# Lysis of Myotubes by Alloreactive Cytotoxic T Cells and Natural Killer Cells

**Relevance to Myoblast Transplantation** 

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### Abstract

The aim of this study was to investigate the susceptibility of human myotubes to lysis by the two major types of cytotoxic effector cells, CD3+CD8+ cytotoxic T cells (CTL) and CD16+CD56+ natural killer (NK) cells. The myoblasts preparations used as target cells were > 90% pure as assessed by immunostaining with the Leu19 monoclonal antibody (MAb) that cross-reacts with the neural cell adhesion molecule N-CAM. Allospecific CTL lines were generated from mixed lymphocyte cultures, and freshly isolated allogeneic and autologous peripheral blood cells were used as a source of NK cells. The cytotoxicity was observed under phase optics and by immunoelectron microscopy, and was quantitated with a chromium release assay. Myotubes were efficiently killed by allospecific CTL and by autologous and allogeneic NK cells. The killing by CTL was inhibited with an anti-class I HLA MAb, and the killing by NK cells was inhibited by depleting peripheral blood cells of CD16+ cells with anti-CD16 MAb and complement. The results have important implications for myoblast transplantation, an experimental therapy of muscular dystrophy. (J. Clin. Invest. 1990. 86:370-374.) Key words: muscular dystrophy • allograft rejection • neural cell adhesion molecule (N-CAM) • major histocompatibility complex • cellmediated cytotoxicity

### Introduction

Very little is presently known about the immunologic properties of human myoblasts and myotubes. Such knowledge is essential for myoblast transplantation, a potentially promising experimental therapy for hereditary muscle diseases, such as Duchenne muscular dystrophy (1-3). Myoblast transplantation has been used successfully in a murine model of muscular dystrophy: Injection of normal myoblasts into dystrophic muscle of mdx mice led to myoblast fusion and expression of dystrophin by the mosaic muscle fibers (2, 3). One of the potential problems of this therapy is allograft rejection (discussed

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in reference 1). We demonstrate here that cultured human myotubes can be efficiently killed by allospecific CD8+ cytotoxic T cells (CTL)<sup>1</sup> and by HLA-nonrestricted natural killer (NK) cells. These findings raise concern that also in vivo, transplanted human myoblasts may be attacked by the two different types of cytotoxic effector cells.

# **Methods**

MAbs. Anti-CD3 (Leu-4), anti-CD8 (Leu-2a), anti-CD16 (Leu-11b), and anti-CD56 (Leu-19) MAbs were purchased from Becton-Dickinson (Mountain View, CA). Anti-class I HLA MAb W6/32 was obtained from Sera-Lab (Hicksville, NY). For indirect immunofluorescence, biotinylated horse anti-mouse IgG and FITC-labeled avidin-D (both from Vector Laboratories, Burlingame, CA) were used as the secondary reagents. For functional studies, MAbs Leu-11b and W6/32 were freed of azide by dialysis against PBS.

Target cells. K562 cells were obtained from the American Type Culture Collection, Rockville, MD. Human myoblasts and myotubes were cultured as described (4, 5). Briefly, the myoblasts were grown in gelatin-coated culture dishes in Ham's F-10 medium containing 20% heat-inactivated FCS, 0.5% chick embryo extract (all from Gibco Laboratories, Grand Island, NY), 100 U/ml penicillin (Sigma Chemical Co., St. Louis, MO), 100 µg/ml streptomycin (Sigma), and 2 mM L-glutamine (Gibco Laboratories). The myoblast preparations used in the experiments were > 90% pure as assessed by immunostaining with MAb anti-Leu-19 that cross-reacts with the neural cell adhesion molecule N-CAM (6). To induce myotube differentiation, myoblasts were plated in a fusion-supporting medium (Dulbecco's modified Eagle medium containing 2% heat-inactivated horse serum (both from Gibco), 100 U/ml penicillin, and 100 µg/ml streptomycin). Under these conditions, fusion was usually complete after 4-5 d.

Effector cells. PBMC were isolated on Ficoll-Hypaque and fractionated into nonadherent PBMC by depleting plastic-adherent and nylon wool-adherent cells (7). Nonadherent PBMC were depleted of NK cells by treatment with anti-Leu-11b and C as suggested by the supplier. The NK cell-depleted preparations contained no residual Leu-11b or Leu-19-reactive cells as assessed by FACS analysis and fluorescence microscopy. Alloreactive CD3+CD8+ T cell lines were generated in mixed lymphocyte culture with irradiated allogeneic PBMC and propagated by repeated stimulation with PHA and irradiated allogeneic PBMC (8). The alloreactive CTL lines used in the experiments were > 95% CD3+CD8+CD16-CD56- as assessed by flow cytometry. Before use in cytotoxicity assays, the CTL were cultured for at least 7 d in lectin-free medium.

Flow cytometry. Analysis were performed with a FACS IV system (Becton-Dickinson).

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<sup>1.</sup> Abbreviations used in this paper: CTL, cytotoxic T cells; N-CAM, neural cell adhesion molecule; NK, natural killer cells.

Cytotoxicity assays. Cytotoxicity against K562 target cells was measured in a standard 4-h <sup>51</sup>Cr-release assay (7). Cytotoxicity against myotubes was measured in an 8-h <sup>51</sup>Cr-release assay. Briefly, myoblasts were plated into gelatin-coated, flat-bottomed microwells at  $5 \times 10^3$  cells per well. The myoblasts fused into myotubes within 6-8 d of culture. Each well was labeled with 6  $\mu$ Ci (Na)<sub>2</sub> <sup>51</sup>Cr O<sub>4</sub> for 1 h, rinsed repeatedly, and the chromium-labeled myotubes were then used as targets. The cytotoxicity assays were done in triplicates. Maximal release was induced with 5% Triton X-100. Background release ranged from 10 to 24% of the maximal release. The mean percent specific cytotoxicity, c, was calculated for each set of triplicates according to

$$c = 100 \times (x-b)/(m-b)$$

with x, mean experimental release; b, mean background release; m, mean maximal release.

Morphology. Interactions of living cells in culture were observed under phase optics. A grid of perpendicular lines was drawn on the outer surface of individual wells of a 24-well culture plate (Costar, Cambridge, MA) to help in the identification and sequential observation of individual myotubes. For immunoelectron microscopy, myotubes and CTL were co-cultured on Teflon membranes (9) using a modified ABC immunoperoxidase protocol (10). 1 h after initiation of co-culture, the cultures were placed on ice and treated with anti-CD8 MAb (10 µg/ml) diluted in PBS containing 2% BSA, 10% heat-inactivated serum from AB+ donors, and 5% heat-inactivated horse serum (Gibco). After 30 min of incubation at 4°C, the cultures were rinsed three times with ice-cold PBS, treated with 7.5 µg/ml biotinylated horse anti-mouse IgG (Vector Laboratories) for 30 min at 4°C, rinsed three times with PBS, fixed with 1% glutaraldehyde buffered with 0.1 M Tris buffer (pH, 7.6) containing 25 mM hydroxylamine. Next, the cultures were treated with the avidin-biotin peroxidase complex (Vector) for 30 min at 25°C, rinsed with PBS for 20 min, treated with 0.01% hydrogen peroxide, 0.05% diaminobenzidine in 0.1 M Tris buffer (pH, 7.6) for 15 min at 25°C, rinsed with 0.1 M cacodylate buffer (pH, 7.5) for 30 min, postfixed in 2% osmium tetroxide for 20 min, reduced with 0.5% potassium ferrocyanide in 0.1 M cacodylate (pH, 7.4) for 10 min, rinsed briefly in distilled water, equilibrated with 10% ethanol for 5 min, stained with 1% uranyl acetate in 10% ethanol for 5 min, and then dehydrated with ethanol and infiltrated with Spurr. The Teflon membranes were cut into small (4-5 mm<sup>2</sup>) pieces that were individually embedded in Spurr. Thick resin sections (1.5  $\mu$ m) were observed in phase optics. Thin sections were cut with diamond knives, stained with lead citrate, and examined in a Philips 400 electron microscope.

HLA typing. HLA-ABC typing was carried out on the CTL lines and PBMC using a standard NIH microcytotoxicity assay (Mayo Clinic Blood Bank).

## Results

Cultured myotubes were killed by alloreactive CD3+CD8+ CD16-CD56- T cells (Fig. 1). Lysis involved the recognition of allogeneic class I HLA molecules because it was completely inhibited with anti-class I HLA MAb W6/32 (Fig. 1), and because autologous myotubes were not lysed (< 1% specific <sup>51</sup>Cr-release at an E/T ratio of 20:1). Furthermore, alloreactive T cells had no detectable NK activity against K-562 target cells (< 1% specific <sup>51</sup>Cr-release at an E/T ratio of 20:1).

We followed the stages of myotube lysis by sequential observation of individual myotubes under phase optics (Fig. 2). The first stage was adhesion of T cells to myotubes (this became apparent within 30 min after adding the T cells). The second stage was incipient destruction and partial retraction of myotubes (1 h). The third stage was complete destruction and detachment (2 h). Immunoelectron microscopic analysis showed that the CD8+ CTL extended CD8+ spikelike projec-



tions into the target myotubes without obvious lysis of segments of the myotube surface membrane (Fig. 3).

Not only were myotubes susceptible to lysis by alloreactive CTL, but also by freshly isolated allogeneic and autologous PBMC. The lysis of myotubes by PBMC was similar to the lysis of the NK-sensitive target K562 (Fig. 4). The lysis was not due to cytotoxic macrophages because nylon wool-nonadherent, macrophage-depleted cells retained the cytotoxic potential (Fig. 5). In contrast, the cytotoxicity was mediated by CD16+ natural killer cells because it was abrogated by depletion of CD16+ cells with anti-Leu-11b and C (Fig. 5). Expectedly, the lysis of myotubes by PBMC was not inhibited in the presence of anti-HLA class I MAb W6/32 (not shown).

Figs. 4 and 5 show the lysis of myotubes by PBMC from unrelated (allogeneic) donors. We also had the opportunity to test the killing of myotubes by freshly prepared autologous PBMC. At the E/T ratios of 80:1, 40:1, and 20:1, the corresponding cytotoxicity values were  $75.8\pm3.4$ ,  $64.8\pm6.5$ , and  $54.4\pm1.9$ .

# Discussion

In this study we investigated the susceptibility of human myoblasts and myotubes to killing by the two major types of cytotoxic effector cells, CTL and NK cells. Classically, CTL recognizing HLA class I-positive target cells coexpress the CD3 and CD8 differentiation antigens (11). In contrast, the majority of NK cells express an Fc receptor for IgG (CD16) and the CD56 molecule, but are negative for CD3 and CD8 (12). Whereas the killing by CTL is either HLA-restricted or HLA-specific and requires the sensitization of the effector cells against antigen(s) of the target cells, the killing by NK cells is HLA- and antigennondependent and occurs spontaneously, i.e., without prior sensitization (13). Our results demonstrate that human myoblasts and myotubes are susceptible to both CD3+CD8+ allospecific CTL and CD16+CD56+ NK cells. These findings have major implications for myoblast transplantation, an experimental therapy of muscular dystrophy (1-3). In a broader perspective, the findings raise interesting questions regarding the normal regulation of NK cells in vivo.

Myotubes constitutively express HLA-class I (5, 14). This is a necessary but not sufficient precondition for allospecific recognition by CD8+ CTL. For example, mouse trophoblasts (15) and human neuroblastoma cells (16) are resistant to alloreactive lysis even when induced to express high levels of



Figure 2. Stages of myotube lysis. Alloreactive cytotoxic T cells were added at zero time (A). The E/T ratio (based on the number of nuclei) was  $\sim 1:1$ . Sequential observation of myotube (X) under phase optics shows its incipient destruction after 1 h (B), and its complete lysis after 2 h (C) (×130)

class I HLA. This may be due to intrinsic resistance to the lytic process (15), or to insufficient expression of accessory molecules (16). Our results indicate that human myotubes express appropriate levels of accessory molecules.

It has been postulated that class I HLA expression is inversely correlated with the susceptibility to NK cell-mediated lysis (17). Several exceptions to this rule have been noted (18, 19). Our observation that class I HLA-positive myotubes are



Figure 3. Immunoelectron microscopic visualization of the membrane interaction between a cytotoxic T cell and a myotube. A CD8+ T cell is attached to a myotube (m) and extends multiple CD8+ spikelike projections into it (arrowheads). The myotube membrane facing the CD8+ cell is stained by diffusion artifact. ( $\times$ 5,000)



*Figure 4.* Comparison of the susceptibility to natural killing of K-562 cells (*left*) and myotubes (*right*). Effector cells were freshly isolated PBMC containing 20% CD16+ cells.

highly susceptible to both types of cytotoxic effector cells represents a further exception. In this regard, it is important that human myotubes react with the anti-Leu-19 MAb (20). This MAb reacts with CD56, an isoform of the neural cell adhesion molecule N-CAM (6). N-CAM is a homotypic adhesion molecule of the Ig superfamily (21). CD56 is also expressed on NK cells (12, 13). There is evidence that CD56 is functionally involved in NK cell-mediated cytotoxicity against targets bearing N-CAM (22). As yet, we have no conclusive evidence that the killing of myotubes by NK cells can be inhibited with anti-CD56 MAb, but this question will be subject to further investigation.

It is not known whether NK cells can attack normal myotubes in vivo. If regenerating myotubes in vivo were as susceptible to NK cell-mediated lysis as are cultured myotubes, normal muscle regeneration could not occur because the myotubes would be killed by autologous NK cells. One possibility is that myotubes are intrinsically more resistant to autologous NK cells in vivo. Regenerating muscle fibers are known to express high levels of N-CAM/CD56 in vivo (20), so that N-CAM expression on myotubes is probably not a regulating factor. However, there may be other mechanisms that prevent the lysis of myoblasts and myotubes in vivo. The postulated regulatory factors (e.g., cytokines) may act on the level of effector cells, target cells, or both (reviewed in reference 13).

Our observations have obvious clinical implications for myoblast transplantation, an experimental strategy for the treatment of muscular dystrophy and other hereditary muscle diseases (1–3). Injection of myoblasts from normal mouse or human muscle into growing or regenerating muscle of mdx mice, which represent a murine genetic homologue of human Duchenne muscular dystrophy (23, 24), led to substantial expression and correct localization of dystrophin in the injected muscle (1–3). The transplanted normal myoblasts fused with host muscle fibers giving rise to "mosaic fibers" in which the normal dystrophin gene of the transplanted myonuclei was expressed in muscle fiber segments. Thus, the mosaic fibers were partially rescued from their biochemical defect and escaped fiber necrosis.

Obviously, numerous problems must be dealt with before this promising experimental therapy can be applied in human disease (discussed in reference 1). One of these problems is the possibility of allograft rejection. In one study, rejection was circumvented by using immunocompromised or tolerant host strains (2). However, in another study (3), xenogenic (human) myoblasts fused successfully to muscle fibers of immunocompetent mdx mice and were apparently not rejected during an observation period of at least 60 d. One possible explanation is that myoblasts, which constitutively express MHC class I antigens (5), lose MHC antigen expression after fusion to mature muscle fibers, which constitutively lack MHC antigens (14). However, even if transplanted myonuclei can transiently evade detection by the host's immune system by losing MHC



Figure 5. Comparison of the myocytotoxicity of freshly isolated PBMC (*left column*), plastic- and nylon woolnonadherent PBMC (*middle*), and Leu-11b-depleted nonadherent PBMC (*right*). The E/T ratios were 100:1.

antigen expression, MHC expression could still reappear during fiber regeneration after metabolic, mechanical, or other fiber injury. Our results imply that regenerating muscle fibers, which are the in vivo correlate of cultured myotubes, are likely to be susceptible to lysis by allospecific CTL. Of even more concern is our finding that human myotubes also can be killed by NK cells. Thus, injected myoblasts could be attacked by NK cells in a human host before they could fuse with host myotubes. The conditions under which injected myoblasts can become resistant to NK-cell-mediated killing are presently unknown. The experimental system described here may help in designing strategies relevant to the prevention of myoblast rejection.

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