

Web Appendix 3 – Table 2

Table 2. Regression Analysis of weight change according to baseline BMI and alcohol consumption in quitters

Variable	Regression coefficient*	Lower 95%CI	Upper 95%CI	p value	r ²
Constant	7.886	6.360	9.412	<0.001	0.172
BMI [#]	0.217	-0.175	0.609	0.274	
BMI ² #	0.062	0.006	0.118	0.030	
Alcohol units/week [#]	-0.161	-0.296	-0.026	0.020	

*Stepwise adjustment, using p=0.2 cut-off for confounding variables of baseline height, BMI, Horne Russell Score, daily number of cigarettes, weekly units of alcohol at baseline, age in years, socio-economic status and ethnic origin.

Re-centred around the total sample mean.