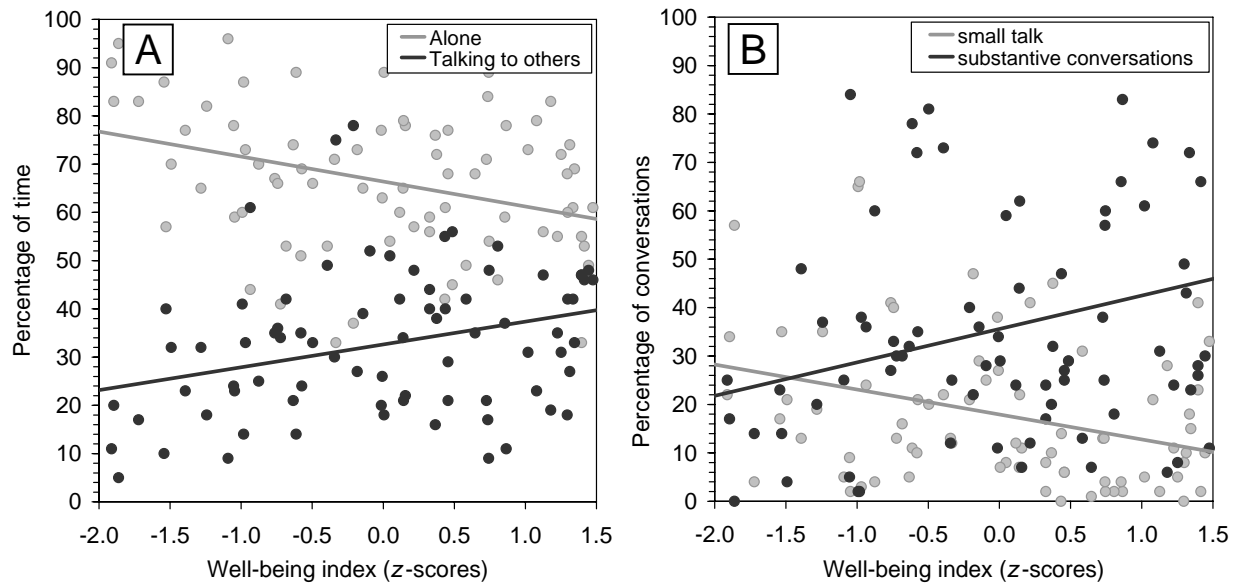


Supplementary Online Material

Figure S1. Scatterplots and linear trends for the association between participants' well-being and aspects of their daily interactions; Panel A: Percentage of time per day spent alone and talking to others; Panel B: Percentage of conversations that were small-talk and substantive conversations.



Note: $N = 79$; the z-scores for the well-being index ranged from $z = -2.02$ to $z = +1.57$; for ease of graphical presentation, two data points outside of the depicted $[-2.0; 1.5]$ range are omitted.