SUPPLEMENTARY DATA

Supplementary Table 1: Demographic, clinical and metabolic characteristics at baseline

| | Placebo | Rosiglitazone/Metformi n | |
|--------------------------|--------------------|-----------------------------|----------|
| | (n=104) | <u>(n=103)</u> | <u>P</u> |
| Age (yrs) | 55.0 [46.0-61.0] | 50.0 [44.0-61.0] | 0.1653 |
| Female | 71 (68.3) | 67 (65.0) | 0.6231 |
| Ethnicity: | | | 0.9729 |
| Caucasian | 77 (74.0) | 77 (74.8) | |
| South Asian | 7 (6.8) | 8 (7.8) | |
| Latino | 7 (6.7) | 7 (6.8) | |
| Others | 13 (12.5) | 11 (10.7) | |
| Family history of DM | 75 (72.8) | 73 (73.0) | 0.9764 |
| BMI (kg/m²) | 32.0 [28.3-36.8] | 31.3 [27.1-35.7] | 0.5649 |
| Waist circumference (cm) | 103.0 [94.6-116.4] | 104.3 [93.5-113.6] | 0.6958 |
| Smoking: | | | 0.5364 |
| Never | 63 (60.6) | 62 (60.2) | |
| Remote | 31 (29.8) | 35 (34.0) | |
| Current | 10 (9.6) | 6 (5.8) | |
| Lipids: | | | |
| Total cholesterol | | | |
| (mmol/L) | 5.40 [4.80-6.10] | 4.90 [4.20-5.60] | 0.0002 |
| LDL cholesterol (mmol/L) | 3.40 [2.90-4.00] | 2.90 [2.30-3.60] | 0.0003 |
| HDL cholesterol (mmol/L) | 1.10 [1.00-1.40] | 1.10 [0.90-1.30] | 0.2832 |
| Triglycerides (mmol/L) | 1.66 [1.16-2.22] | 1.70 [1.17-2.21] | 0.9200 |
| IS _{ogtt} | 3.0 [2.2-5.5] | 2.9 [1.9-4.5] | 0.2922 |

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| ISSI-2 | 490 [384-564] | 499 [408-603] | 0.4095 |
|------------------------------|----------------|----------------|--------|
| Oral glucose tolerance test: | | | |
| Fasting glucose (mmol/L) | 5.4 [5.0-5.9] | 5.4 [5.0-5.8] | 0.8544 |
| 30-mins glucose(mmol/L) | 9.8 [8.9-10.8] | 9.2 [8.3-10.4] | 0.0572 |
| 2-hour glucose (mmol/L) | 8.8 [8.2-9.9] | 8.9 [8.2-9.8] | 0.9435 |
| Glucose tolerance status: | | | 0.3149 |
| Isolated IGT | 88 (84.6) | 92 (89.3) | |
| Combined IGTand IFG | 16 (15.4) | 11 (10.7) | |

Categorical data are presented as n(%) and continuous variables are presented as median followed by interquantile range.

p-values for continuous variables were obtained by wilcoxon rank-sum test.

p-values for categorical variables were obtained by chi-squared test or fisher's exact test, where necessary.