

Table S5: Definitions of the quality of evidence categories within GRADE

High	We are very confident that the true effect lies close to that of the estimate of the effect	⊕⊕⊕⊕
Moderate	We are moderately confident in the effect estimate: The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different	⊕⊕⊕○
Low	Our confidence in the effect estimate is limited: The true effect may be substantially different from the estimate of the effect	⊕⊕○○
Very low	We have very little confidence in the effect estimate: The true effect is likely to be substantially different from the estimate of effect	⊕○○○

Source: [1]

References

1. Balshem H, Helfand M, Schunemann HJ, Oxman AD, Kunz R, Brozek J, Vist GE, Falck-Ytter Y, Meerpohl J, Norris S, Guyatt GH (2011) GRADE guidelines: 3. Rating the quality of evidence. J Clin Epidemiol 64: 401-406.