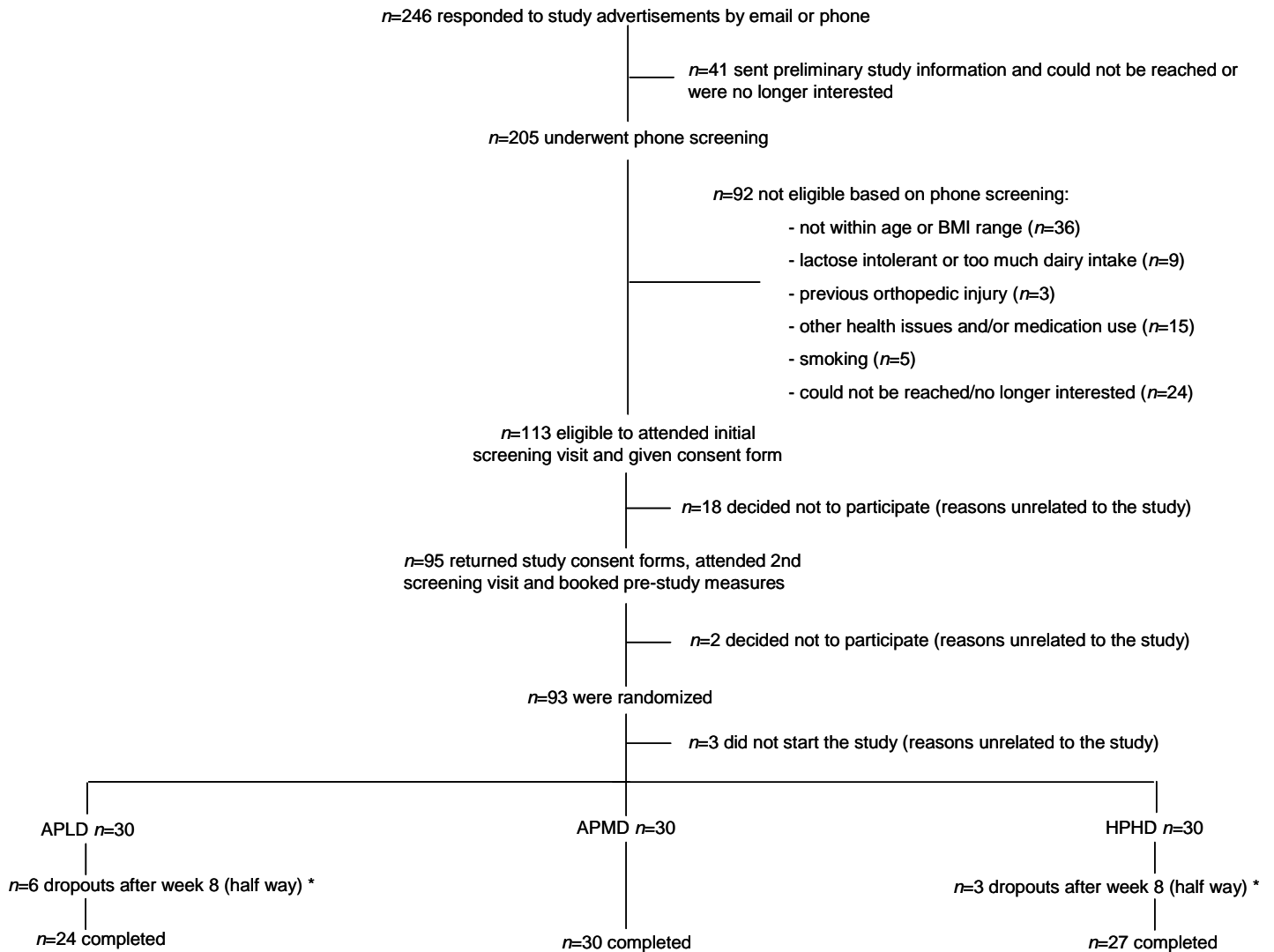


Online Supporting Material



Supplemental Figure 1. Participant flow through the I.D.E.A.L. for Women Study. * Six participants in APLD and three participants in HPHD dropped out for reasons unrelated to the study including: moving houses, working extra shifts, sickness of a relative, and exam time at school.