CONSORT 2010 Flow Diagram Enrollment Assessed for eligibility (n=34) Excluded (n=1) Not meeting inclusion criteria (n=1) Randomized, following a 7-day period of CMP elimination (n=33) **Allocation - DBPCFC** Allocated to both intervention (EHF-LGG) and control (EHF) in blinded, randomized order on Day 1 (n=33) Received allocated intervention and control (n=33) Allocation - Open Challenge (OC) Allocated to intervention (EHF-LGG) on Day 1 or 2 (n=33) ◆ Received allocated intervention (n=33) Allocation – Home feeding period Allocated to intervention (EHF-LGG) Days 2 to 9 (n=33) • Received allocated intervention (n=33) Follow-Up Lost to follow-up (n=0) Discontinued intervention (n=0) **Analysis** Analysed, participants with confirmed CMA (n=31) • Excluded from analysis (CAP RAST to CM was lower than the confirmatory value for CMA) (n=2)