
Table S1. Characteristics of participating subjects.

All subjects were female and nobody was diagnosed with diabetes

| Subject | Age (years) | BMI (kg/m²) |
|----------------|--------------------|-------------------------------|
| 1 | 50 | 27.0 |
| 2 | 68 | 24.5 |
| 3 | 76 | 31.6 |
| 4 | 35 | 24.4 |
| 5 | 68 | 32.2 |
| 6 | 72 | 27.3 |
