

**TABLE 1S.** Allele and genotype frequencies of tag-SNPs in the *IL6R* gene (GOOD)

Marker	Gene	Localization	Allele frequency		Genotype frequency			$P_{HWE}$
			1	2	11	12	22	
			%	%	n (%)	n (%)	n (%)	
rs952146	<i>IL6R</i>	5' near gene	62 (A)	38 (G)	431 (40)	469 (44)	148 (14)	0.26
rs1386821	<i>IL6R</i>	intron 1	84 (T)	16 (G)	738 (69)	278 (26)	33 (3)	0.28
rs4075015	<i>IL6R</i>	intron 1	56 (A)	44 (T)	346 (32)	507 (47)	193 (18)	0.76
rs6684439	<i>IL6R</i>	intron 1	95 (C)	41 (T)	378 (35)	507 (47)	164 (15)	0.78
rs4553185	<i>IL6R</i>	intron 6	57 (T)	43 (C)	327 (31)	531 (50)	191 (18)	0.34
rs4129267	<i>IL6R</i>	intron 8	59 (C)	41 (T)	378 (35)	501 (47)	170 (16)	0.85
rs2228145*	<i>IL6R</i>	3' near gene	59 (A)	41 (C)	378 (35)	498 (47)	168 (16)	0.85
rs11265618	<i>IL6R</i>	3' near gene	81 (C)	19 (T)	718 (67)	302 (28)	27 (3)	0.47
rs4240872	<i>IL6R</i>	3' near gene	76 (T)	24 (C)	592 (55)	397 (37)	60 (6)	0.54
rs2229238	<i>IL6R</i>	3' near gene	79 (C)	21 (T)	667 (62)	343 (32)	39 (4)	0.53

**Table 1S.** 1 = major allele; 2 = minor allele; n = number of subjects carrying the genotype; 11 = homozygotes for major allele; 22 = homozygotes for minor allele; HWE = Hardy-Weinberg equilibrium; IL = interleukin; R = receptor; \*rs2228145 is also known as rs8192284.

**TABLE 2S.** Associations with total fat mass and the covariates used for adjustments with fat parameters in the three cohorts

<b>Cohort</b>	<b>Covariates</b>	<b>Effect size*</b>	<b>P</b>
GOOD	Current physical activity (h/week)	-0.021 ± 0.006	0.0003
	Total body lean mass (kg)	0.046 ± 0.006	1×10 <sup>-13</sup>
MrOS	Age (yr)	0.002 ± 0.005	0.15
Sweden	Current physical activity (km/day)	-0.033 ± 0.005	0.0004
	Current smoking status	-0.261 ± 0.060	1×10 <sup>-05</sup>
	Height (cm)	-0.009 ± 0.003	0.006
	Total body lean mass (kg)	0.064 ± 0.003	8×10 <sup>-79</sup>
MrOS	Age (yr)	0.006 ± 0.002	0.14
US	Current physical activity (km/day)	-0.027 ± 0.003	0.0004
	Current smoking status	-0.187 ± 0.061	0.002
	Height (cm)	-0.015 ± 0.002	1×10 <sup>-13</sup>
	Total body lean mass (kg)	0.077 ± 0.002	1×10 <sup>-99</sup>

**Table 2S.** Linear regression analysis of total fat mass and covariates that then were used for adjustments of associations between SNPs and fat parameters in the three cohorts. *P*-values are calculated on log-transformed response (tissue fat mass measured by DXA) using linear regression, and are adjusted for site. \*Effect size (regression coefficient) and SEM values are expressed in change in SD units of total fat mass for each covariate.

**TABLE 3S:** SNPs in the *IL6R* gene in relation to total fat mass in the GOOD cohort

Marker	Minor allele	<u>MODEL I</u>		<u>MODEL II</u>	
		<i>P</i>	Effect size*	<i>P</i>	<i>P<sub>c</sub></i>
rs952146	G	0.87	-0.002 (0.043)	0.97	1
rs1386821	G	0.10	-0.069 (0.056)	0.22	0.73
rs4075015	T	0.02	-0.092 (0.042)	0.03	0.17
rs6684439	T	0.71	0.022 (0.043)	0.61	1
rs4553185	C	0.24	-0.053 (0.043)	0.22	0.82
rs4129267	T	0.40	0.039 (0.043)	0.36	0.9
rs2228145*	C	0.41	0.040 (0.043)	0.35	0.9
rs11265618	T	0.82	0.004 (0.057)	0.94	1
rs4240872	C	0.32	-0.062 (0.049)	0.21	0.81
rs2229238	T	0.47	0.057 (0.053)	0.28	0.91

**Table 3S.** *P*-values are calculated on log-transformed response (tissue fat mass measured by DXA) using linear regression under an additive model, corrected for race, tissue lean mass and present physical activity (hours per week). Model I is adjusted for race and Model II is adjusted for race, tissue lean mass and present physical activity (hours per week). \*Effect size (regression coefficient) and SEM values are expressed as change in SD units per additional minor allele and presented for the model II. *P<sub>c</sub>* is corrected for multiple testing by permutation test. \*rs2228145 is also known as rs8192284.