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## **Supporting Material**

## **Molecular dynamics simulations of anti-aggregation effect of ibuprofen**

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## **Supplemental Materials**

**Implicit solvent model:** The solvent accessible surface area (SASA) model has been developed by Caflisch and coworkers (see ref. [40] in the paper). In this model, solvent is treated implicitly and hydrophobic effect is accounted by solvation free energy, which scales linearly with accessible surface area of atoms. The combination of SASA model and CHARMM19 united atom force field has been used to fold  $\alpha$ -helices and  $\beta$ -sheet polypeptides to their native states [1,2] and for studying aggregation of amyloidogenic peptides (ref. [23] in the paper). In our previous studies, CHARMM19+SASA model was applied to probe the elongation thermodynamics of  $\overrightarrow{AB}$  fibrils and provided the results consistent with experimental data, which include the value of dissociation temperature and the deposition mechanism (ref. [26] in the paper). Due to reduced number of degrees of freedom CHARMM19+SASA computations are several orders of magnitude faster than those employing explicit solvent. Consequently, with CHARMM19+SASA model one can obtain exhaustive sampling of conformational space that cannot be usually achieved with explicit solvent models.

**Description of simulation system:** Solid-state NMR studies have shown that the twofold symmetry fibril structures of A $\beta$ 1-40 and A $\beta$ 10-40 peptides are similar ([3] and ref. [10] in the paper). Similarities in oligomerization pathways of  $\text{AB}1-40$  and  $\text{AB}10-40$  were reported experimentally [4] and computationally [5]. Consequently, we use  $A\beta 10-40$  as a model of the full-length  $\text{AB}1-40$  peptide.

The structure of the A $\beta$ 10-40 fibril fragment (Fig. 1c) is modeled using the coordinates of backbone atoms determined from the solid-state NMR measurements (ref. [10] in the paper). To emulate the stability of large fibril sample, the backbones of fibril peptides were constrained to their experimental positions using soft harmonic potentials with the constant  $k_c$ =0.6 kcal/(mol $\AA^2$ ) (ref. [26] in the paper). The constraints limit the amplitude of backbone fluctuations to about  $0.6 \text{ Å}$  at  $360 \text{K}$ , which are comparable with the fluctuations of atoms on the surface of folded proteins [6]. Constraints were not applied to the side chains of fibril peptides or to incoming peptides. The constraints capture the rigidity of amyloid fibril and eliminate the necessity to simulate large fibril systems to maintain their thermodynamic stability.  $A\beta 10-40$  peptides and ibuprofen molecules were subject to spherical boundary condition with the radius  $R_s$ =90 Å and the force constant  $k_s$ =10 kcal/(mol $\AA^2$ ). The concentrations of A $\beta$  peptides and ibuprofen are ≈3 and 30 mM, respectively.

It is important to point out that CHARMM19 is an united atom force field, in which nonpolar hydrogens are not explicitly considered As a result, this force field does not distinguish ibuprofen isomers, such as S- and R-ibuprofens, which are known from the experiments to have different binding affinities with respect to  $\overrightarrow{AB}$  fibrils (ref. [20] in the paper).

**Computation of peptide-fibril interactions:** A peptide-fibril parallel HB (pHB) is formed between the residues *i* and *j*, if at least one other hydrogen bond (HB) is also present between  $i+2$  and  $j$  or  $j+2$  (or between  $i-2$  and  $j$  or  $j-2$ ). An antiparallel HB (aHB)

is formed between the residues *i* and *j*, if at least one other HB is also formed between either *i*+2 and *j*-2 or between *i*-2 and *j*+2. For any HB a registry offset  $R=|j-i|$  is defined, where *j* and *i* are the indexes of the residues in the incoming and fibril peptides linked by HB. In general, pHB may have arbitrary *R*. In-registry parallel alignment of peptides in the wild-type AB fibril displayed in Fig. 1c corresponds to  $R=1$ .

**Computation of contacts formed by ibuprofen:** Ibuprofen molecule contains three structural groups (Fig. 1b). The groups G1 and G2 are hydrophobic and G3 is hydrophilic. A contact with  $\overrightarrow{AB}$  side chain occurs, if the distance between the centers of mass of side chain and one of the ibuprofen groups is less than 6.5 Å. If the contact involves G1 or G2 and hydrophobic side chain, then it is assumed hydrophobic. A contact between two ibuprofen molecules is formed, if any of the G1-G3 centers of mass from different molecules are within the  $6.5 \text{ Å}$  distance. Ibuprofen is considered bound, if it forms at least one contact with AB side chain.

**Convergence of REMD simulations:** To probe the convergence of REMD sampling of A $\beta$  conformations we considered the number  $N_{s,p}$  of the unique states ( $E_{\text{eff}}$ , $N_{hb}$ ) sampled in the course of simulations at least once. Each state  $(E_{\text{eff}}N_{\text{hb}})$  is defined by the effective energy *Eeff* (a sum of potential and solvation energies) and the number of HBs between incoming peptide and the fibril *Nhb*. Fig. S1 shows *Ns,p* as a function of the cumulative equilibrium simulation time  $\tau_{sim}$ . The convergence of sampling of A $\beta$ -ibuprofen interactions was tested by computing the number  $N_{s,l}$  of the unique states ( $E_{\text{eff}}L$ ), where  $L$ is the number of ligands bound to A $\beta$ . The behavior of  $N_{s,l}$  was found to be very similar to  $N_{s,p}$ . Because both counters of unique states start to level off at  $\tau_{sim}$  > 10 µs, REMD appears to exhaust  $\widehat{AB}$  and ibuprofen conformational space. Additional check of REMD convergence was performed by dividing simulation trajectories into two equal subsets and analyzing them separately. The thermodynamic quantities probing binding of incoming peptides to the fibril obtained from the two subsets generally differed by  $\leq 7\%$ . The exception is the computations of the free energy gap between the locked and docked states,  $\Delta F_{L-D}$ , for which the error was 15%. The errors in the thermodynamic quantities describing ibuprofen binding were less than 1%.



**Fig. S1** The number of unique states  $N_{s,p}$  sampled in the course of REMD simulations as a function of cumulative equilibrium simulation time  $\tau_{sim}$ . The solid and dashed lines correspond to  $N_{s,p}$  computed separately for two incoming peptides. Almost identical behavior of *Ns,p* for both peptides suggests that they sample similar conformational ensembles.

**Impact of ibuprofen on the affinities of fibril edges:** Fig. S2 compares the affinities of fibril edges with respect to binding incoming  $\mathsf{A}\beta$  peptides in water and ibuprofen solution.



**Fig. S2** Probabilities of concave (CV) and convex (CX) edge  $\mathsf{A}\beta$  binding as a function of temperature,  $P_{CV}(T)$  and  $P_{CX}(T)$ , in ibuprofen (filled circles) and in water (open circles). Due to small size of fibril fragment used in the study the probability  $P_{CV}$  can be obtained, if one assumes that a peptide is bound to the CV edge, when the *z*-component of its center of mass is positive (Fig. 1c). Then,  $P_{CX}$ =1*-P<sub>CV</sub>*. The decrease in  $P_{CV}(T)$  at the temperatures below the ibuprofen binding midpoint  $T_b \approx 376$ K implies that ibuprofen reduces the difference in edge affinities with respect to incoming  $\overrightarrow{AB}$  peptides.

**Thickness of the layer formed by bound**  $\overrightarrow{AB}$  **peptides: The thickness** *D* **of the layer** formed by bound  $\overrightarrow{AB}$  peptide on the fibril edge (Fig. 1c) was estimated using the following procedure. From REMD simulations the probability distribution *P(z)* for the position of incoming peptide center of mass along *z-*axis can be computed. At the temperatures below the midpoint of peptide binding (~500K) *P(z)* displays two welldefined peaks reflecting the binding of  $\mathsf{A}\beta$  to the CV and CX fibril edges (Fig. 1c). The thickness *D* is then defined as the width of the peaks in *P(z)* at the level of one-third of the maximum.

The temperature dependencies *D(T)* computed for ibuprofen solution and water are shown in Fig. S3. The dependencies *D(T)* are fitted with the inverse temperature functions  $D_0$ / $(T_u$ -*T*) containing two adjustable parameters  $D_0$  and  $T_u$ . In water, a single fitting function with  $D_0$ =711 ÅK and  $T_u$ =585K can be used. In contrast, two fitting functions ( $D_0$ =647ÅK,  $T_u$ =564K and  $D_0$ =2437ÅK,  $T_u$ =902K) must be used to approximate *D(T)* in ibuprofen solution. The onset of ibuprofen binding swells the peptide layer making necessary to apply two fitting functions.



**Fig. S3** The thickness  $D$  of the layer formed by bound  $\overrightarrow{AB}$  peptide on the fibril edge as a function of temperature *T*: ibuprofen solution (filled circles), water (open circles). The thickness *D* is averaged over the bound layers formed on the CV and CX edges. The fits are shown by continuous lines.

## **References**

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