

## Supplemental Digital Content 1

### Survey of near work and outdoor activity completed by parent/guardian at each visit

How often does this child read for pleasure (outside of school)? (Check one box.)

1  Never   2  Rarely   3  Sometimes   4  Often   5  Child doesn't read yet.

During the school year, how many **hours per week** (outside of regular school hours) would you estimate this child: (Please fill in every blank; use a zero to indicate no hours.)

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Studies or reads for school assignments	_____ hrs
Reads for pleasure	_____ hrs
Watches television	_____ hrs
Uses a computer	_____ hrs
Plays video games (e.g., Gamecube, Xbox, PlayStation, Nintendo, etc.)	_____ hrs
Plays handheld electronic games (e.g., Portable Playstation, Gameboy, etc.)	_____ hrs
Engages in outdoor activities (e.g., playing outside, playing sports, etc.)	_____ hrs