## Parabolic Flow Profile Approximation

For this approach, the equations for fiber diameter prediction are adapted from volume conservation, assuming known inlet and outlet velocities. A parabolic flow profile in the tube is approximated by

$$v_{z}(r) = \frac{\frac{\partial p}{\partial z}}{4\eta} (R^{2} - r^{2}) = \frac{K}{4\eta} (R^{2} - r^{2}) = v_{0} (1 - \frac{r^{2}}{R^{2}}), \qquad (2)$$

where *v* is velocity, *p* is pressure, *z* is the direction of flow,  $\eta$  is viscosity, *R* is radius,  $K = \frac{\partial p}{\partial z}$  and  $v_0$  is the maximum velocity at the center of the tube, as defined by

$$v_0 = \frac{KR^2}{4\eta}.$$
(3)

Volume flow (V) in a cylindrical tube is given by

$$V = \int_{0}^{R} v_z(r) 2\pi r dr \,. \tag{4}$$

For this system

$$\frac{V_{silk}}{V_{outlet}} = \frac{\int_{0}^{r_{fiber}} v_z(r) 2\pi r dr}{\int_{0}^{R} v_z(r) 2\pi r dr} = \frac{2r_{fiber}^2}{R^2} - \frac{r_{fiber}^4}{R^4}$$
(5)

and

$$R = \sqrt{\frac{Q_{outlet}}{\pi}} \tag{6}$$

$$\frac{V_{silk}}{V_{outlet}} = \frac{2\pi r_{fiber}^2}{Q_{outlet}} - \frac{\pi^2 r_{fiber}^4}{Q_{outlet}^2}.$$
(7)

Since  $r_{fiber}^{2} \ll Q_{outlet}$  this can be simplified to

$$\frac{V_{silk}}{V_{outlet}} = \frac{2\pi r_{fiber}^2}{Q_{outlet}}$$
(8)

and therefore

$$d = \sqrt{\frac{2}{\pi} \frac{V_{silk}}{V_{outlet}}} Q_{outlet} \ .$$

(9)