

Supplemental Figure S1 - see video

	Generation 1		Generation 2	
	Sm	Lg	Sm	Lg
<b><sup>34</sup>S</b>	19900±2300*	14900±1000	14900±1200	14800±2900
<b><sup>39</sup>K</b>	11200±1000**	8660±620	16400±1400**	8820±1400
<b><sup>43</sup>Ca</b>	10500±950**	6710±530	8030±260	8100±1300
<b><sup>31</sup>P</b>	8360±830	7740±590	8530±750	7480±1400
<b><sup>25</sup>Mg</b>	4270±414*	3530±250	4100±290*	3290±530
<b><sup>23</sup>Na</b>	311±45**	58±5	197±50*	58±6
<b><sup>66</sup>Zn</b>	82±8**	63±5	83±7	71±13
<b><sup>55</sup>Mn</b>	53±4**	34±3	52±5	47±9
<b><sup>57</sup>Fe</b>	26±4	23±2	61±7	56±9
<b><sup>65</sup>Cu</b>	14±1**	9.9±0.6	13±0.6	11±3
<b><sup>11</sup>B</b>	10±2*	5.9±0.5	13±10	6.6±2
<b><sup>85</sup>Rb</b>	4.7±0.4*	3.8±0.3	13±0.9**	7.3±1.4
<b><sup>7</sup>Li</b>	2.6±0.2**	0.90±0.2	9.2±0.9	10±0.8
<b><sup>114</sup>Cd</b>	1.9±0.2**	0.61±0.1	0.38±0**	0.21±0
<b><sup>60</sup>Ni</b>	1.8±0.2**	0.96±0.04	3.0±0.3**	1.4±0.3
<b><sup>98</sup>Mo</b>	1.5±0.2**	1.0±0.1	2.4±0.1**	1.5±0.2
<b><sup>82</sup>Se</b>	0.15±0.1	0.02±0.1	0±0.1	0±0.1
<b><sup>59</sup>Co</b>	0.095±0.01**	0.049±0.01	0.27±0.02	0.22±0.05
<b><sup>75</sup>As</b>	0.064±0*	0.042±0	0.052±0	0.037±0

**Supporting Table 1:** Elemental content (pg) per µg tissue for two generations of wild-type seed sieved into two classes: small (212-250 µm) and large (300-355 µm). Elements that were significantly different between large and small seeds from both generations are in bold.  
 \*\* p<0.01, \* p<0.05. All elements that were significantly different were present in greater amounts in the small seeds.

	Generation 1		Generation 2	
	Sm	Lg	Sm	Lg
<b><sup>34</sup>S</b>	2.99x10 <sup>5</sup> ±3.4x10 <sup>4</sup> **	4.48x10 <sup>5</sup> ±3.0x10 <sup>4</sup>	2.23x10 <sup>5</sup> ±1.8x10 <sup>4</sup> *	4.45x10 <sup>5</sup> ±8.6x10 <sup>4</sup>
<b><sup>39</sup>K</b>	1.68x10 <sup>5</sup> ±1.6x10 <sup>4</sup> **	2.60x10 <sup>5</sup> ±1.9x10 <sup>4</sup>	2.47x10 <sup>5</sup> ±2.1x10 <sup>4</sup>	2.65x10 <sup>5</sup> ±4.2x10 <sup>4</sup>
<b><sup>43</sup>Ca</b>	1.58x10 <sup>5</sup> ±1.4x10 <sup>4</sup> **	2.01x10 <sup>5</sup> ±1.6x10 <sup>4</sup>	1.20x10 <sup>5</sup> ±3.9x10 <sup>3</sup> **	2.43x10 <sup>5</sup> ±3.9x10 <sup>4</sup>
<b><sup>31</sup>P</b>	1.25x10 <sup>5</sup> ±1.25x10 <sup>4</sup> **	2.32x10 <sup>5</sup> ±1.8x10 <sup>4</sup>	1.28x10 <sup>5</sup> ±1.1x10 <sup>4</sup> *	2.24x10 <sup>5</sup> ±4.1x10 <sup>4</sup>
<b><sup>25</sup>Mg</b>	6.41x10 <sup>4</sup> ±6.2x10 <sup>3</sup> **	1.06x10 <sup>5</sup> ±7.4x10 <sup>3</sup>	6.15x10 <sup>4</sup> ±4.4x10 <sup>3</sup> *	9.86x10 <sup>4</sup> ±1.6x10 <sup>4</sup>
<b><sup>23</sup>Na</b>	4660±680**	1740±140	2950±750*	1750±180
<b><sup>66</sup>Zn</b>	1230±120**	1890±160	1240±110*	2120±390
<b><sup>55</sup>Mn</b>	790±59**	1030±87	780±74*	1420±260
<b><sup>57</sup>Fe</b>	390±60**	700±50	920±100**	1680±260
<b><sup>65</sup>Cu</b>	200±19**	300±17	200±9*	330±78
<b><sup>11</sup>B</b>	150±37	180±16	200±140	200±46
<b><sup>85</sup>Rb</b>	71±7**	110±8	190±14	220±41
<b><sup>7</sup>Li</b>	39±3*	27±5	140±13**	300±25
<b><sup>114</sup>Cd</b>	28±3**	18±2	6±0.4	6±1
<b><sup>60</sup>Ni</b>	27±3	29±1	45±4	43±8
<b><sup>98</sup>Mo</b>	22±2**	30±2	36±2	46±7
<b><sup>82</sup>Se</b>	2±1	0.7±2	0±1	0±3
<b><sup>59</sup>Co</b>	1±0.1	2±0.3	4±0.3	7±1*
<b><sup>75</sup>As</b>	1±0.2	1±0.3	0.8±0.2	1±0.3

**Supporting Table 2:** Elemental content (pg) per seed for two generations of wild-type seed sieved into two classes: small (212-250 µm) and large (300-355 µm). Elements that are significantly different between large and small seeds from both generations are in bold.  
 \*\* p<0.01, \* p<0.05. All elements that were significantly different were present in smaller amounts in the small seeds, except for Na.