Unpleasant Experiences

45. I was not able to complete a thought, my thought repeatedly became disconnected.
59. Time passed tormentingly slow
55. I stayed frozen in a very unnatural position for quite a long time.
3. I felt surrendered to dark powers.
36. I experienced an unbearable emptiness.
12. I felt tormented.
19. I was afraid that the state I was in would last forever.
54. I was afraid to lose my self-control.
30. I experienced everything terrifyingly distorted.
32. I experienced my surroundings as strange and weird.
63. I had the feeling something horrible would happen.
29. I was afraid without being able to say exactly why.
38. I felt threatened.
62. Everything around me was happening so fast that I no longer could follow what was going on.
16. I had difficulty making even the smallest decision.
24. I had difficulty in distinguishing important from unimportant things.
33. I felt as though I were paralyzed.
41. My body seemed to me numb, dead and weird.
44. I felt isolated from everything and everyone.
5. I felt like a marionette.
53. I had the feeling that I no longer had a will of my own.

C58 alpha= 0.96 beta= 0.78 N= 21
C57 alpha= 0.96 beta= 0.81 N= 20
C53 alpha= 0.96 beta= 0.82 N= 19
C42 alpha= 0.96 beta= 0.86 N= 10
C48 alpha= 0.96 beta= 0.87 N= 18
C37 alpha= 0.96 beta= 0.86 N= 9
C30 alpha= 0.96 beta= 0.91 N= 8
C26 alpha= 0.95 beta= 0.92 N= 7
C25 alpha= 0.95 beta= 0.91 N= 6
C14 alpha= 0.86 beta= 0.86 N= 2
C23 alpha= 0.94 beta= 0.91 N= 5
C18 alpha= 0.93 beta= 0.93 N= 3
C8 alpha= 0.91 beta= 0.91 N= 2
C47 alpha= 0.91 beta= 0.84 N= 8
C2 alpha= 0.82 beta= 0.82 N= 2
C45 alpha= 0.9 beta= 0.86 N= 7
C13 alpha= 0.79 beta= 0.79 N= 2
C33 alpha= 0.87 beta= 0.86 N= 5
C32 alpha= 0.81 beta= 0.78 N= 3
C20 alpha= 0.76 beta= 0.76 N= 2

Anxiety

Impaired Control and Cognition

Pleasant Experiences

43. I felt as though I were floating.
15. It seemed to me as though I did not have a body anymore.
42. I had the feeling of being outside of my body.
2. Bodily sensations were very delightful.
40. Things came to mind, which I thought I had forgotten long ago.
64. I was able to remember certain events unusually clearly.
11. Noises seemed to influence what I saw.
14. The shapes of things seemed to change by sounds and noises.
51. The colors of things seemed to be changed by sounds and noises.
20. I saw lights or flashes of light in total darkness or with closed eyes.
8. I saw regular patterns in complete darkness or with closed eyes.
13. I saw colors before me in total darkness or with closed eyes.
57. My imagination was extremely vivid.
25. I saw scenes rolling by in total darkness or with my eyes closed.
49. I could see pictures from my past or fantasy extremely clearly.
58. Things around me appeared smaller or larger.
4. I saw things that I knew were not real.
1. I felt like I was in a fantastic other world.
23. Like in a dream, time and space were changed.
9. I felt I was being transformed forever in a marvelous way.
26. I felt unusual powers in myself.
31. The world appeared to me beyond good and evil.
48. The boundaries between myself and my surroundings seemed to blur.
10. Everything seemed to unify into an oneness.
21. It seemed to me that my environment and I were one.
27. I experienced a touch of eternity.
28. Conflicts and contradictions seemed to dissolve.
35. I experienced past, present and future as an oneness.
56. I experienced a kind of awe.
6. I had the feeling of being connected to a superior power.
66. My experience had religious aspects.
34. I felt very profound.
46. I gained clarity into connections that puzzled me before.
52. I had very original thoughts.
22. Worries and anxieties of everyday life seemed unimportant to me.
50. I felt totally free and released from all responsibilities.
61. Everything around me seemed animated.
60. I experienced a profound peace in myself.
65. I experienced an all-embracing love.
7. I enjoyed boundless pleasure.
39. Many things appeared to be breathtakingly beautiful.
47. Many things seemed unbelievably funny to me.
37. Objects around me engaged me emotionally much more than usual.
17. Everyday things gained a special meaning.
18. Things around me had a new strange meaning for me.

C64 alpha= 0.97 beta= 0.88 N= 45
C63 alpha= 0.97 beta= 0.76 N= 42
C62 alpha= 0.97 beta= 0.9 N= 41
C61 alpha= 0.97 beta= 0.84 N= 39
C56 alpha= 0.94 beta= 0.93 N= 13
C55 alpha= 0.91 beta= 0.87 N= 10
C54 alpha= 0.87 beta= 0.81 N= 7
C52 alpha= 0.79 beta= 0.72 N= 4
C49 alpha= 0.77 beta= 0.73 N= 3
C19 alpha= 0.74 beta= 0.74 N= 2
C44 alpha= 0.95 beta= 0.9 N= 14
C46 alpha= 0.95 beta= 0.89 N= 15
C38 alpha= 0.92 beta= 0.86 N= 7
C41 alpha= 0.94 beta= 0.88 N= 13
C36 alpha= 0.92 beta= 0.85 N= 6
C24 alpha= 0.91 beta= 0.89 N= 5
C22 alpha= 0.88 beta= 0.86 N= 3
C10 alpha= 0.84 beta= 0.84 N= 2
C51 alpha= 0.96 beta= 0.86 N= 22
C60 alpha= 0.96 beta= 0.78 N= 26
C50 alpha= 0.9 beta= 0.84 N= 7
C39 alpha= 0.88 beta= 0.83 N= 5
C28 alpha= 0.87 beta= 0.84 N= 4
C17 alpha= 0.78 beta= 0.78 N= 2
C59 alpha= 0.82 beta= 0.66 N= 4
C31 alpha= 0.84 beta= 0.81 N= 3
C6 alpha= 0.8 beta= 0.8 N= 2

C35 alpha= 0.86 beta= 0.81 N= 3
C5 alpha= 0.87 beta= 0.87 N= 2
C11 alpha= 0.79 beta= 0.79 N= 2
C21 alpha= 0.94 beta= 0.92 N= 3
C4 alpha= 0.92 beta= 0.92 N= 2
C43 alpha= 0.89 beta= 0.81 N= 3
C3 alpha= 0.92 beta= 0.92 N= 2
C27 alpha= 0.86 beta= 0.83 N= 3
C7 alpha= 0.83 beta= 0.83 N= 2
C29 alpha= 0.85 beta= 0.82 N= 3
C1 alpha= 0.83 beta= 0.83 N= 2
C34 alpha= 0.81 beta= 0.78 N= 3
C16 alpha= 0.78 beta= 0.78 N= 2
C12 alpha= 0.82 beta= 0.82 N= 2
C40 alpha= 0.89 beta= 0.84 N= 6
C15 alpha= 0.83 beta= 0.83 N= 2
C9 alpha= 0.82 beta= 0.82 N= 2

Disembodiment

Audio-Visual Synesthesiae

Elementary Visual Alterations

Vivid Imagery

Experience of Unity

Religious Experience

Insightfulness

Blissful State

Changed meaning of percepts