## **Supporting Information**

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## **SI Materials and Methods**

**Selection of Haplogroups.** We chose haplogroups in each region based on prior TMRCA affiliation with either the Holocene, Last Glacial, or Upper Paleolithic periods. In each case, we used haplogroups on both sides of the major phylogenetic divisions to minimize lineage-specific biases: both M and N in eastern Asia; both R and non-R lineages in Europe (H and non-H); and L0 vs. L2/3 in Africa. The haplogroups from the Holocene, Last Glacial, and Upper Paleolithic collections are all representative of populous lineages within their respective continents (1–3).

Europe. We chose haplogroups associated with an origin in Near Eastern populations during the Holocene: T1, T2, J1a, K2a, and H4a. These haplogroups (T1, T2, J1a, and K) all appear to have Near Eastern founders that migrated to Europe after the Younger Dryas (2). After inspecting the haplogroup K network in Behar et al. (4), we chose the subgroup K2a, which appears to be present in the Near East (including non-Ashkenazi Jews) and European populations (but not North Africa). Haplogroup H4a is thought to have expanded throughout Europe during the Neolithic (5). However, the location of its origin is still not certain (6). Removing H4a from the Skyline analysis did not substantively change the timing of Holocene period expansion (results not shown). European haplogroups U5, V, and 3H are associated with an indigenous origin in Europe (2). Haplogroups U5a, U5b1, V, and 3H have all been attributed a TMRCA during the Last Glacial Period (2, 7–9).

*Africa.* Haplogroups associated with the Neolithic expansion in Africa include L0a2, L2a1, L3d, and L3e2. L0a2 (formerly L1a2) has been associated with a Holocene origin in tropical Africa, then eastern and southeastern dispersals of the Bantu-speaking populations (3). Haplogroup L2a1 has an origin in western Africa, but a current pan-African distribution. There is a clear signature of L2a1 in Bantu-speaking groups (3). Haplogroup L3d originated 30,000 ya, likely in western Africa, and has been associated with the Bantu-speaking migration into southern Africa (3, 10).

*Eastern Asia.* Haplogroups associated with Holocene period migrations in eastern Asia include B4a1, F1a, and E1. Haplogroup B4a1 and its subgroups are most well known for their association with the Polynesian agricultural expansion. B4a is present in China, Taiwan, Japan, and Mainland/Island Southeast Asia (1, 11). B4a1a and subgroups appear to coalesce at/or less than 12Kya (12, 13). F1a is distributed throughout China, Island Southeast Asia, Taiwan, Japan, and Thailand (1, 11). The primary subgroups of F1a (i.e., F1a1a, F1a2, F1a3, F1a4) are all younger than 10 Kya (1). Subhaplogroups E1a and E1b (the only two subgroups of E1) have been recently accorded a phylogeographic origin in island southeastern Asia (e.g., Taiwan, Indonesia, Melanesia) dating to <12 Kya (13, 14).

**Papua New Guinea.** To investigate a signal of Asian population growth that should clearly predate the Holocene, we looked to lineages known to be indigenous to highland Papua New Guinean populations. Haplogroups P1, P2, P4a, and Q3 are derived from the initial Upper Paleolithic settlement of Oceania >40 Kya (15).

After determining the set of haplogroups for analysis, we searched for these select haplogroups in a database built from publicly available complete mitochondrial coding region sequences in GenBank. We assigned a precise haplogroup affiliation for each individual by our own internal algorithm, which may differ from the recorded GenBank affiliation if it was included in the accession information.

We would have liked to include Native American lineages in this analysis, because there is a well-supported archaeological record for the independent development of agriculture in the Americas. However, few American haplogroups are specifically associated with regions where agriculture developed 5,000 ya. Additionally, there is a paucity of complete mitochondrial coding region sequences in regions of large-scale agricultural production (central America and the Andean highlands). Recent Bayesian Skyline analysis of all Native American haplogroups reflects the expansion of these lineages after the initial colonization of the Americans during the Last Glacial Period (16, 17).

Accession Information for All Samples. European Neolithic sample (n = 144):

FF177410	EE657445	AV/05286	AV/05275	AV/05281
EF657401	EF660002	DO523640	FF657755	FF657285
Δ¥495282	AV195767	EE657345	EF657455	AY495304
AV/05302	EE661001	EI 007862	DO112814	FF660078
Δ¥495277	EF657604	AV339568	Δ¥495291	EF657448
ΔV/05280	EF657427	FF657777	DO112802	$\Delta V / 05288$
AV405200	$\Delta V / 05207$	EF657307	EF177400	EE657240
A F382006	DO112817	DO112043	AV330570	EF657686
AV405202	AV220574	DQ112943,	AT 339370,	LT037080,
A 1493292,	EE177/21	DO112800	AT 339372,	A1339373, D0258072
A1559570,	LT1//431,	AV405211	A 1495201,	DQ336973,
EF037049,	A 1493222,	A1495211, EE657200	A 1 559565,	EF037020,
A 1493230,	A 1 493212,	EF037300,	EF037300,	A 1493193,
A 1493217,	A 1493220,	A 1 493210,	A 1 493229,	DQ112/93,
A 1 339387,	A 1 495228,	EF000981,	A 1 495221,	DQ525059,
EF03/3/3,	A 1 495192,	EU130302,	EF03/030,	A 1495195,
EF449507,	EU130942,	AY495190,	AY 339423,	EF65/619,
AY495191,	EF65/456,	EF65//8/,	AY495189,	AY339425,
AY495188,	EU215517,	EF65/4/9,	EU200235,	AY495194,
AY/389/2,	EF17/447,	AY339422,	EF657629,	EF657721,
AY339424,	EF609015,	AY495178,	EF65/496,	EF657776,
AY495183,	AY495184,	AY495123,	EF657298,	EF660991,
EF657270,	DQ523646,	EF657591,	EF657783,	EU200347,
AY495181,	EF657469,	AY495179,	AY495095,	EF657767,
DQ358977,	AY495111,	AY495186,	EF177440,	EF657728,
EU051827,	DQ282493,	DQ282501,	AY495246,	DQ282502,
AY495244,	AY495247,	DQ282504,	EF657602,	EU130564,
AY495241,	DQ282495,	EF657526,	EF657610,	DQ282497,
EF657244,	DQ282499,	AY495252,	AY495242,	EF657273,
EF657453, A	AY495249, I	DQ282498, D	Q282503	
European L	ast Glacial I	Period sample	e(n = 65):	
EF657653,	EF657646,	EF660946,	ÀY495310,	EF657696,
AY738947,	EF657467,	EF661005,	EF657709,	EF657444,
AY495325,	EF657364,	AM260578,	AY738986,	AM260575,
EU140330.	AY495323.	AY339442.	AY738991.	AY339440.
AY882411.	EF657233.	EF660930.	AM260562.	AY738990.
EF397754.	EF657259.	EF657784.	AY495322.	EF657328.
DO112837.	AY339526.	AM260564.	EU140744.	AM260591.
AY882409	AY495317	AY339434	AY495313	EF657684
AY339441	DO661681	AM260576	EF177435	EF177419
EF660950	EF657245	EE657594	EF657320	AY339523
EF657657	AY882399	AM260572	AY882410	FF657274
AV339437	DO112808	FE660980	<b>AV</b> 495319	AV330445
DO489521	AY339435	EU140332 I	0.0112890 F	F657616
A fuller N	1.41.1.	- (	2112070, E	1 05/010
AIrican Net		n = 84):	A E246000	AE246000
AE247014	AE247015	AE201000	AN711002	AT 340999,
AF34/014,	AF34/013,	AF381998,	AWI/11903,	A I 193/82,
DQ112086,	DQ11208/,	DQ112088,	DQ112089,	DQ112/13,

DQ112714, DQ112715, DQ112716, DQ112722, DQ112739,
DQ112744, DQ112747, DQ112756, DQ112847, DQ112848,
DQ112851, DQ112853, DQ112857, DQ112884, DQ112901,
DQ112904, DQ112906, DQ112917, DQ112918, DQ112923,
DQ112949, DQ112953, DQ304968, DQ304969, DQ304970,
DQ304971, DQ304972, DQ304973, DQ304974, DQ304975,
DQ304976, DQ304977, DQ304998, DQ304999, DQ305002,
DQ305004, DQ305005, DQ305007, DQ305009, DQ305010,
DQ305012, DQ305013, DQ305015, DQ305016, DQ305017,
DQ305018, DQ305019, DQ305020, DQ305022, DQ305023,
DQ341058, DQ341070, DQ341071, DQ341072, EF184602,
EF184603, EF184604, EF184605, EF184606, EF184607,
EF184608, EF184623, EF184628, EF184641, EF657277,
EF657286, EF657544, EF657580, HUMMTA

African Upper Paleolithic sample (n = 38):

EF184592, EF184586, EF184593, EF184591, EF184590, AY195777, EF184594, EF184610, AF347009, AF347008, EF184611, EF184609, L498, L488, L500, L490, L583, L491, L503, L342, L487, L501, L334, L505, L524, L502, L493, L521, L520, L504, L516, L499, L492, L441, L515, L506, L496, L513

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East Asian Neolithic sample (n = 72): AF347007, AJ842744, AJ842745, AJ842746, AJ842747, AJ842748, AJ842749, AP008257, AP008279, AP008338, AP008347, AP008384, AP008475, AP008567, AP008658, AP008667, AP008679, AP008691, AP008701, AP008733, AP008774, AP008798, AP008906, AY195770, AY195791, AY255175, AY289068, AY289069, AY289076, AY289077, AY289080, AY289083, AY289093, AY289094, AY289099, AY289102, AY519492, AY519495, AY950289, AY963572, AY963574, DQ272120, DQ272124, DQ372871, DQ372873, DQ372874, DQ372875, DQ372877, DQ372878, DQ372881, DQ372886, DQ834261, EF061151, EF061152, EF093535, EF093536, EF093538, EF093539, EF093540, EF093544, EF093548, EF093551, EF093552, EF093553, EF093556, EF093557, EF093558, EF114270, EF114271, EF114272, EF114288, EF114289

Papua New Guinea Upper Paleolithic sample (n = 20): DQ112896, DQ112895, AY289079, DQ112898, AY289089, AY289078, EF061158, EF061155, DQ372870, EF495215, DQ372872, AY289084, AY289088, DQ112897, AF347002, AF347004, AY289087, AY289086, AF347005, AY289092

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**Fig. S1.** Bayesian Skyline Plot showing effective female population size changes using our sub-Saharan African Holocene sample (Table S1). The *y* axis represents the female effective population size, only a fraction of the actual population size. The *x* axis represents time in years. Skyline curves were independently corrected for the time dependency of mtDNA mutation rate estimates to accurately compare the timing of genetic growth estimates and archaeological dates for population events. The initial growth at  $\approx$ 30 Kya was detected before in (18, 19) and may represent the initial occupation in western Africa.



Fig. S2. Locations of the 665 archaeological sites used to create the contour plots seen in Fig. 2 (20).

Tab	le S1.	Hap	ogroup	and	ethnic	: inf	formatio	ו by	' sampl	е	set
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Sample set	n	Haplogroups	Origin
European Holocene	144	T1, T2, J1a, H4a, K2a	Western Europe, Northern Europe, Mediterranean Europe, United States (European origin)
European Last Glacial	65	U5a, U5b1, V, 3H	Western Europe, Northern Europe, United States (European origin), European (unspecified)
African Holocene	84	L0a2, L3e2, L2a1, L3d	United States (African-American), Eastern Africa, Western Africa
African Upper Paleolithic	38	L0d, L0k	Southern Africa
Southeast Asian Holocene	72	B4a1, F1a, E1	Polynesia, Eastern Asia, Peninsular and Island Southeastern Asia, coastal Papua New Guinea
Papua New Guinea Upper Paleolithic	20	Q3, P1, P2, P4a	Papua New Guinea, Trobriand Islands