

Supplemental Table 1. Baseline characteristics of study subjects stratified by GH status (n=76). Data are presented as mean \pm SEM. Relative GH Deficiency determined as peak stimulated GH ≤ 4.2 $\mu\text{g/l}$ on GHRH-arginine stimulation test.

	Normal Weight	Obese GHS	Obese GHD	<i>P</i>
N	26	31	19	
Age	43.4 \pm 1.9	41.1 \pm 2.2	45.2 \pm 1.2	0.38
Race				0.29
Caucasian	18 (69 %)	18 (58 %)	15 (79 %)	
Non-Caucasian	8 (31 %)	13 (42 %)	4 (21 %)	
Ethnicity				0.18
Hispanic	1 (4 %)	3 (10 %)	4 (21 %)	
Non-Hispanic	25 (96 %)	28 (90 %)	15 (79 %)	
Tobacco use (pack years)	5.9 \pm 2.2	9.5 \pm 3.0	2.2 \pm 1.1	0.16
Blood Pressure				
Systolic BP (mmHg)	121 \pm 2	126 \pm 3	128 \pm 3	0.14
Diastolic BP (mm Hg)	76 \pm 2	78 \pm 2	83 \pm 2*	0.04
Anthropometrics				
BMI (kg/m ²)	22.5 \pm 0.3	35.1 \pm 0.8*	37.7 \pm 1.0*	<0.0001
VAT (cm ²)	57 \pm 9	195 \pm 16*	240 \pm 15*	<0.0001
SAT (cm ²)	104 \pm 11	396 \pm 27*	477 \pm 33*	<0.0001
Metabolic Assessment				
Total Cholesterol (mmol/l)	4.73 \pm 0.19	4.81 \pm 0.16	4.78 \pm 0.20	0.95
Triglyceride (mmol/l)	0.87 \pm 0.10	1.38 \pm 0.17	1.76 \pm 0.24*	0.0003
HDL Chol (mmol/l)	1.53 \pm 0.09	1.12 \pm 0.05*	1.01 \pm 0.04*	<0.0001
LDL Chol (mmol/l)	2.76 \pm 0.15	3.11 \pm 0.16	3.18 \pm 0.18	0.17
Fasting Glucose (mmol/l)	4.70 \pm 0.08	5.44 \pm 0.30	5.18 \pm 0.27	0.08
Fasting Insulin (pmol/l)	19.9 \pm 3.2	60.5 \pm 8.4*	69.6 \pm 10.4*	<0.0001
Hormonal Assessment				
Basal GH ($\mu\text{g/l}$)	0.7 \pm 0.2	0.3 \pm 0.1	0.1 \pm 0.05	0.07
Peak GH ($\mu\text{g/l}$)	36.4 \pm 3.9	7.8 \pm 0.7*	2.7 \pm 0.2*	<0.0001
IGF-1 (nmol/l)	12.0 \pm 0.6	11.8 \pm 0.8	8.7 \pm 0.6*†	0.007
Total Testosterone (nmol/l)	18.6 \pm 1.2	14.6 \pm 1.2*	11.0 \pm 1.2*	0.0005
Free Testosterone (nmol/l)	0.56 \pm 0.03	0.44 \pm 0.04*	0.34 \pm 0.03*	0.0004
SHBG (nmol/l)	45.3 \pm 3.6	31.6 \pm 4.6*	26.3 \pm 3.5*	0.008
Estradiol (pmol/l)	102 \pm 5	121 \pm 11	111 \pm 5	0.25
LH (IU/l)	4.5 \pm 0.4	4.4 \pm 0.8	3.3 \pm 0.4	0.39
FSH (IU/l)	6.0 \pm 0.8	6.4 \pm 1.2	4.5 \pm 0.8	0.46
Carotid IMT (mm)	0.658 \pm 0.028	0.750 \pm 0.032	0.777 \pm 0.041*	0.04

* indicates significantly different from normal weight by Tukey-Kramer post-hoc test for significant ANOVA.

† indicates significantly different from Obese GHS by Tukey-Kramer post-hoc test for significant ANOVA.

Supplemental Table 2. Baseline characteristics of study subjects stratified by free testosterone status (n=76). Data are presented as mean \pm SEM. Relative hypogonadism of obesity is determined as fasting free testosterone <0.31 nmol/l (9 ng/dl).

	Normal Weight	Obese Eugonadal	Obese Hypogonadal	<i>P</i>
N	26	36	14	
Age	43.4 \pm 1.9	41.7 \pm 1.8	45.2 \pm 2.3	0.52
Race				0.69
Caucasian	18 (69 %)	25 (69 %)	8 (57 %)	
Non-Caucasian	8 (31 %)	11 (31 %)	6 (43 %)	
Ethnicity				0.34
Hispanic	1 (4 %)	5 (14 %)	2 (14 %)	
Non-Hispanic	25 (96 %)	31 (86 %)	12 (86 %)	
Tobacco use (pack years)	5.9 \pm 2.2	5.9 \pm 2.2	9.0 \pm 4.5	0.72
Blood Pressure				
Systolic BP (mmHg)	121 \pm 2	126 \pm 2	129 \pm 3	0.12
Diastolic BP (mm Hg)	76 \pm 2	79 \pm 2	84 \pm 2	0.06
Anthropometrics				
BMI (kg/m ²)	22.5 \pm 0.3	35.6 \pm 0.8*	37.4 \pm 1.3*	<0.0001
VAT (cm ²)	57 \pm 9	202 \pm 13*	239 \pm 22*	<0.0001
SAT (cm ²)	104 \pm 11	411 \pm 23*	468 \pm 49*	<0.0001
Metabolic Assessment				
Total Cholesterol (mmol/l)	4.73 \pm 0.19	4.84 \pm 0.14	4.68 \pm 0.25	0.83
Triglyceride (mmol/l)	0.87 \pm 0.10	1.33 \pm 0.11*	2.01 \pm 0.39*†	0.0004
HDL Chol (mmol/l)	1.53 \pm 0.09	1.14 \pm 0.04*	0.94 \pm 0.04*	<0.0001
LDL Chol (mmol/l)	2.76 \pm 0.15	3.16 \pm 0.13	3.08 \pm 0.28	0.17
Fasting Glucose (mmol/l)	4.70 \pm 0.08	5.13 \pm 0.17	5.90 \pm 0.60*	0.01
Fasting Insulin (pmol/l)	19.9 \pm 3.2	53.5 \pm 6.0*	90.8 \pm 15.5*†	<0.0001
Hormonal Assessment				
Basal GH (μ g/l)	0.7 \pm 0.2	0.3 \pm 0.1	0.2 \pm 0.1	0.08
Peak GH (μ g/l)	36.4 \pm 3.9	6.1 \pm 0.7*	5.2 \pm 1.2*	<0.0001
IGF-1 (nmol/l)	12.0 \pm 0.6	11.1 \pm 0.8	9.4 \pm 0.7	0.13
Total Testosterone (nmol/l)	18.6 \pm 1.2	15.6 \pm 0.9	7.1 \pm 0.9*	<0.0001
Free Testosterone (nmol/l)	0.56 \pm 0.03	0.49 \pm 0.02	0.19 \pm 0.02*	<0.0001
SHBG (nmol/l)	45.3 \pm 3.6	32.6 \pm 4.1	22.0 \pm 2.8*	0.003
Estradiol (pmol/l)	102 \pm 5	123 \pm 9	102 \pm 8	0.11
LH (IU/l)	4.5 \pm 0.4	3.9 \pm 0.2	4.1 \pm 1.7	0.77
FSH (IU/l)	6.0 \pm 0.7	5.0 \pm 0.6	7.3 \pm 2.5	0.36
Carotid IMT (mm)	0.658 \pm 0.028	0.744 \pm 0.027	0.801 \pm 0.054*	0.02

* indicates significantly different from Normal Weight by Tukey-Kramer post-hoc test for significant ANOVA.

† indicates significantly different from Obese Eugonadal by Tukey-Kramer post-hoc test for significant ANOVA.