

Supplementary table 1: Association between SNPs (*genotype*) and BMI (*outcome*) adjusted for lifestyle factors (*mediators*) in the overall analysis (men and women combined) – model 4

SNP	Gene	Carbohydrate score		Fat score		Alcohol consumption		Smoking behaviour		Physical activity		All lifestyle factors	
		Estimate [kg/m ²]	P-value	Estimate [kg/m ²]	P-value	Estimate [kg/m ²]	P-value	Estimate [kg/m ²]	P-value	Estimate [kg/m ²]	P-value	Estimate [kg/m ²]	P-value
rs10789336	NEGR1	-0.033	0.56	-0.038	0.50	-0.042	0.45	-0.035	0.53	-0.040	0.48	-0.049	0.38
rs6548238	TMEM18	-0.414	1.63x10 ⁻⁸	-0.410	2.15x10 ⁻⁸	-0.417	1.33x10 ⁻⁸	-0.421	9.57x10 ⁻⁹	-0.412	1.66x10 ⁻⁸	-0.407	2.29x10 ⁻⁸
rs10838738	MTCH2	-0.068	0.25	-0.068	0.24	-0.066	0.26	-0.067	0.25	-0.057	0.33	-0.063	0.27
rs9935401	FTO	0.290	2.65x10 ⁻⁷	0.292	2.25x10 ⁻⁷	0.289	3.05x10 ⁻⁷	0.286	4.03x10 ⁻⁷	0.287	3.10x10 ⁻⁷	0.278	6.97x10 ⁻⁷
rs17700144	MC4R	0.104	0.12	0.099	0.14	0.101	0.13	0.102	0.13	0.101	0.13	0.107	0.11
rs7498665	SH2B1	0.144	0.01	0.139	0.01	0.141	0.01	0.147	9.10x10 ⁻³	0.135	0.02	0.133	0.02
rs11084753	KCTD15	0.018	0.76	0.020	0.74	0.012	0.83	0.013	0.83	0.007	0.90	0.020	0.72

Estimates and p-values from linear regression of the association between SNP (per minor allele) and BMI, adjusted for age, sex, survey, and one or all of the lifestyle factor