. *p < 0.05 (one sample *t* test).



Fas-ligation for 12 hours does not affect viability of 3T3-L1 adipocytes

Mature 3T3-L1 adipocytes were incubated for 12 hours with 2ng/ml FasL. Thereafter, cells were incubated with MTT. Salt was extracted from the cells with DMSO. The amount of yellow MTT reduced to purple formazan was measured spectrophotometrically. Results are the mean \pm SEM of 3 independent experiments.



Lower FasL concentrations (up to 1 ng/ml) did not reduce insulin-stimulated glucose uptake in 3T3-L1 adipocytes

Mature 3T3-L1 adipocytes were incubated without (white bars) or in the presence of 0.05 (light grey bars), 0.2 (dark grey bars) or 1 (black bars) ng/ml FasL for 12 hours. 2-deoxy-³H-D-glucose (³H-2dG) glucose uptake was determined after treatment with or without insulin (1nM or 100 nM). Shown are absolute values of ³H-2dG uptake in untreated or FasL-treated 3T3-L1 adipocytes. Results are the mean ± SEM of 3 independent experiments.



Blood glucose concentrations and glucose infusion rate during hyperinsulinemic-euglycemic clamp Blood glucose levels were clamped upon insulin infusion between 5 and 6 mmol/l in both WT (\bullet) and AFasKO (\bigcirc) mice (left graph). In order to maintain euglycemia, glucose infusion rate was adjusted over time (right graph).



Lower gluconeogenic flux in HFD-fed AFasKO mice

Intraperitoneal pyruvate tolerance test in wild-type (\bullet) and AFasKO (\bigcirc) mice (left graph). Pyruvate (2g/kg BW) was injected intraperitoneally and plasma glucose levels were detected at indicated time points. Right graph depicts the corresponding analysis of the area under the curve. Results are the means ± SEM of 7 animals per group. *p < 0.05, **p<0.01 (Student's *t* test).

2 days after confluence



FasL treatment decreases expression of adipocyte differentiation markers

After reaching confluence, 3T3-L1 preadipocytes were incubated with or without 2ng/ml FasL. Differentiation was induced 48 hours later with isobutylmethylxanthine (IBMX), dexamethasone, insulin and rosiglitazone. Total cell lysates were resolved by LDS-PAGE and immunoblotted with anti-C/EBP β , anti-C/EBP α or anti-PPAR γ antibody. Results are the mean ± SEM of 2-3 independent experiments.



PPARy and C/EBP α expression is increased in WAT of HFD-fed AFasKO mice

Total lysates were prepared from inguinal fat pads harvested from HFD-fed wild-type and AFasKO mice, resolved by LDS-PAGE and immunobloted with anti-C/EBP α , anti-PPAR γ or anti-actin antibody. Results are the mean ± SEM of 4-5 mice per group. *p < 0.05 (Student's t test).



Increased Fas-expression in adipocytes of wildtype mice after 4 days of HFD

Total cell lysates were prepared from isolated perigonadal adipocytes harvested from wild-type C57Bl6/J mice fed either chow-diet or HFD for 4 days. Lysates were resolved by LDS-PAGE and immunoblotted with anti-Fas antibody. Results are the mean \pm SEM of 3-5 mice per group. *p < 0.05 (Student's *t* test).



Fas expression is increased in large adipocytes

Wildtype C57BI6/J mice were fed a HFD for 8 weeks. Adipocytes were harvested from perigonadal fat pads and separated according to their size as described elsewhere¹. Total cell lysates were resolved by LDS-PAGE and immunoblotted with anti-Fas or anti-actin antibody. A representative immunoblot is shown. Results are the mean ± SEM of 4 independent experiments and are normalized to actin expression.

¹ Wueest, S., Rapold, R.A., Rytka, J.M., Schoenle, E.J., and Konrad, D. 2009. Basal lipolysis, not the degree of insulin resistance, differentiates large from small isolated adipocytes in high-fat fed mice. *Diabetologia* 52:541-546.



Fas expression is induced by pro-inflammatory cytokines in 3T3-L1 adipocytes

Mature 3T3-L1 adipocytes were incubated with 5nM TNF- α or 20 ng/ml IL-1 β for 12 hours. Total cell lysates were resolved by LDS-PAGE and immunoblotted with anti-Fas antibody. Results are the mean ± SEM of 4 independent experiments and are expressed relative to untreated cells. *p < 0.05, **p < 0.01 (One sample *t* test).

	Lean (n=5)	Obese (n=10)	Obese and diabetic (n=9)
Age (y)	41.8 ± 2.3	36.2 ± 2.9	47.6 ± 3.5
BMI (Kg/m²)	23.7 ± 0.5	41.5 ± 1.3	42.6 ± 0.6
FPG (mg/dl)	89 ± 3	89 ± 3	187 ± 32
Fasting insulin (_U/mI)	8.9 ± 2.7	16.0 ± 2.6	14.8 ± 3.8
HbA1C (%)	5.3 ± 0.1	5.6 ± 0.1	7.8 ± 0.5
Triglycerides (mg/dl)	116 ± 3	143 ± 21	230 ± 46
Total cholesterol (mg/dl)	177 ± 5	199 ± 12	239 ± 16
AST (IU/L)	n. d.	21.8 ± 2.9	34.4 ± 11.2
ALT (IU/L)	n. d.	21.5 ± 4.6	41.6 ± 16.3

Supplemental Table 1 Basic clinical characteristics of patients

n. d.: not determined

Supplemental Table 2 mRNA expression in white adipose tissue of HFD-fed

	WT	AFasKO
Adiponectin	1.0 ± 0.06	1.12 ± 0.10
PPAR_	1.0 ± 0.07	0.88 ± 0.09
Resistin	1.0 ± 0.07	0.79 ± 0.07 *
MCP-1	1.0 ± 0.10	0.69 ± 0.07 *
IL-6	1.0 ± 0.09	0.70 ± 0.08 *
IL-1_	1.0 ± 0.30	0.65 ± 0.07
КС	1.0 ± 0.11	0.90 ± 0.09
TNF	1.0 ± 0.08	0.89 ± 0.13
CD11b	1.0 ± 0.06	0.63 ± 0.11 **
IL-10	1.0 ± 0.18	3.24 ± 0.66 **
Arginase 1	1.0 ± 0.10	1.89 ± 0.45

wild-type (WT) and AFasKO mice relative to WT

Results are the means ± SEM of five to nine independent experiments. *p < 0.05, **p <

0.01 (Student's *t* test).