

Appendix

Spearman Correlations between continuous variables and inflammatory proteins, the Multi-Ethnic Study of Atherosclerosis 2000-2007.

Variable	CRP	IL-6	Fibrinogen
Age	0.05	0.20	0.17
Body Mass Index	0.41	0.37	0.24
Systolic Blood Pressure	0.14	0.18	0.11
Diastolic Blood Pressure	-0.01	0.01	-0.03
Glucose	0.09	0.16	0.09
HOMA-IR	0.20	0.25	0.14
Exercise Met-min/wk	-0.09	-0.12	-0.08
Pack-years smoking	0.07	0.11	-0.01
C-reactive protein	---	0.53	0.47
Interleukin-6	0.53	---	0.42
Fibrinogen	0.47	0.42	----

CRP is C-Reactive Protein, IL-6 is Interleukin-6.