Adaptation to Life Events: Supplementary material

The supplementary material comprises tables and an additional reference list of all scales cited in these tables.

Table 1 contains the meta-analytic model results for the comparison between AWB and CWB.

Table 2 contains the moderator analyses for age.

Table 3 contains the moderator analyses for gender.

Table 4 contains the moderator analyses for reversed status.

Table 5 contains a list of abbreviations for commonly used scales.

Table 6 and Table 7 contain the effect sizes for the prospective and post-hoc studies on marriage, respectively.

Table 8 and Table 9 contain the effect sizes for the prospective and post-hoc studies on divorce, respectively.

Table 10 and Table 11 contain the effect sizes for the prospective and post-hoc studies on bereavement, respectively.

Table 12 and Table 13 contain the effect sizes for the prospective and post-hoc studies on child birth, respectively.

Table 14 and Table 15 contain the effect sizes for the prospective and post-hoc studies on unemployment, respectively.

Table 16 and Table 17 contain the effect sizes for the prospective and post-hoc studies on reemployment, respectively.

Table 18 and Table 19 contain the effect sizes for the prospective and post-hoc studies on retirement, respectively.

Table 20 and Table 21 contain the effect sizes for the prospective and post-hoc studies on relocation/migration, respectively.

Figure 1 shows the adaptation curves of all events for cognitive well-being.

Figure 2 shows the adaptation curves of all events for affective well-being.

Table 1. Meta-analytic results for the AWB vs. CWB models.

	Reduced model prospective		Full model prospective		Reduced model post-hoc		Full model post-hoc	
Predictor	Estimate	95 % CI	Estimate	95 % CI	Estimate	95 % CI	Estimate	95 % CI
Marriage								
Intercept b_0	0.31	[0.174, 0.447]	0.26	[0.167, 0.354]	0.25	[0.02, 0.471]		
Time b_1	-0.12	[-0.156, -0.083]	-0.11	[-0.132, -0.08]	-0.22	[-0.293, -0.155]		
AWB b_2	0.02	[-0.073, 0.114]	-0.30	[-0.383, -0.219]				
RS b_{2a}	-0.47	[-0.568, -0.378]	-0.35	[-0.579, -0.129]				
AWB × Time b_3			0.12	[0.086, 0.146]				
RS × Time b_{3a}			-0.04	[-0.106, 0.032]				
Time lag b_{99}	-0.01	[-0.021, -0.007]	-0.01	[-0.021, -0.007]	0.02	[0.003, 0.043]		
Divorce								
Intercept b_0	-0.07	[-0.133, -0.007]						
Time b_1	0.07	[0.048, 0.084]						
Time lag b_{99}	0.00	[0.002, 0.007]						
Bereavement								
Intercept b_0	-0.48	[-0.684, -0.274]	-0.39	[-0.583, -0.19]	-0.20	[-0.338, -0.063]	-0.24	[-0.394, -0.095]
Time b_1	0.16	[0.098, 0.213]	0.13	[0.093, 0.17]	0.13	[0.072, 0.188]	0.15	[0.051, 0.248]
AWB b_2	0.36	[0.189, 0.537]	0.23	[-0.057, 0.523]	0.22	[0.038, 0.393]	0.28	[0.02, 0.541]
AWB × Time b_3			0.05	[-0.062, 0.17]			-0.03	[-0.144, 0.086]
Time lag b_{99}	0.03	[0.012, 0.053]	0.04	[0.014, 0.057]	-0.03	[-0.052, -0.001]	-0.03	[-0.05, -0.001]
Child birth								
Intercept b_0	-0.19	[-0.375, -0.014]	0.50	[0.166, 0.838]	0.03	[0.276, -0.215]	0.53	[0.745, 0.308]
Time b_1	0.01	[-0.033, 0.046]	-0.19	[-0.273, -0.11]	-0.04	[0.053, -0.132]	-0.26	[-0.125, -0.391]
AWB b_2	0.32	[0.178, 0.469]	-0.43	[-0.765, -0.087]	0.21	[0.416, 0.003]	-0.39	[-0.112, -0.675]
RS b_{2a}	-0.15	[-0.291, -0.003]	-0.56	[-0.877, -0.25]				
AWB × Time b_3			0.25	[0.151, 0.342]			0.26	[0.405, 0.121]
RS × Time b_{3a}			0.00	[-0.003, 0.012]				
Time lag b_{99}	0.00	[-0.009, 0.016]	0.01	[-0.006, 0.017]	-0.03	[0.012, -0.08]	-0.02	[0.024, -0.069]

	Reduced model prospective		Full model prospective		Reduced model post-hoc		Full model post-hoc	
Predictor	Estimate	95 % CI	Estimate	95 % CI	Estimate	95 % CI	Estimate	95 % CI
Unemployment								
Intercept b_0	-0.22	[-0.552, 0.113]	-0.43	[-0.478, -0.377]				
Time b_1	0.06	[-0.026, 0.147]	0.12	[0.104, 0.126]				
AWB b_2	-0.10	[-0.279, 0.083]	0.18	[-0.079, 0.447]				
AWB × Time b_3			-0.11	[-0.197, -0.013]				
Time lag b_{99}	0.00	[-0.013, 0.007]	-0.01	[-0.014, -0.003]				
Reemployment								
Intercept b_0	-0.19	[-0.22, -0.149]	-0.21	[-0.218, -0.193]				
Time b_1	0.07	[0.034, 0.099]	0.09	[0.082, 0.098]				
AWB b_2	0.24	[0.114, 0.368]	0.28	[0.116, 0.449]				
AWB × Time b_3			-0.05	[-0.096, -0.004]				
Time lag b_{99}	-0.01	[-0.021, 0.008]	-0.01	[-0.025, 0.004]				
Retirement								
Intercept b_0	-0.29	[-0.536, -0.035]	-0.21	[-0.444, 0.015]				
Time b_1	0.07	[0.008, 0.127]	0.04	[-0.013, 0.099]				
AWB b_2	0.24	[0.06, 0.414]	0.07	[-0.347, 0.49]				
AWB × Time b_3			0.06	[-0.062, 0.175]				
Time lag b_{99}	-0.01	[-0.027, 0.007]	-0.01	[-0.027, 0.007]				
Relocation/migration								
Intercept b_0	0.50	[-4.349, 5.351]			-0.20	[-0.063, -0.338]	-0.24	[-0.095, -0.394]
Time b_1	0.07	[-0.328, 0.474]			0.13	[0.188, 0.072]	0.15	[0.248, 0.051]
AWB b_2	-0.27	[-3.71, 3.167]			0.22	[0.393, 0.038]	0.28	[0.541, 0.02]
AWB × Time b_3							-0.03	[0.086, -0.144]
Time lag b_{99}	0.02	[-0.088, 0.118]			-0.03	[-0.001, -0.052]	-0.03	[-0.001, -0.05]

Notes. Time = log-transformed time since the event in months, AWB = Affective well-being, CWB = Cognitive well-being, LS = life satisfaction, RS = relationship satisfaction, Time lag = Time between the event and the baseline assessment in months.

Table 2. Moderator analyses for age and age^2.

	Reduced model prospective		Full model prospective		Reduced model post-hoc		Full model post-hoc	
Predictor	Estimate	95 % CI	Estimate	95 % CI	Estimate	95 % CI	Estimate	95 % CI
Marriage								
Intercept b_0	-0.06	[-0.271, 0.157]	-0.15	[-0.509, 0.201]	0.35	[0.158, 0.542]	0.42	[0.194, 0.636]
Time b_1	-0.12	[-0.188, -0.046]	-0.09	[-0.202, 0.026]	-0.25	[-0.311, -0.188]	-0.27	[-0.339, -0.199]
Age b_4	0.03	[0.006, 0.055]	0.00	[-0.045, 0.05]	0.03	[0.012, 0.056]	0.06	[-0.006, 0.126]
Age^2 b_5	0.00	[-0.005, 0.013]	0.02	[-0.004, 0.033]	0.00	[-0.003, 0.004]	-0.01	[-0.023, 0.005]
Age × Time b_6			0.01	[-0.008, 0.024]			-0.01	[-0.03, 0.014]
Age^2 × Time b_7			0.00	[-0.01, 0.003]			0.00	[-0.002, 0.007]
Time lag b_{99}	-0.02	[-0.057, 0.018]	-0.02	[-0.057, 0.016]	0.02	[0.005, 0.027]	0.02	[0.005, 0.028]
Bereavement								
Intercept b_0	-0.24	[-0.642, 0.154]	-0.12	[-0.674, 0.442]	-0.02	[-0.196, 0.148]	-0.03	[-0.275, 0.207]
Time b_1	0.11	[0.032, 0.196]	0.07	[-0.043, 0.183]	0.13	[0.054, 0.204]	0.13	[0.035, 0.233]
Age b_4	-0.02	[-0.027, -0.003]	-0.01	[-0.034, 0.017]	0.00	[-0.008, 0.006]	0.00	[-0.009, 0.017]
Age^2 b_5	0.00	[-0.002, 0]	0.00	[-0.003, 0.001]	0.00	[-0.001, 0]	0.00	[-0.002, 0.001]
Age × Time b_6			0.00	[-0.011, 0.002]			0.00	[-0.007, 0.002]
Age^2 × Time b_7			0.00	[0, 0.001]			0.00	[0, 0]
Time lag b_{99}	-0.01	[-0.049, 0.033]	-0.01	[-0.048, 0.031]	-0.02	[-0.039, 0.009]	-0.02	[-0.038, 0.007]
Child birth								
Intercept b_0	0.11	[-0.027, 0.25]	0.08	[-0.061, 0.224]	0.27	[0.475, 0.063]	0.15	[0.429, -0.136]
Time b_1	-0.05	[-0.106, -0.002]	-0.04	[-0.095, 0.018]	-0.08	[0.018, -0.185]	-0.04	[0.078, -0.161]
Age b_4	0.01	[-0.014, 0.04]	0.04	[0.007, 0.077]	0.01	[0.05, -0.036]	0.02	[0.091, -0.048]
Age^2 b_5	0.00	[-0.002, 0.004]	0.01	[0.001, 0.01]	0.00	[0.005, -0.002]	0.05	[0.102, -0.008]
Age × Time b_6			-0.02	[-0.044, 0.003]			-0.01	[0.029, -0.057]
Age^2 × Time b_7			0.00	[-0.005, 0]			-0.02	[0.004, -0.041]
Time lag b_{99}	0.03	[-0.008, 0.073]	0.03	[-0.012, 0.069]	-0.04	[-0.008, -0.074]	-0.03	[-0.001, -0.056]

	Reduced model prospective		Full model prospective		Reduced model post-hoc		Full model post-hoc	
Predictor	Estimate	95 % CI	Estimate	95 % CI	Estimate	95 % CI	Estimate	95 % CI
Unemployment								
Intercept b_0	0.50	[-0.043, 1.044]	0.47	[-0.596, 1.537]				
Time b_1	-0.08	[-0.122, -0.044]	-0.05	[-0.648, 0.554]				
Age b_4	0.03	[0.015, 0.043]	0.01	[-0.049, 0.065]				
Age^2 b_5	0.00	[-0.001, 0]	0.00	[-0.003, 0.004]				
Age × Time b_6			0.01	[-0.016, 0.039]				
Age^2 × Time b_7			0.00	[-0.002, 0.001]				
Time lag b_{99}	0.05	[0.006, 0.102]	0.06	[0.003, 0.116]				
Reemployment								
Intercept b_0	-0.39	[-0.983, 0.212]	-2.71	[-3.06, -2.366]				
Time b_1	0.06	[0.013, 0.101]	1.25	[1.068, 1.425]				
Age b_4	0.06	[-0.059, 0.171]	0.50	[0.424, 0.571]				
Age^2 b_5	0.01	[-0.004, 0.018]	0.05	[0.044, 0.057]				
Age × Time b_6			-0.23	[-0.264, -0.187]				
Age^2 × Time b_7			-0.02	[-0.026, -0.019]				
Time lag b_{99}	-0.02	[-0.035, 0.005]	0.00	[-0.006, 0.009]				
Retirement								
Intercept b_0	-0.26	[-0.506, -0.016]	-0.13	[-0.401, 0.144]				
Time b_1	0.04	[-0.013, 0.099]	0.00	[-0.052, 0.059]				
Age b_4	-0.03	[-0.079, 0.025]	-0.13	[-0.419, 0.166]				
Age^2 b_5	0.01	[0.002, 0.015]	-0.06	[-0.138, 0.023]				
Age × Time b_6			0.04	[-0.057, 0.144]				
Age^2 × Time b_7			0.03	[-0.006, 0.058]				
Time lag b_{99}	-0.02	[-0.035, -0.012]	-0.02	[-0.037, -0.001]				

Notes. Time = log-transformed time since the event in months, Age = centered mean age of the sample, Age2 = squared mean age of the sample, Time lag = Time between the event and the baseline assessment in months.

Table 3. Moderator analyses for percentage of males.

	Reduced model prospective		Full model prospective		Reduced model post-hoc		Full model post-hoc	
Predictor	Estimate	95 % CI	Estimate	95 % CI	Estimate	95 % CI	Estimate	95 % CI
Marriage								
Intercept b_0	-0.10	[-0.319, 0.125]	-0.10	[-0.32, 0.126]	0.25	[0.017, 0.474]	0.25	[0.029, 0.462]
Time b_1	-0.11	[-0.188, -0.04]	-0.11	[-0.188, -0.039]	-0.22	[-0.293, -0.154]	-0.22	[-0.289, -0.158]
Male b_8	0.03	[-0.169, 0.221]	0.01	[-0.564, 0.587]	0.00	[-0.142, 0.134]	-0.15	[-0.616, 0.32]
Male × Time b_9			0.01	[-0.171, 0.18]			0.04	[-0.101, 0.187]
Time lag b_{99}	-0.04	[-0.057, -0.02]	-0.04	[-0.057, -0.02]	0.02	[0.003, 0.043]	0.02	[0.003, 0.043]
Bereavement								
Intercept b_0	-0.02	[-0.444, 0.408]	-0.05	[-0.495, 0.399]	-0.07	[-0.321, 0.174]	-0.07	[-0.316, 0.171]
Time b_1	0.04	[-0.016, 0.088]	0.05	[-0.008, 0.105]	0.15	[0.08, 0.224]	0.15	[0.076, 0.226]
Male b_8	-0.13	[-0.66, 0.4]	1.24	[-0.237, 2.722]	-0.14	[-0.385, 0.099]	-0.35	[-1.21, 0.505]
Male × Time b_9			-0.49	[-0.922, -0.06]			0.08	[-0.175, 0.331]
Time lag b_{99}	0.02	[-0.026, 0.07]	0.02	[-0.026, 0.07]	-0.02	[-0.039, 0.000]	-0.02	[-0.039, 0.000]
Child birth								
Intercept b_0	0.02	[-0.069, 0.113]	0.03	[-0.06, 0.116]	0.21	[0.401, 0.027]	0.26	[0.412, 0.108]
Time b_1	-0.04	[-0.088, 0.009]	-0.04	[-0.087, 0.007]	-0.03	[0.059, -0.125]	-0.05	[0.025, -0.131]
Male b_8	0.00	[-0.112, 0.118]	0.12	[-0.038, 0.278]	-0.10	[0.095, -0.287]	0.65	[0.983, 0.321]
Male × Time b_9			-0.08	[-0.18, 0.018]			-0.33	[-0.173, -0.493]
Time lag b_{99}	0.00	[-0.016, 0.022]	0.00	[-0.014, 0.022]	-0.05	[-0.01, -0.094]	-0.04	[-0.008, -0.079]
Unemployment								
Intercept b_0	-0.26	[-0.596, 0.085]	-0.23	[-0.642, 0.179]				
Time b_1	0.08	[-0.017, 0.166]	0.08	[-0.013, 0.166]				
Male b_8	-0.19	[-0.444, 0.064]	0.23	[-0.883, 1.348]				
Male × Time b_9			-0.20	[-0.678, 0.274]				
Time lag b_{99}	0.00	[-0.004, 0.007]	0.01	[-0.007, 0.019]				

	Reduced model prospective		Full model prospective		Reduced model post-hoc		Full model post-hoc	
Predictor	Estimate	95 % CI	Estimate	95 % CI	Estimate	95 % CI	Estimate	95 % CI
Reemployment								
Intercept b_0	0.05	[-0.04, 0.13]						
Time b_1	0.07	[0.055, 0.081]						
Male b_8	0.63	[0.285, 0.964]						
Male × Time b_9								
Time lag b_{99}	0.01	[-0.003, 0.027]						
Retirement								
Intercept b_0	-0.45	[-0.737, -0.161]						
Time b_1	0.12	[0.005, 0.242]						
Male b_8	0.21	[-0.275, 0.691]						
Male × Time b_9								
Time lag b_{99}	-0.03	[-0.049, -0.002]						

Notes. Time = log-transformed time since the event in months, Male = centered percentage of males in the sample, Time lag = Time between the event and the baseline assessment in months.

Table 4. Moderator analyses for status reversal.

	Reduced model prospective		Full model prospective		Reduced model post-hoc		Full model post-hoc	
Predictor	Estimate	95 % CI	Estimate	95 % CI	Estimate	95 % CI	Estimate	95 % CI
Marriage								
Intercept b_0	-0.04	[-0.251, 0.172]	0.17	[-0.058, 0.394]	-0.19	[-0.441, 0.071]	0.17	[-0.058, 0.394]
Time b_1	-0.07	[-0.136, 0.003]	-0.20	[-0.269, -0.133]	-0.24	[-0.305, -0.165]	-0.20	[-0.269, -0.133]
Status change b_{10}	-0.22	[-0.416, -0.019]	-0.04	[-0.371, 0.283]	0.51	[0.333, 0.694]	-0.04	[-0.371, 0.283]
Status change × Time b_{11}			0.11	[0.023, 0.186]			0.11	[0.023, 0.186]
Time lag b_{99}	-0.01	[-0.037, 0.019]	-0.01	[-0.042, 0.028]	0.02	[-0.002, 0.036]	-0.01	[-0.042, 0.028]
Child birth								
Intercept b_0	0.03	[-0.059, 0.127]	0.03	[-0.067, 0.12]	0.24	[0.444, 0.04]	0.18	[0.4, -0.041]
Time b_1	-0.02	[-0.063, 0.017]	-0.02	[-0.059, 0.029]	-0.04	[0.056, -0.139]	-0.01	[0.101, -0.122]
Status change b_{10}	-0.16	[-0.347, 0.031]	0.02	[-0.182, 0.214]	0.03	[0.22, -0.16]	0.46	[0.91, 0.013]
Status change × Time b_{11}			-0.07	[-0.153, 0.021]			-0.16	[0.004, -0.316]
Time lag b_{99}	0.01	[-0.012, 0.028]	0.01	[-0.012, 0.028]	-0.06	[-0.025, -0.097]	-0.06	[-0.023, -0.091]
Unemployment								
Intercept b_0	-0.30	[-0.514, -0.076]	-0.35	[-0.442, -0.249]				
Time b_1	0.08	[0.016, 0.14]	0.09	[0.051, 0.124]				
Status change b_{10}	-0.03	[-0.273, 0.209]	0.25	[-0.805, 1.299]				
Status change × Time b_{11}			-0.14	[-0.673, 0.387]				
Time lag b_{99}	0.00	[-0.014, 0.013]	-0.01	[-0.025, 0.012]				

Notes. Time = log-transformed time since the event in months, Status change = dummy variable indicating that this event was reversed for at least some people in the sample, Time lag = Time between the event and the baseline assessment in months.

Table 5. Abbreviations for the most common scales used in the meta-analysis.

Abbreviation	Name of Scale	Reference
ABS	Affect Balance	Bradburn, 1969
BSI	Brief Symptom Inventory	Derogatis, 1983
CES-D	Center for Epidemiological Studies Depression Index	Radloff, 1977
DACL	Depressive Adjective Checklist	Lubin, 1965
DAS	Dyadic Adjustment Scale	Spanier, 1976
EPDS	Edinburgh Postnatal Depression Scale	Cox, Holden & Sagovsky, 1987
GHQ	General Health Questionnaire	Goldberg, 1992
GWB	General Well-Being Scale	Dupuy, 1973
HADS	Hospital anxiety and depression scale	Zigmond & Snaith, 1983
HSC	Hopkins Symptoms Checklist	Derogatis,Lipman, Rickels, Uhlenhuth & Covi, 1974
KMS	Kansas Marital Satisfaction Scale	Schumm, Paff-Bergen, Hatch & Obiorah, 1986
MAT	Marital Adjustment Test	Locke & Wallace, 1959
MHI	Mental Health Inventory	Veit & Ware, 1983
MOQ	Marital Opinion Questionnaire	Huston et al., 1986
PANAS	Positive Affect Negative Affect Schedule	Watson, Clark, & Tellegen, 1988
POMS	Profile of mood states	McNair, Lorr, & Droppelman, 1971
QMI	Quality of Marriage Index	Norton, 1983
SCL-90	Symptom Checklist-90	Derogatis, 1977
SF-36	Short Form Health Survey (SF-36)	Ware & Sherbourne, 1992
SMD	Semantic Differential	Osgood, Suci, & Tannenbaum, 1957
SWLS	Satisfaction With Life Scale	Diener, Emmons, Larsen, & Griffin, 1985

Table 6. Prospective effect sizes for marriage.

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Beach & O'Leary (1993)	husbands	CWB	MAT	-1	6	241	-0.21
Beach & O'Leary (1993)	husbands	CWB	MAT	-1	18	241	-0.28
Beach & O'Leary (1993)	wives	CWB	MAT	-1	6	241	-0.17
Beach & O'Leary (1993)	wives	CWB	MAT	-1	18	241	-0.30
Crowell, Treboux & Brockmeyer (2009)		CWB	DAS	-3	72	171	-0.33
Gordon (2006)	husbands	CWB	DAS	-9	9	86	-0.39
Gordon (2006)	husbands	CWB	DAS	-9	21	58	-0.35
Gordon (2006)	husbands	CWB	DAS	-9	57	34	-0.41
Gordon (2006)	wives	CWB	DAS	-9	9	70	-0.36
Gordon (2006)	wives	CWB	DAS	-9	21	59	-0.49
Gordon (2006)	wives	CWB	DAS	-9	57	31	-0.69
Homish, Leonard & Kearns-Bodkin (2006)	husbands	AWB	CES-D	-1	12	590	0.00
Homish, Leonard & Kearns-Bodkin (2006)	husbands	AWB	CES-D	-1	24	590	0.01
Homish, Leonard & Kearns-Bodkin (2006)	husbands	CWB	MAT	-1	12	538	-0.45
Homish, Leonard & Kearns-Bodkin (2006)	husbands	CWB	MAT	-1	24	487	-0.58
Homish, Leonard & Kearns-Bodkin (2006)	husbands	CWB	MAT	-1	48	425	-0.57
Homish, Leonard & Kearns-Bodkin (2006)	husbands	CWB	MAT	-1	84	384	-0.63
Homish, Leonard & Kearns-Bodkin (2006)	wives	AWB	CES-D	-1	12	590	0.05
Homish, Leonard & Kearns-Bodkin (2006)	wives	AWB	CES-D	-1	24	590	0.07
Homish, Leonard & Kearns-Bodkin (2006)	wives	CWB	MAT	-1	12	538	-0.57
Homish, Leonard & Kearns-Bodkin (2006)	wives	CWB	MAT	-1	24	487	-0.76
Homish, Leonard & Kearns-Bodkin (2006)	wives	CWB	MAT	-1	48	425	-0.74
Homish, Leonard & Kearns-Bodkin (2006)	wives	CWB	MAT	-1	84	384	-0.86

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Lee & Gramotnev (2007)		AWB	CES-D	-18	18	2104	0.14
Lee & Gramotnev (2007)		CWB	Self-constructed scale	-18	18	2104	0.45
Lindahl, Clements & Markman (1998)	females	CWB	MAT	-4.5	6	36	-0.11
Lindahl, Clements & Markman (1998)	females	CWB	MAT	-4.5	30.5	36	-0.44
Lindahl, Clements & Markman (1998)	females	CWB	MAT	-4.5	44.6	36	-0.61
Lindahl, Clements & Markman (1998)	females	CWB	MAT	-4.5	57.3	36	-0.34
Lindahl, Clements & Markman (1998)	females	CWB	MAT	-4.5	70	36	-0.51
Lindahl, Clements & Markman (1998)	females	CWB	MAT	-4.5	82.6	36	-0.44
Lindahl, Clements & Markman (1998)	females	CWB	MAT	-4.5	97	36	-0.52
Lindahl, Clements & Markman (1998)	males	CWB	MAT	-4.5	6	36	-0.23
Lindahl, Clements & Markman (1998)	males	CWB	MAT	-4.5	30.5	36	-0.75
Lindahl, Clements & Markman (1998)	males	CWB	MAT	-4.5	44.6	36	-0.65
Lindahl, Clements & Markman (1998)	males	CWB	MAT	-4.5	57.3	36	-0.69
Lindahl, Clements & Markman (1998)	males	CWB	MAT	-4.5	70	36	-0.74
Lindahl, Clements & Markman (1998)	males	CWB	MAT	-4.5	82.6	36	-0.55
Lindahl, Clements & Markman (1998)	males	CWB	MAT	-4.5	97	36	-0.45
Lucas, Clark, Georgellis & Diener (2003)		CWB	Single Item	-0.5	6	2221	0.09
Lucas, Clark, Georgellis & Diener (2003)		CWB	Single Item	-0.5	18	2030	-0.01
Lucas, Clark, Georgellis & Diener (2003)		CWB	Single Item	-0.5	30	1761	-0.11
Lucas, Clark, Georgellis & Diener (2003)		CWB	Single Item	-0.5	42	1516	-0.06

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Lucas, Clark, Georgellis & Diener (2003)		CWB	Single Item	-0.5	54	1366	-0.08
Lucas, Clark, Georgellis & Diener (2003)		CWB	Single Item	-0.5	66	1196	-0.13
Lucas, Clark, Georgellis & Diener (2003)		CWB	Single Item	-0.5	78	1068	-0.15
Lucas, Clark, Georgellis & Diener (2003)		CWB	Single Item	-0.5	90	931	-0.19
Lucas, Clark, Georgellis & Diener (2003)		CWB	Single Item	-0.5	102	782	-0.21
Schumacher & Leonard (2005)	husbands	CWB	MAT	-1	12	592	-0.46
Schumacher & Leonard (2005)	husbands	CWB	MAT	-1	24	592	-0.59
Schumacher & Leonard (2005)	wives	CWB	MAT	-1	12	592	-0.59
Schumacher & Leonard (2005)	wives	CWB	MAT	-1	24	592	-0.78
Smith, Vivian & O'Leary (1990)		CWB	MAT	-1.5	6	91	-0.31
Smith, Vivian & O'Leary (1990)		CWB	MAT	-1.5	18	91	-0.46
Smith, Vivian & O'Leary (1990)		CWB	MAT	-1.5	30	91	-0.55
Tucker & Aron (1993)	husbands	CWB	MOQ	-1.9	8.3	23	-0.01
Tucker & Aron (1993)	wives	CWB	MOQ	-1.9	8.3	23	-0.24
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	6	1114	0.06
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	18	924	-0.01
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	30	763	-0.03
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	42	635	-0.08
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	54	502	-0.08
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	66	434	-0.12
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	78	342	-0.19

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	90	258	-0.18
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	102	170	-0.13
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	6	297	0.03
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	18	223	0.10
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	30	198	0.04
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	42	141	-0.11
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	54	102	-0.12
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	66	79	-0.36
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	78	60	-0.35
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	90	29	-0.51

Notes. AWB = affective well-being. CWB = cognitive well-being. Time lag = time between baseline and event in months. *N* = sample size. *d* = bias-corrected standardized mean change. The abbreviations for the scales are listed in Table 5.

Table 7. Post-hoc effect sizes for marriage.

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Brock & Lawrence (2008)	husbands	CWB	QMI	4.5	13.5	101	-0.52
Brock & Lawrence (2008)	husbands	CWB	QMI	4.5	22.5	101	-0.44
Brock & Lawrence (2008)	husbands	CWB	QMI	4.5	31.5	101	-0.33
Brock & Lawrence (2008)	wives	CWB	QMI	4.5	13.5	101	-0.36
Brock & Lawrence (2008)	wives	CWB	QMI	4.5	22.5	101	-0.33
Brock & Lawrence (2008)	wives	CWB	QMI	4.5	31.5	101	-0.15
Dehle & Weiss (1998)		CWB	DAS	19.6	22.6	94	0.00
Halford, Lizzio, Wilson & Occhipinti (2007)	husbands	CWB	DAS	2	14	126	-0.01
Halford, Lizzio, Wilson & Occhipinti (2007)	husbands	CWB	DAS	2	26	126	-0.20
Halford, Lizzio, Wilson & Occhipinti (2007)	husbands	CWB	DAS	2	38	126	-0.21
Halford, Lizzio, Wilson & Occhipinti (2007)	husbands	CWB	DAS	2	50	126	-0.18
Halford, Lizzio, Wilson & Occhipinti (2007)	wives	CWB	DAS	2	14	126	-0.10
Halford, Lizzio, Wilson & Occhipinti (2007)	wives	CWB	DAS	2	26	126	-0.26
Halford, Lizzio, Wilson & Occhipinti (2007)	wives	CWB	DAS	2	38	126	-0.24
Halford, Lizzio, Wilson & Occhipinti (2007)	wives	CWB	DAS	2	50	126	-0.24
Houts (1998)	husbands	CWB	MOQ	2	14	118	-0.75
Houts (1998)	husbands	CWB	MOQ	2	26	118	-1.23
Houts (1998)	husbands	CWB	MOQ	2	14	118	-0.66
Houts (1998)	husbands	CWB	MOQ	2	26	118	-1.08
Houts (1998)	wives	CWB	MOQ	2	14	118	-0.58
Houts (1998)	wives	CWB	MOQ	2	26	118	-0.91
Houts (1998)	wives	CWB	MOQ	2	14	118	-0.54
Houts (1998)	wives	CWB	MOQ	2	26	118	-0.89
Johnson et al. (2005)	Husbands	CWB	MAT	3	12	162	-0.24
Johnson et al. (2005)	Husbands	CWB	MAT	3	18	163	-0.19
Johnson et al. (2005)	Husbands	CWB	MAT	3	21	135	-0.34
Johnson et al. (2005)	Husbands	CWB	MAT	3	27	134	-0.41
Johnson et al. (2005)	Husbands	CWB	MAT	3	33	135	-0.40
Johnson et al. (2005)	Husbands	CWB	MAT	3	39	121	-0.56
Johnson et al. (2005)	Husbands	CWB	MAT	3	45	127	-0.51
Johnson et al. (2005)	wives	CWB	MAT	3	12	162	-0.23
Johnson et al. (2005)	wives	CWB	MAT	3	18	163	-0.24
Johnson et al. (2005)	wives	CWB	MAT	3	21	138	-0.25
Johnson et al. (2005)	wives	CWB	MAT	3	27	136	-0.45
Johnson et al. (2005)	wives	CWB	MAT	3	33	141	-0.53

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Johnson et al. (2005)	wives	CWB	MAT	3	39	124	-0.03
Johnson et al. (2005)	wives	CWB	MAT	3	45	128	-0.73
Karney & Bradbury (1997)	husbands	CWB	MAT	3	9	54	0.05
Karney & Bradbury (1997)	husbands	CWB	MAT	3	15	54	-0.26
Karney & Bradbury (1997)	husbands	CWB	MAT	3	21	54	-0.17
Karney & Bradbury (1997)	husbands	CWB	MAT	3	27	54	-0.43
Karney & Bradbury (1997)	husbands	CWB	MAT	3	33	54	-0.45
Karney & Bradbury (1997)	husbands	CWB	MAT	3	39	54	-0.44
Karney & Bradbury (1997)	husbands	CWB	MAT	3	45	54	-0.40
Karney & Bradbury (1997)	wives	CWB	MAT	3	9	54	0.01
Karney & Bradbury (1997)	wives	CWB	MAT	3	15	54	-0.42
Karney & Bradbury (1997)	wives	CWB	MAT	3	21	54	-0.19
Karney & Bradbury (1997)	wives	CWB	MAT	3	27	54	-0.44
Karney & Bradbury (1997)	wives	CWB	MAT	3	33	54	-0.68
Karney & Bradbury (1997)	wives	CWB	MAT	3	39	54	-0.43
Karney & Bradbury (1997)	wives	CWB	MAT	3	45	54	-0.27
Kurdek (1999)	men	CWB	DAS	5	17	93	-0.34
Kurdek (1999)	men	CWB	DAS	5	29	93	-0.35
Kurdek (1999)	men	CWB	DAS	5	41	93	-0.56
Kurdek (1999)	men	CWB	DAS	5	53	93	-0.62
Kurdek (1999)	men	CWB	DAS	5	65	93	-0.59
Kurdek (1999)	men	CWB	DAS	5	77	93	-0.59
Kurdek (1999)	men	CWB	DAS	5	89	93	-0.58
Kurdek (1999)	men	CWB	DAS	5	101	93	-0.75
Kurdek (1999)	men	CWB	DAS	5	113	93	-0.77
Kurdek (1999)	women	CWB	DAS	5	17	93	-0.35
Kurdek (1999)	women	CWB	DAS	5	29	93	-0.39
Kurdek (1999)	women	CWB	DAS	5	41	93	-0.64
Kurdek (1999)	women	CWB	DAS	5	53	93	-0.65
Kurdek (1999)	women	CWB	DAS	5	65	93	-0.65
Kurdek (1999)	women	CWB	DAS	5	77	93	-0.73
Kurdek (1999)	women	CWB	DAS	5	89	93	-0.72
Kurdek (1999)	women	CWB	DAS	5	101	93	-0.91
Kurdek (1999)	women	CWB	DAS	5	113	93	-1.09
Neff & Karney (2007)	husbands	CWB	SMD	3	9	163	-0.36
Neff & Karney (2007)	husbands	CWB	SMD	3	15	161	-0.34
Neff & Karney (2007)	husbands	CWB	SMD	3	21	145	-0.27
Neff & Karney (2007)	husbands	CWB	SMD	3	27	139	-0.38
Neff & Karney (2007)	husbands	CWB	SMD	3	33	113	-0.36
Neff & Karney (2007)	husbands	CWB	SMD	3	39	126	-0.61
Neff & Karney (2007)	wives	CWB	SMD	3	9	163	-0.43
Neff & Karney (2007)	wives	CWB	SMD	3	15	161	-0.30

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Neff & Karney (2007)	wives	CWB	SMD	3	21	149	-0.22
Neff & Karney (2007)	wives	CWB	SMD	3	27	142	-0.37
Neff & Karney (2007)	wives	CWB	SMD	3	33	116	-0.37
Neff & Karney (2007)	wives	CWB	SMD	3	39	128	-0.59
Odell & Quinn (1998)		CWB	MAT	1	6	38	-0.18
Shebilske (2000)	husbands	CWB	MOQ	1	12	74	-0.54
Shebilske (2000)	husbands	CWB	MOQ	1	24	74	-0.84
Shebilske (2000)	husbands	CWB	MOQ	1	156	74	-1.47
Shebilske (2000)	wives	CWB	MOQ	1	12	74	-0.40
Shebilske (2000)	wives	CWB	MOQ	1	24	74	-0.55
Shebilske (2000)	wives	CWB	MOQ	1	156	74	-1.17
Watson & DeMeo (1987)	cohabitors	CWB	DAS	6	42	130	-0.19
Watson & DeMeo (1987)	Non-Cohabitors	CWB	DAS	6	42	56	-0.44

Notes. AWB = affective well-being. CWB = cognitive well-being. Time lag = time between baseline and event in months. *N* = sample size. *d* = bias-corrected standardized mean change. The abbreviations for the scales are listed in Table 5.

Table 8. Prospective effect sizes for divorce.

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Doherty, Su & Needle (1989)	men	AWB	GWB	-12	5	21	0.25
Doherty, Su & Needle (1989)	women	AWB	GWB	-12	5	25	-0.25
Lee & Gramotnev (2007)		AWB	CES-D	-18	18	546	-0.05
Lee & Gramotnev (2007)		CWB	Self-constructed scale	-18	18	546	0.17
Lucas (2005)		CWB	Single Item	-0.5	6	860	0.05
Lucas (2005)		CWB	Single Item	-0.5	18	803	0.09
Lucas (2005)		CWB	Single Item	-0.5	30	714	0.11
Lucas (2005)		CWB	Single Item	-0.5	42	618	0.19
Lucas (2005)		CWB	Single Item	-0.5	54	542	0.19
Lucas (2005)		CWB	Single Item	-0.5	66	463	0.28
Lucas (2005)		CWB	Single Item	-0.5	78	394	0.25
Lucas (2005)		CWB	Single Item	-0.5	90	325	0.27
Lucas (2005)		CWB	Single Item	-0.5	102	271	0.18
Menaghan & Lieberman (1986)		AWB	HSC	-24	24	32	-0.30
Prigerson, Maciejewski & Rosenheck (1999)		AWB	CES-D	-18	18	35	0.08
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	6	321	0.06
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	18	266	0.11
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	30	233	0.18
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	42	183	0.13
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	54	150	0.27
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	66	145	0.23
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	78	107	0.20
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	90	84	0.19
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	102	54	0.02
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	6	178	0.03
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	18	132	0.05
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	30	93	0.00
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	42	72	0.08

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	54	46	0.01
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	66	41	0.13
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	78	21	0.16
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	90	8	0.27

Notes. AWB = affective well-being. CWB = cognitive well-being. Time lag = time between baseline and event in months. *N* = sample size. *d* = bias-corrected standardized mean change. The abbreviations for the scales are listed in Table 5.

Table 9. Post-hoc effect sizes for divorce.

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Krumrei (2009)		AWB	CES-D	3.32	15	89	0.51
Lorenz, Wickrama, Conger & Elder (2006)		AWB	SCL-90-R	6	18	80	0.24
Lorenz, Wickrama, Conger & Elder (2006)		AWB	SCL-90-R	6	42	80	0.17
Lorenz, Wickrama, Conger & Elder (2006)		AWB	SCL-90-R	6	120	80	0.28
Nelson (1994)		CWB	Composite score	7	12	9	0.30
Nelson (1994)		CWB	Composite score	7	24	9	0.37
Nelson (1994)		CWB	Composite score	7	72	9	0.16
Webb (2009)		AWB	CES-D	2	8	245	0.24
Webb (2009)		AWB	CES-D	2	14	235	0.40

Notes. AWB = affective well-being. CWB = cognitive well-being. Time lag = time between baseline and event in months. *N* = sample size. *d* = bias-corrected standardized mean change. The abbreviations for the scales are listed in Table 5.

Table 10. Prospective effect sizes for bereavement.

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Boerner, Schulz & Horowitz (2004)		AWB	CES-D	-4	4	217	-0.03
Bond, Clark & Davies (2003)		AWB	Geriatric Depression Scale (GDS; Brink et al., 1982)	-12.5	12.5	37	0.43
Burton, Haley, Small, Finley, Dillinger-Vasille & Schonwetter (2008)		AWB	CES-D	-3.5	4.5	50	-0.74
Burton, Haley, Small, Finley, Dillinger-Vasille & Schonwetter (2008)		CWB	Life Satisfaction Index-Z (Wood, Wylie, & Sheafor, 1969)	-3.5	4.5	50	-0.21
Collins, Stommel, Wang & Given (1994)		AWB	CES-D	-11	11	47	0.24
Collins, Stommel, Wang & Given (1994)		AWB	CES-D	-11	26	47	0.49
Folkman, Chesney, Collette, Boccellari & Cooke (1996)	HIV - caregivers	AWB	CES-D	-3	0.5	73	-0.94
Folkman, Chesney, Collette, Boccellari & Cooke (1996)	HIV - caregivers	AWB	CES-D	-3	1	73	-0.47
Folkman, Chesney, Collette, Boccellari & Cooke (1996)	HIV - caregivers	AWB	CES-D	-3	3	73	-0.09
Folkman, Chesney, Collette, Boccellari & Cooke (1996)	HIV - caregivers	AWB	CES-D	-3	5	73	-0.04
Folkman, Chesney, Collette, Boccellari & Cooke (1996)	HIV - caregivers	AWB	CES-D	-3	7	73	0.15
Folkman, Chesney, Collette, Boccellari & Cooke (1996)	HIV + caregivers	AWB	CES-D	-3	0.5	37	-0.77
Folkman, Chesney, Collette, Boccellari & Cooke (1996)	HIV + caregivers	AWB	CES-D	-3	1	37	-0.15
Folkman, Chesney, Collette, Boccellari & Cooke (1996)	HIV + caregivers	AWB	CES-D	-3	3	37	0.04
Folkman, Chesney, Collette, Boccellari & Cooke (1996)	HIV + caregivers	AWB	CES-D	-3	5	37	0.06
Folkman, Chesney, Collette, Boccellari & Cooke (1996)	HIV + caregivers	AWB	CES-D	-3	7	37	0.10
Folkman, Chesney, Collette, Boccellari & Cooke (1996)	HIV + noncaregivers	AWB	CES-D	-3	3	53	0.12
Folkman, Chesney, Collette, Boccellari & Cooke (1996)	HIV + noncaregivers	AWB	CES-D	-3	5	53	0.03

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Folkman, Chesney, Collette, Boccellari & Cooke (1996)	HIV + noncaregivers	AWB	CES-D	-3	7	53	0.00
Li (2005)	Early event	AWB	CES-D	-9	9	63	-0.31
Li (2005)	Early event	AWB	CES-D	-9	27	63	-0.16
Li (2005)	Early event	AWB	CES-D	-9	45	63	0.14
Li (2005)	Late event	AWB	CES-D	-9	9	52	-0.22
Li (2005)	Late event	AWB	CES-D	-9	27	52	0.26
Li (2005)	Latest event	AWB	CES-D	-9	9	42	-0.21
Lucas, Clark, Georgellis & Diener (2003)		CWB	Single Item	-0.5	6	457	-0.39
Lucas, Clark, Georgellis & Diener (2003)		CWB	Single Item	-0.5	18	431	-0.08
Lucas, Clark, Georgellis & Diener (2003)		CWB	Single Item	-0.5	30	382	0.03
Lucas, Clark, Georgellis & Diener (2003)		CWB	Single Item	-0.5	42	325	0.10
Lucas, Clark, Georgellis & Diener (2003)		CWB	Single Item	-0.5	54	268	0.12
Lucas, Clark, Georgellis & Diener (2003)		CWB	Single Item	-0.5	66	214	0.13
Lucas, Clark, Georgellis & Diener (2003)		CWB	Single Item	-0.5	78	172	0.12
Lucas, Clark, Georgellis & Diener (2003)		CWB	Single Item	-0.5	90	137	0.12
Lucas, Clark, Georgellis & Diener (2003)		CWB	Single Item	-0.5	102	102	0.26
Mullan (1992)		AWB	Self-constructed scale	-6	6	67	-0.01
Murrell & Himmelfarb (1989)		AWB	CES-D	-3	3	1479	0.05
Murrell & Himmelfarb (1989)		AWB	CES-D	-3	9	1479	0.03
Persson, Östlund, Wennman-Larsen, Wengström & Gustavsson (2008)		AWB	Swedish Health-Related Quality of Life Survey (Brorsson, Ifver, & Hays, 1993), positive affect subscale	-7.6	6	37	0.04

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Persson, Östlund, Wennman-Larsen, Wengström & Gustavsson (2008)		AWB	Swedish Health-Related Quality of Life Survey (Brorsson, Ifver, & Hays, 1993), negative affect subscale	-7.6	6	37	0.00
Prigerson, Frank, Kasl & Reynolds (1995)		AWB	CES-D	-18	18	75	-0.43
Rhee (2007)		AWB	CES-D	-6	6	210	-0.32
Rhee (2007)		AWB	CES-D	-6	18	178	-0.10
Rhee (2007)		AWB	CES-D	-6	48	85	0.19
Rossi Ferrario, Cardillo, Vicario, Balzarini & Zotti (2004)		CWB	SWLS	-2	3	93	-0.23
Rossi Ferrario, Cardillo, Vicario, Balzarini & Zotti (2004)		CWB	SWLS	-2	6	93	-0.37
Rossi Ferrario, Cardillo, Vicario, Balzarini & Zotti (2004)		CWB	SWLS	-2	12	93	-0.36
Switzer, Dew, Magistro, Goycoolea, Twillman, et al. (1998)		AWB	Depressive Affect Scale (Rosenberg, 1965)	-6	6	13	0.45
Switzer, Dew, Magistro, Goycoolea, Twillman, et al. (1998)		CWB	Single Item	-6	6	13	0.13
Torges, Stewart & Nolen-Hoeksema (2008)		AWB	Depression Inventory (Zimmerman & Coryell, 1987)	-2.2	1	147	0.26
Torges, Stewart & Nolen-Hoeksema (2008)		AWB	Depression Inventory (Zimmerman & Coryell, 1987)	-2.2	6	147	0.52
Torges, Stewart & Nolen-Hoeksema (2008)		AWB	Depression Inventory (Zimmerman & Coryell, 1987)	-2.2	18	147	0.75

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Vinkers, Gussekloo, Stek, Westendorp & van der Mast (2004)		AWB	Geriatric Depression Scale-15 (Yesavage et al., 1982; Sheikh and Yesavage, 1986)	-19.2	19.2	32	-0.51
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	6	411	-0.28
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	18	387	-0.10
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	30	306	-0.12
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	42	241	-0.03
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	54	190	0.00
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	66	165	-0.03
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	78	123	-0.10
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	90	99	-0.14
Yap, Anusic & Lucas (2010a)		CWB	Single Item	-6	102	62	0.01
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	6	93	-0.41
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	18	72	-0.13
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	30	55	0.07
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	42	40	-0.12
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	54	26	-0.30
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	66	19	0.15
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	78	18	0.06
Yap, Anusic & Lucas (2010b)		CWB	Single Item	-6	90	13	-0.06

Notes. AWB = affective well-being. CWB = cognitive well-being. Time lag = time between baseline and event in months. *N* = sample size. *d* = bias-corrected standardized mean change. The abbreviations for the scales are listed in Table 5.

Table 11. Post-hoc effect sizes for bereavement.

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Aneshensel, Botticello & Yamamoto-Mitani (2004)		AWB	HSC, depression subscale	6	18	229	0.22
Aneshensel, Botticello & Yamamoto-Mitani (2004)		AWB	HSC, depression subscale	6	30	178	0.20
Aneshensel, Botticello & Yamamoto-Mitani (2004)		AWB	HSC, depression subscale	6	42	119	0.26
Aneshensel, Botticello & Yamamoto-Mitani (2004)		AWB	HSC, depression subscale	6	56	54	0.41
Beem, Maes, Cleiren, Schut & Garssen (2000)		AWB	SCL-90, depression subscale	4.3	7	64	0.21
Beem, Maes, Cleiren, Schut & Garssen (2000)		AWB	SCL-90, depression subscale	4.3	10	64	0.32
Beem, Maes, Cleiren, Schut & Garssen (2000)		AWB	SCL-90, depression subscale	4.3	13	64	0.47
Bergner, Beyer, Klapp & Rauchfuß (2009)		AWB	Depression scale by Zerssen (1976)	2	7	143	-0.70
Bergner, Beyer, Klapp & Rauchfuß (2009)		AWB	Depression scale by Zerssen (1976)	2	14	58	0.09
Broen, Moum, Bødtker & Ekeberg (2005)		AWB	HADS, depression subscale	0.3	6	40	0.35
Broen, Moum, Bødtker & Ekeberg (2005)		AWB	HADS, depression subscale	0.3	12	39	0.51
Broen, Moum, Bødtker & Ekeberg (2005)		AWB	HADS, depression subscale	0.3	60	39	0.58
Broen, Moum, Bødtker & Ekeberg (2005)		CWB	Self-constructed scale	0.3	6	40	0.37
Broen, Moum, Bødtker & Ekeberg (2005)		CWB	Self-constructed scale	0.3	12	39	0.60
Broen, Moum, Bødtker & Ekeberg (2005)		CWB	Self-constructed scale	0.3	60	39	0.57
Cordle & Prettyman (1994)		AWB	HADS, depression subscale	3	24	50	0.11

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Haas-Hawkings, Sangster, Ziegler & Reid (1985)		CWB	Life Satisfaction Index-Z (Wood, Wylie, & Sheafor, 1969)	2	18	29	0.66
Hobfoll & Leiberman (1987)		AWB	CES-D, short version	0.01	3	19	0.55
Lang (2003)	husbands	CWB	ENRICH marital satisfaction scale (Fowers & Olson, 1993)	2	6	96	-0.18
Lang (2003)	husbands	CWB	ENRICH marital satisfaction scale (Fowers & Olson, 1993)	2	13	87	-0.11
Lang (2003)	wives	CWB	ENRICH marital satisfaction scale (Fowers & Olson, 1993)	2	6	96	-0.10
Lang (2003)	wives	CWB	ENRICH marital satisfaction scale (Fowers & Olson, 1993)	2	13	87	0.04
Levy & Derby (1992)	no support groups	AWB	CES-D	3	6	96	0.36
Levy & Derby (1992)	support groups	AWB	CES-D	3	6	40	0.10
Lindström (1995)		AWB	GHQ	1.5	12	39	-0.91
Lindström (1995)		AWB	GWB	1.5	12	39	0.78
Lund, Caserta & Dimond (1986)	females	CWB	Life satisfaction Index-A (Liang, 1984)	1	2	116	-0.05
Lund, Caserta & Dimond (1986)	females	CWB	Life satisfaction Index-A (Liang, 1984)	1	6	112	-0.08
Lund, Caserta & Dimond (1986)	females	CWB	Life satisfaction Index-A (Liang, 1984)	1	12	106	-0.08

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Lund, Caserta & Dimond (1986)	females	CWB	Life satisfaction Index-A (Liang, 1984)	1	18	101	-0.13
Lund, Caserta & Dimond (1986)	females	CWB	Life satisfaction Index-A (Liang, 1984)	1	24	108	0.16
Lund, Caserta & Dimond (1986)	males	CWB	Life satisfaction Index-A (Liang, 1984)	1	2	47	-0.16
Lund, Caserta & Dimond (1986)	males	CWB	Life satisfaction Index-A (Liang, 1984)	1	6	43	-0.08
Lund, Caserta & Dimond (1986)	males	CWB	Life satisfaction Index-A (Liang, 1984)	1	12	35	0.10
Lund, Caserta & Dimond (1986)	males	CWB	Life satisfaction Index-A (Liang, 1984)	1	18	33	0.18
Lund, Caserta & Dimond (1986)	males	CWB	Life satisfaction Index-A (Liang, 1984)	1	24	31	0.23
Maciejewski, Zhang, Block & Prigerson (2007)		AWB	Single Item	3.5	11	213	0.00
Maciejewski, Zhang, Block & Prigerson (2007)		AWB	Single Item	3.5	20	205	0.39
Middleton, Raphael, Burnett & Martinek (1997)		AWB	GHQ, depression subscale	1	2.5	115	0.06
Middleton, Raphael, Burnett & Martinek (1997)		AWB	GHQ, depression subscale	1	7	115	0.09
Middleton, Raphael, Burnett & Martinek (1997)		AWB	GHQ, depression subscale	1	13	115	0.24
Murphy, Johnson & Lohan (2002)	fathers	AWB	BSI, depression subscale	4	12	58	0.36
Murphy, Johnson & Lohan (2002)	fathers	AWB	BSI, depression subscale	4	60	58	0.34
Murphy, Johnson & Lohan (2002)	mothers	AWB	BSI, depression subscale	4	12	115	0.50

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Murphy, Johnson & Lohan (2002)	mothers	AWB	BSI, depression subscale	4	60	115	0.64
Ott & Lueger (2002)	12 months after death	AWB	Self-constructed scale	12	15	19	0.07
Ott & Lueger (2002)	12 months after death	AWB	Self-constructed scale	12	18	19	0.13
Ott & Lueger (2002)	3 months after death	AWB	Self-constructed scale	3	6	18	0.42
Ott & Lueger (2002)	3 months after death	AWB	Self-constructed scale	3	9	18	0.62
Ott & Lueger (2002)	6 months after death	AWB	Self-constructed scale	6	9	20	0.33
Ott & Lueger (2002)	6 months after death	AWB	Self-constructed scale	6	12	20	0.46
Ott & Lueger (2002)	9 months after death	AWB	Self-constructed scale	9	12	27	0.06
Ott & Lueger (2002)	9 months after death	AWB	Self-constructed scale	9	15	27	0.11
Prigerson, Frank, Kasl & Reynolds (1995)		AWB	Single item	2.7	18	54	1.42
Reich, Zautra & Guarnaccia (1989)		AWB	Composite Score	3	4	58	0.04
Reich, Zautra & Guarnaccia (1989)		AWB	Composite Score	3	4	58	0.13
Surtees & Miller (1994)		AWB	GHQ	1.5	4	58	0.60
Wijngaards-de Meij, Stroebe, Schut, Stroebe, van den Bout, van der Heijden, et al. (2008)	husbands	AWB	SCL-90, depression subscale	6	13	180	0.09
Wijngaards-de Meij, Stroebe, Schut, Stroebe, van den Bout, van der Heijden, et al. (2008)	husbands	AWB	SCL-90, depression subscale	6	20	180	0.17

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Wijngaards-de Meij, Stroebe, Schut, Stroebe, van den Bout, van der Heijden, et al. (2008)	wives	AWB	SCL-90, depression subscale	6	13	180	0.10
Wijngaards-de Meij, Stroebe, Schut, Stroebe, van den Bout, van der Heijden, et al. (2008)	wives	AWB	SCL-90, depression subscale	6	20	180	0.23

Notes. AWB = affective well-being. CWB = cognitive well-being. Time lag = time between baseline and event in months. *N* = sample size. *d* = bias-corrected standardized mean change. The abbreviations for the scales are listed in Table 5.

Table 12. Prospective effect sizes for child birth.

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Affonso, Lovett, Paul & Sheptak (1990)		AWB	Schedule for Affective Disorder and Schizophrenia (SADS; Endicott & Spitzer, 1977), subscale depressed mood	-2	0.5	202	-0.29
Affonso, Lovett, Paul & Sheptak (1990)		AWB	Schedule for Affective Disorder and Schizophrenia (SADS; Endicott & Spitzer, 1977), subscale depressed mood	-2	3.5	202	0.15
Aradine & Ferketich (1990)	high risk men	AWB	CES-D	-3	1	17	0.55
Aradine & Ferketich (1990)	high risk men	AWB	CES-D	-3	4	16	0.11
Aradine & Ferketich (1990)	high risk men	AWB	CES-D	-3	0.1	19	0.38
Aradine & Ferketich (1990)	high risk women	AWB	CES-D	-3	4	39	0.39
Aradine & Ferketich (1990)	high risk women	AWB	CES-D	-3	1	43	0.26
Aradine & Ferketich (1990)	high risk women	AWB	CES-D	-3	0.1	46	0.16
Aradine & Ferketich (1990)	low risk men	AWB	CES-D	-3	1	35	-0.14
Aradine & Ferketich (1990)	low risk men	AWB	CES-D	-3	4	29	-0.12
Aradine & Ferketich (1990)	low risk men	AWB	CES-D	-3	0.1	37	0.00
Aradine & Ferketich (1990)	low risk women	AWB	CES-D	-3	4	53	0.16
Aradine & Ferketich (1990)	low risk women	AWB	CES-D	-3	1	58	-0.31
Aradine & Ferketich (1990)	low risk women	AWB	CES-D	-3	0.1	60	-0.38
Aradine & Ferketich (1990)	premature birth men	AWB	CES-D	-3	1	27	0.88
Aradine & Ferketich (1990)	premature birth men	AWB	CES-D	-3	4	26	0.63
Aradine & Ferketich (1990)	premature birth men	AWB	CES-D	-3	0.1	32	0.18
Aradine & Ferketich (1990)	premature birth women	AWB	CES-D	-3	1	55	0.33

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Aradine & Ferketich (1990)	premature birth women	AWB	CES-D	-3	4	47	0.68
Aradine & Ferketich (1990)	premature birth women	AWB	CES-D	-3	0.1	61	0.12
Armstrong (2007)	fathers	AWB	CES-D	-1.5	12.3	19	0.33
Armstrong (2007)	mothers	AWB	CES-D	-1.5	12.3	19	0.24
Austin, Tully & Parker (2007)		AWB	EPDS	-1.5	2	575	0.29
Besser, Priel & Wiznitzer (2002)	high-risk	AWB	CES-D	-4	2	100	-0.45
Besser, Priel & Wiznitzer (2002)	low-risk	AWB	CES-D	-4	2	100	-0.15
Bost, Cox, Burchinal & Payne (2002)	husbands	AWB	CES-D	-1.5	3	127	-0.10
Bost, Cox, Burchinal & Payne (2002)	husbands	AWB	CES-D	-1.5	24	132	0.06
Bost, Cox, Burchinal & Payne (2002)	husbands	AWB	CES-D	-1.5	12	132	-0.08
Bost, Cox, Burchinal & Payne (2002)	wives	AWB	CES-D	-1.5	3	126	0.32
Bost, Cox, Burchinal & Payne (2002)	wives	AWB	CES-D	-1.5	24	137	0.38
Bost, Cox, Burchinal & Payne (2002)	wives	AWB	CES-D	-1.5	12	135	0.27
Bouchard, Lachance-Grzela & Goguen (2008)	men	CWB	DAS	-2	6	143	-0.11
Bouchard, Lachance-Grzela & Goguen (2008)	women	CWB	DAS	-2	6	143	-0.28
Bradley, Ross & Warnyca (1983)	cesarean	AWB	DACL	-4.5	1.5	23	-0.02
Bradley, Ross & Warnyca (1983)	cesarean	AWB	DACL	-4.5	0.25	25	-0.68
Bradley, Ross & Warnyca (1983)	vaginal	AWB	DACL	-4.5	1.5	88	-0.24
Bradley, Ross & Warnyca (1983)	vaginal	AWB	DACL	-4.5	0.25	90	-0.65
Buckwalter, et al. (1999)		AWB	SCL-90, depression subscale	-0.75	1	19	0.74
Buist, Morse & Durkin (2003)		AWB	EPDS	-3.5	4	152	0.42
Buist, Morse & Durkin (2003)		AWB	EPDS	-3.5	1	225	0.42
Carter, Baker & Brownell (2000)		AWB	CES-D	-2.5	12	64	0.03
Carter, Baker & Brownell (2000)		AWB	CES-D	-2.5	4	64	-0.13
Chazan (1998)		AWB	CES-D	-3	4	79	0.04

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Condon, Boyce & Corkindale (2004)		CWB	DAS	-4	3	276	0.04
Condon, Boyce & Corkindale (2004)		CWB	DAS	-4	6	241	-0.02
Condon, Boyce & Corkindale (2004)		CWB	DAS	-4	12	222	-0.13
Condon, Boyce & Corkindale (2004)		AWB	PANAS, NA	-4	6	241	0.22
Condon, Boyce & Corkindale (2004)		AWB	PANAS, NA	-4	12	222	0.24
Condon, Boyce & Corkindale (2004)		AWB	PANAS, NA	-4	3	276	0.19
Condon, Boyce & Corkindale (2004)		AWB	PANAS, PA	-4	3	276	0.09
Condon, Boyce & Corkindale (2004)		AWB	PANAS, PA	-4	6	241	0.03
Condon, Boyce & Corkindale (2004)		AWB	PANAS, PA	-4	12	222	-0.02
Cooke, Schmied & Sheehan (2007)	> 3 months b.f.	AWB	EPDS	-2	3	162	0.23
Cooke, Schmied & Sheehan (2007)	1,5-3 months b. f.	AWB	EPDS	-2	3	22	0.06
Cooke, Schmied & Sheehan (2007)	2 weeks breast feeding	AWB	EPDS	-2	3	20	0.47
Cooke, Schmied & Sheehan (2007)	2-6 weeks b.f.	AWB	EPDS	-2	3	25	0.46
Crittenden, Kim, Watanahe & Norr (2002)		AWB	CES-D	-1.5	36	310	0.35
Crittenden, Kim, Watanahe & Norr (2002)		AWB	CES-D	-1.5	12	435	0.26
Crittenden, Kim, Watanahe & Norr (2002)		AWB	CES-D	-1.5	24	435	0.37
Deater-Deckard, Pickering, Dunn & Golding (1998)		AWB	EPDS	-5	2	6667	0.09
DeJoseph (1997)	healthy pregnancy	AWB	CES-D	-2.5	1	218	-0.15
DeJoseph (1997)	healthy pregnancy	AWB	CES-D	-2.5	4	218	0.06
DeJoseph (1997)	healthy pregnancy	AWB	CES-D	-2.5	8	218	0.01
DeJoseph (1997)	healthy pregnancy	AWB	CES-D	-2.5	0.25	218	-0.49
DeJoseph (1997)	high-risk pregnancy	AWB	CES-D	-2.5	1	153	0.34
DeJoseph (1997)	high-risk pregnancy	AWB	CES-D	-2.5	4	153	0.55
DeJoseph (1997)	high-risk pregnancy	AWB	CES-D	-2.5	8	153	0.63

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
DeJoseph (1997)	high-risk pregnancy	AWB	CES-D	-2.5	0.25	153	0.18
Dulude, Bélanger, Wright & Sabourin (2002)	men	CWB	DAS	-1	11.74	45	-0.35
Dulude, Bélanger, Wright & Sabourin (2002)	men	CWB	DAS	-1	5.5	45	-0.32
Dulude, Bélanger, Wright & Sabourin (2002)	men	AWB	HSC, depression subscale	-1	11.74	45	0.10
Dulude, Bélanger, Wright & Sabourin (2002)	men	AWB	HSC, depression subscale	-1	5.5	45	0.12
Dulude, Bélanger, Wright & Sabourin (2002)	women	CWB	DAS	-1	11.74	45	-0.40
Dulude, Bélanger, Wright & Sabourin (2002)	women	CWB	DAS	-1	5.5	45	-0.21
Dulude, Bélanger, Wright & Sabourin (2002)	women	AWB	HSC, depression subscale	-1	11.74	45	0.20
Dulude, Bélanger, Wright & Sabourin (2002)	women	AWB	HSC, depression subscale	-1	5.5	45	0.40
Durik, Hyde & Clark (2000)		AWB	CES-D	-4.5	12	167	0.24
Durik, Hyde & Clark (2000)		AWB	CES-D	-4.5	4	167	-0.27
Dyrdal & Lucas (2010)		CWB	Single item	-0.5	30	2840	-0.13
Dyrdal & Lucas (2010)		CWB	Single item	-0.5	78	1988	-0.19
Dyrdal & Lucas (2010)		CWB	Single item	-0.5	42	2795	-0.15
Dyrdal & Lucas (2010)		CWB	Single item	-0.5	18	2840	0.00
Dyrdal & Lucas (2010)		CWB	Single item	-0.5	6	2840	0.12
Dyrdal & Lucas (2010)		CWB	Single item	-0.5	90	1770	-0.23
Dyrdal & Lucas (2010)		CWB	Single item	-0.5	54	2535	-0.20
Dyrdal & Lucas (2010)		CWB	Single item	-0.5	66	2247	-0.17
Dyrdal & Lucas (2010)		CWB	Single item	-0.5	102	1599	-0.26
Evans, Heron, Francomb, Oke & Golding (2001)		AWB	EPDS	-2	8	9028	0.30
Evans, Heron, Francomb, Oke & Golding (2001)		AWB	EPDS	-2	2	9028	0.18
Feeney, Alexander, Noller & Hohaus (2003)	husbands	AWB	Depression Anxiety Stress Scale (DASS; Lovibond & Lovibond, 1995), subscale	-5	6	76	0.05

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Feeney, Alexander, Noller & Hohaus (2003)	husbands	AWB	Depression Anxiety Stress Scale (DASS; Lovibond & Lovibond, 1995), subscale	-5	1.5	92	0.02
Feeney, Alexander, Noller & Hohaus (2003)	husbands	CWB	Marital Satisfaction Inventory (Snyder, 1979)	-5	6	76	-0.31
Feeney, Alexander, Noller & Hohaus (2003)	husbands	CWB	Marital Satisfaction Inventory (Snyder, 1979)	-5	1.5	92	-0.03
Feeney, Alexander, Noller & Hohaus (2003)	wives	AWB	Depression Anxiety Stress Scale (DASS; Lovibond & Lovibond, 1995), subscale	-5	6	76	-0.21
Feeney, Alexander, Noller & Hohaus (2003)	wives	AWB	Depression Anxiety Stress Scale (DASS; Lovibond & Lovibond, 1995), subscale	-5	1.5	92	-0.01
Feeney, Alexander, Noller & Hohaus (2003)	wives	CWB	Marital Satisfaction Inventory (Snyder, 1979)	-5	6	76	-0.48
Feeney, Alexander, Noller & Hohaus (2003)	wives	CWB	Marital Satisfaction Inventory (Snyder, 1979)	-5	1.5	92	-0.27
Feldman & Nash (1984)	men	CWB	adapted Satisfaction Scale	-1.5	6	18	-0.41
Feldman & Nash (1984)	men	AWB	Self-constructed scale	-1.5	6	18	0.32
Feldman & Nash (1984)	women	CWB	adapted Satisfaction Scale	-1.5	6	24	-0.87

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Feldman & Nash (1984)	women	AWB	Self-constructed scale	-1.5	6	24	0.87
Figueiredo & Costa (2009)		AWB	EPDS	-3	3	19	-0.06
Fleming, Ruble, Flett & Van Wagner (1990)		AWB	Interviews, number of statements	-0.5	1	32	0.18
Fleming, Ruble, Flett & Van Wagner (1990)		AWB	Interviews, number of statements	-0.5	3	32	0.14
Fleming, Ruble, Flett & Van Wagner (1990)		AWB	Interviews, number of statements	-0.5	3	32	-0.11
Fleming, Ruble, Flett & Van Wagner (1990)		AWB	Interviews, number of statements	-0.5	16	32	-1.39
Fleming, Ruble, Flett & Van Wagner (1990)		AWB	Interviews, number of statements	-0.5	1	32	-0.36
Fleming, Ruble, Flett & Van Wagner (1990)		AWB	Interviews, number of statements	-0.5	16	32	2.04
Gee & Rhodes (1999)	Time 1 after event	AWB	SCL-90-R, depression subscale	1	13	375	0.14
Gee & Rhodes (1999)	Time 1 before event	AWB	SCL-90-R, depression subscale	-3	9	244	0.34
Gjerdingen & Center (2004)	fathers	CWB	Single item	-3	6	128	-0.44
Gjerdingen & Center (2004)	mothers	CWB	Single item	-3	6	128	-0.75
Graetch (1990)	fathers	CWB	DAS	-3	1.5	109	0.07
Graetch (1990)	fathers	AWB	POMS	-3	1.5	109	-0.08
Graetch (1990)	mothers	CWB	DAS	-3	1.5	109	0.07
Graetch (1990)	mothers	AWB	POMS	-3	1.5	109	0.31
Graetch (1990)	mothers	AWB	SCL-90-R, depression subscale	-3	1.5	109	0.23
Grote & Bledsoe (2007)		AWB	SCL-90-R, depression subscale	-4	7	179	0.04
Grote & Bledsoe (2007)		AWB	SCL-90-R, depression subscale	-4	13.5	179	0.10
Grussu, Quatraro & Nasta (2005)	planned pregnancy	AWB	POMS, depression subscale	-0.5	12	88	-0.37
Grussu, Quatraro & Nasta (2005)	planned pregnancy	AWB	POMS, depression subscale	-0.5	1	88	-0.47

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Grussu, Quatraro & Nasta (2005)	planned pregnancy	AWB	POMS, depression subscale	-0.5	6	88	-0.38
Grussu, Quatraro & Nasta (2005)	unplanned pregnancy	AWB	POMS, depression subscale	-0.5	1	31	-0.10
Grussu, Quatraro & Nasta (2005)	unplanned pregnancy	AWB	POMS, depression subscale	-0.5	12	31	0.03
Grussu, Quatraro & Nasta (2005)	unplanned pregnancy	AWB	POMS, depression subscale	-0.5	6	31	-0.17
Harwood, McLean & Durkin (2007)		CWB	DAS	-1	4.5	72	-0.31
Harwood, McLean & Durkin (2007)		AWB	EPDS	-1	4.5	72	0.39
Hjelmstedt, Widström, Wramsby & Collins (2004)	control men	CWB	Barnett Scale (Barnett et al., 1993)	-6	6	36	-0.34
Hjelmstedt, Widström, Wramsby & Collins (2004)	control women	CWB	Barnett Scale (Barnett et al., 1993)	-6	6	40	-0.86
Hjelmstedt, Widström, Wramsby & Collins (2004)	IVF men	CWB	Barnett Scale (Barnett et al., 1993)	-6	6	53	-0.50
Hjelmstedt, Widström, Wramsby & Collins (2004)	IVF women	CWB	Barnett Scale (Barnett et al., 1993)	-6	6	55	-0.52
Hock, Schirtzinger, Lutz & Widaman (1995)	husbands	CWB	Marital comparison level index (Sabatelli, 1984)	-1.5	9	142	-0.36
Hock, Schirtzinger, Lutz & Widaman (1995)	wives	AWB	CES-D	-1.5	9	142	0.33
Hock, Schirtzinger, Lutz & Widaman (1995)	wives	AWB	CES-D	-1.5	1.5	142	0.20
Hock, Schirtzinger, Lutz & Widaman (1995)	wives	CWB	Marital comparison level index (Sabatelli, 1984)	-1.5	9	142	-0.38
Holtzman & Glass (1999)		CWB	Single item	-1.5	6	217	-0.69
Johanson, Chapman, Murray, Johnson & Cox (2000)		AWB	EPDS	-3	3	417	0.25
Jurcovicová & Válkyová (1998)	adolescents	AWB	EPDS	-5	1.5	153	0.19
Jurcovicová & Válkyová (1998)	adults	AWB	EPDS	-5	1.5	843	-0.05

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Kaitz & Katzir (2004)	fathers	AWB	Expression of negative affect in interview	-0.5	3	55	-0.13
Kaitz & Katzir (2004)	fathers	AWB	Expression of negative affect in interview	-0.5	6	50	0.08
Kaitz & Katzir (2004)	fathers	AWB	Expression of negative affect in interview	-0.5	12	32	0.11
Kaitz & Katzir (2004)	fathers	AWB	Expression of positive affect in interview	-0.5	12	32	0.38
Kaitz & Katzir (2004)	fathers	AWB	Expression of positive affect in interview	-0.5	6	50	0.64
Kaitz & Katzir (2004)	fathers	AWB	Expression of positive affect in interview	-0.5	3	55	0.75
Kaitz & Katzir (2004)	mothers	AWB	Expression of negative affect in interview	-0.5	12	32	-0.26
Kaitz & Katzir (2004)	mothers	AWB	Expression of negative affect in interview	-0.5	6	50	-0.80
Kaitz & Katzir (2004)	mothers	AWB	Expression of negative affect in interview	-0.5	3	55	-0.29
Kaitz & Katzir (2004)	mothers	AWB	Expression of positive affect in interview	-0.5	12	32	0.51
Kaitz & Katzir (2004)	mothers	AWB	Expression of positive affect in interview	-0.5	6	50	0.74
Kaitz & Katzir (2004)	mothers	AWB	Expression of positive affect in interview	-0.5	3	55	0.80
Keeton, Perry-Jenkins & Sayer (2008)	fathers	AWB	CES-D	-0.96	4.57	132	0.01
Keeton, Perry-Jenkins & Sayer (2008)	fathers	AWB	CES-D	-0.96	6.68	132	-0.02

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Keeton, Perry-Jenkins & Sayer (2008)	fathers	AWB	CES-D	-0.96	12.81	132	0.09
Keeton, Perry-Jenkins & Sayer (2008)	fathers	AWB	CES-D	-0.96	1.3	132	-0.01
Keeton, Perry-Jenkins & Sayer (2008)	mothers	AWB	CES-D	-0.96	4.57	133	0.40
Keeton, Perry-Jenkins & Sayer (2008)	mothers	AWB	CES-D	-0.96	6.68	133	0.38
Keeton, Perry-Jenkins & Sayer (2008)	mothers	AWB	CES-D	-0.96	12.81	133	0.41
Keeton, Perry-Jenkins & Sayer (2008)	mothers	AWB	CES-D	-0.96	1.3	133	0.42
Klinnert, Gavin, Wamboldt & Mrazek (1992)	husbands	CWB	DAS	-1.5	12	128	-0.28
Klinnert, Gavin, Wamboldt & Mrazek (1992)	husbands	CWB	DAS	-1.5	18	128	-0.40
Klinnert, Gavin, Wamboldt & Mrazek (1992)	husbands	CWB	DAS	-1.5	6	128	-0.21
Klinnert, Gavin, Wamboldt & Mrazek (1992)	wives	CWB	DAS	-1.5	6	128	-0.30
Klinnert, Gavin, Wamboldt & Mrazek (1992)	wives	CWB	DAS	-1.5	12	128	-0.36
Klinnert, Gavin, Wamboldt & Mrazek (1992)	wives	CWB	DAS	-1.5	18	128	-0.51
Kluwer & Johnson (2007)	fathers	CWB	Self-constructed scale	-2.5	6	290	-0.32
Kluwer & Johnson (2007)	fathers	CWB	Self-constructed scale	-2.5	15	290	-0.64
Kluwer & Johnson (2007)	fathers	CWB	Self-constructed scale	-2.5	48	108	-0.96
Kluwer & Johnson (2007)	mothers	CWB	Self-constructed scale	-2.5	6	291	-0.41
Kluwer & Johnson (2007)	mothers	CWB	Self-constructed scale	-2.5	48	107	-1.07
Kluwer & Johnson (2007)	mothers	CWB	Self-constructed scale	-2.5	15	288	-0.74
Laizner & Jeans (1990)		AWB	Multiple Affect Adjective Check List (MAACL; Zuckerman & Lubin, 1965)	-1.5	0.1	27	-0.71
Lawrence, Rothman, Cobb, Rothman & Bradbury (2008)	husbands	CWB	QMI	-1	6	104	-0.26

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Lawrence, Rothman, Cobb, Rothman & Bradbury (2008)	husbands	CWB	QMI	-1	12	104	-0.50
Lawrence, Rothman, Cobb, Rothman & Bradbury (2008)	wives	CWB	QMI	-1	12	104	-0.55
Lawrence, Rothman, Cobb, Rothman & Bradbury (2008)	wives	CWB	QMI	-1	6	104	-0.42
Lee & Doherty (2007)		CWB	DAS	-4.5	12	141	-0.24
Lee & Doherty (2007)		CWB	DAS	-4.5	6	141	-0.09
Lee & Gramotnev (2007)		AWB	CES-D	-18	18	1079	0.02
Lee & Gramotnev (2007)		CWB	Self-constructed scale	-18	18	1079	-0.05
Levy-Schiff (1994)	men	CWB	MAT	-2	8.5	102	-0.23
Levy-Schiff (1994)	women	CWB	MAT	-2	8.5	102	-0.46
Lewis & Cooper (1988)	dual earner fathers	AWB	Crown Crisp Experiential Index (Crown & Crisp, 1979), depression subscale	-1	5	26	-0.24
Lewis & Cooper (1988)	dual earner fathers	CWB	Job dissatisfaction scale (Davidson & Cooper, 1983)	-1	5	26	-0.05
Lewis & Cooper (1988)	dual earner fathers	CWB	Life Dissatisfaction Scale (adapted from Warr et al., 1979)	-1	5	26	-0.11
Lewis & Cooper (1988)	dual earner mothers	AWB	Crown Crisp Experiential Index (Crown & Crisp, 1979), depression subscale	-1	5	26	0.05
Lewis & Cooper (1988)	dual earner mothers	CWB	Job dissatisfaction scale (Davidson & Cooper, 1983)	-1	5	26	0.10
Lewis & Cooper (1988)	dual earner mothers	CWB	Life Dissatisfaction Scale (adapted from Warr et al., 1979)	-1	5	26	-0.81

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Lewis & Cooper (1988)	single earner fathers	AWB	Crown Crisp Experiential Index (Crown & Crisp, 1979), depression subscale	-1	5	15	-0.29
Lewis & Cooper (1988)	single earner fathers	CWB	Job dissatisfaction scale (Davidson & Cooper, 1983)	-1	5	15	0.40
Lewis & Cooper (1988)	single earner fathers	CWB	Life Dissatisfaction Scale (adapted from Warr et al., 1979)	-1	5	15	-1.24
Lewis & Cooper (1988)	single earner mothers	AWB	Crown Crisp Experiential Index (Crown & Crisp, 1979), depression subscale	-1	5	15	-0.10
Lewis & Cooper (1988)	single earner mothers	CWB	Life Dissatisfaction Scale (adapted from Warr et al., 1979)	-1	5	15	-1.14
Limlomwongse & Liabsuetrakul (2006)		AWB	EPDS	-0.5	2	525	0.16
Lu (2006)	fathers	CWB	Single item	-1.5	1.5	114	-0.22
Lu (2006)	mothers	CWB	Single item	-1.5	1.5	114	-0.23
Meijer & van den Wittenboer (2007)	fathers	CWB	Scale by Lange (1983)	-0.5	12	78	-0.50
Meijer & van den Wittenboer (2007)	fathers	CWB	Scale by Lange (1983)	-0.5	1.75	73	-0.14
Meijer & van den Wittenboer (2007)	mothers	CWB	Scale by Lange (1983)	-0.5	12	84	-0.78
Meijer & van den Wittenboer (2007)	mothers	CWB	Scale by Lange (1983)	-0.5	1.75	83	-0.20
Moore (2003)	fathers	CWB	Quality of Relationship Inventory (QRI; Pierce, Sarason, & Sarason, 1991)	-3	12	129	-0.32

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Moore (2003)	mothers	CWB	Quality of Relationship Inventory (QRI; Pierce, Sarason, & Sarason, 1991)	-3	12	129	-0.69
O'Hara, Zekoski, Philipps & Wright (1990)		CWB	DAS	-1	2.25	182	-0.10
Pancer, Pratt, Hunsberger & Gallant (2000)	fathers	AWB	CES-D	-3	6	69	-0.13
Pancer, Pratt, Hunsberger & Gallant (2000)	fathers	CWB	MAT	-3	6	69	-0.31
Pancer, Pratt, Hunsberger & Gallant (2000)	mothers	AWB	CES-D	-3	6	69	-0.03
Pancer, Pratt, Hunsberger & Gallant (2000)	mothers	CWB	MAT	-3	6	69	-0.68
Perren, von Wyl, Bürgin, Simoni & von Klitzing (2005)	fathers	AWB	EPDS	-4	12	51	0.77
Perren, von Wyl, Bürgin, Simoni & von Klitzing (2005)	fathers	AWB	EPDS	-4	18	40	1.03
Perren, von Wyl, Bürgin, Simoni & von Klitzing (2005)	fathers	AWB	EPDS	-4	1	49	0.17
Perren, von Wyl, Bürgin, Simoni & von Klitzing (2005)	fathers	AWB	EPDS	-4	3	52	0.19
Perren, von Wyl, Bürgin, Simoni & von Klitzing (2005)	fathers	CWB	Partnership Questionnaire (PFB; Hahlweg, 1996)	-4.5	12	46	-0.73
Perren, von Wyl, Bürgin, Simoni & von Klitzing (2005)	mothers	AWB	EPDS	-4	18	60	0.71
Perren, von Wyl, Bürgin, Simoni & von Klitzing (2005)	mothers	AWB	EPDS	-4	12	72	0.49
Perren, von Wyl, Bürgin, Simoni & von Klitzing (2005)	mothers	AWB	EPDS	-4	3	73	0.28
Perren, von Wyl, Bürgin, Simoni & von Klitzing (2005)	mothers	AWB	EPDS	-4	1	66	0.07
Perren, von Wyl, Bürgin, Simoni & von Klitzing (2005)	mothers	CWB	Partnership Questionnaire (PFB; Hahlweg, 1996)	-4.5	12	54	-1.02

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Porter & Hsu (2003)		CWB	Marital quality questionnaire (Braiker & Kelley, 1979)	-2	3	50	-0.37
Porter & Hsu (2003)		CWB	Marital quality questionnaire (Braiker & Kelley, 1979)	-2	3	50	-0.12
Porter & Hsu (2003)		CWB	Marital quality questionnaire (Braiker & Kelley, 1979)	-2	1	52	-0.12
Porter & Hsu (2003)		CWB	Marital quality questionnaire (Braiker & Kelley, 1979)	-2	1	52	-0.29
Post (1998)		AWB	Current Feelings Scale (Ruble et al., 1990)	-3	3.5	50	1.83
Priel & Besser (2002)		AWB	CES-D	-1	2	120	-0.14
Quadagno, Dixon, Denney & Buck (1986)		AWB	Single item	-3	6	42	0.22
Quadagno, Dixon, Denney & Buck (1986)		AWB	Single item	-3	0.01	42	0.88
Rholes, Simpson, Campbell & Grich (2001)	husbands	CWB	DAS, satisfaction subscale	-1.5	6	106	-0.42
Rholes, Simpson, Campbell & Grich (2001)	wives	CWB	DAS, satisfaction subscale	-1.5	6	106	-0.52
Rotman (2006)	fathers	AWB	CES-D	-1.5	3	101	0.30
Rotman (2006)	fathers	AWB	CES-D	-1.5	12	32	0.23
Rotman (2006)	fathers	AWB	CES-D	-1.5	30	18	0.26
Rotman (2006)	fathers	CWB	MAT	-1.5	30	26	-0.47
Rotman (2006)	fathers	CWB	MAT	-1.5	12	38	-0.51
Rotman (2006)	fathers	CWB	MAT	-1.5	3	117	-0.18
Rotman (2006)	mothers	AWB	CES-D	-1.5	30	23	0.35
Rotman (2006)	mothers	AWB	CES-D	-1.5	12	37	0.36
Rotman (2006)	mothers	AWB	CES-D	-1.5	3	108	0.39
Rotman (2006)	mothers	CWB	MAT	-1.5	3	120	-0.13
Rotman (2006)	mothers	CWB	MAT	-1.5	30	27	-0.64
Rotman (2006)	mothers	CWB	MAT	-1.5	12	44	-0.59
Salmela-Aro, Aunola, Saisto, Halmesmäki & Nurmi (2006)		CWB	DAS	-1	24	314	-0.40

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Salmela-Aro, Aunola, Saisto, Halmesmäki & Nurmi (2006)		CWB	DAS	-1	3	314	0.00
Seimyr, Edhborg, Lundhand, Sjögren (2004)		AWB	EPDS	-2	12	235	0.38
Seimyr, Edhborg, Lundhand, Sjögren (2004)		AWB	EPDS	-2	2	326	0.17
Sieber, Germann, Barbir & Ehlert (2006)		AWB	SCL-90-R, depression subscale	-3	13	58	0.02
Soliday, McCluskey-Fawcett & O'Brien (1999)	fathers	AWB	CES-D	-1	1	51	0.08
Soliday, McCluskey-Fawcett & O'Brien (1999)	fathers	CWB	DAS, short form	-1	1	51	0.11
Soliday, McCluskey-Fawcett & O'Brien (1999)	fathers	AWB	PANAS, NA	-1	1	51	0.01
Soliday, McCluskey-Fawcett & O'Brien (1999)	fathers	AWB	PANAS, PA	-1	1	51	0.30
Soliday, McCluskey-Fawcett & O'Brien (1999)	mothers	AWB	CES-D	-1	1	51	-0.40
Soliday, McCluskey-Fawcett & O'Brien (1999)	mothers	CWB	DAS, short form	-1	1	51	0.00
Soliday, McCluskey-Fawcett & O'Brien (1999)	mothers	AWB	PANAS, NA	-1	1	51	-0.57
Soliday, McCluskey-Fawcett & O'Brien (1999)	mothers	AWB	PANAS, PA	-1	1	51	-0.02
Strauss & Goldberg (1999)		AWB	CES-D	-1.5	13.19	39	-0.03
Tucker & Aron (1993)	husbands	CWB	MOQ	-1.9	8.3	25	-0.29
Tucker & Aron (1993)	wives	CWB	MOQ	-1.9	8.3	25	-0.26
Wright, Henggeler & Craig (1986)	husbands	CWB	DAS, satisfaction subscale	-2	3.5	41	-0.05
Wright, Henggeler & Craig (1986)	wives	CWB	DAS, satisfaction subscale	-2	3.5	41	-0.11
Yong-Ku, Ji-Won, Kye-Hyun, Kang-Sub & Young-Chul (2008)		AWB	EPDS	-4	1.5	60	0.27
Yong-Ku, Ji-Won, Kye-Hyun, Kang-Sub & Young-Chul (2008)		AWB	EPDS	-4	0.25	60	-0.04
Zelkowitz, Saucier, Wang, et al. (2008)		AWB	EPDS	-3	2	106	0.01
Zelkowitz, Saucier, Wang, et al. (2008)		CWB	DAS	-3	2	106	-0.12

Notes. AWB = affective well-being. CWB = cognitive well-being. Time lag = time between baseline and event in months. *N* = sample size. *d* = bias-corrected standardized mean change. The abbreviations for the scales are listed in Table 5.

Table 13. Post-hoc effect sizes for child birth.

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Ahlborg, Misvaer & Möller (2009)	with add. Child	CWB	DAS	6	48	253	-0.48
Ahlborg, Misvaer & Möller (2009)	without add. Child	CWB	DAS	6	48	51	-0.44
Ahn (2001)		AWB	MHI	0.045	1.5	152	-0.23
Ahn (2001)		AWB	MHI	0.045	3	131	0.00
Beeghly, Weinberg, Olson, Kernan, Riley & Tronick (2002)		AWB	CES-D	2	3	106	0.39
Beeghly, Weinberg, Olson, Kernan, Riley & Tronick (2002)		AWB	CES-D	2	3	163	-0.11
Beeghly, Weinberg, Olson, Kernan, Riley & Tronick (2002)		AWB	CES-D	2	6	106	0.37
Beeghly, Weinberg, Olson, Kernan, Riley & Tronick (2002)		AWB	CES-D	2	6	163	-0.01
Beeghly, Weinberg, Olson, Kernan, Riley & Tronick (2002)		AWB	CES-D	2	12	106	0.48
Beeghly, Weinberg, Olson, Kernan, Riley & Tronick (2002)		AWB	CES-D	2	12	163	0.01
Beeghly, Weinberg, Olson, Kernan, Riley & Tronick (2002)		AWB	CES-D	2	18	163	-0.13
Boyce, Hickie & Parker (1991)		AWB	EPDS	-1	3	128	0.18
Boyce, Hickie & Parker (1991)		AWB	EPDS	-1	6	140	0.33
Broom (1998)	dual-earner fathers	AWB	ABS	3	30	19	-0.46
Broom (1998)	dual-earner fathers	CWB	QMI	3	30	19	-0.74
Broom (1998)	dual-earner mothers	AWB	ABS	3	30	19	-0.16
Broom (1998)	dual-earner mothers	CWB	QMI	3	30	19	-1.04
Broom (1998)	single-earner fathers	AWB	ABS	3	30	21	0.09
Broom (1998)	single-earner fathers	CWB	QMI	3	30	21	-1.06
Broom (1998)	single-earner mothers	AWB	ABS	3	30	21	0.31
Broom (1998)	single-earner mothers	CWB	QMI	3	30	21	-0.99
Dagher (2008)		AWB	EPDS	1.5	3	638	0.17

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Dagher (2008)		AWB	EPDS	1.5	6	603	0.17
Dagher (2008)		AWB	EPDS	1.5	12	544	0.21
Finello, Litton, deLemos & Chan (1998)		AWB	CES-D	1	12	63	-0.11
Gameiro, Moura-Ramos & Canavarro (2009)	multiparious	AWB	BSI, depression subscale	0.1	8	26	0.50
Gameiro, Moura-Ramos & Canavarro (2009)	multiparious	AWB	Visual analogue scale	0.1	8	19	-0.85
Gameiro, Moura-Ramos & Canavarro (2009)	primiparious	AWB	BSI, depression subscale	0.1	8	26	0.11
Gameiro, Moura-Ramos & Canavarro (2009)	primiparious	AWB	Visual analogue scale	0.1	8	19	0.09
Hayes (2003)	female	CWB	DAS	3	5	22	0.03
Hayes (2003)	female	CWB	DAS	3	7	22	-0.04
Hayes (2003)	female	CWB	DAS	3	9	22	0.13
Hayes (2003)	female	AWB	PANAS, PA	3	5	22	0.12
Hayes (2003)	female	AWB	PANAS, PA	3	7	22	0.16
Hayes (2003)	female	AWB	PANAS, PA	3	9	22	0.15
Hayes (2003)	male	CWB	DAS	3	5	22	-0.11
Hayes (2003)	male	CWB	DAS	3	7	22	0.01
Hayes (2003)	male	CWB	DAS	3	9	22	0.06
Hayes (2003)	male	AWB	PANAS, PA	3	5	21	0.25
Hayes (2003)	male	AWB	PANAS, PA	3	7	21	-0.02
Hayes (2003)	male	AWB	PANAS, PA	3	9	21	0.14
Hobfoll & Leiberman (1987)	caesarian birth	AWB	CES-D, short version	0.02	3	22	0.88
Hobfoll & Leiberman (1987)	normal birth	AWB	CES-D, short version	0.02	3	24	0.18
Hobfoll & Leiberman (1987)	premature birth	AWB	CES-D, short version	0.02	3	28	0.09
Kermode, Fisher & Jolley (2000)	private patients	AWB	POMS	-1.5	2	159	0.26
Kermode, Fisher & Jolley (2000)	private patients	AWB	POMS	-1.5	8	159	0.13
Kermode, Fisher & Jolley (2000)	public patients	AWB	POMS	-1.5	2	132	0.27
Kermode, Fisher & Jolley (2000)	public patients	AWB	POMS	-1.5	8	132	0.03
Levitt, Coffman, Guacci-Franco & Loveless (1993)		CWB	Self-constructed scale	1	13	43	-0.63
Lu (2004)	fathers	CWB	Single item	1.5	6	90	0.19
Lu (2004)	mothers	CWB	Single item	1.5	6	90	-0.04

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
McKenry, Browne, Kotch & Symons (1990)		AWB	CES-D	1	12	157	0.19
Pridham, Lin & Brown (2001)	BPD History	AWB	CES-D	1	4	31	-0.08
Pridham, Lin & Brown (2001)	BPD History	AWB	CES-D	1	8	31	-0.02
Pridham, Lin & Brown (2001)	BPD History	AWB	CES-D	1	12	31	-0.24
Pridham, Lin & Brown (2001)	Healthy Term	AWB	CES-D	1	4	49	0.12
Pridham, Lin & Brown (2001)	Healthy Term	AWB	CES-D	1	8	49	0.10
Pridham, Lin & Brown (2001)	Healthy Term	AWB	CES-D	1	12	49	0.17
Pridham, Lin & Brown (2001)	RDS History	AWB	CES-D	1	4	23	0.04
Pridham, Lin & Brown (2001)	RDS History	AWB	CES-D	1	8	23	-0.04
Pridham, Lin & Brown (2001)	RDS History	AWB	CES-D	1	12	23	0.32
Singer et al. (1999)	Infants with Bronchopulmonary dysplasia	AWB	BSI, depression subscale	1	8	64	0.37
Singer et al. (1999)	Infants with Bronchopulmonary dysplasia	AWB	BSI, depression subscale	1	12	64	0.38
Singer et al. (1999)	Infants with Bronchopulmonary dysplasia	AWB	BSI, depression subscale	1	24	64	0.26
Singer et al. (1999)	Infants with Bronchopulmonary dysplasia	AWB	BSI, depression subscale	1	36	64	0.30
Singer et al. (1999)	infants with VLBW	AWB	BSI, depression subscale	1	8	33	0.29
Singer et al. (1999)	infants with VLBW	AWB	BSI, depression subscale	1	12	33	0.26
Singer et al. (1999)	infants with VLBW	AWB	BSI, depression subscale	1	24	33	0.38
Singer et al. (1999)	infants with VLBW	AWB	BSI, depression subscale	1	36	33	0.31
Singer et al. (1999)	Term	AWB	BSI, depression subscale	1	8	87	0.01

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Singer et al. (1999)	Term	AWB	BSI, depression subscale	1	12	89	0.07
Singer et al. (1999)	Term	AWB	BSI, depression subscale	1	24	79	0.10
Singer et al. (1999)	Term	AWB	BSI, depression subscale	1	36	80	-0.04
Slade, Emerson & Freedlander (1999)	early cleft lip repair	AWB	EPDS	0.5	3	18	0.19
Slade, Emerson & Freedlander (1999)	early cleft lip repair	AWB	EPDS	0.5	6	19	0.46
Slade, Emerson & Freedlander (1999)	late cleft lip repair	AWB	EPDS	0.5	3	9	0.66
Slade, Emerson & Freedlander (1999)	late cleft lip repair	AWB	EPDS	0.5	6	9	0.67
Uguz, Kaya, Sahingoz, Cilli & Akman (2008)		AWB	EPDS	1.5	12	34	2.44
Van der Wal (2001)	fathers	CWB	DAS	4	7	9	-0.16
Van der Wal (2001)	mothers	CWB	DAS	4	7	11	0.14
White, Matthey, Boyd & Barnett (2006)		AWB	EPDS	1.5	6	275	0.08
White, Matthey, Boyd & Barnett (2006)		AWB	EPDS	1.5	12	258	0.13
Wicki (1999)	husbands	AWB	Adaptation of a well-being scale by Grob et al. (1991)	4	16	164	-0.19
Wicki (1999)	wives	AWB	Adaptation of a well-being scale by Grob et al. (1991)	4	16	164	-0.19

Notes. AWB = affective well-being. CWB = cognitive well-being. Time lag = time between baseline and event in months. *N* = sample size. *d* = bias-corrected standardized mean change. The abbreviations for the scales are listed in Table 5.

Table 14. Prospective effect sizes for unemployment.

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Ali & Avison (1997)	married mothers	AWB	CES-D	-9	9	32	0.09
Ali & Avison (1997)	single mothers	AWB	CES-D	-9	9	38	-0.03
Donovan, Oddy, Pardoe & Ades (1986)	female	AWB	GHQ	-2	7	14	-0.10
Donovan, Oddy, Pardoe & Ades (1986)	male	AWB	GHQ	-2	7	26	-0.45
Gallo et al. (2006)		AWB	CES-D, short form	-12	12	231	0.00
Gallo et al. (2006)		AWB	CES-D, short form	-12	36	231	0.04
Gallo et al. (2006)		AWB	CES-D, short form	-12	60	231	-0.18
Ginexi, Howe & Caplan (2000)		AWB	CES-D	-3.4	3.4	19	0.00
Isaksson (1990)		AWB	GHQ	-6	6	9	-1.09
Jackson, Stafford, Banks & Warr (1983)	first cohort t1 + t2	AWB	GHQ	-4	4	27	-0.43
Jackson, Stafford, Banks & Warr (1983)	first cohort t2 + t3	AWB	GHQ	-7.5	7.5	58	-0.94
Jackson, Stafford, Banks & Warr (1983)	second cohort	AWB	GHQ	-8	8	60	-0.66
Levi et al. (1984)		AWB	GHQ	-1	1	70	-0.37
Levi et al. (1984)		AWB	GHQ	-1	3	70	-0.19
Lee & Gramotnev (2007)		AWB	CES-D	-18	18	716	-0.02
Lee & Gramotnev (2007)		CWB	Self-constructed scale	-18	18	716	0.04
Lucas, Clark, Georgellis & Diener (2004)		CWB	Single item	-0.5	6	4066	-0.29
Lucas, Clark, Georgellis & Diener (2004)		CWB	Single item	-0.5	18	3289	0.02
Lucas, Clark, Georgellis & Diener (2004)		CWB	Single item	-0.5	30	2817	0.01
Lucas, Clark, Georgellis & Diener (2004)		CWB	Single item	-0.5	42	2391	0.00
Lucas, Clark, Georgellis & Diener (2004)		CWB	Single item	-0.5	54	1955	0.04
Lucas, Clark, Georgellis & Diener (2004)		CWB	Single item	-0.5	66	1548	0.03
Lucas, Clark, Georgellis & Diener (2004)		CWB	Single item	-0.5	78	1220	0.04
Lucas, Clark, Georgellis & Diener (2004)		CWB	Single item	-0.5	90	942	0.06
Lucas, Clark, Georgellis & Diener (2004)		CWB	Single item	-0.5	102	670	0.13

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Prause & Dooley (2001)		AWB	CES-D	-12	12	54	-0.35
Shamir (1986)		AWB	DACL	-3.5	3.5	65	0.66
Shamir (1986)		AWB	DACL	-3.5	3.5	14	-0.43
Winefield & Tiggemann (1990)		AWB	Depressive Affect Scale (Rosenberg, 1965)	-6	6	30	-0.19
Winefield & Tiggemann (1990)		AWB	Self-constructed scale	-6	6	30	-0.25

Notes. AWB = affective well-being. CWB = cognitive well-being. Time lag = time between baseline and event in months. *N* = sample size. *d* = bias-corrected standardized mean change. The abbreviations for the scales are listed in Table 5.

Table 15. Post-hoc effect sizes for unemployment.

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Lai & Chan (2002)		AWB	GHQ	33	41	48	-0.48
Lai & Chan (2002)		CWB	SWLS	33	41	48	-0.65
Price, Choi & Vinokur (2002)		AWB	HCL, depression subscale	1.5	7.5	667	0.00
Price, Choi & Vinokur (2002)		AWB	HCL, depression subscale	1.5	25.5	616	0.00
Shamir (1986)		AWB	DACL	5.5	12	49	-0.13
Wanberg (1995)		CWB	SWLS	2	11	29	-0.30

Notes. AWB = affective well-being. CWB = cognitive well-being. Time lag = time between baseline and event in months. *N* = sample size. *d* = bias-corrected standardized mean change. The abbreviations for the scales are listed in Table 5.

Table 16. Prospective effect sizes for reemployment.

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Ali & Avison (1997)	married mothers	AWB	CES-D	-9	9	46	0.16
Ali & Avison (1997)	single mothers	AWB	CES-D	-9	9	43	0.04
Ginexi, Howe & Caplan, (2000)		AWB	CES-D	-2	2	55	0.74
Ginexi, Howe & Caplan, (2000)		AWB	CES-D	-3.5	3.5	42	0.41
Isaksson (1990)		AWB	GHQ	-6	6	23	0.50
Jackson, Stafford, Banks & Warr (1983)	first cohort early	AWB	GHQ	-4	4	30	0.76
Jackson, Stafford, Banks & Warr (1983)	first cohort late	AWB	GHQ	-7.5	7.5	19	0.50
Jackson, Stafford, Banks & Warr (1983)	second cohort	AWB	GHQ	-8	8	19	0.87
Nordenmark (1999)	instrumental job	AWB	GHQ	-10.5	10.5	134	0.34
Nordenmark (1999)	self-employed	AWB	GHQ	-10.5	10.5	41	0.26
Nordenmark (1999)	stimulating job	AWB	GHQ	-10.5	10.5	280	0.51
Prause & Dooley (2001)	underemployed	AWB	CES-D	-12	12	293	0.10
Prause & Dooley (2001)	unemployed	AWB	CES-D	-12	12	208	0.25
Wiese (2010)		CWB	German Version of the Relationship Assessment Scale (Sander & Böcker, 1993)	-0.5	1	251	-0.27
Wiese (2010)		CWB	German Version of the Relationship Assessment Scale (Sander & Böcker, 1993)	-0.5	2.25	224	-0.09
Wiese (2010)		CWB	German Version of the Relationship Assessment Scale (Sander & Böcker, 1993)	-0.5	7	197	-0.06
Wiese (2010)		AWB	PANAS	-0.5	1	266	-0.02

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Wiese (2010)		AWB	PANAS	-0.5	1	266	0.04
Wiese (2010)		AWB	PANAS	-0.5	2.25	238	0.12
Wiese (2010)		AWB	PANAS	-0.5	2.25	238	0.10
Wiese (2010)		AWB	PANAS	-0.5	7	206	0.08
Wiese (2010)		AWB	PANAS	-0.5	7	205	0.14
Wiese (2010)		CWB	SWLS	-0.5	1	266	-0.13
Wiese (2010)		CWB	SWLS	-0.5	2.25	234	-0.15
Wiese (2010)		CWB	SWLS	-0.5	7	208	0.00
Winefield & Tiggemann (1990)		AWB	Depressive Affect Scale (Rosenberg, 1965)	-6	6	40	0.20
Winefield & Tiggemann (1990)		AWB	Self-constructed scale	-6	6	40	0.13

Notes. AWB = affective well-being. CWB = cognitive well-being. Time lag = time between baseline and event in months. *N* = sample size. *d* = bias-corrected standardized mean change. The abbreviations for the scales are listed in Table 5.

Table 17. Post-hoc effect sizes for reemployment.

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Boswell, Shipp, Payne & Culbertson (2009)		CWB	Michigan Organizational Assessment Questionnaire (Cammann et al., 1979)	3	6	88	-0.26
Boswell, Shipp, Payne & Culbertson (2009)		CWB	Michigan Organizational Assessment Questionnaire (Cammann et al., 1979)	3	12	88	-0.20

Notes. AWB = affective well-being. CWB = cognitive well-being. Time lag = time between baseline and event in months. *N* = sample size. *d* = bias-corrected standardized mean change. The abbreviations for the scales are listed in Table 5.

Table 18. Prospective effect sizes for retirement.

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
De Vaus, Wells, Kendig & Quine (2007)		CWB	DAS	-0.25	12	265	0.07
De Vaus, Wells, Kendig & Quine (2007)		CWB	DAS	-0.25	36	263	0.06
De Vaus, Wells, Kendig & Quine (2007)		CWB	Life Satisfaction (Campbell, Converse, & Rodgers, 1976)	-0.25	12	345	-0.26
De Vaus, Wells, Kendig & Quine (2007)		CWB	Life Satisfaction (Campbell, Converse, & Rodgers, 1976)	-0.25	36	348	-0.27
De Vaus, Wells, Kendig & Quine (2007)		AWB	Scale by Lawton et al. (1992)	-0.25	12	345	0.05
De Vaus, Wells, Kendig & Quine (2007)		AWB	Scale by Lawton et al. (1992)	-0.25	12	345	0.53
De Vaus, Wells, Kendig & Quine (2007)		AWB	Scale by Lawton et al. (1992)	-0.25	36	348	-0.01
De Vaus, Wells, Kendig & Quine (2007)		AWB	Scale by Lawton et al. (1992)	-0.25	36	348	0.38
Gall, Evans & Howard (1997)		CWB	Single Item	-3	12	117	0.15
Isaksson & Johansson (2000)		AWB	GHQ-12	-9	9	226	0.06
Kim & Moen (2002)		AWB	CES-D	-9	15	78	0.11
Kim & Moen (2002)		CWB	Single Item	-9	15	75	-1.47
Mayring (2000)		CWB	Scale by Buchmüller et al. (1996)	-6	6	463	-0.02
Mayring (2000)		AWB	Scale by Buchmüller et al. (1996)	-6	6	462	-0.03
Mayring (2000)		CWB	Scale by Buchmüller et al. (1996)	-6	18	462	-0.07
Mayring (2000)		AWB	Scale by Buchmüller et al. (1996)	-6	18	461	-0.06
Nordenmark (1999)		AWB	GHQ	-10.5	10.5	32	0.22
Nuttman-Shwartz (2004)		AWB	MHI, subscale	-6	12	52	0.15

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Nuttman-Shwartz (2004)		AWB	MHI, subscale	-6	12	52	0.28
Pinquart & Schindler (2007)		CWB	Single Item	-6	6	1456	0.07
Pinquart & Schindler (2007)		CWB	Single Item	-6	18	1456	0.06
Pinquart & Schindler (2007)		CWB	Single Item	-6	30	1456	0.06
Pinquart & Schindler (2007)		CWB	Single Item	-6	42	1456	0.03
Pinquart & Schindler (2007)		CWB	Single Item	-6	54	1456	0.02
Pinquart & Schindler (2007)		CWB	Single Item	-6	66	1456	0.09
Poitrenaud, Vallery-Masson, Costagliola, Darcet & Lion (1983)		CWB	Life Satisfaction Index-A (Neugarten et al., 1961)	-18	18	105	0.24
Reitzes, Mutran & Fernandez (1996)		AWB	CES-D	-12	12	291	0.23
Richardson & Kilty (1991)		(missing)	Self-constructed scale	-1	6	242	-0.25
Richardson & Kilty (1991)		(missing)	Self-constructed scale	-1	12	222	-0.16
Wang (2007)	sample 1	AWB	CES-D, short version	-12	12	994	0.52
Wang (2007)	sample 1	AWB	CES-D, short version	-12	36	905	0.47
Wang (2007)	sample 1	AWB	CES-D, short version	-12	48	881	0.60
Wang (2007)	sample 2	AWB	CES-D, short version	-12	12	1066	0.07
Wang (2007)	sample 2	AWB	CES-D, short version	-12	36	958	0.19
Wang (2007)	sample 2	AWB	CES-D, short version	-12	48	923	0.21

Notes. AWB = affective well-being. CWB = cognitive well-being. Time lag = time between baseline and event in months. *N* = sample size. *d* = bias-corrected standardized mean change. The abbreviations for the scales are listed in Table 5.

Table 19. Post-hoc effect sizes for retirement.

Publication	Group	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Stephan, Bilard, Ninot & Delignières (2003)		AWB	GHQ	2	5	16	0.46
Stephan, Bilard, Ninot & Delignières (2003)		AWB	GHQ	2	8	16	0.59
Stephan, Bilard, Ninot & Delignières (2003)		AWB	GHQ	2	11.5	16	1.24

Notes. AWB = affective well-being. CWB = cognitive well-being. Time lag = time between baseline and event in months. *N* = sample size. *d* = bias-corrected standardized mean change. The abbreviations for the scales are listed in Table 5.

Table 20. Prospective effect sizes for relocation/migration.

Publication	Event	AWB/CWB	Scale	Time lag	Months since event	*N*	*d*
Bardi & Ryff (2007)	Relocation	AWB	CES-D	-6	2	294	0.26
Bardi & Ryff (2007)	Relocation	AWB	CES-D	-6	8	286	0.42
Bardi & Ryff (2007)	Relocation	AWB	CES-D	-6	15	298	0.30
Lee & Gramotnev (2007)	Relocation	AWB	CES-D	-18	18	1262	0.14
Lee & Gramotnev (2007)	Relocation	AWB	CES-D	-18	18	172	0.18
Lee & Gramotnev (2007)	Relocation	CWB	Self-constructed scale	-18	18	1262	0.48
Lee & Gramotnev (2007)	Relocation	CWB	Self-constructed scale	-18	18	172	0.35
Munton & West (1995)	Relocation	AWB	GHQ	-1	3	119	0.19
Munton & West (1995)	Relocation	AWB	GHQ	-1	6	121	0.38
Rossen & Knafl (2007)	Relocation	AWB	Geriatric Depression Scale (GDS; Brink et al., 1982)	-1	3	30	0.11
Savicki, Downing-Burnette, Heller, Binder & Suntinger (2004)	Migration	CWB	SWLS	-1	1	17	0.22
Savicki, Downing-Burnette, Heller, Binder & Suntinger (2004)	Migration	CWB	SWLS	-1	2	17	0.35
Savicki, Downing-Burnette, Heller, Binder & Suntinger (2004)	Migration	CWB	SWLS	-1	3	17	0.55

Notes. AWB = affective well-being. CWB = cognitive well-being. Time lag = time between baseline and event in months. *N* = sample size. *d* = bias-corrected standardized mean change. The abbreviations for the scales are listed in Table 5.

Table 21. Post-hoc effect sizes for relocation/migration.

Publication	Event	Group	AWB/ CWB	Scale	Time lag	Months since event	*N*	*d*
Aroian & Norris (2002)	Migration		AWB	SCL-90-R, depression subscale	20.8	44.8	468	0.05
Bikos et al. (2007)	Migration		CWB	KMS	0.5	3	29	0.05
Bikos et al. (2007)	Migration		CWB	KMS	0.5	6	29	0.06
Bikos et al. (2007)	Migration		CWB	KMS	0.5	9	29	0.12
Bikos et al. (2007)	Migration		CWB	KMS	0.5	12	29	0.05
Chou (2007)	Migration		AWB	GHQ	5	17	359	-0.15
Schmitt-Rodermund & Silbereisen (2002)	Migration	Experienced	AWB	Self-Image Questionnaire for Young Adolescents (Petersen et al., 1984)	31	37	109	0.04
Schmitt-Rodermund & Silbereisen (2002)	Migration	Experienced	AWB	Self-Image Questionnaire for Young Adolescents (Petersen et al., 1984)	31	43	108	0.13
Schmitt-Rodermund & Silbereisen (2002)	Migration	Newcomers	AWB	Self-Image Questionnaire for Young Adolescents (Petersen et al., 1984)	16	22	105	0.02
Schmitt-Rodermund & Silbereisen (2002)	Migration	Newcomers	AWB	Self-Image Questionnaire for Young Adolescents (Petersen et al., 1984)	16	28	103	0.16

Notes. AWB = affective well-being. CWB = cognitive well-being. Time lag = time between baseline and event in months. *N* = sample size. *d* = bias-corrected standardized mean change. The abbreviations for the scales are listed in Table 5.

Figure 1. Prospective adaptation curves for cognitive well-being. For divorce and relocation/migration, this curve is estimated using cognitive and affective well-being effect sizes.

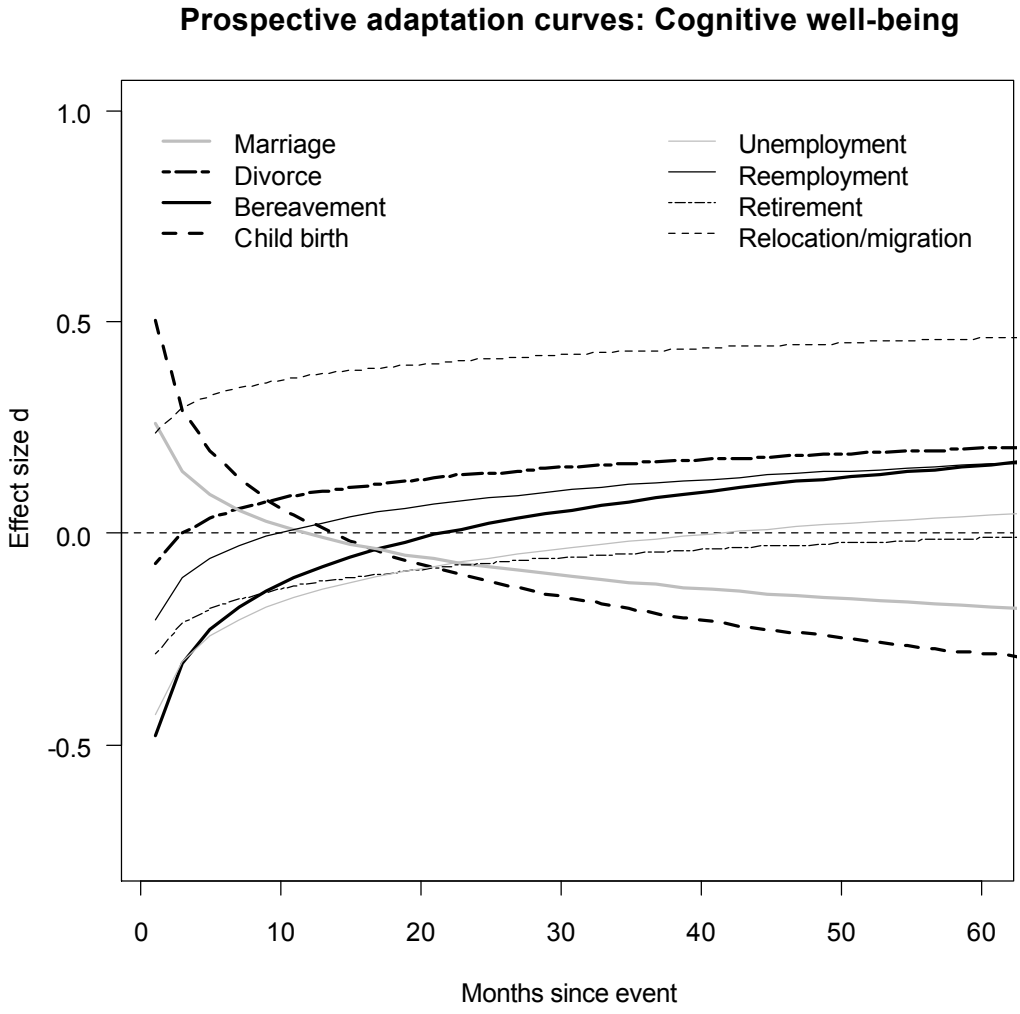
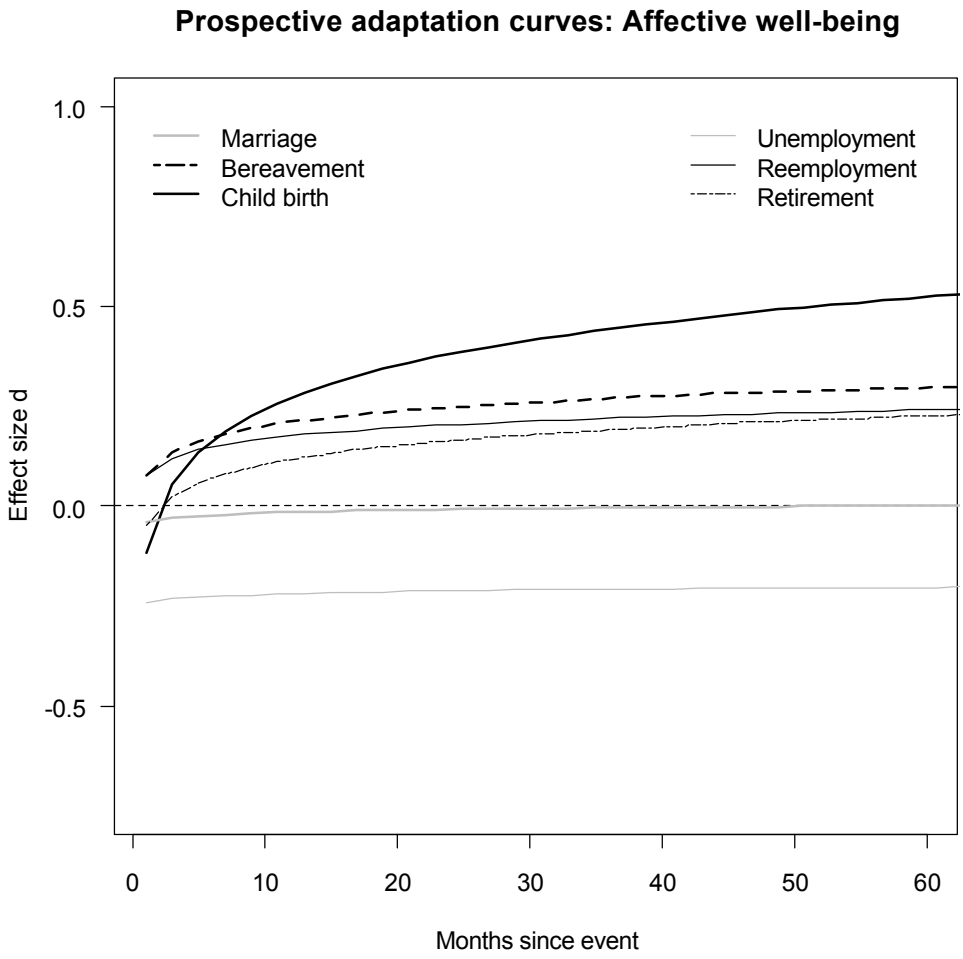


Figure 2. Prospective adaptation curves for affective well-being.



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