

Online Supporting Material

Supplemental Table 1: Fatty acid analysis of experimental diets¹

Fatty Acid	CD	LF (n-3) PUFA	HF (n-3) PUFA	HF (n-6) PUFA
14:0	0.5	3.1	3.7	4.6
16:0	12.2	14.6	13.6	10.0
16:1	0.1	4.3	4.9	0.1
18:0	6.9	8.7	7.2	7.5
18:1 <i>trans</i>	0.5	1.5	0.9	0.5
18:1 <i>cis</i>	20.5	16.0	15.7	15.5
18:2 (n-6)	48.0	13.6	12.1	58.3
18:3 (n-3)	6.5	24.1	26.9	1.4
20:5 (n-3)	0.0	4.4	5.0	0.1
22:2 (n-6)	0.2	0.7	0.6	0.0
22:5 (n-3)	0.1	0.8	0.8	0.0
22:6 (n-3)	0.0	3.3	3.5	0.1
ΣSFA	20.4	27.0	25.0	22.6
ΣMUFA	23.0	24.3	24.0	17.1
ΣPUFA (n-3)	6.6	32.6	36.2	1.5
ΣPUFA (n-6)	50.0	16.1	14.8	58.7

¹Fatty acids were extracted from the diets and analyzed with gas chromatography. Values are the percentage of total fatty acids. Values less than 0.5 are omitted for clarity.