

A pilot study to evaluate learning style–tailored information prescriptions for hypertensive emergency department patients

Taneya Y. Koonce, MSLS, MPH; Nunzia B. Giuse, MD, MLS, AHIP, FMLA; Alan B. Storrow, MD

Table 3
Baseline item response analysis of the “Check Your High Blood Pressure IQ” quiz

Quiz statement	Number of incorrect responses (n=76)
Stress causes high blood pressure	67
High blood pressure has no symptoms	59
High blood pressure has no cure	58
You have to exercise vigorously every day to improve your blood pressure and heart health	37
If your mother or father had high blood pressure, you’ll get it	25
There is nothing you can do to prevent high blood pressure	9
Blood pressure is high when it is at or over 140/90 mmHg	9
Drinking alcohol lowers blood pressure	6
Young adults don’t get high blood pressure	4
High blood pressure is not life threatening	4
If you are overweight, you are 2 to 6 times more likely to develop high blood pressure	2
Americans eat 2 to 3 times more salt and sodium than they need	2