Supplemental Table 1. Studies in humans that have examined the association between folate/folic acid intake or blood folate levels and DNA methylation

| | Exposure Timing | Exposure and Duration/Sampling | Description | Subjects | Assay, Loci Included in Assay, Tissue Assayed for Methylation Status and Genotype Interaction | Result/Outcome | References |
|----------------------------------|--|--|--|---|---|--|------------------------|
| Clinical Trials Cancer Studies | | | | | | | |
| 1. | Adults with adenomas and colorectal cancer | Folic acid supplementation trial-10mg/d 6 mo Samples: Baseline, 6mo and 3 mo after end of trial | A randomized placebo controlled trial of patients with colorectal cancer or adenoma given 6 mo of folic acid supplementation followed by a 3 mo washout. | N = 32 (age 49-82 y) N = 12 patients with adenoma (N = 5 given folic acid N = 7 placebo) N = 12 patients with colorectal cancer (N = 4 folic acid; N = 6 placebo) N= 8 patients getting colonoscopy without abnormality (not included in the folic acid supplementation) | Assay: [³H] methyl acceptance Loci Included: Unmethylated CpG sites on double stranded DNA Tissue: colon Genotype Interaction: NA | Hypomethylation in cases normal appearing colorectal mucosa vs. controls (p<0.005), carcinoma vs. adenoma (p<0.005). DNA methylation increased after 6 mo of folic acid treatment in patient's colorectal mucosa (p < 0.002). Three months after the discontinuation of treatment DNA methylation decreased compared to 6 mo supplementation (p < 0.05). No significant changes were observed among those in the placebo | Cravo et al. 1994 (30) |

group (p = 0.4)

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| 2. | Adults with colorectal adenomas | Folic acid supplementation trial of folate- 5mg/d, 3 mo Samples: Baseline, 3, 6 mo | Prospective crossover supplementation trial of patients with colorectal adenoma, given 5mg/d folic acid for three months then placebo for 3 mo (or vice versa). | N = 20 patients Two groups: Folate/placebo n=10 (age 58 +/- 11 y) Placebo/folate n=10 (age 56 +/- 11 y) | Assay: [³H] methyl acceptance Loci Included: Unmethylated CpG sites on double stranded DNA Tissue: Colon Genotype Interaction: NA | At baseline no association with folate intake and DNA methylation. Inverse association of caloric (p = 0.03) and fat (p = 0.05) intake with DNA methylation. No association of serum folate at baseline or 3 mo on DNA methylation. Increase in DNA methylation (decreased hypomethylation) only among those with single polyps after 3 mo of supplementation (p < 0.05). | Cravo et al. 1998 (118) |
| 3. | Adults with colorectal adenoma | Controlled feeding trial of folic acid- 10w 400µg/d Samples: Baseline, 10 w | Double blind placebo controlled study of patients with a confirmed colorectal adenoma, randomized to folic acid treatment or placebo groups. | N=33 N= 17 folic acid treatment N=16 placebo (mean age 64 y) | Assay: [³H] methyl acceptance Loci Included: Unmethylated CpG sites on double stranded DNA Tissue: Leukocytes and colorectal mucosa Genotype Interaction: NA | There was a 31% increase in DNA methylation in leukocytes (p =0.05) and 25% increase in colon (p=0.09). | Pufulete et al. 2005 (119) |

| | Exposure Timing | Exposure and Duration/Sampling | Description | Subjects | Assay, Loci Included in Assay, Tissue Assayed for Methylation Status and Genotype Interaction | Result/Outcome | References |
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| 4. | Adult with one previous colorectal adenoma | Controlled feeding trial of folate- 1 mg folic acid for 3 years. Samples at baseline, 3 y | Study of folic acid and/or aspirin for the prevention of colon cancer. Determination of the association of CpG island methylation with blood folate and other factors in normal colon. | N=389 patients N= 198 given 1 mg/d folic acid N=190 placebo | Assay: Bisulfite Pyrosequencing Loci Included: <i>ERα</i> (3 CpG sites), <i>SFRP1</i> (5 CpG sites) | There was no association with 1mg/d folic acid treatment for 3 years with either $ER\alpha$ or $SFRP1$ methylation in either segment of the colon. | Wallace et al. 2010 (49) |
| | | | | (age 30-78 y) | Tissue: Normal colorectal mucosa Genotype Interaction: NA | In multivariate models RBC level was associated with an increasing trend of methylation at both $ER\alpha$ (Q1 to Q5 = 1% change in mean 10.03% to 11.3%, p=0.03) and $SFRP1$ (Q1to Q5 1.8% change in mean 21.2% to 23.0% p=0.01). Plasma folate was not significantly associated. $ER\alpha$ and $SFRP1$ methylation were both significantly associated with age and race. $ER\alpha$ was significantly associated with multivitamin use (supplements did not contain folic acid). | |

| | Exposure Timing | Exposure and Duration/Sampling | Description | Subjects | Assay, Loci Included in Assay, Tissue Assayed for Methylation Status and Genotype Interaction | Result/Outcome | References |
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| Patients without cancer | | | | | | | |
| 5. | Adults with hyperhomocystinemia and uremia | Controlled feeding trial of folate- 8 w 15 mg/d Samples: Baseline, after 2 month washout and after 8 wk folate treatment | Treatment of men with hyperhomocystinemia and uremia on dialysis with a 2 month folate washout followed by 15 mg oral methyltetrahydrofolate/d for 8 wk. | N=32 patients (Men mean age 61.3y, range 39-68 y) N=11 controls (Men mean age 58.7y range 42-65 y) | Assay: Southern blot probed with satellite 2, Digest Msp1 and Hpa II, cytosine extension and bisulfite sequencing of <i>SYBL1</i> promoter. Loci Included: 2 Global DNA methylation assays and bisulfite sequencing showing the methylation status of every CpG near the promoter of <i>SYBL1</i> (37 sites) Tissue: Isolated peripheral blood mononuclear cells Genotype Interaction: NA | Patients had less global methylation than controls by cytosine extension (p=0.0006) and by MspI/HpaII digest. Global hypomethylation correlated significantly with plasma homocysteine concentration (r=0.49 p=0.004). Some patients showed aberrant methylation and reexpression of <i>SYBL1</i> (3 of 32). <i>H19</i> in 3 patients with high homocysteine was aberrant methylation and bi-allelic expression return to a normal pattern after treatment. (Blood folate not reported) | Ingrosso et al. 2003 (140) |

| | Exposure Timing | Exposure and Duration/Sampling | Description | Subjects | Assay, Loci Included in Assay, Tissue Assayed for Methylation Status and Genotype Interaction | Result/Outcome | References |
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| Healthy Adults | | | | | | | |
| 6. | Healthy adults | Controlled feeding trial of folate Samples: Days 5, 41, 69 and 91 | A controlled feeding trial of US based women. 91 day trial. Baseline-195 μg/d intake 5 day; day 6-41 of a low folate diet 56 μg/d folic acid, day 42-69 111 μg/d, day 70-80 286 μg/d, days 81-91 516 μg/d folic acid. | N=8 Postmenopausal women (49-63 y) | Assay: [³H] methyl acceptance Loci Included: Unmethylated CpG sites on double stranded DNA Tissue: Lymphocytes Genotype Interaction: NA | Significant increases in DNA methylation were seen at day 69 after the 111 µg/d repletion (p<0.001). Folate depletion also increased the number of DNA breaks and uracil misincorporation. | Jacob et al.1998 (136) |
| 7. | Healthy adults | Controlled feeding trial of folate- 7 wk repletion with 200 or 415 μ g folate/d. Samples: Baseline, 7 and 14 weeks | A controlled feeding study of US based women aged 60-85 years. Consumed 118 µg folate/d for 7 wk, followed by a 7 wk repletion with 200 or 415 µg folate/d. | Elderly women (60-85 y) N=33 | Assay: [³H] methyl acceptance Loci Included: Unmethylated CpG sites on double stranded DNA Tissue: Leukocytes Genotype Interaction: NA | Folate depletion resulted in significantly decreased methylation (decreased methylation (decreased methyl incorporation p = 0.0025) Repletion did not result in increased methylation. At baseline there was a correlation between homocysteine and DNA methylation (p = 0.04). At no other time was there a correlation between DNA methylation and serum or RBC folate or plasma homocysteine. | Rampersaud et al.2000 (135) |

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| 8. Healthy adults | Controlled feeding trial of folate-7 weeks 400 µg DFE/d. Samples: Baseline, 7 and 14 weeks | Controlled feeding study of women placed on diets of 7 week 115 ug DFE/d; 7 weeks 400 ug DFE/d. | Women (20-30 y) MTHFR TT n= 19 | Assay: Liquid chromatography tandem mass spectrometry and [³ H] methyl acceptance | During depletion there were decreases in DNA methylation (p = 0.08). During repletion there were increases in methylation only in the <i>MTFHR</i> TT group (p < 0.05). | Shelnutt et al. 2004 (137) |
| | | | MTHFR CC n=22 | Loci Included: All mC and unmethylated CpG sites Tissue: Leukocytes Genotype Interaction: MTHFR | Homocysteine was associated with DNA methylation by [³ H] acceptance for both TT and CC groups p <0.001) | |
| 9. Healthy adults | Controlled feeding trial of folate-7 w at 400 or 800µg/d folic acid supplementation. Samples: Baseline, 7 and 14 weeks | Women enrolled in a 14 week feeding trial. 7 week folate restricted (135 ug/d DFE) followed by 7 weeks at 400 or 800ug folic acid supplementation. All subjects with the MTHFR CC genotype. | Caucasian women n=14 African American women n=14 Aged 18-45 y | Assay: Cytosine extension Loci Included: Unmethylated CpG sites Tissue: Blood Genotype Interaction: MTHFR | Global DNA methylation levels did not significantly vary across the trial or by race. | Axume et al. 2007 (138) |

| | Exposure Timing | Exposure and Duration/Sampling | Description | Subjects | Assay, Loci Included in Assay, Tissue Assayed for Methylation Status and Genotype Interaction | Result/Outcome | References |
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| Observational Studies | | | | | | | |
| Cancer Studies | | | | | | | |
| 10. | Adults referred for colonoscopy with and without cancer | Folate Status Blood folates and a food frequency questionnaire in adults Samples: At the time of referral for colonoscopy | Hospital-based study of person referred for colonoscopy to examine the association of folate status, DNA hypomethylation, and <i>MTHFR</i> on the risk of colon cancer. | N=35 patients with adenoma N=28 patients with colon cancer N=76 controls (age 30-90y) | Assay: [³H] methyl acceptance Loci Included: Unmethylated CpG sites Tissue: Leukocytes and colonic mucosa Genotype Interaction: MTHFR, CBS, MS | Decreased risk for cancer among those with higher folate status (p = 0.01). Cancer and adenoma patients had lower serum folate (p=0.01) and global hypomethylation (p=0.08). Adenoma patients had global hypomethylation (p=0.009). Global hypomethylation in the leukocytes and colon was associated with increased risk of adenoma (p = 0.02 and p = 0.01) and supplement use did not alter the trend. | Pufulete et al. 2003 (121) |
| 11. | Women with cervical cancer Pre-and Post fortification | Pre-and Post fortification Samples: At the time of biopsy or curettage | Hospital-based study of global methylation levels in cervical cancer lesions pre- (1990-92) and post fortification (2000-02) at the Department of Pathology and the University of Alabama to determine if mandatory fortification was associated with changes in global DNA methylation in cervical cancer. | Pre-fortification N=152 Post fortification N=172 | Assay: Immunohistochemical staining with monoclonal antibodies for 5 methyl cytosine (5-mc) Loci Included: 5-mc Tissue: Cervical cancer Genotype Interaction: NA | Global hypomethylation level did not change between pre- and post-fortification. Global hypomethylation was associated with severity of lesion (more hypomethylation in higher grade lesions p < 0.001). | Piyathilake et al. 2006 (122) |

| | Exposure Timing | Exposure and Duration/Sampling | Description | Subjects | Assay, Loci Included in Assay, Tissue Assayed for Methylation Status and Genotype Interaction | Result/Outcome | References |
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| 12. | Adults with and without head and neck squamous cell carcinoma (HNSCC) | Food frequency questionnaire Samples: After diagnosis | Population-based, matched case-control study of HNSCC in the Boston Metropolitan area to determine if DNA methylation in whole blood was a proxy for DNA methylation in a tumor tissue, associated with cancer risk and assess modification by other environmental risk factors. | Cases n= 278 (mean age 60.1y +/- 11.7 SD) Controls n= 526 (mean age 61.0y +/- 11.5 SD) | Assay: <i>LRE1</i> fluorescence assay Loci Included: <i>LRE1</i> element Tissue: Whole blood Genotype Interaction: <i>MTHFR</i> | Hypomethylation in the blood of the repetitive element <i>LRE1</i> was associated with an increased risk of HNSCC (aOR 1.6 95% CI 0.1-2.4). Among cases only, lowest tercile dietary folate (p=0.06) and <i>MTHFR</i> T allele (p=0.04) trended towards association with lower methylation levels. | Hsiung et al. 2007 (123) |
| 13. | Adults with bladder cancer | Food frequency questionnaire Samples: After diagnosis before treatment | Hospital-based matched case-control study of bladder cancer in Spain to determine if DNA hypomethylation is associated with increased risk of bladder cancer. | N=775 cases (mean aged 68 y) N=397 controls (mean aged 65 y) | Assay: High- performance capillary electrophoresis and Hpa II digestion. Loci Included: Hpa II sites (proxy for global methylation) Tissue: Leukocytes Genotype Interaction: NA | Global methylation was not associated with reported folate intake. Global DNA methylation in leukocytes was lower in cases than controls (P<0.001). Global DNA methylation in controls was not associated with any of the patient characteristics. There was an interaction of smoking, global DNA methylation and cancer risk. No associations were found for genotypes that survived correction for multiple testing. | Moore et al. 2008 (124) |

| | Exposure Timing | Exposure and Duration/Sampling | Description | Subjects | Assay, Loci Included in Assay, Tissue Assayed for Methylation Status and Genotype Interaction | Result/Outcome | References |
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| 14. | Women with cervical cancer | Plasma folate | Prospective follow-up study of women diagnosed with abnormal cervical cells. | N = 376 women (age 19-50 y) N= 103 with \ge CIN 2 (cases) N = 273 \le CIN1 (non-cases) | Assay: Bisulfite pyrosequencing Loci Included: LINE-1 methylation level Tissue: Peripheral blood mononuclear cells (PBMC) Genotype Interaction: MTHFR, CBS, MTR, MTRR, SHMT1, CTH SLC19A1, TYMS, GSTM1 | The highest tertile LINE-1 methylation in PBMC were 56% less likely to be diagnosed with ≥CIN 2 (OR 0.44 95%CI 0.24-0.83 p = 0.011). High level "supraphysiological" plasma folate and sufficient B12 was associated with increased LINE-1 methylation in PBMC compared to women with lower folate and B12 among non-cases (OR 3.92 95% CI 1.06-14.52 p = 0.04). | Piyathilake et al. 2011 (125) |
| 15. | Women with breast cancer | Folate Intake Samples: At diagnosis | Prospective cohort of breast cancer survival of HMO members (Kaiser Permanente). Analysis of primary breast tumors to determine if DNA methylation patterns are associated with patient characteristics or with outcome. | N= 162 Women with breast tumors (mean age 59.2y range 30-91 y) | Assay: Illumina bead array Loci Included: 1413 CpG sites in 773 genes Tissue: Primary breast tumors Genotype Interaction: NA | Among the tumors there were eight clusters of DNA methylation patterns as determined by unsupervised clustering. Dietary folate was associated with methylation class membership (Wald p<0.001) as were age, tumor size, and alcohol intake (p < 0.001). | Christensen et al. 2010 (131) |

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| 16. | Adults with colorectal cancer | Plasma folate and homocysteine measured Samples: At diagnosis | Hospital-based case-control study on newly diagnosed colorectal cancer to determine if folate related gene or if DNA methylation at specific genetic loci in blood cells are associated with colorectal cancer as a tool for non-invasive tumor detection. | N=67 colorectal cancer patients (mean age 62 +/-12) N=53 controls (hospital based) (age 59 +/-16) | Assay: Methylation specific PCR Loci Included: Fully methylated or unmethylated CpG covered by the primers for p16 ^{in4A} , p73, hMLH1 Tissue: White blood cells Genotype Interaction: MTHFR, MTR | Individuals with the <i>MTHFR</i> TT genotype had reduced colorectal cancer risk compared to CC (OR 0.2; 95%CI 0.07- 0.6 p = 0.005) and lower plasma folate (p<0.05). High plasma folate among cases (\geq 6.7 ng/ml vs . <4.1 ng/ml) was associated with an increased methylation at $p73$ (p = 0.023) but not $p16^{in4A}$ or $hMLH1$. | Kim et al. 2011 (132) |
| Patients without cancer | | | | | | | |
| 17. | Adults referred to cardiovascular surgery center. | RBC folate, plasma folate, B12 and homocysteine measured in blood sample. Samples: After referral | Study of person referred to Institute of Cardiovascular Surgery of Verona (Italy) for atherosclerosis or other reason to determine the effect of folate status on DNA methylation and the relationship between folate status and <i>MTHFR</i> CC or TT genotype | MTHFR N (CC) = 187 (mean age 60 y +/-SD 10 N (TT) = 105 (mean age 60 y +/-SD 11) | Assay: Liquid chromatography tandem mass spectrometry Loci Included: ng methylated cytosines per microgram DNA Tissue: Whole blood Genotype Interaction: MTHFR | Subjects with the MTHFR TT genotype had lower methylation compared to CC (p < 0.001). MTHFR TT subjects with lower than the mean folate (plasma folate <= 12 nmol/l or RBC <= 1.13 nmol/folate/g Hb) had lower levels of DNA methylation compared to higher plasma folate (both p < 0.05). | Friso et al. 2002 (139) |

| | Exposure Timing | Exposure and Duration/Sampling | Description | Subjects | Assay, Loci Included in Assay, Tissue Assayed for Methylation Status and Genotype Interaction | Result/Outcome | References |
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| 18. | Adults referred for colonoscopy | Serum and erythrocyte folates measured Samples: At the time of referral for colonoscopy | Hospital-based study of patients referred for colonoscopy without abnormality during colonoscopy to assess the effect of folate status on DNA methylation in the colon. | N=68 subjects (n=33 men, n=35 women) (aged 36-78 y) | Assay: [³H] methyl acceptance Loci Included: Unmethylated CpG sites Tissue: Colon Genotype Interaction: MTHFR, MS, CBS | Adjusted analysis found a non-significant trend between lower methylation and lower serum folate (p=0.07, adjusted p=0.01 unadjusted) and erythrocyte folate (p=0.08 adjusted, p=0.03 unadjusted). | Pufulete et al. 2005 (126) |
| | | | | | | MS genotype was significantly associated with DNA methylation (trend AA <ag<gg (p="0.01).</td" age="" and="" for="" found="" homocysteine="" hypomethylation="" increased="" p="0.05)." smokers="" was=""><td></td></ag<gg> | |

| | Exposure Timing | Exposure and Duration/Sampling | Description | Subjects | Assay, Loci Included in Assay, Tissue Assayed for Methylation Status and Genotype Interaction | Result/Outcome | References |
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| Prenatal exposures | | | | | | | |
| 19. | Periconceptional maternal folic acid use – 400μg/d in ~17 month old children | S-adenosylmethionine and S-adenosylhomocysteine in blood in mothers and children and self reported periconceptional folic acid use was reported at enrollment. Samples: At office visit. | Cross-sectional study of mothers with children between 12 and 18 months of age enrolled at Public Health centers in Rotterdam, Netherlands as healthy controls for another study (HAVEN). | Children (age 12-18 mo, mean 17 mo) N=86 (mothers periconceptional use of folic acid) N=34 (mothers did not take folic acid) (mothers' mean age 32 y SE 0.8). | Assay: Mass spectrometry Loci Included: <i>IGF2</i> DMR, 5 CpG sites within the <i>IGF2</i> DMR Tissue: Whole blood Genotype Interaction: NA | Maternal use of folic acid associated with a 4.5% increase in IGF2 DMR methylation (49.5% vs. 47.4% p=0.014). IGF2 DMR methylation in the child was also associated with maternal S-adenosylmethionine level and inversely with birth weight (-1.7% methylation per SD birth weight p = 0.034). | Steegers- Theunissen RP et. al 2009 (160) |
| 20. | Prenatal vitamin use assessed in the third trimester | Cord blood serum folate, cord plasma homocysteine, maternal folic acid supplement use. Samples: At delivery | Hospital-based study in the UK examining the relationship between folic acid supplement use in pregnancy, blood folate and homocysteine, and repetitive element methylation in cord blood. | Women delivering term babies Mothers n=24 (mean age 29.4 y +/- 7.0 SD) | Assay: Pyrosequencing Loci Included: LINE-1 elements Tissue: Cord blood Genotype Interaction: NA | No association of serum folate or folic acid intake with <i>LINE-1</i> methylation. Association of increasing maternal plasma homocysteine and decreasing percent methylation of <i>LINE-1</i> (r = -0.688 p=0.001). Plasma homocysteine was the only significant predictor in a multivariable stepwise regression model. | Fryer al. 2009 (162) |

| | Exposure Timing | Exposure and Duration/Sampling | Description | Subjects | Assay, Loci Included in Assay, Tissue Assayed for Methylation Status and Genotype Interaction | Result/Outcome | References |
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| 21. | Prenatal vitamin use assessed in the third trimester | Cord blood serum folate, cord plasma homocysteine, maternal folic acid supplement use Samples: At delivery | Hospital-based study in the UK examining the relationship between folic acid supplement use in pregnancy, blood folate and homocysteine, and DNA methylation patterns in cord blood. A subset of Fryer al. 2009 (162) selected for a range of <i>LINE-1</i> methylation levels. | Women delivering term babies Mothers n = 12 (age 19-40 y) | Assay: Illumina Bead Array 27,578 sites and Pyrosequencing Loci Included: Percent DNA methylation at those sites that met inclusion criteria (7,259 sites in 473 genes) and LINE-1 elements Tissue: Cord blood Genotype Interaction: NA | CpG site within CpG islands showed hypomethylation. DNA methylation patterns formed two clusters. Significant correlation between methylation patterns, plasma homocysteine (p = 0.038), LINE-1 methylation (p = 0.028) and birth weight percentiles (p = 0.019). No significant associations between folic acid supplement use or serum folate and DNA methylation pattern cluster. | Fryer et al. 2011 (163) |
| 22. | Adult women and cord blood | Maternal and cord blood serum folate Samples: At delivery | Hospital-based cross- sectional study of Chinese women delivering infants to determine the relationship between DNA methylation in maternal blood and cord blood and folate and B12. | 99 newborns (52 boys, 47 girls) (mothers age 19-37y) | Assay: Real time Methylation Specific PCR Loci Included: IGF2 promoter 2 and 3 Tissue: Cord blood Genotype Interaction: NA | No association of serum or cord blood folate levels with <i>IGF2</i> promoter methylation level. Maternal and cord blood B12 was associated with P3 methylation (P<0.01 and P< 0.001). P2 was also associated with maternal weight gain and exposure to smoking (p=0.03 and p=0.02). | Ba et al. 2011(164) |

| | Exposure Timing | Exposure and Duration/Sampling | Description | Subjects | Assay, Loci Included in Assay, Tissue Assayed for Methylation Status and Genotype Interaction | Result/Outcome | References |
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| 23 | . Women's folate assessed within one week of pregnancy termination | Maternal serum folate Samples: Fetal tissue 18-28 weeks gestation Maternal serum folate ~1 week post- termination | Hospital based study in China examining the correlation of women's serum folate with fetal methylation comparing the 5mC in various tissues from fetus with NTDs to normal fetuses. | Terminated fetuses between 18-28 weeks gestation with NTD's and age and sex-matched controls NTDs n= 20 (18 spina bifida 2 anencephalus) | Assay: HPLC Loci Included: All mC Tissue: Fetal-heart, skin, brain, kidney, lung, and liver Genotype Interaction: NA | Hypomethylation in brain of fetuses with NTDs compared to controls (p<0.01). Lower mean serum folate in mother with NTD affected pregnancies (p<0.01). | Chang et al. 2011(161) |
| | | | | Controls n=20 | | Correlation of maternal serum folate and 5mC in brain from NTD fetuses (r=0.6). | |

| | Exposure Timing | Exposure and Duration/Sampling | Description | Subjects | Assay, Loci Included in Assay, Tissue Assayed for Methylation Status and Genotype Interaction | Result/Outcome | References |
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| 24. | Pregnant women's prenatal vitamin use before and during pregnancy was assessed by self administered questionnaire between | Maternal report of vitamin use before and during pregnancy Samples: At delivery | Hospital based study of pregnant women (NEST – Newborn Epigenetics Study) of women recuited from prenatal clinics to determine if periconeptional folic acid | Mothers at the time of delivery n = 438 (mean age 29, range 18-49 years) | Assay: Pyrosequencing Loci Included: <i>IGF2</i> (3 CpGs) and <i>H19</i> (4 CpGs) DMR | No association of reported maternal folic acid/multivitamin use and DNA methylation level at <i>IGF2</i> . | Hoyo et al. 2011 (165) |
| | 19 -41 weeks gestation. | | use is associated with DNA methylation in the cord blood of newborns. | | Tissue: Cord blood Genotype Interaction: NA | Folic acid intake before and during pregnancy decreased DNA methylation at <i>H19</i> DMR (2.8%, p =0.03 and 4.9% p = 0.04 respectively). | |
| | | | | | | Decreases in DNA methylation at <i>H19</i> were most pronounced in male infants (p=0.01). | |

| | Exposure Timing | Exposure and Duration/Sampling | Description | Subjects | Assay, Loci Included in Assay, Tissue Assayed for Methylation Status and Genotype Interaction | Result/Outcome | References |
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| 25. | Embryonic exposure to starvation | Starvation Periconceptional exposure = conceived during the height of the famine. Late gestation exposure= born during the famine. Samples: At the time of recruitment. | Study of the <i>IGF2</i> DMR in individuals prenatally exposed to famine as part of the Dutch Hunger winter after WW II compared to their sex matched unexposed siblings to determine the association of starvation during pregnancy and DNA methylation levels 6 decades later. | Periconceptionally exposed N= 60 and sex matched unexposed sibling controls (46.7% male; mean age 58.1 years at the time of blood draw) Late gestation exposed N= 62 and sex matched unexposed sibling controls (45.2% male mean age 58.8 years), N=122 Control mean age 57.1 y. | Assay: Mass spectrometry Loci Included: IGF2 DMR (5 CpGs) Tissue: Whole blood Genotype Interaction: NA | In periconceptionally exposed persons DNA methylation level was lower at the <i>IGF2</i> DMR (average change -5.2% p > 0.001). There was no significant change in those exposed during late gestation. | Heijmans et al. 2008 (159) |

| | Exposure Timing | Exposure and Duration/Sampling | Description | Subjects | Assay, Loci Included in Assay, Tissue Assayed for Methylation Status and Genotype Interaction | Result/Outcome | References |
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| 26. | Embryonic exposure to starvation | Periconceptional exposure = conceived during the height of the famine. Late gestation exposure= born during the famine. Samples: At the time of recruitment. | Study of 15 loci in individuals prenatally exposed to famine as part of the Dutch Hunger winter after WW II compared to their sex matched unexposed siblings to determine the association of starvation during pregnancy and DNA methylation levels 6 decades later. | Periconceptionally exposed N= 60 and sex matched unexposed sibling controls (28 male pairs and 32 female pairs, mean age 58.1 years at the time of blood draw) Late gestation exposed N= 62 and sex matched unexposed sibling controls (28 male pairs and 34 female pairs, mean age 58.4 years). | Assay: Mass spectrometry Loci Included: IL10, GNASAS, INSIGF, LEP, MEG3, ABCA1, ABCA1 meth, KCNQ10T1, GRB10, GNASAB, APOC1, IGF2R, FTO, CRH, TNF, NR3C1 Tissue: Whole blood Genotype Interaction: NA | In periconceptionally exposure, DNA methylation level was lower at INSIGF and higher at IL10, LEP, ABCA1, GNASAS and MEG3 compared to sex matched siblings (all P<0.001). An interaction with sex was found for INSIGF, LEP and GNASAS. Exposure to famine at later gestational ages resulted only in changes to GNASAS (P<0.001). In men only, LEP was also significantly associated for later exposures. | Tobi et al. 2009 (153) |

Abbreviations: NA- Not applicable, DFE- dietary folate equivalents; DMR- differentially methylated region; mC-methylated cytosine; CIN- Cervical intraepithelial neoplasia, *LINE*- long interspersed elements, *LREI*- a type of *LINE*.