

**Table S11: Recording of drinking volumes**

<b>Intervention</b>	<b>Mean</b>	<b>SD</b>	<b><i>P</i></b>
<b>NT</b>	3.97	0.31	
<b>LN</b>	4.15	0.07	0.20
<b>AN</b>	3.96	0.13	0.96