Supporting Information

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Four movie files are associated with this manuscript. In all movies, the laser appears after a few frames as a small light spot.

All movies are filmed at 1,000 images/sec and shown at 20 frames/sec.



Movie 51. Cilia escape: A weak aggression (laser power 50 mW) leads to the cell swimming away with its cilia. Here we see the coordinated beating that leads to a fluctuating velocity.

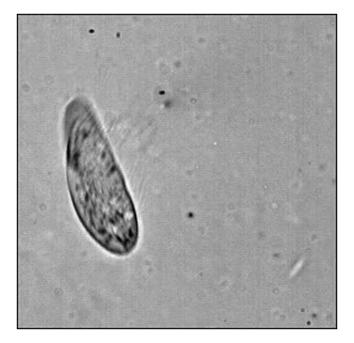
Movie S1 (MOV)



Movie 52. Trichocyst escape: *Paramecium* cell escaping using its trichocysts. Laser power is 125 mW. The cell begins by ejecting the trichocysts in the direction of the laser, then continues escaping with the ciliary beating.

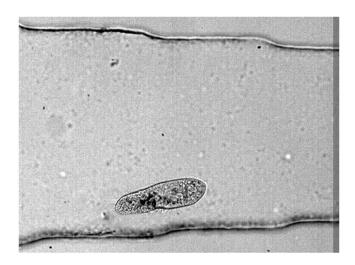
Movie S2 (MOV)





Movie S3. Sideways escape: An aggression originating from the lateral position along the cell leads to a sideways jump for a wild-type cell. Laser power is 125 mW.

Movie S3 (MOV)



Movie S4. Mutant escape: A nondischarge mutant cannot respond with its trichocysts to a lateral aggression. Instead it is forced to swim with its cilia in an inefficient trajectory. Same conditions as in Movie S3.

Movie S4 (MOV)