## Socially Anxious and Confident Men Interact with a Forward Virtual Woman: An Experiment Study

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## **Supporting Table S1**

The Pre- and Post-Exposure Questionnaires in Relation to the SPAI

The first column shows the number of the item in the full SPAI questionnaire. Where an item has more than one question these are labelled as a,b,c,.... The second column shows the correspondence between the pre-Exposure Questionnaire and the SPAI. For example, Q1 in the pre-Exposure is equal to question 9a in the full SPAI. The third column shows the post-Exposure questions. For example, Q2 in the post-Exposure is based on Q3 in the full SPAI. Some of the questions are given but not all since the SPAI is a commercial product.

Full SPAI	Pre-Exposure	Post-Exposure
1	_	1
3. I feel anxious when I am in a		2. I felt anxious when I
social situation and I become		thought I might have become
the center of attention.		the centre of
		attention.
4		3
7		4
8		5
9a. I feel anxious when in small	1	6. I felt anxious because
gatherings with strangers.		there were strangers.
9b. I feel anxious when in small	2	
gatherings with authority		
figures.		
9c. I feel anxious when in small	3	7. I felt anxious because there
gatherings with opposite sex.		were members of the opposite
		sex.
9d. I feel anxious when in small	4	8. I felt anxious because
gatherings with people in		there were the people there
general.		in general.
11a	5	
11b	6	
11c	7	
11d	8	
12a. I feel anxious and I do not	9	9. I felt anxious and did not

know what to do when in a new situation with strangers.  12b 10  12c. I feel anxious and I do not know what to do when in a new situation with opposite sex.  12d. I feel anxious and I do not know what to do when in a new situation with opposite sex.  12d. I feel anxious and I do not know what to do when in a new situation with people in general.  12d. I feel anxious and I do not know what to do when in a new situation with people in general.  15a 13  15b 14  15c 15  16 16  18a. I feel anxious when approaching and/or initiating a conversation with strangers.  18b 18  18c. I feel anxious when approaching and/or initiating a conversation with opposite sex.  18d. I feel anxious when approaching and/or initiating a conversation with people in general.  19a. I feel anxious when approaching and/or initiating a conversation with people in general.  19a. I feel anxious when approaching and/or initiating a conversation with people in general.  19a. I feel anxious when having to interact longer than a few minutes with strangers.  19b 22  19c. I feel anxious when having to interact longer than a few minutes with opposite sex.  19d. I feel anxious when having to interact longer than a few minutes with people in general.  21 15. I felt anxious because I had to interact for a while with strangers of the opposite sex.  22 17. I felt anxious because I had to interact for a while with members of the opposite sex.  23a 25  24a 27  24b 30		T	1
12c. I feel anxious and I do not know what to do when in a new situation with opposite sex.  12d. I feel anxious and I do not know what to do when in a new situation with opposite sex.  12d. I feel anxious and I do not know what to do when in a new situation with people in general.  15a	know what to do when in a new		know what to do in this new
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23a     25       23b     26       23c     27       23d     28       24a     29	minutes with people in general.		withThe people there in
23a     25       23b     26       23c     27       23d     28       24a     29			general.
23c     27       23d     28       24a     29	23a	25	
23d     28       24a     29	23b	26	
24a 29	23c	27	
	23d	28	
24b 30		29	
	24b	30	

24c	31	
24d	32	
25a		18
25c		19
25d. I leave social situations		20. I wanted to leave the party
where there are people in		because there were the people
general.		there in general.
26a		21
26b		22
26c. Before entering a social		23. While I was in the party I
situation, I think about all the		was thinking about the things
thing that can go wrong. The		that might be going wrong in
types of thoughts I experience		that situation. The types of
are: What will I do if no one		thoughts I experienced were:
speaks to me?		What if no one speaks to me?
26d		24
28		25
29		26
30a		27
30b		28
30c		29
30d. I experience troublesome		30. I experienced troublesome
thoughts when I am in a social		thoughts. For example:
setting. For example: whatever		whatever I will say it will
I will say it will probably sound		probably sound stupid.
stupid.		
32a		31
32b		32
32c		33
32d		34
32e		35
Own Questions:	I feel anxious	
	when being	
	approached by	
	33. strangers	
	34. authority	
	figures	
	35. opposite sex	
	36. people in	
	general.	