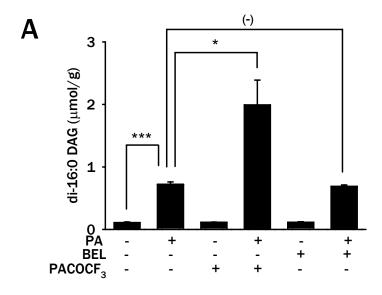


Fig. S1. PA-induced JNK activation in a dose-dependent manner. L6 myotubes were treated with $100 \sim 800~\mu M$ PA for 12 h, and phosphorylation of IRS-1 Ser307 and JNK was determined as in Fig. 1C.



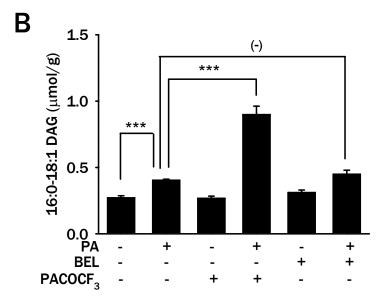


Fig. S2. Contents of specific DAG species after treatment with PA. L6 myotubes were treated with 600 μ M PA with or without pretreatment with 100 μ M PACOCF₃ or 10 μ M BEL as in Fig. 4D. Intracellular contents of di-16:0 (A) and 16:0-18:1 DAG (B) were measured as described in the Materials and Methods. (*, P < 0.05; ***, P < 0.005)

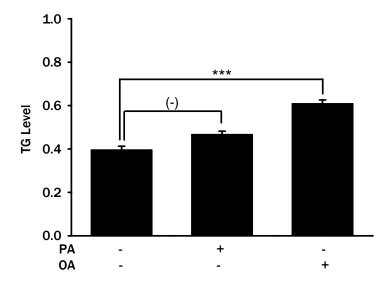


Fig. S3. TG content after treatment with FFAs. L6 myotubes were treated with 600 μ M PA or 500 μ M OA for 48 h. TG content was measured as described in the Materials and Methods. (***, P < 0.005)

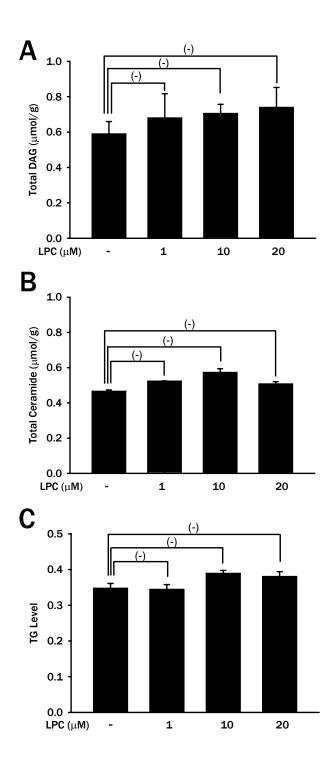


Fig. S4. Contents of DAG, ceramide and TG after treatment with LPC. After treatment of L6 myotubes with LPC of the indicated concentrations for 3 h, intracellular contents of DAG (A), ceramide (B) and TG (C) were measured as described in the Materials and Methods.

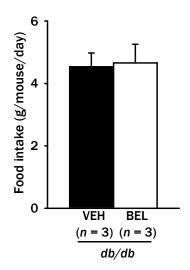


Fig. S5. Effect of an iPLA₂ β inhibitor (BEL) on the food intake of db/db mice. Food intake was not significantly affected by BEL treatment.