# **SUPPLEMENTARY MATERIAL**

Supplementary Table 1—Patient demographics and baseline clinical characteristics

Patient demographics	Placebo	Rimonabant 20 mg
	(n = 187)	(n = 179)
Age, years	58.2±10.9	57.4±9.8
Gender, female/male, %	58.8/41.2	55.3/44.7
Race, %		
Caucasian	77.0	77.1
Black	10.7	8.9
Asian	7.5	7.8
Other	4.8	6.1
Weight, kg	95.26±20.38	97.63±21.13
Height, cm	166.62±9.91	166.91±10.06
Body mass index, kg/m <sup>2</sup>	34.25±6.44	34.98±6.47
Waist circumference, cm	110.12±14.64	112.33±14.24
Time since diabetes diagnosis, years	15.0±8.1	13.7±7.3
Time since insulin initiation, years	6.4±5.2	5.9±4.6
HbA1c, %	9.12±1.51	9.13±1.55
FPG, mmol/l	11.03±3.77	11.40±3.68
Total daily insulin dose, U	83.46±52.57	83.56±48.56
HDL-C, mmol/l	1.32±0.40	1.32±0.32
Triglycerides, mmol/l	2.69±4.09	2.57±3.67
Total cholesterol, mmol/l	4.84±1.17	5.00±1.13
LDL-C, mmol/l	2.86±0.90	3.03±0.96
Total:HDL-C ratio	3.89±1.31	3.97±1.23

Data are mean±SD, unless otherwise stated.

**Supplementary Table 2**—Baseline values and changes from baseline in efficacy parameters at 48 weeks

Parameter	Placebo	Rimonabant 20 mg	P-value vs.
	(n = 186)	(n = 179)	placebo*
HbA <sub>1c</sub> , %			
Week 48	8.85±1.48	8.24±1.51	
Change from baseline	-0.24±1.13	-0.89±1.34	< 0.0001
Proportion of patients achieving HbA <sub>1c</sub> target, %			
<7.0%	6.75	18.40	0.0012
<6.5%	1.23	8.55	0.002
FPG, mmol/l	1.20	0.00	0.002
Week 48	10.33±3.89	9.75±3.69	
Change from baseline	-0.63±3.74	-1.85±3.82	0.0193
Total daily insulin dose, U	-		
Week 48	83.06±53.01	80.85±47.55	
Change from baseline	0.21±6.87	-2.71±8.57	0.0004
Proportion of patients receiving	34.9	14.0	< 0.0001
rescue medication, %			
HDL-C, mmol/l			
Week 48	1.21±0.34	1.36±0.37	
% change from baseline	-7.14±13.39	3.14±13.49	< 0.0001
Triglycerides, mmol/l			
Week 48	2.24±1.50	2.07±1.66	
% change from baseline	7.64±40.58	-3.99±52.99	0.0235
Total cholesterol, mmol/l			
Week 48	4.78±1.13	5.06±1.14	
% change from baseline	0.50±16.81	2.14±19.18	0.0888
LDL-C, mmol/l			
Week 48	2.82±0.91	3.00±0.96	
% change from baseline	3.68±37.21	1.77±26.32	0.6759
Total-cholesterol:HDL-C ratio			
Week 48	4.21±1.45	4.00±1.42	0.00:-
Change from baseline	$0.38\pm0.96$	-0.01±0.98	0.0012
Body weight, kg			
Week 48	95.43±20.33	94.89±20.28	
Change from baseline	0.13±3.46	-2.49±4.01	<0.0001
Waist circumference, cm	100.05=	100.00.15.15	
Week 48	109.96±14.37	109.29±13.42	0.0004
Change from baseline	-0.33±4.23	-2.95±5.47	<0.0001

<sup>\*</sup>Least squares mean difference; data are mean±SD changes from baseline.

# **Supplementary Table 3**—Patients treated for hypertension and breakdown of class of medications

	Placebo (N=187)	Rimonabant 20 mg (N=179)
Any concomitant medications for hypertension	152 (81.3%)	129 (72.1%)
Agents acting on the renin-angiotensin system	134 (71.7%)	112 (62.6%)
Diuretics	58 (31.0%)	57 (31.8%)
Beta blocking agents	48 (25.7%)	50 (27.9%)
Calcium channel blockers	44 (23.5%)	50 (27.9%)
Antihypertensives	7 (3.7%)	11 (6.1%)

### Supplementary Table 4—Percentage of patients treated for lipid disorder

	Placebo (N=187)	Rimonabant 20 mg (N=179)
Lipid modifying agents	111 (59.4%)	97 (54.2%)

### **Supplementary Table 5**—Percentage of patients receiving rescue medication

Rescue medication	Placebo (N=186)	Rimonabant 20 mg (N=179)	P-value
Any time during the study			
Yes	65 (34.9%)	25 (14.0%)	<0.0001
No	121 (65.1%)	154 (86.0%)	

# **Supplementary Table 6**—Percentage of patients having insulin dose increase and or oral agents

Rescue medication	Placebo (N=186)	Rimonabant 20 mg (N=179)
	186 (100%)	179 (100%)
Yes	65 (34.9%)	25 (14.0%)
Insulin dose increase	57 (30.6%)	23 (12.8%)
Other anti-diabetic agents use	9 (4.8%)	2 (1.1%)
No	121 (65.1%)	154 (86%)

## **Supplementary Table 7**—Day of initiation of rescue medication

Patients with introduction of rescue medication	Placebo (N=186)	Rimonabant 20 mg (N=179)
Day 1 - Day 28	8 (4.3%)	3 (1.7%)
Day 29 - Day 56	4 (2.2%)	3 (1.7%)
Day 57 - Day 84	4 (2.2%)	4 (2.2%)
Day 85 - Day 168	22 (11.8%)	4 (2.2%)
Day 169 - Day 252	17 (9.1%)	3 (1.7%)
Day 253 - Day 336	9 (4.8%)	7 (3.9%)
> Day 336	1 (0.5%)	1 (0.6%)

Supplementary Table 8—Overall

incidence of treatment-emergent adverse

events (TEAEs), serious TEAEs, TEAEs leading to discontinuation, and commonly reported TEAEs

	Placebo	Rimonabant 20 mg
	(n = 187)	(n = 179)
Overall (N [%])		
Patients with any TEAE	160 (85.6)	157 (87.7)
Patients with any serious TEAE	36 (19.3)	30 (16.8)
Death	2 (1.1)	0
Patients with any TEAE leading to discontinuation	15 (8.0)	31 (17.3)
Serious TEAEs that occurred in ≥1 of the rimonabant	group	
Metabolism and nutritional disorders	3 (1.6)	4 (2.2)
Hypoglycemia	2 (1.1)	4 (2.2)
Psychiatric disorders	2 (1.1)	4 (2.2)
Depression	2 (1.1)	2 (1.1)
Post-traumatic stress disorder	0	1 (0.6)
Suicide ideation	0	1 (0.6)
Nervous system disorders	5 (2.7)	4 (2.2)
Cerebral ischemia	0	1 (0.6)
Ischemic stroke	0	1 (0.6)
Loss of consciousness	0	1 (0.6)
Presyncope	0	1 (0.6)
TEAEs that led to study discontinuation in ≥1% of an	y treatment group (N [	[%]) <sup>a</sup>
Psychiatric disorders	2 (1.1)	15 (8.4)
Anxiety	0	5 (2.8)
Depression	2 (1.1)	4 (2.2)
Insomnia	0	3 (1.7)
Depressed mood	0	2 (1.1)
Middle insomnia	0	2 (1.1)
Gastrointestinal disorders	2 (1.1)	9 (5.0)
Nausea	0	5 (2.8)
Nervous system disorders	3 (1.6)	8 (4.5)
Dizziness	1 (0.5)	2 (1.1)
General disorders and admin site conditions	0	4 (2.2)
Asthenia	0	2 (1.1)
TEAEs that occurred in ≥2% of patients receiving rim	onabant 20 mg (N [%])	
Hypoglycemia	88 (47.1)	101 (56.4)
Anxiety	10 (5.3)	25 (14.0)
, Nausea	3 (1.6)	20 (11.2)
Depression	8 (4.3)	18 (10.1)
Dizziness	15 (8.0)	18 (10.1)
Insomnia	6 (3.2)	14 (7.8)
Diarrhea	12 (6.4)	13 (7.3)
Influenza	20 (10.7)	13 (7.3)
Paresthesia	9 (4.8)	12 (6.7)
Nasopharyngitis	8 (4.3)	10 (5.6)

Headache	18 (9.6)	9 (5.0)
Fall	7 (3.7)	8 (4.5)
Depressed mood	6 (3.2)	7 (3.9)
Gastroenteritis	4 (2.1)	7 (3.9)
Vomiting	7 (3.7)	7 (3.9)
Bronchitis	9 (4.8)	6 (3.4)
Asthenia	4 (2.1)	5 (2.8)
Back pain	7 (3.7)	5 (2.8)
Fatigue	2 (1.1)	5 (2.8)
Hyperhidrosis	5 (2.7)	5 (2.8)
Muscular weakness	3 (1.6)	5 (2.8)
Neuropathy peripheral	0	5 (2.8)
Pain in extremity	3 (1.6)	5 (2.8)
Sinusitis	6 (3.2)	5 (2.8)
Muscle spasms	2 (1.1)	4 (2.2)
Panic attack	1 (0.5)	4 (2.2)
Skin ulcer	0	4 (2.2)
Upper respiratory tract infection	10 (5.3)	4 (2.2)
Vision blurred	6 (3.2)	4 (2.2)

<sup>&</sup>lt;sup>a</sup>By system organ class and preferred term.

### Supplementary Appendix: Scripted neurological and psychiatric questions Neurological questions:

Since the last visit:

- 1. Have you had any loss of consciousness?
- 2. Have you had any dizziness or lightheadedness?
- 3. Have you had any problems seeing?
- 4. Have you had any problems hearing?
- 5. Have you had any problems with your ability to smell things?
- 6. Have you had any problems with your ability to taste things?
- 7. Have you had any problems with your ability to speak?
- 8. Have you had any trouble swallowing?
- 9. Have you had any problems with general movement?
- 10. Have you had any weakness of your arms or legs?
- 11. Have you had any numbness or tingling?
- 12. Have you had any problems walking?
- 13. Have you had any problems with your balance or coordination?

#### Psychiatric questions:

Since the last visit:

- 1. Have you had trouble falling or staying asleep, or have you awoken too early in the morning?
- 2. Have you been worried excessively or been anxious about several things?
- 3. Have you had spells or attacks when you suddenly felt anxious, frightened, or uneasy in situations where most people would not feel that way?
- 4. Have you had unexplained heart rate increase, sweating, or feelings of coming danger?
- 5. Have you felt sad, low, or depressed?
- 6. Have you felt a loss of energy or interest in your daily activities?

In case one or more of the above-mentioned questions is positive, add the following question:

7. Have you thought that life was not worth living or have you had urges to hurt yourself?