

APPENDICES

TABLE A1: Hazard rate ratios* of incident HF hospitalization by self-reported Gothenburg score overall and by obesity, hypertension, and diabetes status at baseline among 15,430 ARIC Study participants, 1987-2004

Score	Overall	<u>Obese</u>		<u>Hypertension</u>		<u>Diabetes</u>	
		BMI \geq 30	BMI < 30	Yes	No	Yes	No
0	1.	1.	1.	1.	1.	1.	1.
1	1.23 (1.07, 1.42)	1.38 (1.11, 1.73)	1.36 (1.13, 1.63)	1.36 (1.11, 1.67)	1.57 (1.29, 1.90)	1.53 (1.18, 1.99)	1.36 (1.16, 1.61)
2	2.17 (1.92, 2.43)	2.14 (1.79, 2.55)	2.32 (1.98, 2.73)	1.96 (1.68, 2.29)	2.71 (2.27, 3.25)	2.17 (1.76, 2.67)	2.25 (1.95, 2.60)
3	3.98 (3.37, 4.70)	3.52 (2.81, 4.40)	4.44 (3.45, 5.72)	2.81 (2.31, 3.42)	8.27 (5.92, 11.54)	3.45 (2.66, 4.49)	4.04 (3.24, 5.03)

*Adjusted for age, sex, and race; ARIC, Atherosclerosis Risk in Communities study; CI, confidence interval; HF, heart failure, HRR, hazard rate ratio;