Electronic supplementary material

ESM Table 1 Characteristics of HUFS participants

Characteristic	Men	Women
n (%)	389 (42)	538 (58)
Age (years)	46.1±12.6	46.9±13.5
Body mass index (kg/m^2)	28.3±6.9	31.4±8.7
Fasting plasma glucose (mmol/l)	4.8±0.7	4.7±0.6
Insulin (mmol/l)	9.4±9.8	11.1±9.9
High density lipoprotein (mmol/l)	1.3±0.5	1.4±0.4
Low density lipoprotein (mmol/l)	2.9±1.0	3.1±1.0
Systolic blood pressure (mmHg)	130.3±20.2	129.1±20.7
Diastolic blood pressure (mmHg)	82.1±13.5	80.5±12.3

Data expressed as number (percentage) or mean±standard deviation