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### SI Text

The villin headpiece contains 76 residues, which are usually numbered 1–76, with Leu42 being the first residue of the 35-residue C-terminal subdomain. In this work this subdomain is called HP35. Many of the studies, particularly those of Raleigh and coworkers, also include a methionine at the N terminus, which is not present in the naturally occurring sequence, but is present when the polypeptide is synthesized by recombinant methods (1–3). This structure is referred to as HP36, with the methionine labeled residue 41. Here we call this molecule Met-HP35.

#### Comparison of HP35 Folding Rates from Different Experimental Meth-

ods. Table S1 lists published folding rates of HP35 constructs measured from laser temperature-jump (T-jump) experiments with IR and fluorescence detection, triplet-lifetime experiments, and NMR line-shape analysis.

Equilibrium Measurements. Circular dichroism measurements were made with a Jasco 720 spectropolarimeter using 50 μM protein in a 1 mm quartz cuvette. Data were collected at 222 nm. Each measurement was performed at least three times using a different stock solution of protein. The GdmCl concentration was determined by refractometry using an ABBE refractometer (American Optical). The solutions contained 1 mM Tris(2-carboxyethyl) phosphine (TCEP) to prevent disulfide formation, and were buffered to  $pH = 4.9$  with 20 mM sodium acetate. The data were fit with the following equations

$$
\Theta_{222 \text{ nm}} = \frac{a + cK_{eq}}{K_{eq} + 1} \qquad K_{eq} = \exp\left\{\frac{m}{RT}([D] - [D_{\text{mid}}])\right\}, \quad \textbf{[S1]}
$$

where  $a$  is the intercept of the folded baseline,  $c$  is the intercept of the unfolded baseline,  $\Theta_{222 \text{ nm}}$  is the molar ellipticity at 222 nm,  $K_{eq}$  is the equilibrium constant (= $k_u/k_f$ ), T is the absolute temperature,  $R$  is the gas constant,  $m$  is the equilibrium sensitivity to denaturant, [D] is the denaturant concentration, and  $[D]_{mid}$  is the denaturant concentration where the population of the folded state is 50%. The fitting parameters a, b, c, m, and  $[D]_{mid}$  were calculated by minimizing the  $\chi^2$  parameter

$$
\chi^{2} = \sum_{i=1}^{N} \frac{(y_{\text{meas}} - y_{\text{calc}})^{2}}{\sigma_{y_{i}}^{2}}.
$$
 [S2]

The weights  $(\sigma_v)$  were set to the standard deviation of at least three measurements. Uncertainties in the resulting fit parameters,  $m$  and  $[D]_{mid}$ , were calculated by fixing the baseline intercepts to their optimum values and finding parameter values that correspond to a 68% confidence interval. For example, for calculating the uncertainty in  $m$ ,  $m$  was moved from its optimum value and the data refit allowing  $[D]_{mid}$  to vary. The difference between the optimum value of  $m$  and that corresponding to the 68% confidence interval is reported as the uncertainty.

Temperature-Jump Measurements. T-jump measurements were carried out on solutions containing 300 μM Cys-HP35(Nle24,His27, Nle29) or N-acetyl-tryptophanamide (NATA) using a nanosecond-laser-temperature-jump instrument very similar to that described in ref. 4. All solutions were buffered to  $pH = 4.9$  with 20 mM sodium acetate and contained 1 mM TCEP to prevent disulfide bond formation, and flowed through the illuminated region to eliminate effects of tryptophan photodamage. Temperature jumps of approximately 5 °C were generated by Raman shifting pulses of a Nd:YAG fundamental at  $1,064-1,560$  nm using  $D_2$ gas. To ensure a consistent temperature jump in the presence of changing solvent conditions, the temperature jump was calibrated using NATA. A frequency-doubled Kr laser with an output at 284 nm was used to excite Trp fluorescence. In each experiment, four to eight traces of 512 laser shots were collected. Rate constants and amplitudes were calculated by a least-squares fit of the data to a sum of exponentials and baseline from a NATA trace. Fig. S1 plots the measured relaxation times as a function of GdmCl concentration. The uncertainties in the fits were typically much lower than the experiment-to-experiment variation. The uncertainties represent the deviation or the standard deviations from the mean of two to three measurements, respectively, made with different stock solutions and different temperature-jump calibrations. Denaturant concentrations of the samples were calculated using refractometry.

At GdmCl concentrations lower than 2.25 M, the population of unfolded molecules was too small to yield measurable kinetic amplitudes. Thus multiple measurements were made at higher temperatures and the rate at 10 °C was obtained by extrapolation using an Arrhenius expression. Measurements at each temperature were performed three to four times on different days with different temperature-jump calibrations. Solution conditions, other than the GdmCl concentration, and the fitting of the measured traces were the same as reported in Materials and Methods. Fig. S4 shows the measured relaxation rates, the folding rates, and the Arrhenius fit of the folding rates. Uncertainties in the relaxation rates are reported as the standard deviation of replicate measurements. Folding rates were calculated from the equilibrium constant and the relaxation rate as discussed in the text. The data were fit to an Arrhenius expression using weighted linear least-squares. The equilibrium constants were obtained by fitting CD data (Fig. S3) as a function of temperature. The following expressions were used to calculate the equilibrium thermodynamic parameters,

$$
\Theta_{222 \text{ nm}} = \frac{(a + bT) + (c + dT)K_{eq}}{K_{eq} + 1}
$$
 [S3]

$$
K_{eq} = \exp\left\{\frac{\Delta H}{R}\left(\frac{1}{T_f} - \frac{1}{T}\right)\right\},
$$
 [S4]

where  $a$  is the intercept of the folded baseline,  $b$  is the slope of the folded baseline,  $c$  is the intercept of the unfolded baseline,  $d$  is the slope of the unfolded baseline,  $\Theta_{222 \text{ nm}}$  is the molar ellipticity at 222 nm,  $K_{eq}$  is the equilibrium constant (= $k_u/k_f$ ), T is the temperature,  $\overline{R}$  is the gas constant,  $\Delta H$  is the enthalpy difference between the folded and unfolded states,  $T$  is the temperature, and  $T_f$  is the temperature where the populations of folded and unfolded states are equal.

Triplet-Lifetime Measurements. The population of the tryptophan triplet state was monitored by triplet–triplet absorption at 440 nm using an instrument very similar to that described earlier (5–7). The sample was excited at 290 nm by a 1-mJ pulse from a Ce:LiCaF laser pumped by the fourth harmonic of a Q-switched Nd:YAG laser. The absorbance was probed by monitoring the transmitted intensities of a split 440-nm diode laser beam using

a pair of photodiodes. The measured intensities were averaged over 256 laser shots. A 1.0 cm fluorescence cuvette was used for the absorbance measurements. All samples contained 100 μM Cys-HP35(Nle24,Nle29) in 20 mM sodium acetate buffer with 1 mM TCEP at  $pH = 4.9$ . Solutions were deoxygenated and saturated with  $N_2O$  to scavenge hydrated electrons produced by tryptophan excitation. Fit parameters are listed in Table S2 and additional traces are found in Fig. S2.

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Fig. S1. Cys-HP35(Nle24,His27,Nle29) relaxation times as a function of [GdmCl]. These are the measured relaxation times from temperature-jump experiments, and were used to calculate the folding times in Fig. 7 assuming a two-state model. Further details regarding the experiments are provided in the SI Text and in the caption for Fig. 7 in the main text.



Fig. S2. Triplet-lifetime decays not shown in main text. Normalized tryptophan triplet–triplet absorbance at 440 nm as a function of time on a log scale at 10 °C for 100 μM solutions of Cys-HP35(Nle24,Nle29) containing 20 mM sodium acetate, 1 mM TCEP, and either (A) 1.5 M GdmCl (purple), (B) 3 M GdmCl (blue), (C) 3.5 M GdmCl (green), (D) 4.0 M GdmCl (yellow), (E) 5.0 M GdmCl (orange), or (F) 5.5 M GdmCl (red). The circles are the experimental data and the lines are the fits with the kinetic model.



Fig. S3. Equilibrium thermal unfolding curves for 75 <sup>μ</sup>m Cys-HP35(Nle24,His27,Nle29) in 1.5 M GdmCl measured by circular dichroism. The continuous green line represents a two-state fit to the data. The dashed lines are the folded and unfolded baselines used in the calculation of the fraction of folded as a function of temperature. The fitted parameters are  $\Delta H_m = 15$  kcal/mol, T<sub>m</sub> = 340 K, a = -19.4 deg cm<sup>2</sup> dmol<sup>-1</sup>, b = 0.0149 deg cm<sup>2</sup> dmol<sup>-1</sup> K<sup>-1</sup>,  $c = 3.54$  deg cm<sup>2</sup> dmol<sup>-1</sup>, and  $d = -0.0171$  deg cm<sup>2</sup> dmol<sup>-1</sup> K<sup>-1</sup>.



Fig. S4. T-jump kinetics for Cys-HP35(Nle24,His27,Nle29) in 1.5 M GdmCl. Relaxation rates (black circles), folding rates (green circles), and Arrhenius fit (green line) to the folding rates for measurements made at 10 °C in 1.5 M GdmCl, 20 mM sodium acetate, 1 mm TCEP, and pH = 4.9. Using the Arrhenius fit, the data were extrapolated to 283 K, the temperature of the experiments performed in the main text. This point is represented on the plot by the open circle  $(k_f = 3.2 \times 10^6 \text{ s}^{-1})$ . The Arrhenius parameters are  $T_0 = 300$  K,  $k_0 = 2.8 \times 10^6 \text{ s}^{-1}$ , and  $\Delta H^* = -1$ , 150 cal/mol.



Fig. S5. Fit of triplet-lifetime model to circular dichroism data in simultaneous fit to equilibrium and kinetic data (Fig. 4 and Fig. 7). See Materials and Methods for details.





Calculated assuming a two-state model.

\*0.1 M sodium acetate,  $pH = 4.8$ .<br>†0.02 M sodium acetate,  $pH = 4.9$ .

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<sup>†</sup>0.02 M sodium acetate, pH = 4.9.<br>†0.02 M 2-(N-morpholino)ethanesulfonic acid in D<sub>2</sub>O, pH = 5.5.<br><sup>§</sup>Obtained from the buried Ala16 labeled with <sup>13</sup>C<sup>18</sup>O.

 $^{\text{10.01}}$  M sodium phosphate in D<sub>2</sub>O, 0.15 M NaCl, pH  $=$  5.3.





The unfolding rate is  $k_u$ ,  $k_q$  is the quenching rate in the unfolded state,  $k_s$  is the quenching rate in the folded state,  $k_f$  is the folding rate,  $\Lambda_+$  is the fast eigenvalue,  $\Lambda_-$  is the slow eigenvalue, and a is the fast amplitude (the slow amplitude is 1-a).