

Online Supplemental Data

Early-Onset COPD is Associated with Female Gender, Maternal Factors, and African American Race in the COPDGene Study

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Severe Early-Onset COPD Defined as FEV₁ Percent Predicted < 40% and Age < 53 Years

More closely adherent to the original enrollment criteria for the Boston Early-Onset COPD Study,⁵ 34 (1.4%) of the initial 2500 subjects enrolled into the COPDGene Study presented with an FEV₁ percent predicted < 40% and age < 53 years. Of these subjects, 22/34 (65%) were female and 11/34 (32%) were African American. In comparison to older COPD subjects who also exhibited an FEV₁ percent predicted < 40%, these individuals initiated smoking at a younger age, 15 ± 3 vs. 17 ± 4 years (p = 0.004) and smoked less, 38 vs. 64 (mean) pack-years (p < 0.0001), but were more likely to be current smokers, 50 vs. 13%, p < 0.0001. They were significantly younger at age at first pneumonia, 34 vs. 46 (mean) years (p = 0.009). The MMRC dyspnea score (p = 0.4) and the six-minute walk distance (p = 0.7) were not significantly different. CT percent gas trapping (p = 0.06) did not differ but CT percent emphysema was lower, 21 vs. 27% (p = 0.03).

A history of asthma was not significantly different ($p = 0.06$). Maternal smoking, 74% vs. 44% ($p = 0.001$) and maternal asthma, 19 vs. 4% ($p = 0.009$) were proportionally more frequent. There were no significant associations with paternal factors in these severe COPD subjects.

**Table E1. Severe COPD Subjects
COPDGene Study
Age < 53 Years and FEV₁ < 40% Predicted**

	Early-Onset (n = 34)	Older COPD Subjects > 64 years (n = 205)	p-value
Age (years)	49 ± 3	70 ± 4	<0.0001
Gender (% female)	65	41	0.001
Pack-years of smoking (mean ± sd)	38 ± 22	64 ± 29	<0.0001
Maternal COPD (%)	23	12	0.1
Maternal smoking (%)	74	44	0.001
Maternal lung cancer	11	6	0.4
Paternal COPD (%)	21	13	0.3
Paternal smoking (%)	83	80	0.8
MMRC dyspnea score	3.1 ± 0.9	2.9 ± 1.0	0.4
FEV ₁ percent predicted	27 ± 8	29 ± 7	0.4
BMI	26 ± 7	26 ± 5	0.9
BODE Index	5.4 ± 1.2	5.1 ± 1.4	0.3
CT scan percent emphysema	21 ± 14	27 ± 13	0.03
CT scan percent gas trapping	54 ± 19	61 ± 14	0.06

Table E2. Selected questions from the COPDGene Respiratory Questionnaire

1. Do you usually have a cough? (Exclude clearing of throat.)
2. For how many years have you had this cough?
3. Do you usually bring up phlegm from your chest?
4. For how many years have you had trouble with phlegm?
5. Have you ever had asthma?
6. Have you ever had pneumonia or bronchopneumonia?
7. Did your mother smoke cigarettes when she was pregnant with you?
8. Were either of your natural parents told by a doctor they had a chronic lung condition such as:
 - Chronic bronchitis
 - Emphysema
 - COPD
 - Asthma
 - Lung cancer
9. Were either of your natural parents ever a cigarette smoker?

Table E3. Additional Logistic Regression Models for Severe Early-Onset COPD in the COPDGene Study

Model E3.A				
Univariate Analyses			Multivariable Models	
Characteristic	OR (95% CI)	p-value	OR (95% CI)	p-value
Female gender (47)	2.6 (1.5 – 4.5)	0.0006	3.9 (1.4 – 10.8)	0.009
AA race (16)	4.4 (2.4 – 8.1)	<0.0001	8.0 (2.5 – 25.5)	0.0005
Smoking intensity	0.6 (0.3 – 1.0)	0.04	0.8 (0.3 – 1.9)	0.5
Maternal COPD (14)	2.2 (1.1 – 4.5)	0.03	3.5 (0.98 – 12.4)	0.055
Maternal smoking (49)	2.9 (1.7 – 5.1)	0.0002	1.8 (0.6 – 4.9)	0.3
Multivariable model E3.A: race, gender, daily smoking intensity, maternal COPD, maternal smoking, and clinical center (Hosmer-Lemeshow p = 0.9)				
Model E3.B				
Univariate Analyses			Multivariable Models	
Female gender (47)	2.6 (1.5 – 4.5)	0.0006	3.6 (1.3 – 10)	0.02
AA race (16)	4.4 (2.4 – 8.1)	<0.0001	7.4 (2.2 – 25)	0.001
Maternal COPD composite (19)	2.1 (1.1 – 4.1)	0.02	6.4 (1.8 – 22)	0.004
Maternal Smoking (49)	2.9 (1.7 – 5.1)	0.002	1.4 (0.5 – 4.0)	0.6
Pack-years of smoking	0.97 (0.96 – 0.98)	<0.0001	0.98 (0.95 – 1.0)	0.03
Advanced education (56)	0.4 (0.3 – 0.7)	0.002	0.7 (0.3 – 1.7)	0.4

Multivariable model E3.B: race, gender, maternal OLD, advanced education, and clinical center (Hosmer-Lemeshow p = 0.1)

Clinical center, not displayed, was not significant in either multivariable model.

AA = African American

COPD composite = variable composed of reports of maternal COPD, chronic bronchitis, emphysema

Smoking intensity = ≥ 20 cigarettes daily vs. less

Table E4. Predictors of Severe COPD (FEV₁ percent predicted < 50) by Age Groups in the COPDGene Study

Characteristic (%)	Univariate Analyses (n = 2500)		Age < 55 Years		Age 55 – 64 Years		Age > 64 Years	
	OR (CI)	p-value	OR (CI)	p-value	OR (CI)	p-value	OR (CI)	p-value
Maternal COPD (16)	2.1 (1.5 – 2.8)	<0.0001	3.2 (1.2 – 8.7)	0.02	2.2 (1.1 – 4.6)	0.04	2.9 (1.3 – 6.5)	0.001
Gender (47)	1.1 (0.9 – 1.3)	0.3	3.1 (1.3 – 7.7)	0.02	0.96 (0.6 – 1.6)	0.9	0.7 (0.50 – 0.98)	0.04
Pack-years	1.02 (1.015 – 1.022)	<0.0001	1.04 (1.01 – 1.06)	0.001	1.01 (1.0 – 1.02)	0.01	1.01 (1.0 – 1.02)	0.0005
Race [‡] (16)	1.9 (1.5 – 2.4)	<0.0001	0.7 (0.3 – 1.8)	0.5	1.2 (0.7 – 2.1)	0.6	0.9 (0.5 – 1.8)	0.8
Hosmer-Lemeshow goodness-of-fit test			p = 0.8		p = 0.5		p = 0.04	

For each age group, the models included the covariates used in the analyses for early-onset COPD: race, gender, maternal COPD, maternal smoking, and pack-years of smoking, utilizing a stepwise selection algorithm with a p = 0.1 threshold for retention. Because clinical center and maternal smoking were not selected in the stepwise algorithms, they are not displayed here. The reference groups of control smokers were in the same age range as the early-onset subjects in each tertile.

[‡]Odds ratios displayed for African American race

[§]Baylor College of Medicine was the reference clinical center

Table E5. Clinical Investigators / Clinical Centers

The members of the COPDGene study group as of June 2010

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