

Supporting Material

Robust entrainment of circadian oscillators requires specific phase response curves

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This supplementary material presents the calculations and the procedures used to derive robustness quantities that measure how sensitive are circadian oscillators to daylight fluctuations. It contains three sections: (1) general expression of robustness quantities, (2) robustness quantities in the weak forcing limit, (3) robustness analysis of experimental PRCs.

1 General expression of robustness quantities

Let assume a non-linear oscillator subjected to a periodic and temporally-restricted forcing. If the forcing is not too strong or the limit cycle attracts nearby orbits sufficiently quickly, the dynamics of a periodically forced non-linear oscillator can be approximated by an unidimensional first-return map (Rand *et al*, 2006):

$$\phi_{n+1} = F(\phi_n) = \phi_n - \gamma + V(\phi_n) \quad (1)$$

where ϕ_n is the phase of the oscillator at dawn and the function $V(\phi)$ is equivalent to a phase response curve (PRC). A stable fixed point ϕ^* of the map satisfies $V(\phi^*) = \gamma$ and $-2 < \chi < 0$ with $\chi \equiv V'(\phi^*)$ (we use in the following prime notation for derivative of V with respect to the phase). We consider that forcing properties vary slightly among individuals with respect to some average daylight forcing $\epsilon_0 L_0(u)$:

$$\epsilon L(u) = \epsilon_0(L_0(u) + \eta \tilde{L}(u)) \quad (2)$$

where L and L_0 are normalized with $1/\tau_D \int_0^{\tau_D} L(t) dt = 1$. This normalization must be preserved by an appropriate normalization of \tilde{L} which depends on the type of fluctuations (amplitude or profile) considered (appendix B). We can now expand ϕ^* and χ up to first order in η :

$$\begin{cases} \phi^*(\eta) &= \phi^*(0) + \eta \frac{d\phi^*(0)}{d\eta} + 0(\eta^2) \\ \chi(\eta) &= \chi(0) + \eta \frac{d\chi(0)}{d\eta} + 0(\eta^2) \end{cases} \quad (3)$$

We introduce the sensitivity quantities Π and Σ that correspond to the squares of the linear variation of ϕ^* and of the relative variation of χ in response to small fluctuations η :

$$\begin{cases} \Pi &= [\frac{d\phi^*(0)}{d\eta}]^2 \\ \Sigma &= [\frac{1}{\chi(0)} \frac{d\chi(0)}{d\eta}]^2 \end{cases} \quad (4)$$

2 Robustness quantities in the weak forcing limit

2.1 Phase reduction method

Let us consider a forced circadian oscillator described by the deterministic differential equation:

$$d\mathbf{X}/dt = \mathbf{F}(\mathbf{X}, \mathbf{p}_0 + \epsilon L(t)\mathbf{d}\mathbf{p}) \quad (5)$$

where the light modulates the parameters with a T -periodic temporal profile $L(t)$. For small enough value of ϵ , Eq. 5 can be expanded and phase reduction method can be applied in the neighborhood of the free-running limit cycle trajectory \mathbf{X}_γ of period T_0 . If T and T_0 differ with an order of ϵ , the following differential equation for the evolution of the oscillator's phase at the leading order applies:

$$d\phi/dt = 1 + \epsilon L(\phi)Z(\phi) + \mathbf{0}(\epsilon^2) \quad (6)$$

where ϕ is the phase in time unit and $Z(\phi)$ is the infinitesimal impulse phase response curve (IPRC):

$$Z(\phi) \equiv \left(\frac{\partial \phi(\mathbf{X}_\gamma(\phi))}{\partial \mathbf{X}} \right)^T \left(\frac{\partial \mathbf{F}(\mathbf{X}_\gamma(\phi), \mathbf{p}_0)}{\partial \mathbf{p}} \right) \mathbf{d}\mathbf{p} \quad (7)$$

which indicates the steady-state phase-shift that results from an infinitesimal delta-impulse light stimulus and can be derived from the parametric or state impulse phase response function (Taylor *et al*, 2008). Using an averaging method (Kuramoto, 1984), one can predict the phase change $V(\phi)$ (defined by Eq. 1) induced by light during the day when the oscillator phase at dawn is ϕ :

$$V(\phi) = \epsilon \int_0^{T_0} L(u)Z(u + \phi)du \quad (8)$$

2.2 Π and Σ in the weak forcing limit

Decomposing the light temporal profile into an average and a fluctuating component (Eq. 2), Eq. 8 gives:

$$V(\phi) = V_0(\phi) + \eta \tilde{V}(\phi) \quad (9)$$

where $V_0(\phi)$ and $\tilde{V}(\phi)$ are the convolution of Z with $\epsilon_0 L_0$ and $\epsilon_0 \tilde{L}$ respectively.

Expanding Eq. 9 up to first order in η using the expression of $\phi^*(\eta)$ in Eq. 3 and the property that $V(\phi^*(\eta)) = V_0(\phi^*(0)) = \gamma$ leads to:

$$\eta[V'_0(\phi^*(0))\frac{d\phi^*(0)}{d\eta} + \tilde{V}(\phi^*(0))] + O(\eta^2) = 0 \quad (10)$$

In the following we use $\phi_0^* \equiv \phi^*(0)$. By neglecting higher-order terms and introducing the quantity Π (Eq. 4), we obtain:

$$\Pi = \left[\frac{\tilde{V}(\phi_0^*)}{V'_0(\phi_0^*)} \right]^2 \quad (11)$$

To compute Σ in the weak forcing limit, we begin with the expression derived from Eq. 4 and Eq. 3 in term of the first derivative of V :

$$\Sigma = \left[\frac{V'(\phi^*(\eta)) - V'_0(\phi_0^*)}{\eta V'_0(\phi_0^*)} \right]^2 \quad (12)$$

By inserting Eq. 9 into Eq. 12 and expanding for η small using Eq. 3, we obtain at the leading order:

$$\Sigma = \left[\frac{\tilde{V}'(\phi_0^*)}{V'_0(\phi_0^*)} - \frac{\tilde{V}(\phi_0^*)V''_0(\phi_0^*)}{V'_0(\phi_0^*)^2} \right]^2 \quad (13)$$

2.3 Fluctuations in the daylight intensities

The simplest example of fluctuation in the light driving cycle is when $\tilde{L}(u) = L_0(u)$, such that $\tilde{V} = V_0$. The general expression for Π and Σ in Eq. 11 and 13 becomes:

$$\Pi = \left[\frac{V_0(\phi_0^*)}{V'_0(\phi_0^*)} \right]^2 = \left[\frac{\gamma}{\chi} \right]^2 \quad (14)$$

and

$$\Sigma = \left[1 - \frac{V_0(\phi_0^*)V''_0(\phi_0^*)}{V'_0(\phi_0^*)^2} \right]^2 = \left[1 - \frac{V''_0(\phi_0^*)\gamma}{\chi^2} \right]^2 \quad (15)$$

2.4 Fluctuations in daylight profiles

Alternatively, one can also consider the case where only the temporal profile changes while the daily light intensity average remains unchanged:

$$\int_0^{\tau_D} \tilde{L}(u) du = 0.$$

We assume that the variance of the perturbation is normalized with $1/\tau_D \int_0^{\tau_D} \tilde{L}(u)^2 du = 1$ so as to preserve the normalization of $L(u)$ given by $1/\tau_D \int_0^{\tau_D} L(t) dt = 1$.

For such type of fluctuations that is likely to vary from day to day, we only focus on the sensitivity Π . Rewriting Eq. 11 in term of the IPRC by using Eq. 8 leads to:

$$\Pi = \left[\frac{\int_0^{\tau_D} Z(u + \phi_0^*) \tilde{L}(u) du}{\int_0^{\tau_D} Z'(u + \phi_0^*) L_0(u) du} \right]^2 \quad (16)$$

One can also estimate the Π sensitivity in response to sinusoidal daylight fluctuations of period τ_D/k and phase ψ_k . Decomposing $\tilde{L}(u)$ as a Fourier series:

$$\tilde{L}(u, k, \psi) = \sum_k \tilde{l}_k \cos(k u / \tau_D + \psi_k) \quad (17)$$

and substituting Eq. 17 in Eq. 16 leads to:

$$\Pi(\psi) = \left[\frac{\sum_k \tilde{l}_k (a_k \cos(\psi_k) + b_k \sin(\psi_k))}{\int_0^{\tau_D} Z'(u + \phi_0^*) L_0(u) du} \right]^2 \quad (18)$$

where a_k and b_k as the k th cosine and sine Fourier coefficients of the IPRC truncated on the subinterval in which daylight perturbs the clock (usually daytime). Summing over ψ_k between 0 and 2π gives the averaged phase associated with a arbitrary fluctuations of zero mean ($\delta l_0 = 0$) and unitary norm ($\sum_k \tilde{l}_k^2 = 1$):

$$\Pi = \langle \Pi(\psi) \rangle_\psi = 1/2\pi \int_0^{2\pi} \Pi(\psi) d\psi = \sum_k \tilde{l}_k^2 \Pi_k \quad (19)$$

where Π_k are the phase-shift variances associated with sinusoidal fluctuations of period τ_D/k :

$$\Pi_k = \frac{\epsilon_0^2 (a_k^2 + b_k^2)}{2\chi^2} \quad (20)$$

Such quantities can be computed for instance in the case where Z is a decreasing linear function on the interval of coupling which leads to $\Pi_k = \tau_D^2 / 8 k^2 \pi^2$ for $L(u) = 1$ during daytime.

3 Robustness analysis of experimental PRCs

In this section, we briefly describe the procedure used to analyse the experimental PRCs. First, the fitting procedure adjusts the discrete experimental data t_j, y_j with $j = 1, N$ by a continuous function $f(t)$. It is based on the minimization of both the fitting error and the second derivative of f :

$$S_1 = \frac{k_1}{N} \sum_{j=1, N} (y_j - f(x_j))^2 + \frac{k_2}{T} \int_0^T [f''(t)]^2 dt \quad (21)$$

The ratio k_2/k_1 is adjusted typically between 5 and 15 according to the data.

For experimental PRCs that are measured using relatively short light pulses of less than one hour, the estimated IPRC, z , is assumed to be roughly equal to f . Otherwise we perform a deconvolution operation to extract the estimated IPRCs, using a genetic algorithm to find the function, z , that minimizes the error:

$$S_2 = \int_0^T \left[f(t) - \int_t^{t+\tau_D} z(u) du \right]^2 dt \quad (22)$$

To estimate Π -values associated with experimental PRCs, we use Eq. 20 using the estimated IPRCs, z .

References

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