

Appendices

Appendix A. Illness perception items and factor loadings

Questionnaire item	Median (range)	Factor Loadings					
		Highest load	1	2	3	4	5
My illness has major consequences on my life ¹	4 (1-5)	1	.827	.196	-.068	-.168	.171
My illness is a serious condition ¹	4 (1-5)	1	.672	.149	-.144	-.153	.264
How much does your pain affect the quality of your life? ²	4 (1-4)	1	.705	.394	-.144	-.066	-.027
How much has your pain disrupted your life? ²	4 (1-4)	1	.706	.391	-.074	-.090	-.029
My illness causes difficulties for those who are close to me ¹	4 (1-4)	1	.662	.208	-.088	-.174	.037
My body reminds me every day that I have pain ¹	5 (1-5)	1	.529	.190	-.191	-.065	.245
How much does your pain affect you emotionally? ²	3 (1-4)	2	.500	.508	-.059	-.117	-.194
How much do your treatments actually help your pain? ²	3 (1-5)	3	-.028	-.098	.828	.093	.042
My pain is under control most or all of the time ¹	3 (1-5)	3	-.360	-.368	.510	-.006	.296
How much do you think any treatment can help your pain? ²	3 (1-4)	3	-.099	.016	.458	.191	.022
How much control do you feel you have over your pain? ²	3 (1-4)	3	-.256	-.339	.387	-.002	.236
How worried are you about the effect your pain has on your life now? ²	3 (1-4)	2	.437	.773	-.070	-.185	.139

How worried are you about your pain? ²	3 (1-4)	2	.344	.664	-.069	-.197	.011
How worried are you that your pain will disrupt your life in the future? ²	4 (1-4)	2	.217	.752	-.137	-.160	.174
How satisfied are you with where your life is heading? ²	3 (1-4)	4	-.261	-.255	.156	.568	.089
How hopeful are you that you will be able to live a good life? ²	3 (1-4)	4	-.198	-.179	.194	.791	.134
The cause of my pain is pretty clear to me ¹	4 (1-5)	5	.091	-.002	.054	.147	.312
I keep close track of my pain from week to week ¹	4 (1-5)	5	.065	.050	.050	-.003	.406

1. 5 point scale ranging from 1= Strongly disagree to 5= Strongly agree
2. 4 point scale ranging from 1= Not at all to 4= A lot.

Appendix B. Treatment characteristics included in the ACA survey

Characteristic	Estimates
Improvement pain	8 out of 10 people will have less pain
	5 out of 10 people will have less pain
	3 out of 10 people will have less pain
Improvement in ability to do activities	8 out of 10 people can do activities like shopping or golfing with little or no difficulty
	5 out of 10 people can do activities like shopping or golfing with little or no difficulty
	3 out of 10 people can do activities like shopping or golfing with little or no difficulty
Risk of nausea, dizziness or trouble thinking clearly	Does not increase your risk of nausea, dizziness or trouble thinking clearly
	1 in 10 people will have nausea, dizziness or trouble thinking clearly
	3 in 10 people will have nausea, dizziness or trouble thinking clearly
Rare risk of potentially life threatening bleeding ulcer	Does not increase your risk of a potentially life threatening bleeding ulcer
	1 out of 10 people per year get a potentially life threatening bleeding ulcer
	8 out of 10 people per year get a potentially life threatening bleeding ulcer