



Primary and Secondary Prevention of Cardiovascular Disease

Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines

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Table S1—[Section 2.1] Aspirin (75-100 mg) Compared With No Aspirin in the Primary Prevention of Cardiovascular Disease

| Participants (Studies), Follow-up | Quality Assessment | | | | | Summary of Findings | | Quality of Evidence | |
|-----------------------------------|--------------------------------------|--------------------------|-------------------------|---|------------------|--------------------------|---------------------------------------|--|-----------------------------|
| | Risk of Bias | Inconsistency | Indirectness | Imprecision | Publication Bias | Relative Effect (95% CI) | Without Aspirin | | With Aspirin (95% CI) |
| 100,076 (9), 3.8-10 y | No serious risk of bias ^b | No serious inconsistency | No serious indirectness | Serious imprecision CI includes no benefit | Undetected | RR 0.94 (0.88-1.00) | 100 deaths per 1,000 | 60-y-old man ^c 6 fewer deaths per 1,000 (from 12 fewer to 0 fewer) | Moderate due to imprecision |
| 95,000 (6), 3.8-10 y | No serious risk of bias ^b | No serious inconsistency | No serious indirectness | No serious imprecision | Undetected | RR 0.77 (0.69-0.86) | 27 MI per 1,000 ^d | Low-risk population ^e 6 fewer MI per 1,000 (from 8 fewer to 4 fewer) | High |
| | | | | | | | Moderate-risk population ^e | | |
| | | | | | | | 83 MI per 1,000 ^d | 19 fewer MI per 1,000 (from 26 fewer to 12 fewer) | |
| | | | | | | | High-risk population ^e | | |
| | | | | | | | 136 MI per 1,000 ^d | 31 fewer MI per 1,000 (from 42 fewer to 19 fewer) | |

(Continued)

Table S1—Continued

| Participants (Studies), Follow-up | Quality Assessment | | | | | Summary of Findings | | | |
|-----------------------------------|--------------------------------------|--------------------------|-------------------------|------------------------|------------------|--------------------------|---------------------------------------|---|---------------------|
| | Risk of Bias | Inconsistency | Indirectness | Imprecision | Publication Bias | Relative Effect (95% CI) | Without Aspirin | With Aspirin (95% CI) | Quality of Evidence |
| 95,000 (6), 3.8-10 y | No serious risk of bias ^b | No serious inconsistency | No serious indirectness | No serious imprecision | Undetected | RR 0.95 (0.85-1.06) | 23 strokes per 1,000 ^d | 1 fewer stroke per 1,000 (from 3 fewer to 1 more) | High |
| | | | | | | | Moderate-risk population ^e | | |
| | | | | | | | 65 strokes per 1,000 ^d | 3 fewer strokes per 1,000 (from 10 fewer to 4 more) | |
| | | | | | | | High-risk population ^e | | |
| | | | | | | | 108 strokes per 1,000 ^d | 5 fewer strokes per 1,000 (from 16 fewer to 6 more) | |

(Continued)

Table S1—Continued

| Participants (Studies), Follow-up | Quality Assessment | | | | Summary of Findings | | | | |
|-----------------------------------|--------------------------------------|--------------------------|-------------------------|------------------------|---------------------|--------------------------|--|--|---------------------|
| | Risk of Bias | Inconsistency | Indirectness | Imprecision | Publication Bias | Relative Effect (95% CI) | Without Aspirin | With Aspirin (95% CI) | Quality of Evidence |
| 95,000 (6), 3.8-10 y | No serious risk of bias ^b | No serious inconsistency | No serious indirectness | No serious imprecision | Undetected | RR 1.54 (1.30-1.82) | 8 bleeds per 1,000 ^d | 4 more bleeds per 1,000 (from 2 more to 7 more) | High |
| | | | | | | | Moderate-risk populations ^e | | |
| | | | | | | | 24 bleeds per 1,000 ^d | 16 more bleeds per 1,000 (from 7 more to 20 more) | |
| | | | | | | | High-risk populations ^e | | |
| | | | | | | | 40 bleeds per 1,000 ^d | 22 more bleeds per 1,000 (from 12 more to 33 more) | |

Bibliography: Baigent C, Blackwell L, Collins R, et al; Antithrombotic Trialists' Collaboration. Aspirin in the primary and secondary prevention of vascular disease: collaborative meta-analysis of individual participant data from randomized trials. *Lancet*. 2009;373(9678):1849-1860. Raju N et al. Effect of aspirin on cardiovascular and all-cause mortality in primary prevention of cardiovascular disease: a meta-analysis of randomized controlled trials. *Am J Med*. 2011;24(7):621-629.^a MI = myocardial infarction; RR = risk ratio.

^aThis systematic review reports total mortality and includes the most recent trials but does not report specific causes of mortality. Other meta-analyses that use individual patient data report relative risk estimates for vascular mortality (RR, 0.97; 95% CI, 0.87-1.09), cancer mortality (RR, 0.66; 95% CI, 0.50-0.87), and fatal intracranial bleeds (RR, 1.73; 95% CI, 0.96-3.13). The risk of a fatal bleed (including extracranial and intracranial) was low (0.3% with aspirin and 0.2% with control).

^bBorderline decision where we did not rate down for risk of bias. Three of the trials did not blind patients, caregivers, or outcome adjudicators. Sensitivity analyses in meta-analysis by Raju et al did not show evidence of risk of bias.

^cControl group risk estimate for 10-y mortality applies to a 60-y-old man and comes from population-based data from Statistics Norway. Mortality increases with age (eg, 50-y-old man, 50 deaths per 1,000 in 10 y) and is lower in women than in men (eg, 3% in women aged 50 y vs 5% in men aged 50 y).

^dControl group risk estimates in low-, moderate-, and high-cardiovascular-risk groups are based on the Framingham score. As explained in the article, we used data from an individual patient data meta-analysis to provide estimated risks for patient-important outcomes not covered by the Framingham risk score. We have also adjusted for 20% overestimation associated with Framingham risk score.

^eRisk groups correspond to low risk (5%), medium risk (15%), or high risk (25%) according to the Framingham score (or other risk tool) to estimate 10-y risk.

^fOf the strokes in the trials, 89 of 682 (13%) without aspirin were hemorrhagic, and 116 of 655 (18%) with aspirin were hemorrhagic.

^gIn the individual patient data meta-analysis, risk for future major bleeding correlated with risk for future cardiovascular events; therefore, we make the assumption that a patient at low, medium, or high risk of future cardiovascular events (determined by Framingham score) will be at low, medium, or high risk for future major bleeding events, respectively.

Table S2—[Sections 3.1.1-3.1.5, 3.2.1] Aspirin vs No Aspirin in Patients With Established CAD

| Participants (Studies), Follow-up | Quality Assessment | | | | | Summary of Findings | | | |
|-----------------------------------|---|------------------------|--|---|------------------|--------------------------|----------------------------|--|--|
| | Risk of Bias | Inconsistency | Indirectness | Imprecision | Publication Bias | Relative Effect (95% CI) | Risk Without Aspirin | Anticipated Absolute Effects Time Frame: 5 y | Quality of Evidence |
| | | | | | | | | Risk Difference With Aspirin (95% CI) | |
| | Total mortality (critical outcome), including sudden death, pulmonary embolism, hemorrhage, and unknown cause (proportion not reported) | | | | | | | | |
| 17,000 (16 RCTs), 27 mo | No serious limitations | No serious limitations | No serious limitations | Imprecise ^a CI includes benefit and no effect | Undetected | RR 0.90 (0.82-0.99) | 133 per 1,000 ^b | 13 fewer per 1,000 (from 21 fewer to 1 fewer) | Moderate due to imprecision ^a |
| | | | | Nonfatal MI (critical outcome) | | | | | |
| 17,000 (16 RCTs), 27 mo | No serious limitations | No serious limitations | No serious limitations | No serious limitations | Undetected | RR 0.69 (0.60-0.80) | 117 per 1,000 ^b | 37 fewer per 1,000 (from 47 fewer to 23 fewer) | High |
| | | | | Nonfatal stroke (critical outcome), including ischemic, hemorrhagic, and unknown cause ^c | | | | | |
| 17,000 (16 RCTs), 27 mo | No serious limitations | No serious limitations | No serious limitations | No serious limitations | Undetected | RR 0.81 (0.71-0.92) | 135 per 1,000 ^b | 26 fewer per 1,000 (from 39 fewer to 11 fewer) | High |
| | | | | Major extracranial bleed (important outcome) | | | | | |
| 17,000 (16 RCTs), 27 mo | No serious limitations | No serious limitations | Indirectness only reported in stroke/TIA trials ^d | No serious limitations | Undetected | RR 2.69 (1.25-5.76) | 15 per 1,000 ^e | 25 more per 1,000 (from 44 more to 71 more) | Moderate due to indirectness |

Bibliography: Baigent C, Blackwell L, Collins R, et al; Anti-thrombotic Trialists' Collaboration. Aspirin in the primary and secondary prevention of vascular disease: collaborative meta-analysis of individual participant data from randomized trials. *Lancet*. 2009;373(9678):1849-1860. CAD = coronary artery disease; CAPRIE = Clopidogrel Versus Aspirin in Patients at Risk of Ischaemic Events; CHARISMA = Clopidogrel for High Atherothrombotic Risk and Ischemic Stabilization, Management, and Avoidance; RCT = randomized controlled trial; TIA = transient ischemic attack. See Table S1 legend for expansion of other abbreviation.

^aRated down for imprecision because the 95% CI suggests possible benefit and no effect on total mortality.

^bControl group risk estimates (without aspirin) for MI and stroke come from observed yearly event rates in 16 RCTs reported in the meta-analysis, adjusted to a 5-y time frame. The control group rate estimate for total mortality without aspirin is derived from the event rate in the aspirin arm of the CHARISMA trial, using the RR of 0.90 to get the control group rate estimate without aspirin.

^cOf the strokes in the meta-analysis, 0.8% with aspirin were intracranial hemorrhages, and 0.4% of strokes without aspirin were intracranial hemorrhages.

^dRated down for indirectness because bleeding events were only reported in a subset of trials with stroke and TIA populations.

^eTo estimate control group risks for major bleeds, we have used major bleed event rates from the aspirin arm in the CAPRIE trial adjusted to a 5-y time frame as the starting point (to ensure consistency across evidence profiles). We then used the RR of 2.69 for the comparison of aspirin to no aspirin observed in the meta-analysis to derive the control group rate estimate without aspirin.

Table S3—[Sections 3.1.1-3.1.5] Clopidogrel vs Aspirin for Patients With Established CAD

| Participants (Studies), Follow-up | Quality Assessment | | | | | Summary of Findings | | |
|--|--------------------------|-------------------------|--|------------------|--------------------------|----------------------------|---|-----------------------------|
| | Inconsistency | Indirectness | Imprecision | Publication Bias | Relative Effect (95% CI) | Risk With Aspirin | Risk Difference With Clopidogrel (95% CI) | Quality of Evidence |
| 19,185 (1 RCT), 1.9 y | No serious inconsistency | No serious indirectness | Serious imprecision CI includes harm with clopidogrel | Undetected | RR 0.98 (0.87-1.10) | 120 per 1,000 ^c | 2 fewer per 1,000 (from 16 fewer to 12 more) | Moderate due to imprecision |
| Total mortality (critical outcome), including fatal MI, fatal ischemic stroke, fatal hemorrhagic stroke, and other vascular death ^a | | | | | | | | |
| 19,185 (1 RCT), 1.9 y | No serious inconsistency | No serious indirectness | Serious imprecision CI includes no benefit with clopidogrel | Undetected | RR 0.85 (0.72-1.0) | 80 per 1,000 ^c | 12 fewer per 1,000 (from 22 fewer to 0 more) | Moderate due to imprecision |
| Nonfatal MI (critical outcome) | | | | | | | | |
| 19,185 (1 RCT), 1.9 y | No serious inconsistency | No serious indirectness | Serious imprecision CI includes harm with clopidogrel | Undetected | RR 0.94 (0.83-1.06) | 110 per 1,000 ^c | 7 fewer per 1,000 (from 19 fewer to 7 more) | Moderate due to imprecision |
| Nonfatal stroke (critical outcome), including ischemic and hemorrhagic stroke ^{ad} | | | | | | | | |
| 19,185 (1 RCT), 1.9 y | No serious inconsistency | No serious indirectness | Serious imprecision CI includes harm with clopidogrel | Undetected | RR 0.88 (0.7-1.12) | 40 per 1,000 ^c | 5 fewer per 1,000 (from 12 fewer to 5 more) | Moderate due to imprecision |
| Major extracranial bleed (important outcome), including any bleeding disorder, severe ^e | | | | | | | | |
| 19,185 (1 RCT), 1.9 y | No serious inconsistency | No serious indirectness | Serious imprecision CI includes harm with clopidogrel | Undetected | RR 0.88 (0.7-1.12) | 40 per 1,000 ^c | 5 fewer per 1,000 (from 12 fewer to 5 more) | Moderate due to imprecision |

Bibliography: CAPRIE Steering Committee. A randomised, blinded, trial of clopidogrel versus aspirin in patients at risk of ischaemic events (CAPRIE). *Lancet*. 1996;348(9038):1329-1339. See Table S1 and S2 legends for expansion of abbreviations.

^aOf the deaths in CAPRIE, 27 of 571 (4.7%) with aspirin were fatal bleeding events, and 23 of 560 (4.1%) with clopidogrel were fatal bleeding events.

^bSubgroup analysis of composite end point reported relative risk reduction of 7.3% for patients with stroke and 23.8% for patients with peripheral arterial disease and a relative risk increase of 3.7% for patients with MI (test for interaction $P = .043$). Based on criteria for credibility, we did not believe the results from the subgroup analysis; therefore, we did not rate down for inconsistency.

^cControl group risk estimates for total mortality come from the aspirin arm of the CHARISMA trial. Estimates for MI and stroke come from observed events in the aspirin arm of a meta-analysis of 16 RCTs in secondary prevention (Baigent et al^b), adjusted to a 5-y time frame.

^dOf the strokes in CAPRIE, 24 of 486 (4.9%) with aspirin were hemorrhagic and 14 of 528 (2.6%) with clopidogrel were hemorrhagic.

^eOf the major extracranial bleeds in CAPRIE, 68 of 149 (45.6%) with aspirin were GI and 47 of 132 (35.6%) with clopidogrel were GI ($P = .05$).

^fControl group risk estimates come from observed major bleeding events in the CAPRIE trial, adjusted to a 5-y time frame, and not from the 16 studies included in the meta-analysis because these studies did not report major bleeds consistently.

Table S4—[Sections 3.1.1-3.1.6] Resource Implications: Clopidogrel vs Aspirin for Secondary Prevention of Vascular Disease

| Author/Year | Patient Population | Conclusion | ICER | Effectiveness Unit | Year of Cost Basis | Type of Analysis | Type of Model | Time Frame |
|--|--|----------------|------------|--------------------|--------------------|--------------------|---------------|------------|
| Sarasin et al/2000 | Aged 65 y with prior stroke or TIA | Cost-effective | \$ 26,580 | QALY | 1998 | Cost utility | Markov | Lifetime |
| Schleinitz et al ² /2004 | Aged 63 y in the CAPRIE trial population ^a with PAD | Cost-effective | \$ 25,100 | QALY | 2002 | Cost utility | Markov | Lifetime |
| Schleinitz et al ² /2004 | Aged 63 y in the CAPRIE trial population ^a with PAD with stroke past 6 mo | Cost-effective | \$ 31,200 | QALY | 2002 | Cost utility | Markov | Lifetime |
| Schleinitz et al ² /2004 | CAPRIE population with MI in the past 35 d | Dominated | Dominated | | 2002 | Cost utility | Markov | Lifetime |
| Karnon et al ² /2005 | Men aged 60 y in the CAPRIE trial | Cost-effective | £ 21,489 | QALY | 2003 | Cost utility | Markov | Lifetime |
| Durand-Zaleski and Bertrand ⁴ /2004 | CAPRIE base case population | Cost-effective | £ 13,390 | LYG | 2003 | Cost-effectiveness | Markov | 2 y |
| Durand-Zaleski and Bertrand ⁴ /2004 | CAPRIE subgroup with prior stroke or MI | Cost-effective | £ 6,310.00 | LYG | 2003 | | | |

LYG = life year gained; PAD = peripheral arterial disease; QALY = quality-adjusted life year. See Table S1 and S2 legends for expansion of other abbreviations.
^aLYG.

Table S5—[Sections 3.1.1-3.1.5] Aspirin Plus Clopidogrel vs Aspirin in the Secondary Prevention of Cardiovascular Events

| Participants (Studies), Follow-up | Quality Assessment | | | | | Summary of Findings | | | |
|-----------------------------------|-------------------------|---------------------------------------|-------------------------|----------------------------------|------------------|--------------------------|----------------------------|---|---|
| | Risk of Bias | Inconsistency | Indirectness | Imprecision | Publication Bias | Relative Effect (95% CI) | Risk With Aspirin | Anticipated Absolute Effects Time frame: 5 y | Risk Difference With Aspirin + Clopidogrel (95% CI) |
| 15,603 (1 RCT), 28 mo | No serious risk of bias | No serious inconsistency ^b | No serious indirectness | Serious imprecision ^c | Undetected | RR 0.99 (0.86-1.14) | 120 per 1,000 ^d | 1 fewer per 1,000 (from 17 fewer to 17 more) | Moderate due to imprecision |
| 15,603 (1 RCT), 28 mo | No serious risk of bias | No serious inconsistency | No serious indirectness | Serious imprecision ^c | Undetected | RR 0.94 (0.75-1.18) | 80 per 1,000 ^d | 5 fewer per 1,000 (from 20 fewer to 14 more) | Moderate due to imprecision |
| 15,603 (1 RCT), 28 mo | No serious risk of bias | No serious inconsistency | No serious indirectness | Serious imprecision ^c | Undetected | RR 0.81 (0.64-1.02) | 110 per 1,000 ^d | 21 fewer per 1,000 (from 40 fewer to 2 more) | Moderate due to imprecision |
| 15,603 (1 RCT), 28 mo | No serious risk of bias | No serious inconsistency | No serious indirectness | Serious imprecision ^c | Undetected | RR 1.25 (0.97-1.61) | 40 per 1,000 ^b | 10 more per 1,000 (from 1 fewer to 24 more) | Moderate due to imprecision |

Bibliography: Bhatt DL, Fox KA, Hacke W, et al; CHARISMA Investigators. Clopidogrel and aspirin versus aspirin alone for the prevention of atherothrombotic events. *N Engl J Med*. 2006;354(16):1706-1717. Baigent C, Blackwell L, Collins R, et al; Antithrombotic Trialists' Collaboration. Aspirin in the primary and secondary prevention of vascular disease: collaborative meta-analysis of individual participant data from randomized trials. *Lancet*. 2009;373(9678):1849-1860. GUSTO = Global Use of Strategies to Open Occluded Arteries. See Table S1, S2, and S4 legends for expansion of other abbreviations.

^aOf the deaths in the CHARISMA trial, 17 of 571 (3%) with aspirin were fatal bleeding events, and 26 of 574 (4.5%) with clopidogrel and aspirin were fatal bleeding events.
^bSubgroup analysis found no significant effect of clopidogrel on vascular mortality in patients with established cardiovascular disease in contrast with increased mortality in asymptomatic patients. We judged the claim of subgroup effect to be not credible (high number of subgroup hypotheses tested; unclear whether appropriate test for interaction used).
^cCI includes important benefit and harm (for mortality) and no benefit (for stroke).
^dControl group risk estimates for total mortality comes from the aspirin arm of the CHARISMA trial. Estimates for MI and stroke come from observed events in a meta-analysis of 16 RCTs in secondary prevention (Baigent, *Lancet* 2009), adjusted to 5-y time frame.

^eOf the strokes in CHARISMA, 27 of 189 (14%) with aspirin were intracranial hemorrhages, and 26 of 150 (17%) with clopidogrel were intracranial hemorrhages.
^fWe excluded fatal bleeding and intracranial hemorrhage to avoid the double counting of events in the CHARISMA trial. Proportion of severe GI bleeds in CHARISMA was 0.65% (not reported separately for each treatment arm).
^gCI includes no benefit and important harm.

^hControl group risk estimates come from observed major bleeding events in the CAPRIE trial, adjusted to a 5-y time frame, and not from the 16 RCTs included in the meta-analysis or from CHARISMA because these studies did not report major bleeds consistently.

Table S6—[Sections 3.1.1-3.1.6] Aspirin Plus Clopidogrel vs Clopidogrel in the Secondary Prevention of Cardiovascular Events

| Participants (Studies), Follow-up | Quality Assessment | | | | | Summary of Findings | | Quality of Evidence | |
|-----------------------------------|-------------------------|--------------------------|-------------------------|----------------------------------|------------------|--------------------------|---|---|-----------------------------|
| | Risk of Bias | Inconsistency | Indirectness | Imprecision | Publication Bias | Relative Effect (95% CI) | Anticipated Absolute Effects Time frame: 1 y Post-ACS | | |
| 7,599 (1 RCT), 18 mo | No serious risk of bias | No serious inconsistency | No serious indirectness | Serious imprecision ^b | Undetected | RR 1.06 (0.84-1.34) | 119 per 1,000 ^c | 7 more per 1,000 (from 19 fewer to 40 more) | Moderate due to imprecision |
| | | | | | | | | | |
| 7,599 (1 RCT), 18 mo | No serious risk of bias | No serious inconsistency | No serious indirectness | Serious imprecision ^b | Undetected | RR 0.85 (0.57-1.26) | 68 per 1,000 ^d | 10 fewer per 1,000 (from 29 fewer to 18 more) | Moderate due to imprecision |
| | | | | | | | | | |
| 7,599 (1 RCT), 18 mo | No serious risk of bias | No serious inconsistency | No serious indirectness | Serious imprecision ^b | Undetected | RR 0.90 (0.77-1.04) | 103 per 1,000 ^d | 10 fewer per 1,000 (from 24 fewer to 4 more) | Moderate due to imprecision |
| | | | | | | | | | |
| 7,599 (1 RCT), 18 mo | No serious risk of bias | No serious inconsistency | No serious indirectness | No serious imprecision | Undetected | RR 2.44 (1.83-3.24) | 35 per 1,000 ^e | 60 more per 1,000 (from 29 to 75 more) | High |
| | | | | | | | | | |

Bibliography: Diener HC, Bogousslavsky J, Brass LM, et al; MATCH Investigators. Aspirin and clopidogrel compared with clopidogrel alone after recent ischaemic stroke or transient ischaemic attack in high-risk patients (MATCH): randomised, double-blind, placebo-controlled trial. *Lancet*. 2004;364(9431):331-337. Baigent C, Blackwell L, Collins R, et al; Antithrombotic Trialists' (ATT) Collaboration. Aspirin in the primary and secondary prevention of vascular disease: collaborative meta-analysis of individual participant data from randomised trials. *Lancet*. 2009;373(9678):1849-1860. ACS = acute coronary syndrome. See Table S1, S2, and S4 legends for expansion of other abbreviations.

^aRisk of fatal bleeding was 0.43% (16 events) and 0.29 (11 events) in the treatment and control groups, respectively.

^bCIIs include possible benefit and possible harm and low number of events.

^cControl group risk estimates for total mortality were derived by applying relative risk ratio for clopidogrel vs aspirin to the total mortality rate observed in the aspirin arm of the CHARISMA trial.

^dControl group risk estimates for nonfatal MI and nonfatal stroke were derived by applying relative risk ratio for clopidogrel vs aspirin to the observed event rates in the aspirin arm of a meta-analysis of 16 RCTs in secondary prevention (Baigent et al), adjusted to a 5-y time frame.

^eIn nonfatal ischemic stroke, the rates of primary intracranial hemorrhage were 0.7% (27) and 0.4% (15) in the treatment and control groups, respectively.

^fControl group risk estimates for extracranial bleeding from observed major bleeding events in the CAPRIE trial, adjusted to a 5-y time frame, and not from the 16 RCTs included in the meta-analysis because these studies did not report major bleeds consistently.

Table S7—[Sections 3.1.1-3.1.6] Moderate-Intensity Warfarin Plus Aspirin vs Aspirin Alone in Patients With Established CAD

| Quality Assessment | | | | | | Summary of Findings | | | |
|--|------------------------|------------------------|------------------------|--|------------------|--------------------------|--|---|---|
| Participants (Studies), Follow-up | Risk of Bias | Inconsistency | Indirectness | Imprecision | Publication Bias | Relative Effect (95% CI) | Anticipated Absolute Effects Time Frame: 5 y | | |
| | | | | | | | Risk With Aspirin ^a | Risk Difference With Warfarin Plus Aspirin (95% CI) | Quality of Evidence |
| Total mortality | | | | | | | | | |
| 7,835 (10 RCTs), 3-60 mo | No serious limitations | No serious limitations | Serious ^b | Imprecise CI includes benefit and harm | Undetected | RR 1.0 (0.82-1.22) | 120 per 1,000 ^a | 0 more per 1,000 (from 22 fewer to 26 more) | Low due to indirectness and imprecision |
| Nonfatal MI (critical outcome) | | | | | | | | | |
| 7,835 (10 RCTs), 3-60 mo | No serious limitations | No serious limitations | No serious limitations | No serious limitations | Undetected | RR 0.69 (0.54-0.88) | 80 per 1,000 ^a | 25 fewer per 1,000 (from 37 fewer to 10 fewer) | Moderate due to imprecision |
| Nonfatal stroke (critical outcome), including ischemic and hemorrhagic | | | | | | | | | |
| 7,073 (5 RCTs), 3-60 mo | No serious limitations | No serious limitations | No serious limitations | No serious limitations | Undetected | RR 0.56 (0.37-0.86) | 110 per 1,000 ^a | 48 fewer per 1,000 (from 69 fewer to 15 fewer) | Moderate due to imprecision |
| Major extracranial bleed (critical outcome) ^c | | | | | | | | | |
| 7,835 (10 RCTs), 3-60 mo | No serious limitations | No serious limitations | No serious limitations | No serious limitations | Undetected | RR 2.37 (1.62-3.47) | 40 per 1,000 ^d | 55 more per 1,000 (from 25 more to 99 more) | High |
| Burden of treatment (important outcome) ^e | | | | | | | | | |
| N/A ^e | | | | | | Warfarin > aspirin | Warfarin: daily medication, dietary and activity restrictions, frequent blood testing/monitoring, increased hospital/clinic visits Aspirin: daily medication only | | High |

Bibliography: Johnson WC, Willford WO. Benefits, morbidity, and mortality associated with long-term administration of oral anticoagulant therapy to patients with peripheral arterial bypass procedures: a prospective randomized study. *J Vasc Surg.* 2002;35:413-421. Sarac TP, Huber TS, Back MR, et al. Warfarin improves the outcome of infrainguinal vein bypass grafting at high risk for failure. *J Vasc Surg.* 1999;28:446-457. Anand S, Yusuf S, Xie C, et al. Oral anticoagulant and antiplatelet therapy and peripheral arterial disease. *N Engl J Med.* 2007;357:217-227. Rothberg MB, Celestin C, Fiore LD, Lawler E, Cook JR. Warfarin plus aspirin after myocardial infarction or the acute coronary syndrome: meta-analysis with estimates of risk and benefit. *Ann Intern Med.* 2005;143(4):241-250. Baigent C, Blackwell L, Collins R, et al. Antithrombotic Trialists' (ATT) Collaboration. Aspirin in the primary and secondary prevention of vascular disease: collaborative meta-analysis of individual participant data from randomised trials. *Lancet.* 2009; 373(9678):184-1860. N/A = not applicable; OASIS = Optimal Antiplatelet Strategy for Interventions. See Table S1, S2, and S4 legends for expansion of other abbreviations.

^aControl group risk estimates for vascular mortality, MI, and strokes (ischemic, hemorrhagic, and unknown cause) come from observed events in a meta-analysis of 16 RCTs in secondary prevention (Baigent et al).

^bCannot determine cardiovascular mortality, only total mortality. Imbalance in one study for cancer deaths.

^cIn the OASIS trial, there may be double counting of hemorrhagic strokes as major bleeding and death.

^dControl group risk estimates for major bleeds come from the aspirin-alone arm of the CAPRIE trial.

^eThere are studies evaluating quality of life in patients during warfarin treatment (with disparate findings), but these are limited by small sample size, lack of comparator, and other design issues.

Table S8—[Sections 3.2.1-3.2.5] Clopidogrel vs Aspirin for Patients With Recent ACS

| Participants (Studies), Follow-up | Quality Assessment | | | | | Summary of Findings | | | |
|---|-------------------------|---------------------------------------|-------------------------|-------------------------------------|------------------|--------------------------|---------------------------|--|-----------------------------|
| | Risk of Bias | Inconsistency | Indirectness | Imprecision | Publication Bias | Relative Effect (95% CI) | Risk With Aspirin | Risk Difference With Clopidogrel (95% CI) | Quality of Evidence |
| 19,185 (1 RCT), 1.9 y | No serious risk of bias | No serious inconsistency | No serious indirectness | No serious imprecision | Undetected | RR 0.92 (0.80-1.07) | 60 per 1,000 ^c | 5 fewer per 1,000 (from 12 fewer to 5 more) | High |
| Vascular mortality (critical outcome), including fatal MI, fatal ischemic stroke, fatal hemorrhagic stroke, and other vascular death ^a | | | | | | | | | |
| 19,185 (1 RCT), 1.9 y | No serious risk of bias | No serious inconsistency ^b | No serious indirectness | No serious imprecision ^c | Undetected | RR 0.85 (0.72-1.0) | 70 per 1,000 ^e | 10 fewer per 1,000 (from 22 fewer to 0 more) | Moderate due to imprecision |
| Nonfatal MI (critical outcome) | | | | | | | | | |
| 19,185 (1 RCT), 1.9 y | No serious risk of bias | No serious inconsistency ^b | No serious indirectness | No serious imprecision ^c | Undetected | RR 0.94 (0.83-1.06) | 20 per 1,000 ^e | 1 fewer per 1,000 (from 3 fewer to 1 more) | High |
| Nonfatal stroke (critical outcome), including ischemic and hemorrhagic stroke ^d | | | | | | | | | |
| 19,185 (1 RCT), 1.9 y | No serious risk of bias | No serious inconsistency ^b | No serious indirectness | No serious imprecision ^e | Undetected | RR 0.88 (0.70-1.12) | 30 per 1,000 ^e | 3 fewer per 1,000 (from 9 fewer to 3 more) | High |
| Major extracranial bleed (important outcome), including any bleeding disorder, severe ^f | | | | | | | | | |

Bibliography: CAPRIE Steering Committee. A randomised, blinded, trial of clopidogrel versus aspirin in patients at risk of ischaemic events (CAPRIE). *Lancet*. 1996;348(9038):1329-1339. CURE = Clopidogrel in Unstable Angina To Prevent Recurrent Events. See Table S1, S2, S4, and S6 legends for expansion of other abbreviations.

^aOf the deaths in CAPRIE, 27 of 405 (6.7%) with aspirin were fatal bleeding events, and 23 of 372 (6.2%) with clopidogrel were fatal bleeding events.

^bSubgroup analysis of composite end point reported relative risk reduction of 7.3% for patients with stroke and 23.8% for patients with peripheral arterial disease patients and relative risk increase of 3.7% for patients with MI (test for interaction $P = .043$). Based on criteria for credibility, we did not believe the results from subgroup analysis; therefore, we did not rate down for inconsistency.

^cControl group risk estimates for death, MI, stroke, and bleeds come from the CURE trial (9-mo follow-up slightly adjusted to fit 1-y time frame).

^dOf the strokes in CAPRIE, 24 of 486 (4.9%) with aspirin were hemorrhagic, and 14 of 528 (2.6%) with clopidogrel were hemorrhagic.

^eOur decision not to rate down for imprecision is due to the low control group risk for strokes and major bleeds that result in no important harm of clopidogrel (as judged by the upper limit of the 95% CI for the absolute effect).

^fOf the major extracranial bleeds in CAPRIE, 68 of 149 (45.6%) with aspirin were GI, and 47 of 132 (35.6%) with clopidogrel were GI.

Table S9—[Sections 3.2.1-3.2.5] Aspirin Plus Clopidogrel vs Aspirin in Patients With a Recent ACS

| Participants (Studies), Follow-up | Quality Assessment | | | | | Summary of Findings | | | |
|-----------------------------------|------------------------|------------------------|------------------------|--|------------------|--------------------------|---------------------------|---|---|
| | Risk of Bias | Inconsistency | Indirectness | Imprecision | Publication Bias | Relative Effect (95% CI) | Risk With Aspirin | Anticipated Absolute Effects Time Frame: 1 y | Risk Difference With Aspirin + Clopidogrel (95% CI) |
| 12,562 (1 RCT), 9 mo | No serious limitations | No serious limitations | No serious limitations | Imprecise CI includes benefit and harm | Undetected | RR 0.93 (0.79-1.08) | 60 per 1,000 ^b | 4 fewer per 1,000 (from 13 fewer to 5 more) | Moderate due to imprecision |
| 12,562 (1 RCT), 9 mo | No serious limitations | No serious limitations | No serious limitations | Nonfatal MI (important outcome) | Undetected | RR 0.77 (0.67-0.89) | 70 per 1,000 ^b | 16 fewer per 1,000 (from 23 fewer to 8 fewer) | High |
| 12,562 (1 RCT), 9 mo | No serious limitations | No serious limitations | No serious limitations | Nonfatal stroke (important outcome) ^f | Undetected | RR 0.86 (0.63-1.18) | 20 per 1,000 ^b | 3 fewer per 1,000 (from 7 fewer to 4 more) | Moderate due to imprecision |
| 12,562 (1 RCT), 9 mo | No serious limitations | No serious limitations | No serious limitations | Major bleed (important outcome) ^g | Undetected | RR 1.38 (1.13-1.67) | 30 per 1,000 ^b | 11 more per 1,000 (from 4 more to 20 more) | Moderate due to imprecision |

Bibliography: Yusuf S, Zhao F, Mehta SR, Chrolavicius S, Tognoni G, Fox KK; Clopidogrel in Unstable Angina to Prevent Recurrent Events Trial Investigators. Effects of clopidogrel in addition to aspirin in patients with acute coronary syndromes without ST-segment elevation. *N Engl J Med.* 2001;345(7):494-502. See Table S1, S2, and S6 legends for expansion of abbreviations.

^aOf the total deaths in the CURE (Clopidogrel in Unstable Angina To Prevent Recurrent Events) trial, 15 of 390 (3.8%) with aspirin were fatal bleeding events, and 11 of 359 (3.1%) with clopidogrel were fatal bleeding events.

^bControl group risk estimates come from the CURE trial (9-mo follow-up adjusted to fit 1-y time frame).

^cOf the strokes in CURE, five of 87 (5.7%) with aspirin were hemorrhagic, and seven of 75 (9.3%) with clopidogrel were hemorrhagic.

^dMajor bleed defined as substantially disabling bleed, intraocular bleed leading to the loss of vision, or bleeding necessitating the transfusion of at least 2 units of blood.

^eOf the major extracranial bleeds in CURE, 47 of 169 (27.8%) with aspirin were GI and 83 of 231 (35.9%) with clopidogrel were GI.

Table S10—[Sections 3.2.1-3.2.5] Ticagrelor Plus Aspirin vs Clopidogrel Plus Aspirin in Patients With a Recent ACS

| Participants (Studies), Follow-up | Quality Assessment | | | | | | Summary of Findings | | |
|-----------------------------------|------------------------|------------------------|------------------------|--------------------------------------|------------------|--------------------------|-----------------------------------|--|--|
| | Risk of Bias | Inconsistency | Indirectness | Imprecision | Publication Bias | Relative Effect (95% CI) | Risk With Clopidogrel and Aspirin | Risk Difference With Ticagrelor and Aspirin (95% CI) | Anticipated Absolute Effects, Time Frame: 1 y ^a |
| 18,624 (1 RCT), 6-12 mo | No serious limitations | No serious limitations | No serious limitations | No serious limitations | Undetected | RR 0.79 (0.69-0.91) | 50 per 1,000 ^b | 10 fewer per 1,000 (from 15 fewer to 4 fewer) | High |
| 18,624 (1 RCT), 6-12 mo | No serious limitations | No serious limitations | No serious limitations | No serious limitations | Undetected | RR 0.84 (0.75-0.95) | 70 per 1,000 ^b | 11 fewer per 1,000 (from 17 fewer to 3 fewer) | High |
| 18,624 (1 RCT), 6-12 mo | No serious limitations | No serious limitations | No serious limitations | Imprecise CI includes important harm | Undetected | RR 1.17 (0.91-1.52) | 13 per 1,000 ^b | 2 more per 1,000 (from 1 fewer to 7 more) | Moderate due to imprecision |
| 18,624 (1 RCT), 6-12 mo | No serious limitations | No serious limitations | No serious limitations | Imprecise CI includes important harm | Undetected | RR 1.25 (1.01-1.53) | 22 per 1,000 ^b | 6 more per 1,000 (from 0 more to 11 more) | Moderate due to imprecision |

Bibliography: Wallentin L, Becker RC, Budaj A, et al; PLATO Investigators. Ticagrelor versus clopidogrel in patients with acute coronary syndromes. *N Engl J Med.* 2009;361(11):1045-1057. CABG = coronary artery bypass graft; TIMI = Thrombolysis in Myocardial Infarction. See Table S1, S2, and S6 legends for expansion of other abbreviations.

^aOf the total deaths in PLATO (Platelet Inhibition and Patient Outcomes), 20 of 399 (5.0%) with ticagrelor were fatal bleeding events, and 23 of 506 (4.5%) with clopidogrel were fatal bleeding events.

^bOne-year control group risk estimates come from PLATO, with events reported at 12 mo.

^cOf the total strokes in PLATO, 23 of 125 (18.4%) with ticagrelor were hemorrhagic, and 13 of 106 (12.3%) with clopidogrel were hemorrhagic.

Table S11—[Sections 3.2.1-3.2.5] Prasugrel Plus Aspirin vs Clopidogrel Plus Aspirin in Patients With a Recent ACS and PCI

| Participants (Studies), Follow-up | Quality Assessment | | | | | Summary of Findings | | | |
|-----------------------------------|------------------------|----------------------------------|------------------------|---|------------------|--------------------------|-----------------------------------|---|--|
| | Risk of Bias | Inconsistency | Indirectness | Imprecision | Publication Bias | Relative Effect (95% CI) | Risk With Clopidogrel and Aspirin | Risk Difference With Prasugrel and Aspirin (95% CI) | Quality of Evidence |
| 13,608 (1 RCT), 14.5 mo | No serious limitations | Serious limitations ^b | No serious limitations | Imprecise CI includes benefit and harm | Undetected | RR 0.89 (0.70-1.12) | 50 per 1,000 ^a | 5 fewer per 1,000 (from 15 fewer to 6 more) | Low due to inconsistency and imprecision |
| 13,608 (1 RCT), 14.5 mo | No serious limitations | Serious limitations ^b | No serious limitations | No serious imprecision | Undetected | RR 0.76 (0.67-0.85) | 70 per 1,000 ^a | 17 fewer per 1,000 (from 23 fewer to 10 fewer) | Moderate due to inconsistency |
| 13,608 (1 RCT), 14.5 mo | No serious limitations | Serious limitations ^b | No serious limitations | Imprecise CI includes benefit and harm | Undetected | RR 1.02 (0.71-1.45) | 13 per 1,000 ^a | 0 fewer per 1,000 (from 2 fewer to 6 more) | Low due to inconsistency and imprecision |
| 13,608 (1 RCT), 14.5 mo | No serious limitations | Serious limitations ^b | No serious limitations | Imprecise CI includes negligible and substantial harm | Undetected | RR 1.32 (1.03-1.68) | 22 per 1,000 ^a | 7 more per 1,000 (from 0 more to 18 more) | Low due to inconsistency and imprecision |

Bibliography: Wiviott SD, Braunwald E, McCabe CH, et al; TRITON-TIMI 38 Investigators. Prasugrel versus clopidogrel in patients with acute coronary syndromes. *N Engl J Med.* 2007;357(20):2001-2015. PCI = percutaneous coronary intervention. PLATO = Platelet Inhibition and Patient Outcomes. See Table S1, S2, S6, and S10 legends for expansion of other abbreviations.

^aControl group risk estimates come from the PLATO study, adjusted to a 1-y time frame.

^bRated down for inconsistency for all outcomes because of credible subgroup analyses showing net harm for composite end point in certain subgroups.

Table S12—[Sections 3.2.6-3.2.7] Triple Therapy (Warfarin, Aspirin, Clopidogrel) vs Dual Antiplatelet Therapy in Patients With Acute Large Anterior MI at Risk for or With LV Thrombus Who Undergo PCI With Stent Placement

| Participants (Studies), Follow-up | Quality Assessment | | | | | Summary of Findings | | | |
|-----------------------------------|------------------------|------------------------|--|---|------------------|--------------------------|--|--|---|
| | Risk of Bias | Inconsistency | Indirectness | Imprecision | Publication Bias | Relative Effect (95% CI) | Risk With Clopidogrel + Aspirin | Risk Difference With Warfarin + Clopidogrel and Aspirin (95% CI) | Quality of Evidence |
| 10,883 (10 RCT), 3-60 mo | No serious limitations | No serious limitations | Very serious indirectness ^a | Imprecise confidence interval includes benefit and harm | Undetected | RR 1.00 (0.82-1.22) | 25 per 1,000 ^b | 0 more per 1,000 (from 4 fewer to 6 more) | Low due to indirectness and imprecision |
| | | | | | | | | | |
| 10,883 (10 RCTs), 3-60 mo | No serious limitations | No serious limitations | Very serious indirectness ^a | No serious imprecision | Undetected | RR 0.69 (0.54-0.88) | 35 per 1,000 ^b | 11 fewer per 1,000 (from 16 fewer to 4 fewer) | Low due to indirectness |
| | | | | | | | | | |
| 6,709 (1 RCT), 1.3 y | No serious limitations | No serious limitations | Very serious indirectness ^e | Serious imprecision | Undetected | RR 0.56 (0.39-0.82) | Anteroapical MI without LV thrombus 15 per 1,000 ^d | 7 fewer per 1,000 (from 9 fewer to 3 fewer) | Low due to indirectness and imprecision |
| | | | | | | | | | |
| | | | | Baseline risk estimates imprecise ^d | | | | | |
| | | | | | | | | | |
| 10,883 (10 RCTs), 3-60 mo | No serious limitations | No serious limitations | Very serious indirectness ^a | No serious limitations | Undetected | RR 2.37 (1.62-3.47) | 11 per 1,000 ^e | 15 more per 1,000 (from 7 more to 27 more) | Low due to indirectness |
| | | | | | | | | | |

(Continued)

Table S12—Continued

| Quality Assessment | | Summary of Findings | |
|--|---------------|---------------------|--|
| Participants (Studies), Follow-up | Risk of Bias | Publication Bias | Relative Effect (95% CI) |
| | Inconsistency | Indirectness | Imprecision |
| Burden of treatment (important outcome) ^e | | | |
| N/A ^e | | Warfarin > aspirin | Warfarin: daily medication, dietary and activity restrictions, frequent blood testing/monitoring, increased hospital/clinic visits Aspirin: daily medication only |
| N/A ^e | | Warfarin > aspirin | Warfarin: daily medication, dietary and activity restrictions, frequent blood testing/monitoring, increased hospital/clinic visits Aspirin: daily medication only |
| <p>Bibliography: Rothberg MB, Celestin C, Fiore LD, Lawler E, Cook JR. Warfarin plus aspirin after myocardial infarction or the acute coronary syndrome: meta-analysis with estimates of risk and benefit. <i>Ann Intern Med.</i> 2005;143(4):241-250. ACTIVE-W = Atrial Fibrillation Clopidogrel Trial With Irbesartan for Prevention of Vascular Events; LV = left ventricular. See Table S1, S2, S6, and S11 legends for expansion of other abbreviations.</p> <p>^aRelative risk for warfarin, aspirin, and clopidogrel vs dual antiplatelet therapy derived from meta-analysis of studies comparing warfarin plus aspirin to aspirin alone in patients following ACS.</p> <p>^bThree-month risk estimates for control (aspirin + clopidogrel) event rates come from PLATO study. Assumed that one half of total events at 1 y occurred in first 3 mo based on the PLATO study.</p> <p>^cWe assumed that the relative risk for the outcome of nonfatal stroke (ischemic and hemorrhagic) would be the same as observed in ACTIVE-W, which compared warfarin to dual antiplatelet therapy (aspirin + clopidogrel). We calculated the RR and 95% CI after extracting the number of nonfatal strokes (ischemic and hemorrhagic) in each group from the published report because it did not directly report RR in the article.</p> <p>^dControl group risk estimates for nonfatal stroke is based on ~1.5% rate/3 mo (see text) with clopidogrel and aspirin following anterior MI and 10% rate/3 mo in patients with anterior MI and LV thrombus. There is considerable imprecision in these estimates.</p> <p>^eThere are studies evaluating quality of life in patients during warfarin treatment (with disparate findings), but these are limited by small sample size, lack of comparator, and other design issues.</p> | | | |

Table S13—[Sections 4.1.1-4.3.5] Thienopyridine Plus Aspirin vs Warfarin Plus Aspirin in the First Month Following PCI

| Participants (Studies), Follow-up | Quality Assessment | | | | | Summary of Findings | | | Quality of Evidence |
|-----------------------------------|--|---------------------------------------|------------------------|---|------------------|--------------------------|--------------------------------|--|--|
| | Risk of Bias | Inconsistency | Indirectness | Imprecision | Publication Bias | Relative Effect (95% CI) | Risk With Warfarin and Aspirin | Risk Difference With Thienopyridine and Aspirin (95% CI) | |
| 2,436 (4 RCTs), 4-6 wk | No serious limitations | No serious limitations | No serious limitations | Imprecise CI includes benefit and harm | Undetected | RR 0.73 (0.25-2.18) | 7 per 1,000 ^a | 2 fewer per 1,000 (from 5 fewer to 8 more) | Moderate due to imprecision |
| 2,436 (4 RCTs), 4-6 wk | Serious risk of bias Lack of blinding | No serious limitations | No serious limitations | No serious imprecision | Undetected | RR 0.50 (0.29-0.83) | 39 per 1,000 ^a | 19 fewer per 1,000 (from 28 fewer to 7 fewer) | Moderate due to risk of bias |
| 2,436 (4 RCTs), 4-6 wk | Serious risk of bias Lack of blinding | Serious inconsistency $I^2 = 72\%$ | No serious limitations | Serious imprecision includes no benefit | Undetected | RR 0.38 (0.14-1.02) | 64 per 1,000 ^a | 40 fewer per 1,000 (from 55 fewer to 1 more) | Low due to imprecision, heterogeneity, and study limitations |

Bibliography: Cosmi B, Rubboli A, Castelvetti C, Milandri M. Ticlopidine versus oral anticoagulation for coronary stenting. *Cochrane Database Syst Rev.* 2001;(4):CD002133. See Table S1, S2, and S11 legends for expansion of abbreviations.

^aControl group risk estimates come from the meta-analysis.

^bBleeding definitions varied greatly across studies.

Table S14—[Sections 4.1.1-4.3.5] Triple Therapy With Cilostazol vs Clopidogrel Plus Aspirin Following Elective PCI With Stenting

| Participants (Studies), Follow-up | Quality Assessment | | | | | Summary of Findings | | | |
|-----------------------------------|-------------------------|--------------------------|-------------------------|--|------------------|--------------------------|---------------------------------|--|-----------------------------|
| | Risk of Bias | Inconsistency | Indirectness | Imprecision | Publication Bias | Relative Effect (95% CI) | Risk With Clopidogrel + Aspirin | Risk Difference with Cilostazol + Clopidogrel + Aspirin (95% CI) | Quality of Evidence |
| 2,809 (10 RCTs), 6-9 mo | No serious risk of bias | No serious inconsistency | No serious indirectness | Serious imprecision | Undetected | RR 0.73 (0.25-2.12) | 20 per 1,000 ^a | 5 fewer per 1,000 (from 15 fewer to 22 more) | Moderate due to imprecision |
| 2,689 (9 RCTs), 6-9 mo | No serious risk of bias | No serious inconsistency | No serious indirectness | Serious imprecision; includes benefit and harm | Undetected | RR 1.12 (0.57-2.24) | 50 per 1,000 ^a | 6 more per 1,000 (from 21 fewer to 62 more) | Moderate due to imprecision |
| 19,185 (1 RCTs), 6-9 mo | No serious risk of bias | No serious inconsistency | No serious indirectness | Serious imprecision; includes benefit and harm | Undetected | RR 0.87 (0.44-1.74) | 50 per 1,000 ^a | 6 fewer per 1,000 (from 28 fewer to 37 more) | Moderate due to imprecision |

Bibliography: Tamhane U, Meier P, Chetcuti S, et al. Efficacy of cilostazol in reducing restenosis in patients undergoing contemporary stent based PCI: a meta-analysis of randomised controlled trials. *EuroIntervention*. 2009;5(3):384-393. See Table S1, S2, and S11 legends for expansion of abbreviations.

^aControl group risk estimates come from the meta-analysis performed for dual antiplatelet therapy following PCI with stent placement (Tamhane et al).

Table S15—[Sections 4.1.1-4.3.5] Cilostazol Plus Aspirin vs Clopidogrel Plus Aspirin Following Elective PCI With Stenting

| Participants (Studies), Follow-up | Quality Assessment | | | | | Summary of Findings | | | |
|--|--|--------------------------|---|---|---------------------------|--------------------------|--|--|--|
| | Risk of Bias | Inconsistency | Indirectness | Imprecision | Publication Bias | Relative Effect (95% CI) | Estimation of Absolute Event Rates and Risk Differences Time Frame: 6-9 mo | | |
| | | | | | | | Event Rate With Clopidogrel + Aspirin | Risk Difference With Cilostazol + Aspirin (95% CI) | Quality of Evidence |
| | | | | | | | | | |
| Total mortality (critical outcome); not reported | | | | | | | | | |
| Nonfatal MI (critical outcome); not reported | | | | | | | | | |
| Nonfatal stroke (critical outcome); not reported | | | | | | | | | |
| Major adverse cardiac events (important outcome); the only vascular event outcome reported in meta-analysis, but not specified further | | | | | | | | | |
| 3,437 (13 RCTs), 6 mo | Serious risk of bias, variable blinding, loss to follow-up | No serious inconsistency | Serious indirectness, Composite outcome | Serious imprecision, includes benefit and harm | Publication bias detected | RR 0.56 (0.25-1.27) | 75 per 1,000 ^a | 33 fewer per 1,000 (from 56 fewer to 20 more) | Low due to risk of bias, indirectness, imprecision, and publication bias |
| Major extracranial bleed (important outcome) Not clearly defined | | | | | | | | | |
| 3,437 (13 RCTs), 6 mo | Serious risk of bias, variable blinding, loss to follow-up | No serious inconsistency | No serious indirectness | Serious imprecision, CI includes benefit and harm | Publication bias detected | RR 0.66 (0.32-1.39) | 50 per 1,000 ^a | 17 fewer per 1,000 (from 34 fewer to 20 more) | Low due to risk of bias, imprecision, and publication bias |

Bibliography: Biondi-Zoccai GG, Lotrionte M, Anselmino M, et al. Systematic review and meta-analysis of randomized clinical trials appraising the impact of cilostazol after percutaneous coronary intervention. *Am Heart J*. 2008;155(6):1081-1089. See Table S1, S2, and S11 legends for expansion of abbreviations.

^aControl group risk estimates come from the meta-analysis (Biondi-Zoccai et al).

Table S16—[Sections 4.1.1-4.3.5] High-Dose Aspirin vs Low-Dose Aspirin for 30 d Post-PCI

| Participants (Studies), Follow-up | Quality Assessment | | | | Summary of Findings | | | | |
|-----------------------------------|--------------------------------------|--------------------------|-------------------------|--|---------------------|---------------------|-----------------------------|---|--|
| | Risk of Bias | Inconsistency | Indirectness | Imprecision | Publication Bias | HR (95% CI) | Risk With Aspirin 75-100 mg | Anticipated Absolute Effects Time Frame: 30 d | Risk Difference With Aspirin 300-325 mg (95% CI) |
| 17,236 (1 RCT), 30 d | No serious risk of bias ^b | No serious inconsistency | No serious indirectness | Serious imprecision CI included important benefit and no benefit ^e | Undetected | HR 0.97 (0.74-1.03) | 25 per 1,000 ^d | 3 fewer per 1,000 (from 7 fewer to 1 more) | Moderate due to imprecision |
| 17,236 (1 RCT), 30 d | No serious risk of bias ^b | No serious inconsistency | No serious indirectness | Serious imprecision CI included benefit and harm ^e | Undetected | HR 0.97 (0.82-1.16) | 21 per 1,000 ^d | 1 fewer per 1,000 (from 4 fewer to 3 more) | Moderate due to imprecision |
| 17,236 (1 RCT), 30 d | No serious risk of bias ^b | No serious inconsistency | No serious indirectness | Serious imprecision CI included benefit and harm ^e | Undetected | HR 1.19 (0.84-1.68) | 5 per 1,000 ^d | 1 more per 1,000 (from 1 fewer to 3 more) | Moderate due to imprecision |
| 17,236 (1 RCT), 30 d | No serious risk of bias ^b | No serious inconsistency | No serious indirectness | Serious imprecision CI included benefit and harm ^e | Undetected | HR 1.09 (0.89-1.34) | 14 per 1,000 ^d | 1 more per 1,000 (from 2 fewer to 5 more) | Moderate due to imprecision |

Bibliography: Mehta SR, Tanguay JF, Eikelboom JW, et al; CURRENT-OASIS 7 trial investigators. Double-dose versus standard-dose clopidogrel and high-dose versus low-dose aspirin in individuals undergoing percutaneous coronary intervention for acute coronary syndromes (CURRENT-OASIS 7): a randomised factorial trial. *Lancet*. 2010;376(9748):1233-1243. CURRENT-OASIS = Clopidogrel Optimal Loading Dose Usage To Reduce Recurrent Events/Optimal Antiplatelet Strategy for Interventions; HR = hazard ratio. See Table S1, S10, and S11 legends for expansion of other abbreviations.

^aOf the total deaths in CURRENT-OASIS 7, 15 of 314 (4.8%) occurred with low-dose aspirin, and 16 of 273 (5.9%) were fatal bleeding events.

^bOASIS aspirin dose was not blinded.

^cBorderline decision to rate down for imprecision. Although CIs for absolute effects are fairly narrow, the 30-d time frame suggests imprecise effect estimates (eg, three more strokes and bleeds per 1,000 treated for 30 d).

^dControl group risk estimates come from event rates in patients allocated to low-dose aspirin undergoing PCI in CURRENT-OASIS 7.

^eUnclear from the article whether hemorrhagic and fatal strokes were included in total strokes.

^fTIMI criteria used. It is unclear from the article whether hemorrhagic and fatal bleeding were included in total major bleeding.

Table S17—[Sections 4.1.1-4.3.5] Six to Twelve Months vs One Month of Clopidogrel Plus Aspirin Following PCI With Placement of Bare Metal Stent

| Participants (Studies), Follow-up | Quality Assessment | | | | | Summary of Findings | | | |
|-----------------------------------|-----------------------------------|--------------------------|-------------------------|---|------------------|--------------------------|--------------------------------------|---|---|
| | Risk of Bias | Inconsistency | Indirectness | Imprecision | Publication Bias | Relative Effect (95% CI) | Anticipated Absolute Effects | Time Frame: 6-9 mo | Quality of Evidence |
| 3,390 (3 RCTs), 6-12 mo | Serious risk of bias ^a | No serious inconsistency | No serious indirectness | Serious imprecision included important benefit and harm | Undetected | RR 0.73 (0.48-1.13) | Risk With 1 mo Clopidogrel + Aspirin | Risk Difference With 6-12 mo Clopidogrel + Aspirin (95% CI) | Low due to risk of bias and imprecision |
| 4,852 (3 RCTs), 6-12 mo | Serious risk of bias ^a | No serious inconsistency | No serious indirectness | No serious imprecision | Undetected | RR 0.66 (0.50-0.86) | 28 per 1,000 ^b | 8 fewer per 1,000 (from 15 fewer to 4 more) | Moderate due to risk of bias |
| 2,194 (2 RCTs), 6-12 mo | Serious risk of bias ^a | No serious inconsistency | No serious indirectness | Serious imprecision included important benefit and harm | Undetected | RR 0.46 (0.16-1.32) | 10 per 1,000 ^b | 5 fewer per 1,000 (from 8 fewer to 3 more) | Low due to risk of bias and imprecision |
| 5,052 (3 RCTs), 6-12 mo | Serious risk of bias ^a | No serious inconsistency | No serious indirectness | Serious imprecision includes important benefit and harm | Undetected | RR 1.17 (0.86-1.6) | 50 per 1,000 ^b | 8 more per 1,000 (from 7 fewer to 30 more) | Low due to risk of bias and imprecision |

Major extracranial bleed (important outcome); not clearly defined^c

Bibliography: Data for meta-analysis extracted from following studies: Mehta SR, Yusuf S, Peters RJ, et al. Effects of pretreatment with clopidogrel and aspirin followed by long-term therapy in patients undergoing percutaneous coronary intervention: the PCI-CURE study. *Lancet*. 2001;358(9281):527-533. Pekdemir H, Cin VG, Camsari A, et al. A comparison of 1-mo and 6-mo clopidogrel therapy on clinical and angiographic outcome after stent implantation. *Heart Vessels*. 2003;18(3):123-129. Stemhubl SR, Berger PB, Mann JT III, et al. Early and sustained dual oral antiplatelet therapy following percutaneous coronary intervention: a randomized controlled trial. *JAMA*. 2002;288(19):2411-2420. Bernardi V, Szarfer J, Summay G, et al. Long-term vs short-term clopidogrel therapy in patients undergoing coronary stenting (from the Randomized Argentine Clopidogrel Stent [RACS] trial). *Am J Cardiol*. 2007;99(3):349-352. Akbulut M, Ozbay Y, Karaca I, Ilkay E, Gundogdu O, Arslan N. The effect of long-term clopidogrel use on neointimal formation after percutaneous coronary intervention. *Coron Artery Dis*. 2004;15(6):347-352. See Table S1, S2, and S11 legends for expansion of abbreviations.

^aBernardi et al and Pekdemir et al were not blinded, and there was no placebo control; Bernardi et al stopped early for benefit. Akbulut et al design was unclear (no mention of randomization, but the Health Technology Assessment report refers to it as randomized); Mehta et al had variable follow-up.

^bControl group risk estimates were derived from rates in subjects treated with dual antiplatelet therapy for 1 mo in included trials.

^cMajor bleeding not stratified by type of bleed; unclear whether major bleeding included any fatalities.

Table S18—[Sections 4.1.1-4.3.5] Extended Duration of Clopidogrel Plus Aspirin Following PCI With Placement of Drug-Eluting Stent

| Participants (Studies), Follow-up | Quality Assessment | | | | | Summary of Findings | | | |
|---|--------------------------------------|--------------------------|-------------------------|--|------------------|---------------------------------------|---|--|-----------------------------|
| | Risk of Bias | Inconsistency | Indirectness | Imprecision | Publication Bias | Relative Effect (95% CI) | Anticipated Absolute Effects Time frame: 19 mo | | |
| | | | | | | Risk With 12 mo Clopidogrel + Aspirin | Risk Difference With 19 mo Clopidogrel + Aspirin (95% CI) | Quality of Evidence | |
| 2,701 (2 RCTs), 19 mo | No serious risk of bias ^a | No serious inconsistency | No serious indirectness | Serious imprecision CI included no benefit and important harm | Undetected | RR 1.65 (0.80-3.36) | 6 per 1,000 ^b | 4 more per 1,000 (from 1 fewer to 14 more) | Moderate due to imprecision |
| Total mortality (critical outcome) | | | | | | | | | |
| 2,701 (2 RCTs), 19 mo | No serious risk of bias ^a | No serious inconsistency | No serious indirectness | Serious imprecision CI includes no benefit and important harm | Undetected | RR 1.73 (0.54-5.53) | 3 per 1,000 ^b | 2 more per 1,000 (from 1 fewer to 13 more) | Moderate due to imprecision |
| Nonfatal MI (critical outcome) | | | | | | | | | |
| 2,701 (2 RCTs), 19 mo | No serious risk of bias ^a | No serious inconsistency | No serious indirectness | Serious imprecision includes no benefit and important harm | Undetected | RR 2.64 (0.76-9.16) | 2 per 1,000 ^b | 3 more per 1,000 (from 1 fewer to 16 more) | Moderate due to imprecision |
| Nonfatal stroke (critical outcome) | | | | | | | | | |
| 2,701 (2 RCTs), 19 mo | No serious risk of bias ^a | No serious inconsistency | No serious indirectness | Serious imprecision includes no benefit and important harm | Undetected | RR 2.97 (0.43-20.72) | 1 per 1,000 ^b | 2 more per 1,000 (from 1 fewer to 19 more) | Moderate due to imprecision |
| Major extracranial bleed (important outcome) Not clearly defined ^c | | | | | | | | | |

Bibliography: Park SJ, Park DW, Kim YH, et al. Duration of dual antiplatelet therapy after implantation of drug-eluting stents. *N Engl J Med*. 2010;362(15):1374-1382. See Table S1, S2, S10, and S11 legends for expansion of abbreviations.

^aOpen-label study, although study end points were adjudicated by blinded assessors.

^bControl group risk estimates come from subjects receiving dual antiplatelet therapy for 1 y in the merged trials.

^cMajor bleeding defined by TIMI criteria; no information was provided on the type of major bleeding events in either group. No fatal bleeding was reported.

Table S19—[Sections 5.1-5.3] Warfarin vs Aspirin in Patients With Systolic LV Dysfunction (Ischemic and Nonischemic)

| Participants (Studies), Follow-up | Quality Assessment | | | | | Summary of Findings | | | Quality of Evidence |
|-----------------------------------|----------------------------------|------------------------|------------------------|--|------------------|--------------------------|--------------------------------|---|---|
| | Risk of Bias | Inconsistency | Indirectness | Imprecision | Publication Bias | Relative Effect (95% CI) | Risk With Aspirin ^a | Risk Difference With Warfarin (95% CI) | |
| 1,357 (3 RCTs), 23-27 mo | Serious ^b limitations | No serious limitations | No serious limitations | Imprecise CI includes benefit and harm | Undetected | RR 0.95 (0.76-1.19) | 193 per 1,000 ^a | 10 fewer per 1,000 (from 46 fewer to 36 more) | Low due to risk of bias and imprecision |
| 1,358 (3 RCTs), 23-27 mo | Serious ^b limitations | No serious limitations | No serious limitations | Imprecise CI includes benefit and harm | Undetected | RR 0.99 (0.35-2.84) | 33 per 1,000 ^a | 0 fewer per 1,000 (from 21 fewer to 60 more) | Low due to risk of bias and imprecision |
| 1,358 (3 RCTs), 23-27 mo | Serious ^b limitations | No serious limitations | No serious limitations | Imprecise CI includes no benefit | Undetected | RR 0.34 (0.13-0.97) | 24 per 1,000 ^a | 16 fewer per 1,000 (from 21 fewer to 1 fewer) | Low due to risk of bias and imprecision |
| 1,358 (3 RCTs), 23-27 mo | Serious ^b limitations | No serious limitations | No serious limitations | Imprecise CI includes important harm | Undetected | RR 1.97 (0.89-4.3) | 30 per 1,000 ^a | 29 more per 1,000 (from 3 fewer to 99 more) | Low due to risk of bias and imprecision |

Bibliography: Data for meta-analysis extracted from three studies. Cleland JG, Findlay I, Jafri S, et al. The Warfarin/Aspirin Study in Heart Failure (WASH): a randomized trial comparing antithrombotic strategies for patients with heart failure. *Am Heart J*. 2004;148(1):157-164. Massie BM, Collins JF, Ammon SE, et al. Randomized trial of warfarin, aspirin, and clopidogrel in patients with chronic heart failure: the Warfarin and Antiplatelet Therapy in Chronic Heart Failure (WATCH) trial. *Circulation*. 2009;119(12):1616-1624. Cokkinos DV, Haralabopoulos GC, Kostis JB, Toutouzas PK. Efficacy of anti-thrombotic therapy in chronic heart failure: the HELAS study. *Eur J Heart Fail*. 2006;8(4):428-432. See Table S1, S2, and S12 legends for expansion of abbreviations.

^aControl group risk estimates were derived from event rates from the aspirin arm of the pooled studies.

^bTwo of three trials were stopped early (one for benefit, one for slow enrollment); problems with blinding.

^cFatal and nonfatal MIs not reported separately in all studies.

^dFatal and nonfatal strokes not reported separately in all studies; types of strokes (ischemic/hemorrhagic) not reported.

^eDefinition of major hemorrhage varied.

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